

YANGUARD

VIRGINIA AIR NATIONAL GUARD

Volume XX No.7

Byrd IAP, Sandston, Virginia 23150

July 1976

NCO ACADEMY GRAD IS HONOR FLT COMMANDER

MSG Isaac N. Hawkins, our friendly recruiter, was awarded the Honor Flight Commander's Award during the graduation ceremonies of the Air National Guard NCO Academy, Class 76-4, 10 June 1976, by the Hon. David C. Taylor, Asst. Secretary of the Air Force.

Col Edmund C. Morrissey, Jr, Commandant, of the ANG NCO Academy, in his letter of congratulations said, "This achievement was especially significant because he had to survive very keen competition from the other three flight commanders, each of which possessed comparable intelligence, wisdom, leadership abilities, professional competence and dedication to their Air Force professions and the Air National Guard.

"The Air National Guard is justifiably proud of its high caliber Noncommissioned Officers; it is with this spirit in mind that we commend Sergeant Hawkins for such an exemplary performance and congratulate his unit for sending such an outstanding individual to the Academy."

Congratulations are also in order for TSG Robert E. Wheeler and SSG Paul Bentley, both from the 192d CAMRON, who graduated with Hawkins from Class 76-4. The 192d Tactical Fighter Group is justifiably proud of these fine young NCOs.



MOBILITY EXERCISE

A mobility exercise will be conducted on 17 July 1976 (Saturday UTA). Exercise start hour (X-hour) is 0700. Squadron/Flight Mobility work unit, Officers and NCOs will attend concept briefing at 0700 in the Mess Hall. Mobility work units will commence functioning and continue, fully manned, until the exercise is terminated. Requests for waivers and simulations will not be considered unless presented in writing. Uniform for exercise will be fatigues and/or flight suits for individuals processing (exception, CE). A critique of the exercise will be conducted on 18 July 1976 in the Mess Hall at 1500 hours. NOTE: All mobility committed personnel will process with a duffel bag, suitcase or B-4 type bag.

AF GUIDELINES ON ENLISTED FORCE

WASHINGTON - (AFNS) The senior airman rank started June 1. This is the top step in the apprentice trainee tier (E-1 through E-4 senior airman) of the new enlisted force organization.

Enlisted grades are being placed into three tiers to better define roles and responsibility for each grade.

The three tiers include: Apprentice/trainee (E-1 through E-4/senior airman); technician/supervisor (E-4 sergeant through E-6); and supervisor/manager (E-7 through E-9).

When promoted to E-4, an individual is designated a senior airman. All existing E-4 pay and entitlements will be given but individuals will be addressed as "senior airman" or "airman".

Upon reaching 12 months time-in-grade and completion of a noncommission officer (NCO) orientation training course, airmen having a good record and recommendations by their reporting official and unit commander receive an appointment to NCO status and may be called sergeant.

BILLETING INFORMATION

In regards to Billeting Cancellations, it is most important that the following three (3) factors be taken by the individuals to verify that the cancellation was made.

1. Date cancellation was made.
2. Time cancellation was made.
3. Person to whom cancellation was made.

These factors will have to be presented to the Billeting Officer in order for him to reinstate your billeting privileges if cancellation was not made by the Ramada Inn.

A WORD OF ADVICE - It is highly recommended by the Billeting Officer that you take your Billeting Reservation/Confirmation Card to the Ramada Inn. This will insure your reservations will be taken care of.

EARNINGS STATEMENT TO REPLACE BX LETTER

Beginning next month, Air Guardsmen using Base Exchange facilities will no longer need the Exchange Privileges letter that has been in use for about a year. Instead, guardsmen will have to present to the checker at the BX his Earnings Statement (AF Form 1965) which arrives with each drill pay check. This is the white card in the envelope with your check that shows the dates of the UTA's for which the member is being paid. This should be annotated by the member with the number of days Exchange Privileges reflected by that particular card. For example, if the July drill check, which will arrive in the middle of August, is for a complete weekend drill (4 UTA periods) the member will write "2" on the card, indicating that the card is good for two visits to the BX. This notation is to be made in the remarks section of the card. If the earnings statement is for six UTA periods, it will be good for three BX visits. The authorization is for one day of exchange use for each full day of inactive duty performed.

As in the past the member's spouse is authorized to accompany the member into the exchange, but must be prepared to present appropriate identification.

**PERSONNEL
CHANGES**

The following personnel were enlisted into the Virginia Air National Guard during the month of June. Those identified with (1) are prior service; those with (2) are non-prior service and those with (3) transferred from other states. WELCOME Y'ALL! GLAD TO HAVE YOU.

- 192D CAMRON
SSG MEEKS, DAVID W. (1)
SSG SMITH, JOHNNIE E. (1)
SGT WILLIAMS, THORNTON W. (1)
AIC McCRAY, CHARLES (1)
AB BECK, MICHAEL V. (2)
AB BURNETT, GLENN L. (2)
AB CORDLE, RICHARD (2)
AB FIELDS, RALPH A. (2)
AB GARDNER, MICHAEL (2)

- 192D COMBAT SUPPORT SQUADRON
MAJ SPITZBERG, JOHN K (3)
SGT DIRLE, MICHAEL W. (1)
AB JONES, GARLENE R. (2)
AB THOMPSON, LUCY F. (2)

- 192D TAC CLINIC
AIC STUCKEY, RONALD E. (1)

- 192D CIVIL ENGINEERING FLIGHT
SSG LAWHORN, EDWARD W. (1)
AB LIND, FORREST A. (2)
AB WALTON, EDWARD W. (2)

The following personnel were discharged from the Virginia Air National Guard during the month of June.

- 149TH TACTICAL FIGHTER SQUADRON
SSG LEE, NUMA R.

- 192D CAMRON
SSG MOHLER, HENRY B.
AB BROOKS, KENNETH D.
AB DOW, JAMES A.

- 192D COMBAT SUPPORT SQUADRON
SSG JONES, JOHN C.
SSG LYNCH, JAMES L. JR

- 192D MOBILITY SUPPORT FLIGHT
AB CARR, NORMAN D.

- 192D CIVIL ENGINEERING FLIGHT
SSG KRUPPA, FRANCIS

**ATTENTION ALL NCO ACADEMY
GRADUATES**

Tentative plans are being made to form a Noncommissioned Officer Academy Graduate Association Chapter here at Byrd Field, Sandston, Va. Our first step is to find out how many Academy graduates would be interested in forming a chapter. All interested graduates should contact Sgt I. Hawkins, Ext. 29 or Sgt B. Wheeler, Ext. 41.

**"SKEETER" GLENN ELECTED
NG ENLISTED ASSOC.
PRESIDENT**

CMS Robert V. Glenn was elected president of the Va. Army/Air National Guard Enlisted Association, at the 2nd Annual Conference in Richmond, Va. in March 1976. Also elected were Robert Kuykendall, VP; Jean Todice, Sec; Robert Wiekke, Treas; Mike Mitchell, Fin Sec; from the Army National Guard.

Sgt Glenn began his military career as an infantryman in World War II, and served with the Occupational Forces in Japan. He also served during the Korean War and Berlin Crisis. He has over thirty years of military service, with twenty-seven years with the Air Guard.

Sgt Glenn is a full-time Technician, serving as Storage & Distribution Officer (ARMY) for the USP&FO for Va, and has served under four AGs and three USP&FOs.

Sgt Glenn is married to the former Alice L. Gott, and resides in Chesterfield County. They have three children.

The State Association was organized in Lynchburg, Va. in 1974, and is affiliated with the Enlisted Association National Guard of United States (EANGUS).

The Enlisted Association was formed to benefit the enlisted members of the National Guard, and has a potential of over 400,000 membership. The Association, since the existence of the National Guard, is the only organization that is for enlisted members of the Guard.

The State Association has several proposals now that will be presented to the next session of the General Assembly. Some of them are Free Hunting and Fishing Licenses, Educational Assistance to State Supported Colleges, State Tax Exemption on Guard Pay, for members of the GUARD.

The National Association was instrumental in the passage of the Bill giving Technicians full Civil Service Credit, and is now actively engaged in fighting in Washington the elimination of benefits now enjoyed by members of the Guard. The Association will hold its National Conference in Lancaster, Pa. during the week of 26 September 1976.

All enlisted members of the Guard are encouraged to join and support your enlisted association. The AG has endorsed the Association with an open door policy to his office.

Applications may be obtained from your squadron first sergeant. See him today.

**CHAPLAIN'S
CORNER**

MINISTRY OF PRESENCE

The Chaplain's job description requires, among other things, that he visits all office and work areas during UTA's and AFT's, in a methodic and practical manner. This visitation program is called MINISTRY OF PRESENCE and it describes one of the most important aspect of the pastoral ministry of AF Chaplains.

When the Chaplain comes to your office or work area, he does not come to get in your way or embarrass or preach at you. He comes as a friend, as one who cares for you as a person, as one who cares for your family, and as one who is willing to listen to you and to assist you in whatever manner he can. And as the Chaplain makes his visits to your work areas, he is trying to establish personal contacts with you, and start and maintain a good, friendly relationship with all members of our 192TFG.

The purpose of this MINISTRY OF PRESENCE is to let you know that your Chaplain, regardless of your religious convictions or lack of them, is there, and will always be there whenever you need him. So, when you see the man wearing a cross above the left pocket on his shirt, know that he is trying to be your friend, and a person whose ideals and commitment is to serve God and you.

CATHOLIC MASS - Beginning with the July UTA, Catholic Mass will be offered at the Base Chapel by Father John Blankenship, pastor of the St. John's Catholic Church in Highland Springs. Father Blankenship will become the Auxiliary Chaplain for the 192TFG, and we warmly welcome him to our Group. We urge all Catholics and invite all guardsmen to attend mass on UTA Sundays at 1400 hours (The Chapel is located in the Old Barracks Building).

CHAPEL ACTIVITIES
UTA SUNDAYS

- 1315 Hours - General Protestant Services
1400 Hours - Catholic Mass
1500 Hours - Latter-Day Saints Service

SECURITY POLICE CORNER

1. BASE DECALS. Starting this UTA, 17 and 18 July 1976, Security Police will be posted on all gates. A base decal will be required for entry through any gate. If you have purchased a vehicle since last UTA or do not have a decal for some other valid reason, enter the base through the Beulah Road Gate. Security Guards will have visitor passes at this location for issue to personnel that do not have a decal.

2. REVISED BASE REGULATIONS. 192TFGR 125-37, Protection of USAF Physical Resources and Designation of Controlled Areas, plus 192TFGR 207-1, Designation of Base Restricted Areas, have been revised and will be published in the near future. All major sections should obtain a copy of these directives.

3. MORE GUIDANCE TO SECURITY MANAGERS.

Management of the DOD Information Security Program has long been accomplished through a network of security managers appointed in all Air Force activities. To assure a better organized and more effective security manager program, we have expanded guidance in Chapter 13 of the 5 Sep 75 issue of AFR 205-1.

The revised AFR 205-1 designates the senior security police official at each installation or headquarters as the security manager for the activities he services. Provisions are made for separate security managers when more than one command is represented on an installation. The security manager is responsible for administration of the program with emphasis on classification management, prevention of unauthorized disclosures, and security education. He must assure that security managers are appointed in activities he services; he is responsible for providing technical advice and assistance, and conducting quarterly security managers meetings.

Security managers of activities serviced are responsible for implementation of the program within their activities. Primary responsibilities are to provide advice and assistance to personnel in their organizations, to insure compliance with the security education requirements of DOD 5200.1-R and AFR 205-1, and to monitor the internal security inspection program (SP DIGEST).

Active involvement of senior security police officials at all levels of command will assist in upgrading the Air Force Security Manager Program and through it assure an effective information security program.

(Extracted from TACRP 205-1, dated April-June 1976)

THREE RICHMOND MEMORIAL HOSP EMPLOYEES IN THE VANG

Three Richmond Memorial Hospital employees perform double-duty as members of the Virginia Air National Guard at Byrd International Airport during one weekend each month.

Mary H. "Reb" Rebkovich, Head Nurse in Psychiatry; Steve Gates, Chief Dialysis Technician and Margaret "Mitzi" Bradley, Recreational Therapist, are all members of the 192d Tactical Fighter Group.

As the first woman to enter the Virginia Air National Guard, Reb became a nurse for the 192d in 1965. She has found the Guard to be rewarding and fulfilling during those years, and she has risen to the rank of Major.

"The people I meet and work with in the Guard make the difference," she said. As long as the Guard remains enjoyable she plans to continue her service.

Having just completed his initial six years, Gates said, "The extra income is a big reason for my re-enlisting". Going into his seventh year as an Information Specialist in the Guard, Steve finds the people he meets and the complete change of pace as important reasons for staying in the program. He was recently promoted to Technical Sergeant.

After looking into the Air Guard program, Mitzi decided to enlist with the hope of becoming an officer eventually. Having been in the Guard a little less than a year, Mitzi recalls, "I didn't know anything about it when I joined".

Now, as a specialist in the administrative career field, Mitzi performs general duties in that area and she expects to become more involved as time passes. According to Mitzi, her 4 months of active duty for training prepared her well for her responsibilities in the Guard.

NEXT UTA
JULY 17-18 1976
MOBILITY SATURDAY
0700

NEW E-3 & E-4 GRADES

WASHINGTON (AFNS) With certain temporary exceptions, personnel promoted to E-2, E-3, and E-4 on June 1 or later will wear new chevrons with a blue star in lieu of the current silver star, according to Air Force personnel officials.

The new chevrons should be available in most base exchanges now.

To keep from requiring people to purchase chevrons in the BX, special rules have been set. People promoted to E-3/E-4 June 1 may (1) elect to continue their old chevrons at the lower grade until new chevrons for the higher grade are available at the clothing sales stores; (2) they may buy the new chevrons in the BX. Personnel currently serving in grades E-2 or E-3 are not required to change to the new insignia until they are promoted to the next higher grade.

To avoid wasting these chevrons, the following rules applied for these individuals: (1) four-year enlistees who enter BMT prior to June 1 were authorized to wear the old style E-2 chevron (silver star) upon their initial promotion to E-2. They will be required to wear the new style chevron (blue star) when promoted to E-3; (2) six-year enlistees who entered BMT prior to June 1 were issued E-3 chevrons. Consequently, they are authorized to wear the old style chevron (silver star) upon their initial promotion to E-3.

The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia.

The opinions expressed herein do not necessarily represent those of The Adjutant General of Virginia or the Virginia Air National Guard.

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SAFETY

LIFTING SAFETY

Would you feel embarrassed if someone told you that you were not using the proper method to lift an object. You might feel embarrassed or perhaps even indignant, but ask yourself do you really know how to lift properly?

The secret to proper lifting is to bend and use your knees, not your back. Your leg muscles are far stronger than you may think - use them. Your lower back is a very important and pivotal point in your body. When you bend your back to lift, there is five times more force acting on your lower back than is exerted there when you lift the same object by bending your knees and lifting with your legs. However, in doing so keep your back straight.

Follow these simple steps when lifting or replacing an object:

1. Make sure you have a solid footing.
2. Place one foot alongside and the other foot behind the object you wish to lift.
3. Squat down close to the object and lean (not bend) slightly forward toward the object. Remember, keep your back straight.
4. Tilt the object the most convenient way so that you can firmly grasp a bottom corner.
5. Draw the object close to you and lift slowly by straightening your legs.
6. Reverse the above sequence if you are replacing an object.
7. If a load may be too heavy or bulky for you to lift with reasonable comfort, get help.

Sure it might seem more convenient to bend over and pick up or replace an object, but a severe back sprain is far worse than a rare occurrence of a "charlie - horse".

SAFETY PAMPHLET

Note that enclosed with this month's mailing is your copy of "Bicycling in Virginia - Laws - Safety Rules". This pamphlet was inadvertently omitted from last month's mailing and is in conjunction with the Bicycling Safety article in the June 1976 Vanguard.

AIR COMMAND & STAFF

COLLEGE REVISIONS

ACSC will implement major revisions in the Associate Correspondence Program on 16 June 1976. The first is the inclusion of Course 1X, Staff Communications, as a prerequisite for the core curriculum. This course will familiarize students with documents outlining Air Force writing and speaking and suggest methods for improving individual communicative skills. The second revision is the replacement of Courses 1C and 1D with Course 1F. The third revision will occur approximately December 1976 when Course 1E will replace Courses 1A and 1B. Thus, between 16 June 1976 and December 1976, the ACSC Correspondence Program will consist of Course 1X, Course 1A, Course 1B, and Course 1F, with 1E replacing 1A and 1B about December 1976. After 15 June 1976, 1X becomes a one time requirement for all ACSC students (new enrollees and students currently enrolled). There will be one exception to this policy: ECI students who have completed 3 of the 4 ACSC courses and are enrolled in their final course of the AFCS program prior to 16 June 1976 will not be required to do so.

Student will notice another major change in the new ACSC courses. There will be no Volume Review Exercises (VREs) in the new courses (1X, 1E, and 1F). These courses have course exams only. Lesson objectives stated in detail in each lesson booklet replace the purpose previously served by VREs. In summary, the ACSC Associate Correspondence Program has been revised.

Between 16 June 1976 and December 1976, the program will consist of:

- a. Staff Communications 0001X
 - b. Military Environment 0001A
 - c. Command and Management 0001B
 - d. Military Employment 0001F
- (replaces old Courses 0001C and 0001D, effective 16 June 1976)

About December 1976, Course 0001E, Military Environment/Command and Management, will replace both 0001A and 0001B. After 16 June 1976, the enrollment possibilities are as follows:

- a. 0001X, 0001A, 0001B, 0001F (new students enrolling in the program between 16 June 1976 and December 1976)
- b. 0001X, 0001B, 0001F (students who have completed 1A, or 1A and 1C, or 1A and 1D)
- c. 0001X, 0001A, 0001F (students who have completed 1B or 1B and 1C, or 1B and 1D)

d. 0001X, 0001F (students who have completed 1A and 1B; or 1A, 1B, and 1C; or 1A, 1B and 1D)

e. 0001X, 0001E, 0001F (new enrollments after 1E is implemented about December 1976)

In regard to replacement of Courses 1C and 1D by 1F on 16 June 1976: one or the other of the courses (1C or 1D) must be completed and the remaining course enrollment (sign up) accomplished by 15 June. Unless you are enrolled in, or can request the combination of 1C and 1D by 15 June, you will be required to complete both 1F and 1X. Possible alternatives are available if you have an ACSC seminar in your locality. Check with the base education services officer for seminar information.

ACSC WAIVERS

The provisions for waiver in AFR 53-12 governing ECI enrollment DO NOT apply to PME courses. Repeat, they DO NOT apply to PME courses.

HQ USAF/DPPE policy newly published in AFR 53-8 permits no waivers to eligibility requirements for PME correspondence courses.

As just ONE example, let's say you have some CPTs with less than 7 years PLS/TFCS who want to enroll in ACSC by correspondence. THEY CAN'T. It's as simple as that. There will be no exceptions. - Directorate of Associate Programs.

(Extracted from ECI Word, Vol X, June-July 1976)

MIDDLE LEVEL SUPERVISORS SHOULD ENFORCE 35-10

Basic discipline and its continued strengthening and development are the responsibility of middle-level supervisors. Included in this area are Air Force standards and all AFR 35-10, "Dress and Personal Appearance of Air Force Personnel," requirements. If you have personnel working for you, it's your responsibility to see that hair styles conform to standards, uniforms are properly worn, and that customs and courtesies are observed and rendered. Incredibly, many supervisors believe these items are exclusively for commanders and first sergeants. As a matter of fact, if supervisors are doing their jobs, the commander should never have to issue a reprimand for a haircut or uniform violation.

**149TH TFSq CO-SPONSORS
SUMMER FORMAL**

On June 5, the 149TFS and HQ 20th Air Division co-sponsored a summer formal at Fort Lee, Virginia. The gala affair was attended by the officers of the two units and invited guests.

Entertainment for the dinner-entertainment was provided by the USAF Strolling Strings and the USAF Blue Notes, a nine-piece dance band.

Master of Ceremonies for the evening was Lt Col W. P. "Whitey" Lemmond, Commander of the 149TFS, and in attendance were Major General William McCaddin, Adjutant General of Virginia National Guard; Brigadier General Pat Humphries, Commander of the 20th Air Division; Colonel William E. Haymes, Assistant Adjutant General for the Air National Guard; and Colonel Claude F. Heath, Commander of the 192d Tactical Fighter Group.

Cocktails were served from 1830 until 2000 followed by dinner in the Flag Room, a spacious ballroom surrounded on all sides by a balcony with the flags of each of the 50 states hanging overhead. This provided a beautiful setting for the after dinner performance of the Strolling Strings, a 25-piece ensemble of stringed instrumentalists who have performed world-wide for heads of state.

The "Strings" thirty minute performance blended a mixture of popular, classical, and military music and clearly provided the highlight of the evening for all in attendance. Standing ovations produced two encores for the appreciative crowd and their final song "Off We Go Into the Wild Blue Yonder" was greeted by a spontaneous sing-along from all in attendance.

The evening was capped off with dancing until 0100 hours to the music of the Blue Notes.



