

YANGUARD

VIRGINIA AIR NATIONAL GUARD

Volume XXI No.10

Byrd IAP, Sandston, Virginia 23150

DECEMBER 1977

EXTENDED UTAS PROPOSED

Due to the increase in training requirements, sorties, etc., the 192d Tactical Fighter Group is considering extending the work day during UTAs to 0600 to 1930 hours.

This will entail dividing most sections into two or three shifts.

The sections which will be effected the most are those directly in support of flying, namely Maintenance, Supply, Firefighters, etc. Other sections such as Comptroller and CBPO will probably remain on our normal 0800 to 1630 shift.

If this proposal becomes a reality, it will probably commence in February of 1978. Also the dining hall hours will be extended.

The basic problem is that our available hours are not sufficient to cover the multitude of requirements that must take place. Starting with this December UTA all sections will remain open and available for business during the entire day including the lunch period.

You will be approached during the December UTA as to which shift will be most convenient to you. You should give this a lot of thought considering such things as transportation, your civilian job, etc.

FORMER MEMBERS JOIN AGAIN

We had the return of four prior Virginia Air Guardsmen during the month of November. In recruiting they are referred to as "the return of the professionals". Welcome back, D. G. Duke, D. S. Journey, R. S. Grizzard and S. F. Adams.

LOST TICKETS COST MONEY

Recently there has been a substantial increase in lost tickets issued against transportation requests. This results in the traveler having to pay for those tickets, either directly or indirectly, and filing a claim with the Accounting and Finance Travel Section for reimbursement. If the lost tickets remain unused, the traveler is reimbursed normally in three to six months. Travelers are reminded to safeguard tickets in order to avoid financial hardship.

TWO ANG UNITS TO GET A-7D AIRCRAFT

WASHINGTON (AFNS) -- Two Air National Guard units will convert from the F-100 Supersabre to A-7D Corsair II aircraft during 1978, with another increasing its authorized A-7 strength from 18 to 24.

Units converting to the A-7s are the 178th Tactical Fighter Group, Springfield Municipal Airport, Ohio, and 138th TFG, Tulsa IAP, Okla. The 140th Tactical Fighter Wing, Buckley ANGB, Colo., will increase its A-7 strength by six aircraft.

Manpower impact of the change will mean a decrease of 64 ANG military positions authorized at Springfield, with no change in the number of active Air Force or full-time air technicians and civilian employees there.

The 138th TFG will increase by 29 ANG military authorizations and 20 full-time air technicians and civilian employees.

There will be an increase of 89 ANG military authorizations and 43 air technicians and civilian employees in the 140th TFW at Buckley ANGB.

Air Force officials said some of the F-100s may be distributed to other ANG units. The remainder will go to the Air Force's military aircraft storage and disposition center at Davis-Monthan AFB, Ariz.

These actions are part of the modernization of Air National Guard and Air Force Reserve units announced earlier this year.



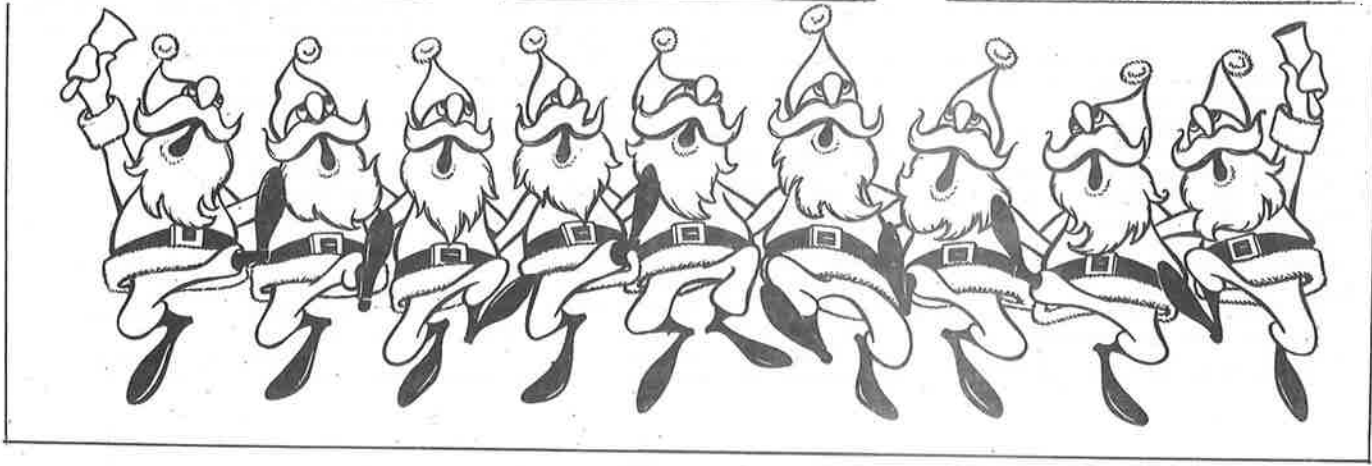
Christmas Menu

SATURDAY

- Baked Ham/Raisin Sauce
- Green Beans
- Creamed Potatoes
- Tossed Salad
- Bread/Butter
- Milk/Coffee
- Canned Fruit

SUNDAY

- Roast Turkey/Dressing
- Giblet Gravy
- Creamed Potatoes
- Candied Yams
- Cranberry Sauce
- Associated Fresh Fruit
- Candy & Mixed Nuts
- Hot Biscuits/Butter
- Coffee/Milk/Cold Drink
- Strawberry Short Cake



SAFETY

BAH! -- HUMBUG! Who needs accidents - nobody, especially during the joyous Christmas/New Year season. However, the unfortunate reality is that some of us will suffer the consequences of an act of unthinking carelessness. In most cases, such consequences will result only in minor mishaps or inconveniences, but the potential for more serious problems is always present.

Safety is a sense of awareness - a state of mind. All of us need to have this awareness reinforced once in a while to keep our senses alert. Toward this end we are re-printing below a list of ten safety reminders, for the upcoming holiday season, which we originally published in the December 1976 VANGUARD, which most likely none of you have retained.

1. Do not overload electrical outlets/circuits when putting up Christmas lights.
2. Examine all electrical cords to check for frayed or broken insulation.
3. Arrange the wiring on your Christmas tree lights so that you can easily and conveniently turn them on or off without danger of tripping over or falling into the tree. Also, do not use indoor tree lighting outdoors.
4. A cut Christmas tree becomes quite dry after spending a few days in a heated home. Any sparks, open flames or excessive heat will cause ignition and you would be absolutely amazed to see how fast and furious a dry Christmas tree will burn.
5. If you use an artificial metallic foil tree, do not string electrical lights on it - the potential electrical shock is severe.
6. If you are using your fireplace, do not burn discarded Christmas wrappings in it. Doing so will produce large amounts of burning or glowing paper embers, which may settle on your asphalt shingled roof, causing a fire.
7. Keep bubbling fondues in the center of a large table, so if they accidentally tip, the burn hazard to your family and guests will be minimized.
8. Do not overfill alcohol or other chafing or serving dishes. The heat from the flame will cause the fuel to expand and possibly overflow onto the table.
9. Keep an excessive number of "cooks" and "tasters" out of the kitchen. The resulting confusion creates too great a potential for accidents, particularly burns and cuts.
10. Drink alcoholic beverages in moderation and let someone sober drive if you have had too much in

CHAPEL NOTES

Father J. P. Blankenship, our Auxiliary Chaplain, has been transferred from St. John's Church in Highland Springs to the Sacred Heart Church in New Bohemia, outside Petersburg. Father Blankenship will remain with us and celebrate Catholic Mass every UTA Sunday at 1400 hours. We wish Father "B" a blessed and prosperous ministry at Sacred Heart. Father Blankenship's new address is: Sacred Heart Rectory, Route 8, Box 183, Petersburg, Virginia 23803.

Chaplain Sant'Anna is available to assist the members of our Unit and their dependents 24 hours a day. If you need his help do not hesitate to call him: Telephone numbers: Base C-06, Office 737-1527, Home 737-0635.

SECURITY POLICE

1. **WORD OF THANKS:** Personnel of the Security Police Flight would like to thank all personnel that supported the SP Flight before and during the ORI. Without your outstanding support we would not have received an excellent ORI rating. We especially thank the Security Managers, CAMRON personnel that were administered the Security Test, CAMRON personnel that were presented simulated security exercises on the flight line, Procurement personnel who were presented simulated robbery situations, EMO and Munitions personnel that were tested in regard to various type Intrusion and Duress Alarm situations, personnel responsible for classified material, CSS Administrative personnel for typing various plans and operating instructions, CBPO personnel for typing and Security Clearance support, Mobility personnel for guidance in regard to mobility, CE Flight and Small Arms personnel.

The Security Police Section may be considered a support and enforcement function. We like to support rather than enforce. Please call on us - we are here to support you as well as the mission.

2. **SECURITY CLEARANCES:** Commanders and Supervisors are encouraged to determine if your personnel have a security clearance. If an individual does not have a clearance and you think they should, complete Section I and II of AF Form 2583 and submit same to CBPO.

the way of Christmas "spirits."

There are certainly other potential hazards of which you should be aware. Take a moment to look around your home this holiday season and eliminate hazards which could ruin an otherwise Merry Christmas and Happy New Year.

CHAPLAIN'S CORNER

Cpt Xel Sant'Anna

- A WAY OF LIVING -

Every year a theme is chosen for the Chapel Program of USAF. For 1978 the emphasis theme is "Ministering Is A Way of Living" and this theme highlights the philosophy of the Chaplain Service and the Air Force Community.

Chaplains and Chapel Staff serve and take care of Air Force personnel out of duty or obligation but primarily because it reflects our life-style. But the concern and care for others reach beyond the boundaries of the base. This is done not only by Chaplains and their staff but by Air Force personnel through their actions and the actions of their dependents as they donate their time, money, expertise, clothing and food to alleviate human suffering in the local community and in places far away. This we call ministry. From the booklet "Ministering Is A Way of Living" published by the Chaplain Service we quote; "Ministering is a way of living. It is a life-style--a life-style lived out daily in the home, on the job and in the community. Ministering means caring, aiding, serving, helping, encouraging, listening, supporting, and, above all, loving, in both word and deed, someone other than yourself. It calls us to go beyond that which is expected, to lose our preoccupation with ourselves and our roles so that we can serve one another. It bids us to come together as a community fully supportive of one another, and in so doing, discover for ourselves and enable others to discover for themselves what it means to be more fully human. Ministry does not belong to other people in other places. It belongs to all the people who function in every place."

The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia.

The opinions expressed herein do not necessarily represent those of The Adjutant General of Virginia or the Virginia Air National Guard.

COMMANDER:

Col Claude F. Heath

MANAGING EDITOR:

Lt Col Wallace R. Lundie

INFORMATION OFFICER:

Capt Francis J. McNally

PHOTOGRAPHER:

TSgt Robert A. Flournoy

PERSONNEL CHANGES

The following personnel were enlisted or appointed into the Virginia Air National Guard during the months of October and November. Those identified with (1) are prior service and those with (2) are non-prior service. WELCOME, Y'ALL! GLAD TO HAVE YOU.

192D TACTICAL FIGHTER GROUP
AB WALLACE, ANTIONETTE E. (2)

149TH TACTICAL FIGHTER SQUADRON
SGT FITZGERALD, DAVID N. (1)
AIC WADSWORTH, RUDOLPH JR. (1)

192D CAMRON
SSG CRUMPLER, CHARLES E. (1)
SGT ADAMS, STEPHEN F. (1)
SGT JONES, ARTHUR L. JR. (1)
SGT VICE, IRVIN L. (1)
AIC MCKINNEY, MILTON P. (1)
AB BUSH, JANICE M. (1)

192D COMBAT SUPPORT SQUADRON
CPT ESTEP, CHARLES D. (1)
SSG BYRD, LENWOOD L. JR. (1)
SSG DUKE, DONALD G. (1)
SSG EVANS, ROBERT V. (1)
SSG HEDKE, DENNIS E. (1)
SSG JOURNEY, DONNIE S. (1)
SGT CORBIN, THERON T. (1)
SGT STANLEY, PATTI L. (1)
AIC MIDGETT, PERNELL A. (1)
AB JONES, LONNIE R. (2)
AB MCKINLEY, JO A. (2)
AB TRAYLOR, DONNA L. (2)
AB VEREEN, ANNA B. (2)

192D TAC CLINIC
SGT ALVIS, ANDREW D. JR. (1)
SGT JOHNSON, JAMES A. (1)
SGT TUCKER, JAMES W. (1)

192D CIVIL ENGINEERING FLIGHT
TSG GRIZZARD, ROBERT S. (1)

192D WEAPONS SYSTEMS SECURITY FLT.
SSG DROUIN, NORMAN R. (1)
SGT PLEASANTS, JAMIE E. (1)

Every Guardsman is a recruiter.

The following transfers took place during the months of October and November and the unit from which transferred is shown opposite each name.

STATE HEADQUARTERS
TSG PAIGE, THOMAS C. 192CAM
SSG UDRIET, CHARLIE W. III 192MOB

192D CAMRON
SSG MCLEOD, MARION JR. 192CSS

192D CIVIL ENGINEERING FLIGHT
SSG ADAMS, RONALD R. 192CSS

The following personnel were demoted to the grades indicated during the months of October and November.

149TH TACTICAL FIGHTER SQUADRON
AB YOUNG, JOSEPH L.

192D MOBILITY SUPPORT FLIGHT
AB BYRD, OSCAR A.

192D CAMRON
AIC OWENS, GARY A.
AB BOBB, RICHARD W. JR.
AB CLARY, JAMES J. JR.
AB JAMES, PHILLIP JR.
AB HOLDREN, STUART M.

The following personnel were discharged from the Virginia Air National Guard during the months of October and November.

STATE HEADQUARTERS
SSG DAVIS, WILLIAM C.

149TH TACTICAL FIGHTER SQUADRON
CPT VANNAMEE, JAMES F. JR.
AB YOUNG, JOSEPH L.

192D MOBILITY SUPPORT FLIGHT
CPT STRINGFELLOW, DANIEL R.
SGT SOUTHALL, MARVIN C.
AIC PEATROSS, JOHN G.
AB STROHM, DEMARIS A.

192D CAMRON
TSG GERMAIN, STEPHEN J.
SSG COLLINS, RICHARD M.
SGT BASKERVILLE, JOHN C.
SGT LEE, RONALD W.
SGT NOBLES, DAVID L.
SGT SCOGGINS, WILLIE L.
SGT WHITE, ROGER E.
AIC FRIDELL, CHARLES L. JR.
AB WHITEHEAD, SIDNEY D.

192D COMBAT SUPPORT SQUADRON
SGT ALEXANDER, JAMES H. IV
SGT CORBIN, THERON T.
SGT HAGAN, JAMES E.
SGT KENT, JAMES R.
SGT WATERS, CLIFFORD W.
AIC HAWKINS, PETRICE D.
AIC ROWLAND, SAMUEL C. III
AMN PITTMAN, NINETTE L.
AMN SAMS, ROSEMARY C.
AB BALL, JOHN T.
AB BOOTH, JAMES H.
AB WHITE, ROBERT C.

192D TAC CLINIC
SSG JOHNSON, GLORIA M.

192D CIVIL ENGINEERING FLIGHT
SSG BLACKBURN, PERCY T. III
SSG LOCKE, WILLIAM B. III
SSG SCOTT, STEPHEN M.
SSG TOUVELL, DAVID L.

192D WEAPONS SYSTEMS SECURITY FLT.
SSG LEWIS, WILBUR T. JR.
SGT MLYNCZAK, JOHN B.
SGT SHORT, ST. CLAIR I. JR.
AIC SAMS, GENE E.
AMN JOHNSON, LARRY E.

Our congratulations go to the following personnel who were promoted to the grades indicated during the months of October and November.

149TH TACTICAL FIGHTER SQUADRON
ILT HICKS, STEPHEN R.

192D MOBILITY SUPPORT FLIGHT
SRA BRAMMER, JAMES D.
AIC CARRINGTON, LUCILLE L.

192D CAMRON
TSG MANGRUM, RUDOLPH M. JR.
SSG BARLOW, THOMAS R.
SSG BURTON, DARCY T.
SSG COLEMAN, CHARLIE H.
SSG DRUMMOND, ERNEST G. JR.
SSG HUXTABLE, STEPHEN L.
SSG MCENDREE, DEBORAH A.
SSG ROUNTREE, ALVIN T.
SSG RUE, RANDY G.
SSG SMITH, LEONARD P. JR.
SSG TWEEDY, KERMIT D.
SSG WILLIAMS, THORNTON W.
SRA CORDELL, ROBERT E.
AIC BALDWIN, CLARENCE R.
AIC DAWSON, GWENDOLYN L.
AIC FIELDS, RALPH A.
AIC FRECHETTE, MARIAL A.
AIC STURMAN, MARK L.
AIC WILLIAMS, CHARLES S.

192D COMBAT SUPPORT SQUADRON
TSG DUKE, MICHEAL A.
SSG CARROLL, DAVID A.
SSG COLLIER, CHARLES W.
SRA IRBY, JOYCE M.
AIC SIMMONS, CYNTHIA E.
AIC THOMPSON, LUCY F.

192D TAC CLINIC
AIC HARRIS, ADA R.

192D CIVIL ENGINEERING FLIGHT
SSG BOWER, FRANK M.
SSG BUTLER, DAVID L.
SSG WHISTLEMAN, GARY L.
SRA MCQUEEN, LARRY J.

192D WEAPONS SECURITY SYSTEMS FLT.
SSG CASSADY, WILLIAM D.
SSG HAMNER, JAMES L. JR.
SSG MARSHALL, GEORGE JR.
SRA IRVING, FORREST E. JR.
AIC EVANS, CHARLES W.

The following personnel, assigned as indicated, reenlisted or extended during the month of November 1977.

192D CAMRON
CMS ORCUTT, LLOYD L.
MSG HAILEY, AUTRY H., SR.
TSG KERAN, LEE R.
SSG MCENDREE, DEBORAH A.
SSG MCGEE, GERALD E.
SSG MILES, ROBERT M.

**It's your Guard.
Talk it up.**

Season Ends With 12th Night

Twelfth Night or Epiphany—Jan. 6—marks the end of the Christmas holiday season. It is celebrated with a variety of customs and ceremonies throughout the Christian world.

In many parts of the United States, yuletide greens are burned on Epiphany, often marking the end of after-Christmas cleanup.

But a more unusual Epiphany ritual, points out the National Geographic Society, is the blessing of sponge divers at Tarpon Springs, Fla. The bishop throws his gold crucifix into the water to signify the baptism of Christ. Young men dive after the cross; whoever retrieves it is specially blessed.

Latin Americans consider Epiphany both a solemn religious festival and the beginning of the pre-Lenten carnival season.

Mexicans salute Twelfth Night with firecrackers, masked revelry, feasting, and candlelight processions.

In some parts of Europe, a popular tradition is the baking of a Twelfth Night cake. A bean, coin, or china figure

was baked inside the rich "cake of kings" in previous days. Whoever found the prize was king for the day. Sometimes the king picked a queen and ordered everyone to drink and dance all night.

In Christian tradition, whatever the form of observance, Epiphany or "appearance" commemorates the three proofs of Christ's divinity: the visit of the Three Wise Men to the infant Jesus; His baptism; and His first miracle, changing water to wine for wedding guests at Cana.

BEFORE THE PARTY:

The best way to avoid the possibility of drunken driving after a party, is to take some practical steps before the party begins. You, as the host or hostess, through your careful planning, can lessen the danger of alcohol abuse by the refreshments you serve, and the way in which you serve them. Listed below are several points you should keep in mind when planning your party:

1. Always serve food with alcohol.

Tasty snacks are not only a delicious addition to any party but can also slow the rate at which the body absorbs alcohol.

High-protein foods such as cheese and meats are especially good because they stay in the stomach longer.

2. Have several jiggers at the bar, so mixed drinks can be measured.

3. If you serve an alcoholic punch, make it with a non-carbonated base.

Alcohol is absorbed by the body much faster when combined with a carbonated mixer such as ginger ale. Fruit juice or tea is a preferable base for party punches.

4. Have non-alcoholic beverages available for your guests.

It's very likely that some of your guests will not wish to drink an alcoholic beverage. Also persons taking certain medicines should not consume alcohol. Have soft drinks, coffee or maybe a non-alcoholic punch available for them.

5. Don't force drinks on your guests.

Under normal circumstances, the body can absorb about one drink an hour. Although you want your guests to enjoy themselves, you don't want them to overdo it. Don't rush to refill their glasses the minute they become empty. Many guests accept drinks they really don't want to avoid appearing rude to the host.

6. Stop serving alcohol about an hour before the party is to end.

Neither coffee nor any other drink will help sober anybody up. Only time can do that. But by emphasizing non-alcoholic drinks toward the end of the party, you give your guests extra time for their bodies to absorb the alcohol they have consumed. With a low alcohol content in their blood, it will be safer for them to drive home.

7. If you observe a guest who is drinking too much...

Try to engage him in conversation to slow down his drinking.

Offer to mix his next drink and make it a light one. Mix it with water rather than a carbonated mixer.

AFTER THE PARTY:

Of course, even under the best circumstances, there's always the chance that some people will drink too much. When that happens, they become potential dangers to themselves and others. If one of your guests has been drinking excessively, you should see to it that he or she does not drive. Here are a number of things you might do:

1. Make the suggestion to your guest that you drive him home. He can always come back for his car at a later date...when he's sobered up.

2. Suggest to your guest that he stay overnight at your home. This may involve some inconvenience for you, but you could be saving your friend's life.

3. Try to take his car keys away if he insists on driving. Your friend may resent it, but if he's too drunk to listen to reason, you must take charge.

4. Physically restrain him if he insists on driving. It sounds a bit drastic, we know, but if your friend is drunk, he must not be allowed to drive.

5. Call a taxi and have him taken home. Pay for the cab yourself. Your friend can't object to a free ride home. (When he finally comes to his senses, he'll probably thank you and reimburse you gladly.)

6. When other measures fail, call the police to prevent his driving. You may be shocked by this suggestion, but any measure must

be taken to prevent someone who has had too much to drink from driving. There's little chance your friend will be arrested, and the sight of a police officer just might cause him to act a bit more rationally.

These are some of the actions that other people have taken. But don't limit yourself to just these suggestions. Anything you can do to prevent someone who's had too much to drink from driving, is the right thing to do.

FRIENDS DON'T LET FRIENDS DRIVE DRUNK.

HAPPY NEW YEAR