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MAY 1978

EXERCISE RED FLAG IS HIGHLY SUCCESSFULL

GUARDSMAN SAVES CHILD'S LIFE

"At first I was in a state of shock, but I knew he had to have oxygen." SSgt Barry N. Easter, who is an aircraft radio repairman in the 192d Tactical Fighter Group, credits the Cardio-Pulmonary Resuscitation (CPR) training received through the 192d Tactical Clinic with giving him the presence of mind to save his nephew's life.

As is often the case, this near-tragedy struck at a time when a family had come together for a good time. According to Sgt Easter, about 30 family members had gathered for a "reunion" of sorts at the family cabin on a lake in Charlottesville.

As the family was enjoying being together, Sgt Easter's father happened to notice the yellow wind-breaker of three year old Todd Jarman sink from sight in the lake. The house was vacated immediately as everyone rushed down to the lake. The child was pulled from the water, but he had already begun to turn blue. No one knew what to do until Sgt Easter took over.

Remembering his training, given by Major Marlene Ausen, he went through the proper steps and administered artificial respiration. The process was complicated because the child had swallowed his tongue. Sgt Easter managed to clear the air passage and as he breathed life-giving oxygen into the child's lungs, the little fellow began to cough water up. Before long the three year old began to come around.

Later, at a hospital where the child had been taken for observation, a doctor confirmed that little Todd would not have survived had it not been for Sgt Easter's rapid reaction and know-how.

Sgt Easter commented, "Other than that CPR training, I've never had any life saving instruction." As Sgt Easter said, it is amazing that out of all the adults present, only he knew what to do and how to do it.

The personnel in the 192d Tactical Clinic receive high marks in



"MISS HENRICO" SUSAN SANDFORD

GUARDSMAN'S DAUGHTER WINS BEAUTY CONTEST

Susan Sandford, daughter of CMS and Mrs Jack S. Sandford, was crowned Miss Henrico at J.R. Tucker High School, 22 April 1978, and will represent Henrico County in the Tobacco Festival next fall.

Susan, 18, is a senior at Varina High School and is planning to attend Longwood College next year.

At Varina, Susan is a member of the Madrigals Singing Group, the Thespians and is captain of Cheer-ing Squad.

Jack and Frankie are awfully proud of their daughter. They also have another "Guard Brat" in their oldest son, Jack S. (Sandy) Sandford, Jr., who is an aircraft mechanic and a technician in the VaANG. He, too, is proud of his little sister.

NEXT U T A

6 MAY 1978 - Flying & OJT

7 MAY 1978 - Mobility Exercise

0800 - 1700 Hrs

Sgt Easter's book. According to him, they made the training understandable and interesting.

A commercial/residential builder in business with his father, Sgt Easter lives in Corzet, Virginia, with his wife, Beth. He is a five year veteran of the Virginia Air National Guard.

VIRGINIA GUARD AT EXERCISE RED FLAG

The Virginia Air National Guard and its 192d Tactical Fighter Group and 149th Tactical Fighter Squadron went to war last month. The realistic but not real war is located in the deserts and mountains of Nevada and Utah and is part of the real life-like training environment developed by the United States Air Force Tactical Air Command to train fighter pilots. The training, according to some Virginia Air Guard pilots who have flown both in North and South Vietnam, is "the closest damn thing to actual combat since flying the Red River Valley in North Vietnam."

The Richmond based Virginia Air National Guard was one of three Air National Guard units participating in the exercise. In addition, 15 active duty Air Force units, one Air Force Reserve unit, one Marine Reserve unit, and one Navy Reserve unit took part.

Titled "Red Flag 78-5", the exercise is a mock war involving tactical air forces from throughout the United States. This new concept in tactical aircrew training grew out of combat lessons learned as far back as World War II.

The concept recognizes the fact that the more combat experience aircrews have, the better are their chances for survival in any real combat situation.

Air combat technicians have found that during the Vietnam War there was a very dramatic increase in the aircrew survival rate once the aircrew had completed approximately ten combat missions.

The problem faced was how to give aircrews a real taste of combat in peacetime. The answer now being provided at "Red Flag" at Nellis AFB is realistic simulation to the greatest possible extent of all phases of an actual combat environment.

Most of the aircraft and people deployed to Nellis AFB for "Red Flag" make up the exercise's "blue" forces. These blue forces use Air Force tactics to attack realistic targets and electronically simu-

con't on page 4

SECURITY

How effective is your Information Program? (DOD ISPR 5200.1-R) Are all assigned personnel aware of their responsibilities and the fact that seemingly minor administrative deviations and noncompliance can easily result in security incidents and possible compromise of classified information? The answer to these questions can be provided by you, the commanders, supervisors, security managers, and individuals.

A review of the reports of four recent unit inspections reveals an average of 16 security deficiencies each. These ranged in seriousness from the possible loss of a classified document through incorrect annotation of AF Forms 301. Some specific examples are: a Top Secret document was certified as destroyed but was found to be still on file; classified material had not been destroyed for 6 months after it had served its purpose and was no longer required; lack of proper clearance data for personnel working with classified material; a classified document was left unattended on an office desk. These deficiencies were not limited to any one office or type of function, but were detected throughout the organizations inspected.

If there are no deficiencies within your organization-congratulations! You have an effective Information Security Program and can aid other functions within the unit by crosstalk and conducting informal inspections and critiques. If, however, there is still work to be done, perhaps a review of basic directives and a contemplative response to these questions may enhance your program's effectiveness. Is the Security Education Program job-oriented, and operated under the supervision and guidance of the security manager? Are seminar discussions and question and answer periods being conducted within individual organizations, agencies, and offices? Is full use being made of command or locally-developed, self-inspection checklists?

Although unit security managers are specifically tasked, all personnel share responsibility for their portion of the DOD Information Security Program, "To insure that official information of the Department of Defense relating to National Security...is protected." (Extracted TIG Brief, April 1978)

CHAPEL SERVICES

7 May 1978

Protestant Services - 1315 hours
Catholic Services - 1400 hours
Mormon Services - 1500 hours

SAFETY

Over 100,000 injuries occur every year due to accidents that happen while people are operating power lawn mowers. These injuries range in severity from minor cuts to amputations and fatalities. Let's review some of the precautions you can take which will help prevent a great number of these injuries.

Before Starting

Pick up rocks, glass, bits of tree branches or any other objects which could become potential lethal missiles if picked up by the mower blade.

Observe the location of fixed objects such as pipes, sprinkler heads, curbs, etc.; which could damage your mower or break off and become missiles.

Prepare your mower. Make a quick inspection for loose nuts and bolts, check the engine oil level, and fill the fuel tank before starting. Use a vented can with a flex spout.

Things To Do

Plan your mowing so that the mower is pushed forward as much as possible. Many a foot has been injured or toe amputated because of pulling a mower backward.

When mowing on a slope or terrace, make a series of horizontal passes along the incline. If you push up the incline, you have to let the mower drift back and run the risk of having it come back on your foot. If you push down, you could lose your footing, and fall into the mower.

Cut high damp grass at a slower speed with the cutting height set higher than on dry grass.

Stop the engine and be sure the blade has completely stopped turning before attempting to free obstructions from the discharge chute, adjusting cutting height, or performing any operation requiring you to put your hands or feet near the blade.

Disconnect the spark plug wire to keep the engine from accidentally starting while your hands are close to the blade.

If you use an electric mower, develop a cutting pattern whereby you can avoid tripping over the cord or cutting it with the mower.

Wear safety-toed shoes and eye protection. Full length trousers and shirt will protect you from sunburn and will afford some protection against flying objects.

Things Not To Do

Don't refuel the mower while the engine is hot. Gasoline fumes can be ignited by a hot exhaust port or

ANG FLYING UNIT COMBAT READINESS

As of 1 April 1978, the men and women of the Air National Guard have achieved an all time high level of combat readiness. Ninety-seven percent of all ANG flying units reported their organizations combat ready. Your record 100% pass rate for all Operational Readiness Inspections performed in the past 15 months attest to the accuracy of these reports.

These accomplishments are even more remarkable when considered in our current environment of limited resources and increasing training demands. Each and every member of the Air National Guard can be justifiably proud of these achievements.

Please extend my congratulations and sincere appreciation to each member of your Units for their efforts in making this record possible.

Signed by John T. Guice, Major General, Director of Air National Guard.

MARKSMEN NEEDED

Pistol and rifle shooters are needed for the Base teams that will compete in the Annual AG's Small Arms Tournament to be held late in the summer. Especially needed are "new shooters", individuals who have never entered in tournament competition.

Persons interested in team try-outs please contact CMSgt Sandford, ext. 366, or TSgt Clark, ext. 353.

engine block.

Don't store gasoline in glass or plastic containers.

Don't attempt to mow extremely wet grass. It will just clog up the discharge chute.

Don't mow wet or damp grass with an electric mower.

Don't let a child operate the lawn mower. From USAF Study Kit

The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia.

The opinions expressed herein do not necessarily represent those of The Adjutant General of Virginia or the Virginia Air National Guard.

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Col Claude F. Heath

MANAGING EDITOR:

Lt Col Wallace R. Lundie

INFORMATION OFFICER:

Capt Francis J. McNally

PHOTOGRAPHER:

TSgt Robert A. Flournoy

PERSONNEL CHANGES

PERSONNEL CHANGES FOR MARCH

The following personnel were enlisted into the Virginia Air National Guard during the month of March. Those identified with (1) are prior service and those with (2) are non-prior service. WELCOME, Y'ALL! GLAD TO HAVE YOU.

192D CAMRON

SSG BURRELL, JAMES H. (1)
SSG BURROWS, DAVID L. (1)
SSG FREY, ROBERT A. (1)
SGT SLAUGHTER, EDWIN S. (1)
SGT SMITH, LLEWELLYN C. (1)
AIC GREKUSIS, THEODORE N. (1)
AIC HOCKMAN, GROVER L. (1)

192D COMBAT SUPPORT SQUADRON

SSG BARNER, THOMAS J. (1)
SSG KIMMICK, DAVID L. (1)
SGT HARRIS, DANIEL, JR. (1)
AB AVERY, LISA G. (2)
AB MARCINIAK, PAMELA R. (2)
AB SNIDER, PATRICIA A. (2)

192D TAC CLINIC

SGT GUERRA, PATRICIA K. (1)
SGT PFEFFER, STEPHEN M. (1)

192D CIVIL ENGINEERING FLIGHT

SGT HOWARD, SHERMAN (1)

192D WEAPONS SYSTEMS SECURITY FLT

SSG BUTLER, WILLIAM S. (1)
SSG MEYER, DAVID A. (1)
SGT BURGESS, STEVE (1)
SGT HINTON, REGINALD (1)

The following personnel were discharged from the Virginia Air National Guard during the month of March.

192D TACTICAL FIGHTER GROUP

AMN GEE, VALDERIE, Y.

192D MOBILITY SUPPORT FLIGHT

SGT HUFFMAN, JOHN R.

192D CAMRON

SSG HOLDEN, DONALD R.
SSG JAMES, LARRY D.
SSG PRICE, DAVID L.
SGT OLEY, ROBERT F.
SGT SCOTT, KEITH
SGT TUCKER, THOMAS M., JR.
SGT WALTON, JESSE M., JR.
AIC CHESHIRE, EDWARD C., JR.
AIC LAZENBY, ROBERT L.
AMN WEBSTER, WILLIE M.
AB FOREMAN, JAMES A.

192D COMBAT SUPPORT SQUADRON

TSG BALLARD, VIRGIL L.
SSG CHEELEY, ROY C.
SGT BATTEN, RONNIE L.
SGT BESS, ROGER A.

SGT COLLIER, CARL H.
SGT HOWARD, CHARLES F.
SGT MCCOY, OBADIAH, JR.
AIC JONES, GARLENE R.
AIC SMITH, IDELLE E.
AMN JENKINS, WALTER F., JR.
AB FREEMAN, BARBARA L.

192D CIVIL ENGINEERING FLIGHT

TSG SULLIVAN, CHARLES W.
SGT CHAMBERS, JAMES A., JR.
AMN BARBER, GUY, III

192D WEAPONS SYSTEMS SECURITY FLT

SGT CONWAY, JOSEPH

192D COMMUNICATIONS FLIGHT (SPT)

AB GILPIN, CHARLES D.

Our congratulations go to the following personnel who were promoted to the grades indicated during the month of March.

STATE HEADQUARTERS

CMS SANDFORD, JACK S.
TSG UDRINET, CHARLIE W., III

192D TACTICAL FIGHTER GROUP

SSG MARKIN, RONALD G.
SRA LAMBERT, SANDRA E.

192D MOBILITY SUPPORT FLIGHT

SSG EURE, DAVE L.
SSG JONES, TYRONE M.

192D CAMRON

CMS MYERS, ASHBY M.
MSG PERKINS, EMMETT F.
TSG COLEMAN, JERRY N.
TSG FIELD, WARREN W.
TSG SPARKS, CHARLES R.
SSG BLAKE, DANIEL E.
SSG MAHONEY, MICHAEL R.
SSG OKEEFE, BERNARD G., JR.
SSG WYNN, SAMUEL M.
SRA SMITH, BARRY W.
SRA WILSON, DENNIS A.
AIC HAZEL, LAWRENCE D., JR.
AIC HENSLEY, GREGORY K.
AIC POULIN, CHARLES A.
AMN PICKARD, RALEIGH H., JR.
AMN WHITEHEAD, PRINCESS R.

192D COMBAT SUPPORT SQUADRON

MSG ZIMMERMAN, EMERY J.
SSG HARRISON, ALBERT L.
SSG SLAYTON, MICHAEL A.
SRA BROWN, FRANCES L.
SRA MILSTEAD, DAVID C.
AIC KENDRICK, BETTY J.
AMN DAVIS, SHERYL L.
AMN JOHNSON, VALERIE D.
AMN MYRICK, DARLENE P.

192D TAC CLINIC

SSG EVERETT, HAROLD E.

192D CIVIL ENGINEERING FLIGHT

TSG CARLTON, ROBERT K.
TSG RINGSTAFF, GARY S.
SSG GREGORY, CHARLES E., JR.
SSG WILLIAMS, JOHNNIE A., JR.
SGT WOMACK, WILLIAMS H., JR.

192D WEAPONS SYSTEMS SECURITY FLT

SSG LUTZ, CHARLES S., JR.
SRA MATTHEWS, HUELL W., JR.
SRA NAPIER, JAMES N.
SRA STILLMAN, DONALD A.
AIC BALL, CHARLES S.

192D COMMUNICATIONS FLIGHT (SPT)

MSG ANTHONY, FRANK F.

The following personnel were demoted to the grades indicated during the month of March.

192D CAMRON

AB DAVIS, JEFFREY L.

The following transfers took place during the month of March and the unit from which transferred is shown opposite each name.

192D MOBILITY SUPPORT FLIGHT

TSG MCKAY, BERNARD H. 192CSS
SSG ELSWICK, MICHAEL C. 192CSS
SGT IRBY, JOYCE M. 192CSS
AMN FLEMING, JANIS L. 192CSS

192D COMBAT SUPPORT SQUADRON

TSG BRADLEY, DONALD W. 192MSF
TSG HAGUE, JAMES W. 192MSF
TSG ZIMMERMAN, EMERY J. 192TFG
SSG MARTIN, ARTHUR V., JR. 192MSF
SSG OLIVER, WESLEY M. 192MSF
SSG TOMLINSON, HENRY G. III 192MSF
SGT JOHNSON, JOHN L. 192MSF
SGT KERSEY, WILLIAM W., JR. 192MSF
AMN HARRIS, ROSA J. 192MSF

192D TAC CLINIC

SGT PALMISANO, STEVEN G. 192CEF

The following personnel were discharged from the Virginia Air National Guard during the month of April.

149TH TACTICAL FIGHTER SQUADRON

SGT BAINES, THOMAS B.

192D CAMRON

SSG MCGHEE, DAVID P.
AIC OWEN, GARY A.

192D COMMUNICATIONS FLIGHT (SPT)

AB TURNER, WELTON F.

192D WEAPONS SYSTEMS SECURITY FLT

SSG TIBBS, FORREST L., JR.

Our congratulations go to the following personnel who were promoted to the grades indicated during the month of April.

STATE HEADQUARTERS

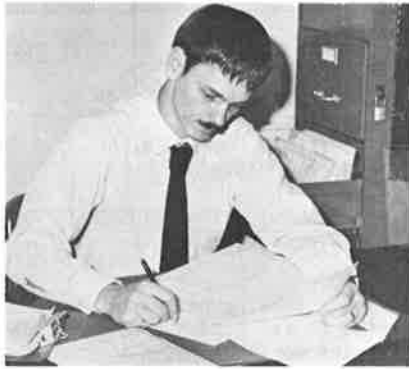
MAJ MODLIN, CECIL E. III

192D CAMRON

CPT THOMPSON, JOHN O.
AMN PAPADATOS, MARY O.

192D COMBAT SUPPORT SQUADRON

AMN BROWN, MARY A.



SSG FRANK PAUL
NCO OF THE QUARTER



SSG BRUCE HESS
AIR GUARDSMAN OF THE QUARTER



TSG CLIFTON WILLIAMS
MAINTENANCE MAN OF THE QUARTER

Staff Sergeant Frank Paul of the Security Police has been selected as the NCO of the first quarter for 1978. Staff Sergeant Bruce Hess of CAMRON and the Engine Shop has been selected as the Air Guardsman of the Quarter, while honors for Maintenance Man of the Quarter have been bestowed on Technical Sergeant Clifton Williams of the 192d Communications Flight.

SSgt Frank Paul works for the State of Virginia as a Security Guard. He came to the Virginia Air National Guard under the Palace Chase Program from McGuire AFB where he served in a Security Police outfit. Paul, a native Richmonder, has been in the Guard for four years and spends some of his spare time collecting pipes.

Maintenance Man of the Quarter TSgt Clifton Williams, who lives in Midlothian, Virginia, is a foreman for C&P Telephone Company. Williams enjoys boating in his spare time.

RED FLAG con't from page 1

lated surface-to-air missile and gun sites on the Nellis AFB gunnery/bombing range complex.

An opposing "red" force is composed of the people who man the electronic warfare sites, a special aircraft which deters the friendly (blue) aircraft by jamming their communication system, and a special unit of F-5E aggressor "red" force aircraft permanently stationed at Nellis. These aggressor aircraft attack and try to stop the "blue" forces' penetration into the target area. The F-5E aircraft have similar capabilities to the MIG-21, and the pilots who fly them are especially trained in potential enemy tactics.

A "Red Flag" exercise typically involves a variety of from 18 to 20 different aircraft including fighters, bombers, reconnaissance, escort, forward air control, search and rescue and aggressor aircraft. The current exercise which included the F-105 "Thunderchiefs" of the Virginia Air National Guard also

included the Air Force's newest front line fighter, the F-15 "Eagle". More than 80 Aircraft were participating.

Rounding out the "Red Flag" force was a team of umpires known as the "white" force. These impartial observers collect and analyze computer data in an attempt to find out which combat tactics are proving most effective.

The results of this mock war being fought in the Nevada skies are expected to yield results that should do much to save American lives in any future area of combat.

At Red Flag, you don't have to get in the airplane to see the war. There is a briefing room with an eight foot by ten foot blue screen. An outline of the Nellis Range shows through and as the aircraft move to their targets, a white series of four numbers identifies each aircraft. Aggressor aircraft, identified by a series of red numbers, also appear and their flight path can be followed on the screen. The screen is similar to what an air traffic controller would see, but only picks up aircraft above 300 feet.

According to Col Claude Heath, the 192d Group Commander, "This is the kind of training you can't put a dollar value on because in combat this training will result in a direct saving of lives and that's important for two reasons. One, it means our pilots will have a better chance of survival; and, two, it means they will be around to fly and fight another day. As Air National Guard pilots we don't get this opportunity very often. This experience has been outstanding. If the balloon goes up, we won't have time under the current total force concept to get this kind of training before we start flying combat missions."

"RED FLAG" is an exercise for training purposes. The pilots and maintenance and support personnel get a taste of what actual combat conditions might be like.

SOCIAL ACTIONS ADDS NEWCOMERS

As of March, there are two new faces in the Base Social Actions Office. But one of those faces, although new to the Social Actions Office, is already familiar on base.

Newly commissioned 2d Lt Fred Baylor, the Unit's new Human Relations Officer, has been a member of the 192d for 2 1/2 years. Before his commissioning last month, Baylor was a radio operator in the 192d Communications Flight and in civilian life, he is a personnel supervisor with the Phillip Morris Tobacco Company.

Sergeant Joe Wadsworth joins the 192d as the new Drug and Alcohol Abuse Technician. Wadsworth spent 3 1/2 years in the Regular Air Force from 1965 - 1969. He was drawn into the Air National Guard by his brother Rudolph, who joined the 192d three months ago. As a civilian, Wadsworth is a counselor for the Health Department's Drug Treatment Program in Portsmouth.

Both men are quite concerned about their areas of responsibility. Baylor says the big human relations problem now is not race relations, but male-female relations. Says Baylor, "Men have to realize that women want to be treated as equals on the job and in the judicial system; while at the same time, they still want to be treated as women socially."

Wadsworth is greatly concerned about a new wave of more potent hallucinogenic drugs which have begun to appear in several parts of the country, including northern Virginia. But, he adds, alcohol in the beverage form is still by far the most abused drug of all.

Take stock in America.
Buy U.S. Savings Bonds.