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*Annual Field Training***CE Flight Assists
Dannelly Field, Ala**

Forty-three members of the 192d Civil Engineer Flight deployed to Dannelly Field, Montgomery, Alabama, home of the 187th Tactical Reconnaissance Group on the 24th of March and returned to Byrd Field on April 7th. Transport was provided by G-130 "Hercules" aircraft from both Oklahoma and Mississippi Air National Guard. Accompanying the group on its two week annual field training was the CE Commander Lt Col Nick Valdrighi.



Workers check out storm sewer

During the two weeks at Dannelly Field the Virginia based unit constructed a 58 ft. by 18 ft. mezzanine in a bay warehouse, constructed a four bay wash rack for the 187th Supply Section, installed and back-filled 200 feet of storm sewer, replaced old and deteriorated wiring in the boiler room of the 187th's hangar while installing a new main circuit breaker and motor starters, repaired the backup boiler in the hangar and installed numerous lights and partitions throughout the field.

In a letter addressed to Colonel Claude Heath the Commander of the 187th Tactical Reconnaissance Group said of the deployment, "I wish to express my sincere appreciation to the 192d TFG for the work accomplished by the 192d Civil Engineering Flight (Prime Beef). The attitude and professionalism displayed by the team members during their two week encampment helps the Air National Guard attain the goal of being a major cog of the Total Force picture."

192D ENLISTED MANNING TOP 100 PERCENT

Training Among Reasons

For the seven month period ending 30 April 1979, it was announced that the 192d Tactical Fighter Group has maintained a 100 percent manning strength of enlisted personnel. Lead recruiter, TSgt Charles W. Udriet, noted that one of the primary reasons for enlistments has been that of the excellent training afforded newcomers to the unit. He said that prior service people have been most favorably impressed with the Guard program. Recruiters SSgt Doug A. Middleton, SSgt Benson B. Gardner, and TSgt Thomas C. Paige cited money, the tuition assistance program, and unit excellence as factors contributing to the overall manning strength. The four have recently been averaging 16 recruits per month as compared to the national

average of 3 per recruiter. Sgt Udriet said that although the unit is 100% assigned, vacancies still exist in critical areas such as Avionics, Munitions and Fuel Systems.

Major George A. Ligon, in charge of Consolidated Base Personnel Office and a 25 year veteran of the Guard, said that the increase of available deployments has been instrumental in attracting qualified applicants into the Unit. Major Ligon also related that the 192d has more public awareness now than ever before; and, therefore, "selling" the program has been an easy task.

Every member of the Group through pride and dedication has been instrumental in attaining this high level achievement.



192d CE guardsmen pour concrete for footings of a four bay wash rack the unit constructed as one of four major projects completed at Dannelly Field, Alabama, during the unit's annual field training.

Chaplin's Corner

Maj Xol Sant'Anna



We worry. We worry too much. We worry about finances, our children, our health, our job, our future, and many other things. We are chronic worriers and after so much practice we have become experts in worrying. When we do not have anything to be anxious about, we invent something or we ask, "How long is this going to last?" and we begin to worry about it.

What does worry do to you? Literally to worry means to strangle. Worry ruins human emotions, it reduces your abilities, destroys your mind and your body. It drains off your energies, reduces your working efficiency, and it builds mountains of difficulties.

How can we overcome worries? Here are three easy suggestions:

1. Resolution. Make up your mind this very moment. You know that worry is useless, is negative, is destructive, so be smart. Bury your worries. It can be done, if you make up your mind.

2. Action. Find what needs to be done and do it. No problem is solved that is not faced. Once, in New York City, I was worried all night about my car parked in the street because I was not sure it was locked. The thing to do was to get up and check it. Action will kill worries.

3. Faith. This is the sovereign cure. To believe that God is in contact and to cast all our cares upon him. The way to be anxious about nothing is to be prayerful about everything.

"Perhaps the dreaded future
Has less bitter than I think
The Lord may sweeten the water
Before I stoop to drink."

Are you worried? Are you anxious? Do yourself a favor, bury your worries, and your anxieties. You will be glad you did.

Safety

Cpt Robert Seifert



Ever play Russian Roulette? Probably not. The game started among Russian soldiers who became bored on Sunday afternoon of their UTA. Games like this are played by people who want to increase the level of excitement in their lives, or die trying. In Russian Roulette the risk is high, one chance in six of losing, and the stakes are even higher, namely the untimely demise of the loser.

Everyone is a gambler. We may demand a high probability of winning and we may not accept high stakes, but we all gamble. As a matter of fact, life is a gamble; filled with risk, and, in fact, we are constantly trying to increase our probability of victory. We do this

an accident can...



by wearing seat belts, a life preserver, safety glasses or by being cautious. But do we always try to minimize our probability of victory in the gamble of life? No not always. Just like the Russian soldier we sometimes want to add a little excitement to our lives, or worse than that, sometimes we don't have enough time or we're just too lazy. The next time you want to take a chance, remember the Russian soldier who was involuntarily separated from the Moscow Air Guard at 1400 hours of the Sunday UTA.

Initial Credit Received In Dystrophy Drive

Members of the 192d TFG have saved 565 pounds of aluminum cans in support of the Jerry Lewis Muscular Dystrophy Association Fund Drive. The monthly deposit was trucked by an ANG vehicle to the Reynolds Metals recycling plant where \$113.00 was credited to the Fund in the name of the 192d.



Spokesman for the Drive, Major Basil H. Evans, Jr., said that in addition to the barrels, a fenced area has been constructed at the Main Gate as a "drive up" depository. He also asked that the collection barrels not be used as trash receptacles. The containers are distinctly marked by a Jerry Lewis poster. Evans said the Fund Drive is now headed into the warmer months, and consequently, a larger accumulation of cans is expected.

CHAPEL ACTIVITIES UTA SUNDAY

0815 - General Protestant Services
1315 - Latter Days Saints (Mormons)
1400 - Catholic Mass

The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia.

The opinions expressed herein do not necessarily represent those of the Adjutant General of Virginia or the Virginia Air National Guard.

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Quarterly Award Winners



Edwin L. Sereneck



Larry J. Harris



Walter D. Davis

During the March UTA, eleven members of the 192d TFG were considered for quarterly awards.

MSGT EDWIN L. SERENECK was selected as NCO of the Quarter. He is assigned to Quality Control within the Maintenance Squadron having spent 16 years active duty with the Air Force and 15 years with the VaANG. He holds a nine skill level and is employed full time in the technician program with this unit. MSgt Sereneck is married, has three sons, is an amateur radio operator and enjoys stamp collecting.

Air Guardsman of the Quarter, SGT LARRY J. HARRIS is assigned to the 192 TFG Safety Office. His career field is Administration in which he holds a three skill level. Having served three years active duty with

the Air Force, Sgt Harris is employed full time as a corrections officer with the State of Virginia. He enjoys woodworking, bowling and table tennis.

TSGT WALTER D. DAVIS, assigned to Organizational Maintenance with the Maintenance Squadron as an aircraft crew chief, was chosen as Maintenance Man of the Quarter. He holds a seven skill level and is employed full time with the VaANG. TSgt Davis is married, has two children and enjoys hunting, fishing, golf and go cart racing.

Other nominees were TSgt Michael Harrell, SSgt Henry Chatmon, SSgt Ermondo Gusti, Sgt Johnel Bracey, Sgt Neal Woods, SrA Lawrence Hazel, SrA Cynthia Simmons, and Amn Dale Keener.

In the future all nominees for Quarterly Awards will be presented an ANG belt buckle.



28 MAY 79



UTA
19 - 20 MAY 1979



19 MAY 79
ARMED FORCES DAY

ENLISTMENTS

The following personnel were enlisted into the Virginia Air National Guard during the month of April. Those identified with (1) are prior service and those with (2) are non-prior service. WELCOME, Y'ALL! GLAD TO HAVE YOU!

200TH WEATHER SQUADRON
LTC STRALKA, RAYMOND J. (1)

192D TACTICAL FIGHTER GROUP
CPT JONES, WILMER E. (1)

DISCHARGES

The following personnel were discharged from the Virginia Air National Guard during the month of April.

192D COMBAT SUPPORT SQUADRON
SGT HARRIS, DANIEL JR
AIC TRAYLOR, DONNA L.

192D CAMRON
LTC GAYHART, JAMES
AB JARVIS, MICHAEL E.

192D COMMUNICATIONS FLIGHT
MSG BOWERY, LEON B.
AIC PRITCHARD, DOUGLAS J.

**Keep building
your retirement
benefits.**

Vietnam Veterans Week

The period of 28 May-3 June 1979 has been designated by Presidential Proclamation as Vietnam Veterans Week, 1979. The proclamation calls upon all Americans to join in recognizing the contributions of Vietnam Era Veterans.

A special salute to those veterans who are members of the Virginia Air National Guard and continue to serve the nation as well as the State of Virginia with dedication and devotion to duty.

We express appreciation to all of the Vietnam Era veterans who served gallantly and with distinction, for their contribution to National Defense in the past and to the community today.

Activities in the National Capital Area will include a Presidential Wreath Ceremony at Arlington Cemetery on 28 May in honor of the nearly 57,000 killed in the Vietnam conflict.

OPSEC: Actions To Prevent An Enemy From Gaining Knowledge About Our Operations

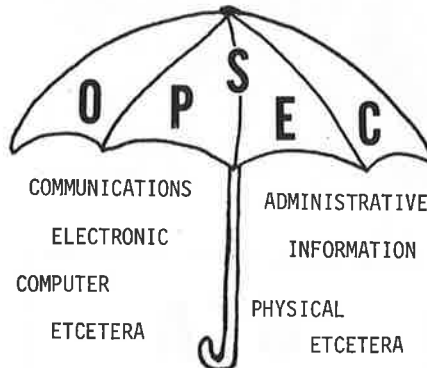
Other security acronyms are frequently confused with or thought to be OPSEC. Basically, ALL security programs and measures are part of OPSEC. The most commonly confused one is Communications Security (COMSEC). COMSEC deals with communicating processes, such as the systems, call signs, etc.

OPSEC includes COMSEC considerations, but it really covers ALL aspects of security. It is a time-proven and sound military concept, deserving attention. OPSEC will not work as an organized discipline unless every airman, every mid-level leader, every staff officer and every commander understands what OPSEC is and what it will do. This will require a little self-education.

Failure in combat may mean more than a failure to move, shoot, and communicate, or a failure to learn all there is to know about the enemy, weather and terrain; failure may also be the result of a failure to know and recognize security weaknesses and vulnerabilities of our own forces.

If managed properly, OPSEC will assist units in avoiding indicators that compromise operations and can pinpoint security weaknesses and unit vulnerabilities. Weaknesses and vulnerabilities can be exploited in such a way that the enemy learns only those things about us we want him to learn - in other words, we control his intelligence collection.

THINK OF OPSEC AS THE OVERALL SECURITY UMBRELLA FOR OPERATIONS.



JUNE OPSEC UPDATE: HISTORICAL INFLUENCE OF OPSEC/COMSEC.

GOOD HEALTH

What is known about REYE'S SYNDROME doesn't take much time to tell. It was first identified in 1963 as a complication of viral diseases such as influenza. It appears just as the patient seems to be recovering from the primary illness. Prolonged uncontrollable vomiting is generally the first sign, along with drowsiness, disorientation, combativeness, and complete personality change.

A high fever, coma and liver problems are common. Edema of the brain - a collection of fluid - is usually the killer. It apparently is noncontagious. Reye's Syndrome is usually confined to those between the ages of infancy and about 24 but is most common between 5-6 years and the teens.



"When the first studies of Reye's Syndrome began 10 years ago, one of the criteria for who was studied was whether the patient recovered," said Dr. Stan Ferguson of the Colorado State Health Department. "If the child lived, we didn't think the child had Reye's Syndrome."

Doctors say only about 10 to 20 percent of the cases of Reye's reported this flu season will be fatal. Just a decade ago, mortality seemed a hallmark of the disease. The reason is that doctors and parents are more alert to early signs and the means to sustain basic body functions are improving. For additional information write to: National Reye's Syndrome Foundation, P.O. Box 161, Dexter, Michigan 48130.

Your Doctor's Your Partner
Help your doctor help you



Immunization. Make it a habit to make sure the kids get the "shots" their doctor recommends. We have most childhood diseases licked and we don't want them showing up again.

Scholarship Program

Association Scholarship Award Objective and Intent

The Virginia National Guard Association sponsors a scholarship program to provide financial assistance to worthy students participating in a senior Army or Air Force ROTC program in a college or university leading to a reserve commission, or to a member of the National Guard in any college or university with a desire to receive a commission through some positive program. It is designed to encourage good students to increase their interest in an Officer career in the Virginia National Guard. Each scholarship will be awarded for one year of study and may be renewed for a second and third year. The Association currently offers one \$500.00 and two \$250.00 scholarships annually, but more may be set up as funds become available.

Criteria

Each applicant must be sponsored by an active member of the Virginia National Guard Association. To receive a scholarship, the applicant must qualify under either A or B below.

A. He must be enrolled in a senior Army or Air Force ROTC program in a college or university and have successfully completed at least one year of study thereunder, and qualify under the following conditions:

1. Be a son or daughter of a current Virginia National Guardsman OR
2. Be the son or daughter of a retired or retired deceased Virginia National Guardsman (20 years service) OR
3. Be the son or daughter of a deceased Virginia National Guardsman who died while in the National Guard OR
4. Be the son or daughter of a member or former member of the Virginia National Guard Association.

B. Be a member of the National Guard and enrolled in a college or university and have successfully completed at least one year of study thereunder.

Procedure

Application will be made to the President of the Virginia National Guard Association, through the sponsor, prior to July 1st. A transcript of all college work must be submitted with the application plus a letter of recommendation from a member of the college faculty. A request for renewal will need a new transcript only.

Contact:	Major Basil H. Evans, Jr.	O&T Building
	Major William J. Monahan	Base Operations
	Lt Fred W. Baylor	Social Actions

School Notes

E-7's For AF Senior NCO Academy

The National Guard Bureau has experienced increased difficulty in filling Air National Guard quotas of five each per class at the USAF Senior NCO Academy. The reason for this is essentially two fold: (1) The length of the course does not allow participation by many NCOs. (2) The ANG grade span of E-8 and E-9 limits the number eligible to participate in this training.

In order to alleviate this problem, the Bureau has announced that E-7s (E-8 selectees) may apply for attendance at the Academy. The following is the criteria:

- a) Must have completed a minimum of 13 years, 6 months time in service.
- b) Must have a minimum of 24 months time in grade.
- c) Must have the Guardsman's Commander's endorsement as to the selectee's management potential.

New Criteria For Leadership School

In order to align the ANG eligibility criteria with that of the Air Force, the Air National Guard Support Center Training Office at Andrews AFB, Maryland, has announced that Senior Airmen (E-4) presently authorized to attend ANG Leadership School will no longer be considered for attendance. However, all (E-4) applications presently at the Support Center will be considered.

This action is partially due to the increase in volume of Guard Leadership School applications and, in effect, an effort to align Guard selection for these classes in accordance with AFR 50-39. The change will offer more opportunity to select Junior NCO's to complete their Professional Military Education (PME). Those E-4 Senior Airmen who have completed Phase I of ANG Leadership School will be allowed to complete Phase II, while all others should be encouraged to enroll in Phase I and II correspondence courses for PME.

**Traveling Physician
Indiana ANG Flight
Surgeon Returns**



Not having our own assigned flight surgeon, the 192TFG was lucky to secure the services of LtCol Carl H. Ault, M.D., Flight Surgeon with the 181st TFG, Indiana Air National Guard based at Terre Haute, Indiana.

The doctor who furnished his professional services during Annual Field Training for the second year in succession was a valuable and necessary element to the health and well being of the unit.

He began his military career as an enlisted man in 1941 as an aircraft mechanic student in the Army Air Corps. After the Second World War the Colonel, who had already completed his undergraduate work at Indiana University, Bloomington, entered medical school there. In 1947 while still a medical student he was commissioned a 2Lt and assigned to an Air Force Reserve Medical Flight at Grissom AFB, Indiana where he served until 1972 when the unit was phased out. The doctor then joined the 181st TFG, Indiana Air National Guard where he was affiliated until his retirement from the Guard in 1976 and relocation of his medical practice to Arizona. In 1978 when he retired his civilian practice of emergency medicine from the Boswell Hospital at Sun City, he was recalled from retired Guard status and again became the Flight Surgeon of the 181st where he commutes to UTA's monthly by way of an Indiana Air Guard F-100 aircraft. His unit uses that trip as long range flight training for their pilots.

The Surgeon averages about five months a year on active duty with his own unit and assisting other Air Guard organizations on ATF who are without assigned physicians.

Dr. Ault began his civilian medical practice as a general practitioner and anesthesiologist after graduating from the medical school of Indiana University in 1950 and practiced at Kokomo, Indiana for 20 years, and 6 more years at Lafayette, Indiana.

I WANT YOU!

**TO TAKE ADVANTAGE
OF THE VIRGINIA
NATIONAL GUARD
TUITION ASSISTANCE
PROGRAM ---**



The colonel recently received the Indiana Commendation Medal as the Outstanding Support Officer of his unit for service in 1978. He is also now awaiting Federal Recognition for promotion to Colonel.

When asked why he joined the Air Guard the doctor replied he liked the military and its special benefits and particularly enjoys his current status.

Colonel Ault, who constantly keeps a friendly smile on his face, was born on a farm near Butler, Indiana where he lived and worked for 22 years. He related being the only member of his family to have received a college education. Asked why he became a doctor, he stated it was his "life-long dream."

The doctor met his wife, Ruth, a county health nurse in 1941 when he was a school teacher at Winamac, Indiana. They have 2 daughters, a son and 9 grandchildren.

The doctor enjoys skiing, flying, jogging and river rafting.

Apply Now

**at the
CBPO
Training Office**

Rm. 4, O&T Bldg.

**REF VaANGR 213-1
for details**

**Olympic Fund Drive
Nets First Check**

Recruiter SSgt Benson B. Gardner who heads up the 192d Olympic Fund Drive has announced that he has sent a check for \$180.00 to the U.S. Olympic Committee in the name of the 192d Tactical Fighter Group. The unit is in its second month of a six month program with a goal of \$1,000 to be raised by drill weekend promotions and by placement of a "BE A WINNER" contributions jug in the mess hall.

Promotional winners for the April drill were Sgt Charles Phillips-Security Police, TSgt Charles Martin-Avionics, TSgt Martin Melville-Maintenance Control, and MSgt Lou Pearman-Food Service.

