

YANGUARD

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VIRGINIA AIR NATIONAL GUARD

GOVERNOR PROCLAIMS VaANG WEEK



COMMONWEALTH OF VIRGINIA
OFFICE OF THE GOVERNOR
RICHMOND 23219

LINWOOD HOLTON
Governor

VIRGINIA AIR NATIONAL GUARD WEEK

Nowhere is the proud heritage of the citizen-soldier more deeply rooted than here in the Commonwealth of Virginia. This month, the Virginia Air National Guard celebrates its 25th year of volunteer service to our nation and Virginia.

The National Guard had its beginning in the Commonwealth of Virginia some 150 years before the ratification of our nation's Constitution, which specifically provided for this militia force. The Virginia Air National Guard, though young by comparison, exemplifies the concept of the citizen-soldier in its most modern prospective.

Now, equipped with the F-105 aircraft, they have blazed a proud record into the history of our Commonwealth. Both during the Korean War and the Berlin Crisis, the men of the Virginia Air National Guard responded to the President's call to arms, leaving their families, communities and occupations for the mutual benefit and defense of all. In addition, they have seen service from Alaska to Greece, taking part in exercises vital to our freedom.

The record of the Virginia Air National Guard is, in essence, the record of hundreds of volunteer Virginians who, through their trials and tribulations, their triumphs and sadnesses, have given of themselves to train collectively as an ever-ready force to serve and protect our Commonwealth and our nation.

In recognition of the dedicated services of these men, the week of June 11 through June 17 has been declared VIRGINIA AIR NATIONAL GUARD WEEK. This celebration will culminate in a public Open House at their facilities at Byrd Field here in Richmond on June 17, an event that I am sure will prove both educational and entertaining to all citizens and friends of the Commonwealth of Virginia.

Linwood Holton
Governor
June 2, 1972



In the photo, above, Governor Linwood Holton is shown (seated) signing the proclamation making the week of 11 thru 17 June "Virginia Air National Guard Week." As indicated in the proclamation, the week is designed to honor the Virginia Air National Guard on its 25th year of volunteer service to our nation and to Virginia. Watching as Gov. Holton signs are (standing, left to right) Brigadier General William J. McCaddin, Adjutant General of Virginia; Colonel Claude F. Heath, Commander of the 192d Tactical Fighter Group; Lieutenant Colonel William P. Lemmond, Jr, Chairman of the 25th Anniversary Celebration, and Colonel William E. Haymes, Chief of Staff of the Virginia Air National Guard. (See proclamation in left photo)

VaANG WILL HOLD OPEN HOUSE FOR 25th ANNIVERSARY

We will celebrate our 25th Birthday with an open house on Saturday, 17 June 1972, from 0945 to 1700.

The Open House will be climaxed by the Anniversary Ball to be held in the hangar from 9:00 p.m. until 1:00 a.m. for members, their wives or dates, and one couple per member as their guests. The admission is free. There will be a slight charge for set ups. Music will be furnished by the Tactical Air Command 18 piece dance band.

During the Open House, members of the unit may park on base IF they have a current bumper sticker and use the Beulah Road entrance.

Various types of aircraft will be displayed including: A-4, A-6, A-7,

A-37, C-123, C-130, F-4, RF-4, F-100, RF-101, F-102, F-105, F-106, P-3, P-F47, S-2F, OH-6, and UH-1.

Special thanks goes to Colonel John K. Stonnell for his efforts in getting the P-47 from the Confederate Air Force. Col. Stonnell raised \$1400 in donations for the appearance of the P-47. The P-47 was the first aircraft possessed by the Virginia Air National Guard.

There will be a fly-by of four F-105's, one F-105 solo and an air refueling demonstration over the field using a F-105 and a KC-97 tanker.

Company "C" of the 11th SFGA, a Special Forces Unit, from Richmond, Virginia, is furnishing 12 parachutists. They will jump from two Virginia Army National Guard HU-1 Helicopters.

The Air Force is providing a dis- (See "OPEN HOUSE" cont'd on page 3)

OFF. & AMN. MUST WEAR FATIGUES

The Fatigue Uniform will be mandatory for all members of the 192d Tactical Fighter Group for the Inspection in Ranks to be held at 0800 hours, 11 June 1972.

Inspection in Ranks will continue until the appearance of the 192d Tactical Fighter Group meets the standards set forth in AFM 35-10.

The Utility or Fatigue Uniform was selected as the uniform of the day for two reasons. First, it will give the Commander an opportunity to inspect the condition of all utility uniforms and time will be saved in changing clothing afterwards to participate in the scheduled Mobility Exercise.

All members of the VaANG should (See "FATIGUES" continued on page 3)

CHAPLAIN'S CORNER

ON CONTENTMENT AND FORGIVENESS

The following thoughts on Contentment and Forgiveness are quoted from "A Modern Treasury of Jewish Thoughts" edited by Rabbi Sidney Greenberg and published by Thomas Yoseloff (New York and London).

The ethical person is content with what he has; the unethical one is never satisfied. If a man is satisfied with his lot, he is likely to live a happy life. For one thing, he will not be too dependent on others. None is so rich as one who is content with little. There is no wealth like generosity; no treasure like wisdom; no glory like self-mastery; no sin like pride; no poverty like the love of money; no ornament like health.

In order to have contentment one must have faith. If a man has no faith he is likely to worry constantly. He will be afraid to spend even a little of what he has lest he lose everything and become poor. But the man of faith is confident that God will supply his needs at all times and so he is always cheerful. He will not be tempted to steal from others and will enjoy a peaceful life. Happy indeed is he who has learned to rely upon God rather than upon man.

Contentment frees a man from greed and envy. Greed leads to many evils; envy and contentment can never be found together. If you are envious, you court all kinds of trouble and ailments. Be generous toward your neighbor; be as concerned about his welfare and reputation as you are about your own.

He who controls his anger shows that he is intelligent and follows the example of the great men of Jewish history. One saintly man, for example, used to say every evening before retiring: "I forgive all those who have offended me." Thus he never passed a night in hatred of any man.

--ISRAEL AL-NAKAWA--

Keep discontent far from thee, envy a man nothing save his virtues.

--ELAZAR OF WORMS--

GROUND SAFETY COMMITTEE MEETS

There will be a Ground Safety Committee Meeting Sunday, June 11, 1972 at 1330 hours in Room #214 of the Hangar. All appointed Safety Representatives should attend this quarterly meeting. If you are unable to attend, contact TSgt Zimmerman at Ext. 31 prior to the meeting.

SECURITY CORNER BASE SECURITY

1. Parking for Open House: Personnel assigned to the unit that plan to attend the Open House or dance, 17 June 1972, will be permitted to park on base. If you want to park on base utilize Beulah Road Gate and you will be directed to a parking place from that point. Base decals are required for parking on base.

2. Individual Security Responsibilities: At times we tend to overlook the frailties of human behavior with regard to possible degradations of our security program. In the course of an average duty day, for example, we may absorb far more classified information than any single document may contain.

Documents, however, are locked up at night while personnel are permitted relative freedom of movement. Yet we all carry a great deal of classified material home with us each night. This cannot be prevented since we cannot sanitize our minds as we leave work.

It is generally assumed that we will keep the information securely locked up in our minds, and, with all due respect, that is our intention. But man is a social creature seeking companionship in a variety of environments.

Herein lies the threat to our security structure.

Frequently, topics of conversation include such subjects as politics, economic policies, social reform, and foreign aid. In entering into such discussions the individual must recall whether his source of information was a newspaper, a news magazine, or a classified document. The dangers of confirming or denying defense information, or of interjecting classified data into an apparently harmless debate are not always apparent.

Information about co-workers and mutual acquaintances comprises another general topic of conversation. Open discussion of individuals assigned to an organization, their TDY location, type job, and associated information could well be the "order of battle" information needed by the enemy to complete his "big picture."

Develop a habit of talking about your hobby, sports, or other matters not related to your Air Force assignment.

(Information in Item 2 extracted from TIG Brief, Number 5, 24Mar72)

WE PROUDLY SHARE
OUR 25TH ANNIVERSARY
WITH OUR PARENT,
THE UNITED STATES AIR FORCE,
ALSO 25 YEARS OLD.



CAPSULE LAW

(An AFNS Feature)

As a general rule, the law condemns efforts by one divorced parent to poison the mind of a child against the other. It condemns "implanting in his tender mind the seeds of hate and the cankerous beginnings of malice toward those whom he should cherish." Example:

The Smiths were recently divorced. The mother was awarded custody of their five-year-old son. She kept drumming into the child's head that his father was a "mean, nasty man, and to stay away from him because he would whip him with a big strap." The father was actually very devoted to his son. When he learned of his ex-wife's tactics, he took her to court. The judge took the matter so seriously that he changed the custody order, transferring the child to his father.

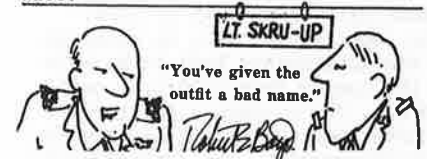
Likewise, the law frowns on the use of a child as a pawn in financial bargaining. Example:

A divorcee constantly belittled her ex-husband to their young son. But she also let him know that she would stop as soon as he agreed to a large cash settlement. Again, the court denounced her tactics and transferred the custody of their son to the father. The court stated she had no right to use the child as a kind of blackmail weapon for her own benefit.

In these highly emotional situations, it may be difficult for a court to separate fact from fiction. As a result, judges sometimes have to fall back on solutions that are admittedly less than perfect.

CLUB

There will be a Shipwreck Dance on June 10th. Music will be by the Intymes. The club will be closed Friday, the 16th of June for an Officers Party. Further dance schedule will be posted at a later date.



COMMUNICATIONS SECURITY

"TRANSEC "TIP" of the Month

The "THIRD MAN" is listening. The Third Man represents enemy activity engaged in obtaining intelligence information from USAF electrical communications. Do Not discuss classified information over the telephone.

PERSONNEL CHANGES

●Our congratulations go to the following personnel who were promoted or repromoted to the grades indicated during May. The date promoted while on active duty with the regular Air Force is shown opposite the names of those who were repromoted in the ANG

149TH TACTICAL FIGHTER SQUADRON
 1LT KORMAN, JOHN III

- 192D SUPPLY SQUADRON
 TSG COLLINS, DAVID A.
 SSG CLORE, GEORGE I.
 SSG HATHAWAY, MILTON A.
 ALC ALOI, STEVEN M.
 ALC GEORGE, DAVID M.
 ALC HATLEY, RANDALL K.
 ALC ROBINS, MARK B.
 ALC SUTTON, BYRL S, JR.

- 192D CAMRON
 TSG SPATLEY, JOHN B.
 SSG FIELD, WARREN W.
 SSG PHILLIPS, LEWIS III
 SSG ROLLINS, JOHN W, III
 ALC KING, PAUL W.
 ALC LOVING, CHARLES E.
 AMN BUTLER, SHERALD W, (Dec 71)
 AMN COLLINS, HERMAN C, JR. (Jan 72)
 AMN CONNELL, WILLIAM L. (Nov 71)
 AMN DUGGINS, CHARLES T. (Jan 72)
 AMN EURE, DAVE L. (Jan 72)
 AMN GEORGE, ROWLAND W, JR. (Dec 71)
 AMN KISSINGER, ARTHUR B, JR (Dec 71)
 AMN LAWRENCE, REA F, JR. (Dec 71)
 AMN LAZENBY, RICHARD A. (Dec 71)
 AMN WINGO, ERNEST J, JR. (Dec 71)
 AMN YATES, ROBERT A, JR. (Jan 72)

- 192D COMBAT SUPPORT SQUADRON
 SSG COX, EDWIN B, JR.
 SSG GLIDEWELL, GREGORY A.
 SGT BIRD, BARRY W.
 SGT MELTON, FRANKLIN N, JR.
 AMN HULCHER, LAWRENCE W, JR (Jan72)

- 200TH WEATHER SQUADRON
 TSG HANCOCK, GEORGE M, JR.

●The following airmen extended their enlistments in the Virginia Air National Guard for the period of years indicated. (*reenlisted)

- 192D COMBAT SUPPORT SQUADRON
 MSG NORMAN, RONALD F.
 *SSG FLOURNOY, ROBERT A.
 SSG SAULS, PAUL L.

- 192D CAMRON
 *TSG HOLLEY, DAVID L.
 TSG PERKINS, EMMITT F.
 SSG GILBERT, HARRY L.

●SSGT RONALD E. EVANS, 192d Civil Engineering Flight, was demoted to the grade of Airman during the Month of May for failure to attend Unit Training Assemblies.

●The following personnel were discharged from the Virginia Air National Guard during the month of May. (*Retired. **Joined ANG of another state.)

- 149TH TACTICAL FIGHTER SQUADRON
 MAJ LILLEY, RUFUS C, JR.

- 192D COMMUNICATIONS FLIGHT
 SSG BAGGETT, GERALD K.

- 192D COMBAT SUPPORT SQUADRON
 *MSG CAMPBELL, ERNEST A.
 AMN WALKER, KENNETH L.

- 192D CAMRON
 SSG BOCK, JOSEF
 **SSG WETHERELL, CURTIS O, (Texas)
 **ALC BYERS, MICHAEL F. (N. Carolina)

●The following personnel were enlisted into the Virginia Air National Guard during the Month of May. Those identified with (1) are prior servicemen, those with (2) are members of the active Air Force transferred to the VaANG under the "Palace Chase" Program, and those with (3) are non-prior service personnel. WELCOME ABOARD, Y'ALL! GLAD TO HAVE YOU.

- 192D CAMRON
 SSG DAMRON, DANNY M. (1)
 SGT GERMAIN, STEPHEN J. (1)
 SGT SIMKO, JOHN W. (1)
 ALC BRANN, ROBERT G. (2)
 ALC NASH, HILTON JR. (2)
 AB ALLEN, JAMES J. (3)
 AB BLAKE, THOMAS S. (3)
 AB EDWARDS, WALTER C, III (3)
 AB STANLEY, DENNIS A. (3)

- 192D COMMUNICATIONS FLIGHT
 AB WREN, THOMAS P, JR. (3)

- 192D SUPPLY SQUADRON
 SGT BELANGER, DAVID L. (2)

- 192D COMBAT SUPPORT SQUADRON
 AB HARRIS, DAVID L. (3)

Editorial

Booze And Death

Alcohol is the largest single cause factor in fatal auto crashes. The result: thousands of needless deaths every year.

The law can't regulate your drinking. It can only penalize you if you drive after drinking too much—often after innocent people have died. All states now use chemical tests to determine blood-alcohol concentration. Under the law of many states, you are presumed too intoxicated to drive at 0.10 per cent. Other states have slightly higher levels and one sets it lower at 0.08. A presumptive level of 0.15 per cent, considered too high in the light of recent studies, is still retained by a majority of states. An Indiana University study found that at 0.15, the chances of being involved in a traffic accident are 25 times greater than with no alcohol.

1 If you are going to drive, it would be better if you didn't drink anything at all. Or—

1 Drink in such a manner that you will not be under the influence when you drive a car.

If you choose the second, wait at least one hour per average drink before driving. That's the minimum amount of time required by the body to rid itself of alcohol.

Many states have incorporated the implied consent law. This means that when you drive your car in any such state, you have given your consent to submit to a breath test if you are stopped on the suspicion of drunken driving.

OPEN HOUSE (continued from page 1)

play consisting of six talking tables, each of which contains a scale model of one of the principle aircraft used by the Air Force's Tactical Air Command (TAC). TAC is the command under which the 192d Tactical Fighter Group would operate if called into the Federal Service.

The engine shop will display a J-75 engine, the engine which powers the unit's F-105D/F aircraft.

Weapons loading crews will demonstrate loadings during the day.

Gun services personnel will demonstrate the M-61 gun.

Phase docks personnel will remove panels from a F-105 to show a phase in progress.

There will be a theatre continuously showing motion pictures depicting the mission of the Air Force and of the Air National Guard.

Many other displays of survival equipment, weapons systems, and other support activities will be explained and demonstrated.

Band music, refreshments, information booths, and a special prisoner of war/missing in action display will be part of the day's festivities. Doug Hill of WWBT (Channel 12, Richmond) will be master of ceremonies.

FATIGUES (continued from page 1)

have complete Utility Uniforms. AFM 35-10, P 1-4.

"a. Officers will have on hand at all times sufficient quantities of required uniform items to appear appropriately dressed for all occasions."

"b. Airmen will maintain at all times complete mandatory clothing allowances in serviceable condition."

The Fatigue Uniform will be complete with utility cap, long sleeved shirts tucked in, and trousers will not be bloused. Service shoes or combat boots may be worn. Insignia (officers) will be sewn on the shirt collar and centered on the front of the cap. Airmen insignia will be worn on the shirt sleeve in same position as the blue service coat. Airmen will not wear insignia on the cap. "U. S. Air Force" tape will be worn centered immediately above the left breast pocket. Name tape will be worn centered immediately above the right breast pocket. The TAC emblem will be worn centered on the right breast pocket. Embroidered Air Force Aviation Badges (if authorized) may be worn immediately above the "U. S. Air Force" tape. No other insignia or emblems will be worn.



ANNIVERSARY

Can you find the dangers in this room ?



Medicine cabinet check list

A properly organized medicine cabinet should be checked at least twice a year.

All medicines which bear expiration dates should be discarded when that date is reached.

Prescription medicines should be discarded when the illness for which they were prescribed is over.

Discard pain relievers when they are soggy, puffy or discolored, with needle-like crystals or a vinegar odor.

Discard antiseptics when they are cloudy, or residue collects in bottom of bottle due to evaporation.

Discard ointments when hardened or dried out, or when the surface looks soiled.

Discard skin or scalp preparations when there is a change in color; when there are watery or dark spots; when preparations show signs of separation or hardening.

READ THE LABEL THREE TIMES WHEN GIVING MEDICINES.

(Clip and post in medicine cabinet)

ANSWERS

1. Medicine chest located within reach of children.
2. Medicine chest door has no lock.
3. Toiletries items should be kept on lower shelves; medicines on top shelves.
4. Medicine on tank top within reach of child.
5. No handholds at the tub and shower area.
6. No rubber mat for bottom of tub.
7. Electric heater dangerously close to tub.
8. Plugged-in radio dangerously near tub and could fall into water.
9. Bathroom cleansers stored under sink within reach of children.

USAF POLICY INSIGHT

(An AFNS Feature)

Gen. John D. Ryan, Air Force Chief of Staff says:

"In the event of a future contingency, our Reserve forces will be the initial and primary source of augmentation of the active forces. In short, our planning calls for the reservists to be mobilized sooner and have a larger role in the action than they have in the past.

"Whatever unfounded misgivings exist about a military isolated from society will be dispelled by a strong, active Reserve with its members obviously making a direct and important contribution to our security and just as obviously remaining a part of society."

NEXT UTA
10 & 11 JUNE 1972

This May Save Your Life!

Each of the substances in the following list has a number following its name which corresponds with a number in the boxes below. To find the antidote or counterdose of each substance match up the numbers. For example, the counterdose to Acids, (numbered 18), is in the lower right box (also containing the number 18).

OVERDOSES

- Alcohol — 9
- Barbiturates — 3
- Belladonna — 15
- Bromides — 11
- Codine — 13
- Headache & Cold Compounds — 9
- Salicylates (Aspirin) — 9
- Iron Compounds — 7
- Morphine, Opium — 13
- Paregoric — 13
- 'Pep' Medicines — 2
- Sleeping Medicines — 3

POISONS

- Acids — 18
- Bichloride of Mercury — 6
- Mercury — 6
- Camphor — 1
- Carbon Monoxide — 16
- Chlorine Bleach — 8
- Disinfectant with chlorine — 8
- with carbolic acid — 12
- Food Poisoning — 11
- Furniture Polish — 17
- Gasoline — 17
- Kerosene
- Household Ammonia — 10

- Insect & Rat Poisons with arsenic — 2
- with sodium fluoride — 14
- with phosphorus — 5
- with DDT — 11
- with strychnine — 15
- Iodine Tincture — 15
- Lye — 10
- Mushrooms — 11
- Oil of Wintergreen — 9
- Pine Oil — 17
- Rubbing Alcohol — 9
- Turpentine — 17
- Washing Soda — 10

<p>1</p> <ul style="list-style-type: none"> - Induce vomiting with an emetic such as - Finger in throat, or - Teaspoon of mustard in half glass of water, or - salt & warm water. 	<p>2</p> <ul style="list-style-type: none"> - Give glass of milk, or give "universal antidote" (obtain from pharmacy and keep on hand at home) - Induce vomiting. (See n. 1) 	<p>3</p> <ul style="list-style-type: none"> - Induce vomiting. (See n. 1) - Give 2 tablespoons epsom salt in 2 glasses of water. - Then give large quantities of hot coffee or strong tea
<p>4</p> <ul style="list-style-type: none"> - Give 2 ozs thick starch paste. Mix cornstarch (or flour) with water. - Then give 2 ozs salt in quart of warm water. Drink until vomit fluid is clear. - Finally, give glass of milk. 	<p>5</p> <ul style="list-style-type: none"> - Induce vomiting (See n. 1) - Then give 4 oz mineral oil. Positively do NOT give vegetable or animal oil. - 4 oz hydrogen peroxide. - 1 tablespoon sodium bicarb in quart of warm water. 	<p>6</p> <ul style="list-style-type: none"> - Give glass of milk or universal antidote. (See n. 2). - Induce vomiting. (See n. 1). - 1 ounce of epsom salts in a pint of water.
<p>7</p> <ul style="list-style-type: none"> - Induce vomiting (See n. 1) - Give 2 teaspoons of sodium bicarb in a glass of warm water. 	<p>8</p> <ul style="list-style-type: none"> - Give a glass of milk. - Hot coffee or strong tea plus white of raw egg. 	<p>9</p> <ul style="list-style-type: none"> - Give a glass of milk. - Induce vomiting. (See n. 1) - Teaspoon sodium bicarb in quart of warm water.
<p>10</p> <ul style="list-style-type: none"> - Give 2 tablespoons vinegar in 2 glasses of water. - Give white of 2 raw eggs or 2 ounces of olive oil. - Do NOT induce vomiting! 	<p>11</p> <ul style="list-style-type: none"> - Induce vomiting. (See n. 1) - Give 2 tablespoons epsom salt in 2 glasses of water. 	<p>12</p> <ul style="list-style-type: none"> - Induce vomiting. (See n. 1) - Then give 2 ounces of castor oil. - Next give glass of milk or whites of 2 raw eggs.
<p>13</p> <ul style="list-style-type: none"> - Give glass of milk or universal antidote (See n. 2). - 2 tablespoons epsom salt in 2 glasses of water. - Keep patient awake. 	<p>14</p> <ul style="list-style-type: none"> - Give 2 tablespoons or milk of magnesia. - Give glass of milk. - Induce vomiting. (See n. 1). 	<p>15</p> <ul style="list-style-type: none"> - Give glass of milk or universal antidote. (See n. 2). - Induce vomiting. (See n. 1). - Give artificial respiration. - Keep patient quiet.
<p>16</p> <ul style="list-style-type: none"> - Carry victim into fresh air. - Make patient lie down. - Hot coffee or strong tea. 	<p>17</p> <ul style="list-style-type: none"> - Give water or milk. - Give 2 oz vegetable oil. - Do NOT induce vomiting. 	<p>18</p> <ul style="list-style-type: none"> - Give 1 oz milk of magnesia in large quantity of water. - Do NOT induce vomiting!

The VANGUARD is an official monthly newspaper published by and for the personnel of the 192D Tactical Fighter Group, Virginia Air National Guard, Byrd Field, Sandston, Virginia.

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