

192 WG Airmen & Family Readiness (A&FR)

45 Nealy Ave, Bldg 15 Wing B Suite 102
Office: 764-2388 Mobile: 757-817-2820

192 WG Chaplain Corps

Chapel Annex, Bldg 591 Room 10
RSD Weekends Weekdays
757-225-5582/4 Call Command Post @
764-5411 for on-duty

192 WG Director of Psychological Health (DPH)

159 Sweeney Blvd, Suite 108 (Wing Bldg)
Office: 757-764-6197

192 WG Equal Opportunity (EO)

168 Sweeney Blvd, Bldg 768, Suite 210
RSD Weekends Weekdays
757-764-7154 or State Equal Employment
757-764-1693 Manager (SEEM)
Office: 804-236-7739
Mobile: 434-480-6983

192 WG Human Resource Adviser (HRA)

159 Sweeney Blvd, Suite 105 (Wing Bldg)
Office: 757-764-6197

192 WG Inspector General (IG)

159 Sweeney Blvd, Suite 101 (Wing Bldg)
RSD Weekends: Weekdays:
757-272-6970 Time Sensitive:
JFHQ IG: 804-236-7803
Other Issues/Complaints:
please email

192 WG Legal Office

159 Sweeney Blvd, Suite 103 (Wing Bldg)
RSD Weekends: Hours:
757-764-1694/7479 Sat 0900-1700
192fw.jag@us.af.mil Sun 0800-1500

192 WG Sexual Assault Response Coordinator (SARC)

120 Burrell Loop, Bldg 68, Room 120
Langley 24/7 Hotline: 764-SARC (7272)
Office: 764-4447 Mobile: 757-506-6674

Useful Resources

192d Wing App

(available for Apple & Android Smart Devices)

ANG Prevention

www.ang.af.mil/prevention

A&FR

American Red Cross

www.redcross.org

Veterans Administration

www.va.gov

Employer Support of the Guard and Reserves (ESGR):

www.esgr.mil

2-1-1 Virginia (VA Dept. of Social Services):

www.dss.virginia.gov/community/211.cgi

DPH

National Suicide Hotline

1-800-273-8255

Military OneSource

1-800-342-9647

www.militaryonesource.com

EO

National Guard EO Hotline

1-800-371-0617

Air Force Equal Opportunity

www.af.mil/EqualOpportunity

VA National Guard Equal Opportunity:

<https://vanguard.dodlive.mil/eeo>

Equal Employment Opportunity Commission

(For Technicians/Civilians): www.eeoc.gov

IG

SAF/IG website

www.af.mil/InspectorGeneralComplaints.mil

Legal

Legal Assistance Website

<https://aflegalassistance.law.af.mil>

SAPR

DoD Sexual Assault Information

www.sapr.mil DOD Safe Helpline: 877-995-5247

Riverside (Sexual Assault Nurse Exam)

(757) 881-3375

Center For Sexual Assault Survivors

www.visitthecenter.org (757) 599-9844




192d Wing

Helping Agency Guide

Where do I go for Help?



192d Wing Helping Agencies Guide

	Airman & Family Readiness (A&FR) 764-2388	Chaplain Corps 225-5582	Director of Psychological Health (DPH) 764-6197	Equal Opportunity Officer (EO) 764-7154	Guard Medical Unit (GMU) 764-0127	Human Resource Advisor (HRA) TBD	JAG/Legal 764-7479	Inspector General (IG) 272-6970	Military Family Life Consultant (757) 755-5511	Military One Source Referral 24/7 1 800-342-9647	Sexual Assault Prevention & Response (SAPR) 764-4447
Alcohol/Drugs/tobacco			✓		✓					✓	
Anger Management		✓	✓		✓				✓	✓	
Anxiety/Depression/Stress		✓	✓		✓				✓	✓	
Deployment Cycle support	✓	✓	✓		✓		✓		✓	✓	
Discrimination				✓ **			✓				
Employment	✓									✓	
Family/Couple Violence		✓	✓ **		✓		✓				
Finances	✓									✓	
Fitness/Nutrition/Tobacco			✓		✓					✓	
Fraud, Waste ,and Abuse (FWA)								✓ **			
Grief		✓	✓						✓	✓	
Homicidal ideation		✓	✓		✓						
Military Career						✓			✓	✓	
Marriage/Family	✓ *	✓	✓			✓ *			✓	✓	
Relationships: (personal and work)	✓ *	✓	✓	✓		✓ *			✓	✓	
Religious Faith Issues		✓									
Reprisal/Restriction from a Protected Communication (PC)				✓				✓ **			
Sexual Assault		✓	✓		✓		✓				✓ **
Sexual Harassment		✓	✓	✓ **			✓		✓	✓	
Sleep Issues		✓	✓		✓				✓	✓	
Suicidal Ideation		✓	✓		✓						
Transition	✓	✓	✓						✓	✓	
USERRA	✓						✓				
Workplace Harassment/Bullying		✓	✓	✓ **					✓	✓	
Work/school/life balance	✓	✓	✓			✓			✓	✓	

Not sure who to call? Start by speaking with your Supervisor.

***Prevention Education Services and Resources Only**

**** Takes Reports and/or Complaints**