

# YANGUARD

VIRGINIA AIR NATIONAL GUARD

VOLUME XXIV NO 9

Byrd IAP, Sandston, Virginia 23150

SEPTEMBER 80.

## SURE PAY Becomes Available; Mil Pay Checks Scheduled For Mid Or End Of Month

Beginning in October 1980, Virginia Air National Guard members may opt to have their military checks deposited directly to a financial institution and their leave and earnings statement mailed to their home or designated address. The direct deposit method, known as "Sure Pay", is actually an electronic transfer of funds credited to the member's account through the Federal Reserve system in conjunction with military pay in Denver.

In order to implement the program, the Air Force Accounting and Finance Center must reduce the number of paydays for all ANG members to twice a month, mid and end of month, excluding encampments. Annual Field Training checks will continue to be processed for delivery upon completion of summer camp.

Additional information for implementation will be available through the squadron's first sergeants.

Those members who are currently having their checks mailed directly and those who wish to start the new system are to come by the Accounting and Finance Office this UTA.

## Mobility Exercise Scheduled Saturday

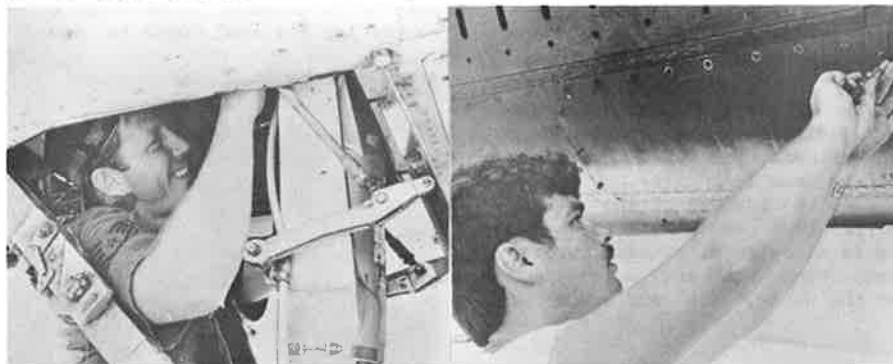
The 192TFG will conduct a Mobility Exercise on Saturday, 13 Sep 80, commencing with a concept briefing in the Air Passenger Terminal, Bldg 2749, at 0815 hours.

All mobility sections and unit processing centers are to be represented at the briefing and are to be in place not later than 0810.

## October Unit Training Assembly Dates Changed

The dates for the October Unit Training Assembly have been changed. The new dates are 4 and 5 October. All members of the unit should note the change and plan their schedules accordingly. Members who have a problem should be sure to check with their supervisor during the September UTA.

## EGLIN AFB HOSTS UNIT DURING TAC EXERCISES



TSG Warren Field checks the landing gear on a F-105 during the 192d's deployment to Eglin AFB while A1C David Frazier installs a panel. The outstanding maintenance support provided by members of CAMRON was responsible for the success of the 192d's support of the Air Ground Operations School.

## Deployments Becoming Common Occurrences

By CPT Conrad Slate, Hq VaANG

In what has become a fairly regular occurrence, approximately 60 personnel from the 192TFG deployed to Eglin AFB, Florida, to support the U.S. Air Force's Air Ground Operations School (AGOS) from 10-16 May and 13-19 July.

Six aircraft and forty-five personnel, capable of handling almost any problem that might arise, deployed in each of the trips to Eglin. While most people might first think of the field maintenance support, there were specialists along to handle all other areas of the operation. Personnel from avionics, electric shop, engine shop, AGE shop, life support, hydraulics, munitions, finance, administration, supply, transportation and others were a part of the contingent.

A deployment like this one to Eglin represents a miniature 192TFG.

While as much is done in advance as possible, there are numerous details that can only be covered after arrival. Arranging for vehicles to use on the flight line for towing equipment and moving personnel must be done on arrival. Almost without fail there are changes that must be

made in billeting arrangements. Flying schedules change and therefore planning for meal relief becomes an important detail.

Due to the number of personnel deployed and the many things to be done, it is not uncommon to see personnel doubling up on assignments and doing things they normally would not do.

Air Force personnel noticed the capability of the 192d to get a lot done in short order with few people. A part of what makes that noteworthy is that a majority of the personnel on the deployment were "part timers".

During the May deployment a F-105 hydraulic line broke and had to be replaced. When none could be found at Eglin, one of our personnel made a line from a piece of tubing obtained at Eglin. The Air Force personnel said they would have to order the part. Our personnel told them that the part was needed now!

During the latest deployment several personnel worked on refitting a canopy on one of the aircraft used in a previous deployment. Several Air Force personnel expressed some surprise that we would re-

(cont'd on pg 3, col 1)

## RETREAT...

A special time to show respect for Flag and Country!

By CPT John O. Thompson

Two months ago we began conducting a retreat ceremony on drill weekends. This gives us a chance to honor our flag and remind ourselves of our purpose. We are in the Guard to protect what the flag stands for. Our families, our State, and our Nation are represented by the flag that we are now honoring at the 1645 retreat ceremony.

We are probably one of the few guard units in the country that holds retreat, and we'll certainly start an excellent trend.

Since we are one of the first, and so that we remain the best, here is a review of retreat procedures: When you are outside and hear the music, stop and face the



flag, stand at parade rest until the national anthem begins, then come to attention and salute until the music ends. If you are in a vehicle when retreat begins, the driver brings the moving vehicle to a stop at the first note of the national anthem or To the Colors. Personnel in vehicles, including the driver, remains seated at attention.

So long as we continue properly honoring Old Glory, we will set a fine example that will be followed. We will also give late afternoon visitors to our base a chance to pause and reflect on the value of freedom while the flag is honored by one of the best Guard units in this country.

### UTA SUNDAY CHAPEL ACTIVITIES

Sunday 0830 - General Protestant  
1300 - Mormon  
1400 - Catholic Mass

## Retired Commander, Former NGAUS Executive, Succumb

Major Benjamin F. Armstrong, former 149TFS and 192d Group Commander passed away in Dallas, Texas 9 Aug 80 after a long illness. Maj Armstrong commanded the 149th Tactical Fighter Squadron from 16 Jan 61 until the conversion on 15 Oct 62 to the 192TFG. He served as Group Commander until Nov 64 when he was reassigned to Hq, VaANG as Deputy Chief of Staff. He retired from the Air National Guard in Jan 65.



Major Benjamin F. Armstrong

The National Guard Association of the United States announced last month that Colonel James B. Deerin, the former executive vice president of the association, died in his home in St. Augustine, Florida on August 19, 1980. Deerin, who was 65, had served on the staff of NAGUS from 1958 through 1975. In a message to all units the association said, "He was a very distinguished individual who truly inspired the description, 'friend, officer and a gentleman...'. He set high standards for himself and those around him..." The Association said it was their understanding that no flowers were to be sent, at the family's request, but that contributions in Jim Deerin's memory might be sent to the American Cancer Fund.



## SGLI/VGLI Coverage Maximum \$20,000.00

Did you know that by law you can only carry a maximum of \$20,000.00 coverage in the Servicemen's Group Life Insurance (SGLI) and/or Veteran's Group Life Insurance (VGLI) programs? There are, however, some times when you can be eligible for coverage under both programs. If you are eligible for coverage in both programs, you must choose to be either covered by one program for the full amount of coverage or covered in both programs for a combined amount not to exceed \$20,000. You should carefully consider the premium amounts as well as the length of time your coverage will last before you make your decision. Remember if you do choose to retain the VGLI coverage, you must complete a VA Form 29-8286, Servicemen's Group Life Insurance Election, declining the SGLI coverage for the amount of VGLI you wish to keep. Any VGLI coverage you wish to replace with SGLI may be converted to a commercial plan of insurance within 60 days after being insured by SGLI.

Additional information can be obtained from the Personal Services Section in CBPO.



The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia.

The opinions expressed herein do not necessarily represent those of the Adjutant General of Virginia or the Virginia Air National Guard.

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# Guardsmen Impress Air Force Personnel

(cont'd from pg 1)

place and refit the canopy rather than rely on someone else to do it.

The fact remains that each time the 192d has the occasion to work in conjunction with Air Force personnel, Air Force people go away wondering how the 192d does it. Air Guardsmen can smile to themselves because they know the unasked question and its answer. The 192d is capable of doing it because professionalism and pride are two of the key ingredients that make up the personnel of Virginia Air National Guard.

At 0800 the gentle breeze that stirred was welcomed in the heat that was already 90 degrees on the way to 106 during the second Eglin deployment.

For the CAMRON personnel, who worked through the hottest weather on record in the Florida panhandle, the heat was just another maintenance problem. If the official high was 106 degrees, the heat on the concrete pad must have been 115 degrees. Couple the heat from the sun with the added heat from the engines as they started and ran before taxiing, and the effect was something like a steam room and sauna combined.

While local health authorities were dealing with heat related emergencies resulting from the sweltering weather, men from the 192d were drinking water and sweating it out.

Routine functions took on a more difficult posture in the heat, making a simple walk-over inspection dangerous since the wings and fuselage were so hot. Caution was the word of the day.

The transport bus carried a water cooler and another cooler filled with ice was kept on the ramp to provide some relief from the heat.

Most personnel maintained a philosophical attitude concerning the heat, and performance did not suffer as all scheduled missions were flown.

A landing light goes out, a small instrument gauge does not work properly, a drag chute has to be packed and reloaded; the small things that have to be done are frequently overloaded when considering what makes a successful mission possible.

On a given day several of the specialists who form the entire maintenance team are called upon to do their jobs. Whether it is the nav system, the doppler, the auto

pilot, instrument system, hydraulic, engine electrical or some other component, the job gets done.

The 192d CAMRON Squadron seems like a huge organization when you look at the numbers, but when it is broken down into all the technical specialties it resembles a gigantic jigsaw puzzle. Each specialty and functional area complements the whole. None could be totally effective without the others.

Nowhere was it any more true than during the AGOS deployments to Eglin AFB, Florida. Several unscheduled maintenance situations came up which made the ability to correct those problems critical in completing the mission successfully.

In every case the maintenance personnel came through. Sometimes there was little time to act, but when the chips were down, the personnel in CAMRON cashed in.

Munitions loading played an important part during the recent deployments to support AGOS at Eglin AFB, Florida.

The "bombs" that are dropped on the range are used to determine the accuracy of directions given by the ground to air controllers and the accuracy of the pilot in putting the ordnance on target.

In the case of AGOS, the bombs yield a smoke charge that makes spotting for scoring possible.

When the bombs are loaded they must be properly armed or no smoke will be given off and no score given. The scores given to the students and the pilots have a lot to do with how the munitions loaders do their job properly.

A big factor in a successful munitions loading operation is the proper maintenance on the center line bomb racks. This means that the jettison guns must be clean and lubricated properly. This is necessary because each time bombs are released an explosive charge is discharged which pushes the bomb clear of the aircraft in flight. The residue left from the explosive charge can cause the equipment to malfunction and the bombs may not be released.

Like other aspects of the deployment to Eglin, munitions loading not only had to be done on time, but it also had to be done right!

\*\*\*\*\*



SSG Hilton Nash takes a drink from one of the water jugs on the runway at Eglin AFB. Temperatures during the 192d's deployment in July reached more than 106 degrees.



Two 192TFG F-105 "Thunderchiefs" prepare to take off on a training mission from the runway at Eglin AFB, FL.



"Instead of buying, the military decided to lease this equipment."

## ENLISTMENTS



The following personnel were enlisted into the Virginia Air National Guard during the month of August. Those identified with (1) are prior service and those with (2) are non-prior service.

### 192D CAMRON

SSG COWLING, VINCENT L. (1)  
SSG DOWS, DONALD A. (1)  
SSG KACZMAREK, DAVID D. (1)  
SGT HUDSON, PHILLIP D. (1)  
SGT LICKEY, DONALD A. (1)  
A1C ANDERSON, LARRY B. (1)  
AB MAYBUSH, RONALD E. (2)  
AB OTT, BRUCE L. (2)

### 192D COMBAT SUPPORT SQUADRON

A1C GRESHAM, JESSE V. (1)

### 192D WEAPONS SYSTEM SECURITY FLIGHT

SGT MOSSON, JOHN L. (1)

### 192D CIVIL ENGINEERING FLIGHT

SSG LANE, VIRGLE W. (1)

## Former Aircraft Mechanic Awarded Academy Honors

2Lt Dale E. Kinker has been named a Distinguished Graduate of the Academy of Military Science. Lt Kinker, who recently completed the Air Guard's commissioning program, was one of only five distinguished graduates selected from the class of forty-seven. To earn distinguished graduate honors, a student must finish in the top 10% of his class. The officer candidates are evaluated in academics, officer qualities, and physical fitness. Colonel Edmund C. Morrissey, Jr., Commander of the I.G. Brown Professional Military Education Center said in a letter to the Chief of Staff, Virginia Air National Guard, Colonel Claude F. Heath, "I am pleased to report that 2Lt Dale E. Kinker is a Distinguished Graduate of AMS Class O-80-5. The Air National Guard is justifiably proud of its high caliber officer candidates. It is with that spirit in mind that we commend Lt Kinker for his exemplary performance. We also congratulate the 192d Consolidated Aircraft Maintenance Squadron for sending such an outstanding individual to the Academy of Military Science.

## PROMOTIONS

Our congratulations go to the following personnel who were promoted to the grades indicated during the month of August.

### HEADQUARTERS, VaANG

TSG GARDNER, BENSON B. II

### 192D TACTICAL FIGHTER GROUP

SRA SMITH, MICHAEL J.

### 192D CAMRON

MSG EGAN, DONALD L.  
TSG COOPER, HORACE L.  
TSG HAYMES, EUGENE S.  
TSG MARSHALL, GEORGE J.  
TSG PETERS, CLYDE W.  
SSG HENDERSON, WALTER A.  
SSG PINN, GODFREY T.  
SSG SMITH, BARRY W.  
SSG WILSON, DENNIS A.  
SRA SORRELL, CHARLES E.  
A1C CRIGGER, LEWIS M. JR  
A1C POINDEXTER, CHARLES T.  
A1C WHEAT, ROGER D.

### 192D COMBAT SUPPORT SQUADRON

MSG CLARK, EARL H. JR  
SSG EVANS, CHARLES W.  
SSG ROBERTSON, LARRY W.  
SRA BOARMAN, PATRICIA A.  
SRA LEWIS, DEAN P.

### 192D TACTICAL CLINIC

SSG WILLIAMS, JOSEPH A.

### 192D CIVIL ENGINEERING FLIGHT

SSG SHIELDS, GEORGE M.  
A1C BROOKS, RICHARD M. JR

Prior to attending, Lt Kinker, served as a F-105 aircraft mechanic with the 192d CAMRON. He is currently undergraduate pilot training and when completed he will return to the 192d to fly the F-105 "Thunderchief".



Mechanic Dale E. Kinker

UTA  
13 SEP 14

## Vacancies Announced For Officer Positions

Aircraft Maintenance Officer  
AFSC 4011/16

\*\*\*

Budget Officer  
AFSC 6731/34

\*\*\*

Imagery Intelligence Officer  
AFSC 8041/44

\*\*\*

Munitions Safety Officer  
AFSC X4051A/54A

\*\*\*

Specific qualifications and requirements are contained in AFR 36-1, Officer Classification Regulation and ANGR 36-02, Appointment of Officers in the ANG and as Reserves of the Air Force, located in Base Administrative Services, O&T Building.

General requirements and qualifications are as follows:

\*\*\*\*\*

AFOQT - Administered and graded locally. Must have Unit Commander recommendation.

PHYSICAL - Administered locally. Current qualifying physical.

TRANSCRIPT - Raised seal, furnished by individual.

RESUME - Written resume of military and civilian experience, furnished by individual.

POSITION VACANCY - Must qualify for a known or projected position vacancy.

SECURITY CLEARANCE - Must have required final security clearance or pending NAC prior to actual commission.

RECOMMENDATION - Must have Unit Commander's recommendation prior to consideration by Pre-Commissioning Panel.

TRAINING - Must satisfactorily complete Academy of Military Science (6 weeks, 3 days). Must complete required technical training within prescribed time as directed by NGB.

Qualified interested personnel should contact unit commanders this UTA for additional procedures. No formal actions will be taken prior to recommendation of unit commander or his representative.

\*\*\*\*\*

Pilot Trainee Applicants  
\*\*\*

Persons interested in pilot training, contact Maj Ligon or MSG Brooks in CBPO.

You really belong in the Air Guard.



## Blood Drive Huge Success; Thanks Goes To 192d

The Richmond Metropolitan Blood Service sent out an emergency plea in August for blood on all Richmond area radio and TV stations, as well as phone calls to many of our potential donors. In addition to numerous individual responses, we in the 192TFG donated 77 pints of blood during the August UTA, that's remarkable!

The blood donor committee wants to express our sincere appreciation to all of you who donated. We also want to thank the Club 149 for having the room cool; the Repair and Reclamation section for loaning us their big floor fan to keep the air moving; the dining hall for feeding the donor technicians early so as to not cause a delay in our schedule; the work center supervisors who absorbed the workload while the donors were doing their thing; and

# Give till it helps.



to the Commander for supporting the blood donor program.

It takes a concerted effort to realize a successful blood drive. Just as the total end result of all our efforts in the 192TFG is to see our aircraft perform its mission, so it is the end results of all of our effort to help furnish the blood for our area needs.

The blood donor is a special individual who has the inner satisfaction of knowing that because of their small act, some other human being is helped.

Thanks to the new UTA Master Training Schedule, we will be able to schedule our blood drives in advance. We will try to schedule one in January and another in August. For those of you who can, please try to schedule yourself two more times during the year.

If you want to donate blood and are scheduled for immunizations you may delay receiving the immunization until the next month's UTA.

Thank you again for your help... Harvey Mahoney, Melvin Sirles and James Hague, the Blood Donor Committee.

For the past few months, all members of the VaANG have been exposed to the term: Essential Elements of Friendly Information (EEFI). By now, everyone should be familiar with this term.

Listed below, are the EEFI's for the VaANG. Take a few minutes and try to determine which ones apply to your section. These EEFI's should be listed in Annex L of the 192TFG OPlans.

\*\*\*\*\*

1. Group mission.
2. Status of Tactical Training, Combat Readiness, or Combat Efficiency of the Group.
3. Changes in command relationships and information relating to Group organization.
4. Changes in equipment that would alter the Group operating capabilities.
5. General or specific equipment and/or personnel shortages that impair the operating efficiency or the combat readiness of the unit.
6. Introduction of new equipment.
7. Existence/execution of special plans.
8. Command and control procedures.
9. Exercise scenarios.
10. Exercise development - schedule and dates.
11. Exercise objectives.
12. Association of call signs with unit designators and/or aircraft types.
13. The association of nicknames with any classified operation, activity or project.
14. Information on the itineraries of VIP's and the purpose of their visit.
15. The security classification of a classified program or project.
16. Establishment/beddown of units/equipment.
17. Tactical maneuvers, deployments, actions and objectives.
18. Communications support which is

unique to an operation.

19. Map or Mapping requirements or actions that indicate possible operational intent.
20. Results of IG evaluations, inspections, staff assistance visits, etc.
21. Mishap/accident information of a privileged nature.
22. War readiness material/war consumable distribution objectives.
23. Progress reporting on OPlans.
24. Specific OPlans being monitored.
25. Special weapon equipage or specific capabilities.
26. Medical immunization requirements or actions that indicate possible operational intent or activity.
27. Structure, location, capabilities, and limitations of U.S.
28. Locations, techniques, capabilities and limitations and effectiveness of all supporting SIGINT and ELINT programs.
29. Vulnerability of Byrd IAP to sabotage and penetration.
30. Vulnerability of U.S. installations (CONUS & overseas) to sabotage/penetration/air/missile attack.
31. Effects of enemy military activities and operations on U.S. command and control system and logistics.
32. Capability of Group augmentation forces to support sustained combat operations.
33. Deployment/redeployment of Group forces within theater.
34. Tactical maneuvers, deployments, actions and objectives.
35. United States Order of Battle information in the combat areas.
36. Status of unit conversion.
37. Changes to manpower source list (MSL) which reflect reorganization or changes in unit equipment (UE).
38. Attack/strike/air superiority tactics.
39. Status of programmed maintenance schedule and its impact on unit's capability for day-to-day operations and reaction to contingency tasking.
40. All classified information.

GOOD AFTERNOON. CLINTON HALL  
QUARTERDECK, BMSN HORTLEY  
SPEAKING. THIS IS A NON-  
SECURE LINE; ANYTHING YOU  
SAY CAN BE RECORDED, AN'  
YOU'D NEVER KNOW IT, AN'  
THEY CAN TRACE THE LINE  
TO YOU, AN' GET YOU WHERE  
YOU STAND.  
MAY I HELP  
YOU?





# Base Defense Team Trains At Beach

Forty members of the 192TFG Base Defense Team spent the weekend of 26-27 July at the State Military Reservation at Camp Pendleton, Virginia Beach. It was not all surf and swim. With temperatures hovering near 100 degrees, team members spent Saturday on the rifle and small arms range at the Dam Neck Naval Training Center located adjacent to Camp Pendleton. Defense team members fired both the M-16 rifle and the .38 caliber handgun over an olympic target range.

The responsibility for base defense teams is outlined in ANG Regulation 125-37 and requires each State Adjutant General and Commander to develop base defense teams made up of air technicians to help protect and care for Federal properties and maintain certain resources issued to the National Guard. The teams provide readily available personnel to provide protection during civil disturbances or other emergency situations that pose a threat to assigned resources.

All base defense team members must complete a prescribed training schedule which includes an introduction to base security and resource protection; policies and legal consideration; riot control agents; first aid; apprehension, detention, and search of subjects; challenging procedures; base defense techniques; individual combat skills; communications; use of force/weapon safety; base defense recall exercise; and civil disturbance leadership training.

Following the Saturday morning sessions on the gunnery range, team members received briefings from Cpt Learned Barry of the Staff Judge Advocates Office and Maj Frank McNally from the Public Affairs Office.

Cpt Robert W. Brown, the Security Police Training Officer with the Langley Air Force Base Security Police Squadron, briefed team members on base defense procedures used by the active forces. He also showed a number of programmed audio visual aides used by the Langley Squadron to train new members.

According to the base defense team chief LTC George Davis, "This training is an annual requirement for the base defense team and we try to make it a valuable experience. We never really know when we might be called out in the middle of the night to handle a situation. We want to be prepared to do it right."



Base defense team members are shown firing 50 rounds from the M-16 rifle at Dam Neck Naval Training Facility while (right) team instructor demonstrates the proper way to fire the .38 caliber pistol from the standing position.



Base Defense!! A fish story...MSG Jesse Worley and SSG Ralph Harris of food services added something fishy to the training the base defense team encountered at Camp Pendleton in July. Worley and Harris caught four large sea trout at the third island of the bay bridge tunnel during a fishing trip on Friday night. Team members ate the catch Saturday for lunch. "Delicious" was the way the meal was described by all.



LTC George Davis, Base Defense Team Commander, discusses the importance of the proper use of weapons safety and the proper method of search, apprehension and detention of individuals.



Cpt Robert W. Brown, Security Police Training Officer at Langley AFB briefs base defense team members on the correct use of riot control agents and the standard flack vest.





By MSG Emory Zimmerman

Speak of "Handtools", and we usually think of a hammer, screwdriver, and crescent wrench. This is probably because these three happen to be the most widely misused of our handtools.

There are many types and sizes of hammers, ranging from the carpenter's clawhammer to the rock-buster's maul. But the same basic safety precautions apply to them all.

A handle that even begins to show traces of a split should be replaced immediately. Wrapping will not bring back the handle's strength, and it causes loss of balance. A mushroomed head should be properly trimmed, a loose head tightened, or the handle replaced. Remember, a hardened steel hammer struck against a hardened steel tool can spell trouble with a flying steel chip.

The screwdriver is really a simple tool. Keep its use simple. It was not designed to be a pry-bar, wedge or chisel. Neither was it meant to be beaten, twisted or bent. The screwdriver is designed for holding or turning slotted screws and bolts.

Last, but not least, the poor crescent wrench. This may well be the most misused tool in the box. When used correctly, it is a fine, timesaving, laborsaving, and effective tool to supplement open-end and box-end wrenches. Yet, how many wrenches are weakened and destroyed when someone adds a pipe to the handle for additional leverage? How many knuckles get peeled when someone pushes instead of pulls a poorly adjusted wrench? How many workers get dumped on the seat of their pants for the same reason? And, have you seen the person who uses the wrench as a hammer, or the handle as a pry-bar? Many people have given this wrench a bad name, such as knuckle buster or arm buster, when truly it's their own fault that they have trouble.

It is easy to realize that misuse and lack of proper care of these tools lead to poor workmanship and injury-producing accidents. Remember, a good worker will always keep the tool in good condition, use the correct tool on the job, use the tool in a safe manner and wear personal protective equipment as required.

## Disaster Preparedness Identifies Alert Warning

Many members of the 192d have never heard the sound of the base alert system, but that sound will become familiar within the next few months. AFR 355-1 Disaster Preparedness outlines the procedures to be used to notify on-base personnel of emergencies. As in the past, the siren will be used during the technician workweek and on UTAs to notify personnel of fires and in-flight emergencies. The signal for fires is still a steady blast not to exceed 30 seconds and the signal for an in-flight emergency and runway accidents is still a blast on the siren of 5 to 10 seconds.

The siren will now be used on UTAs to notify base personnel of two other types of emergencies. Warning of an attack whether it be nuclear, biological, or chemical will be signaled by a wavering blast on the siren of 3 to 5 minutes. Upon hearing the attack warning all personnel should take appropriate action, such as to seek shelter or don protective clothing. The second type of warning will be that of emergency situations non-military such as tornadoes, floods and earthquakes. The sound you will here for this type of emergency will be a steady blast on the siren of 3 to 5 minutes. Again, personnel should take appropriate action.

There are several locations on base where the siren cannot be heard. It is important that supervisors insure that all personnel are made aware of the existence of an alert and that appropriate action is taken.

Remember, a blast of less than 30 seconds is for a fire, a blast of 5 to 10 seconds is for runway accidents and in flight emergencies, a wavering blast of 3 to 5 minutes is for an attack and a steady blast of 3 to 5 minutes is for a non-military type of emergency.



**BE ALERT!  
EXPECT THE UNEXPECTED**

## Deadline Nears For Essay Contest

VALLEY FORGE, Pa. (AFNS) -- Time is running out to submit entries in the annual Freedoms Foundations Award program. Deadline is Sep 30.

Each year the Freedoms Foundation asks service members to express their views on a particular subject.

This year's subject is "The U.S. Armed Forces -- Strong and Ready."

To compete in the Valley Forge Patriot's Award category, you must:

**\*\*Be a member of the armed forces -- Air Force, Army, Navy, Marine Corps, Coast Guard, Reserves or National Guard.**

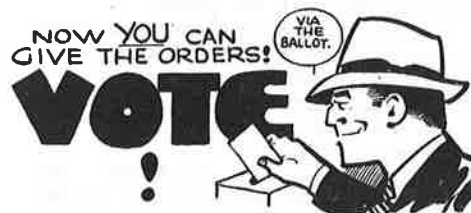
**\*\*Submit a letter, statement, essay or poem between 100 and 500 words on the subject of the year.**

**\*\*Include name, rank, Social Security number, branch of service and military address, as well as permanent home address and zip code.**

**\*\*Send entries to Freedoms Foundation, Valley Forge, Pa. 19481.**

Top awards will be announced in December and presented on George Washington's birthday.

For more information, write to the Awards Department, Freedoms Foundation at Valley Forge, Valley Forge, Pa. 19481.



## No Physical Examination For Mobilization

(Copied from "UPDATE", ARPCRP 35-1, Vol 4, No. 3, published by ARPC)

Department of Defense policy is that Ready Reservists will not be administered physical examinations at the time they enter active duty because of a mobilization. It is the intent of this policy to expedite the rapid reporting and utilization of Ready Reservists in their mobilization positions. Physical examinations will be administered to these personnel on an as needed basis, as expeditiously as possible after they enter active duty.

## Let's Shoot For The Muscular Dystrophy Goal

\$1,660.



\$366.85  
as of  
15 Jul 80  
22.1%.



The collection of aluminum cans for the MDA program was terminated effective 31 August 1980. Although we did not reach our goal (final figures will be in the October VANGUARD), I would like to thank everyone who supported this program during the past two years.

A special thanks to several members who worked really hard to maintain the aluminum collections:

**\*\*Bobby Mantlo** - for accumulating the cans from the 149th Club each month.

**\*\*Omer Pugh and Jim Hague** - for taking the unpopular job of delivering the cans every month to the Reynolds Metals collection point.

Any others, too numerous to mention, who brought their aluminum and helped make some of the deliveries. Thanks for your support!!

The Unit will not officially participate in the collection of aluminum for the MDA program next year and will not provide facilities for collecting cans, however, we do encourage you to take your aluminum to one of the collection points in your area for recycling...



## Sickle Cell Disease: An Inherited Condition

"In the overwhelming majority of cases, people who have sickle cell disease can learn, work and play as well as those who are not afflicted. People with the sickle trait are perfectly healthy in every respect."

"Unfortunately, the general public, as well as many sickle cell sufferers, either do not know these facts or refuse to recognize them. Thus, many persons with the disease, or even the trait, are discriminated against and feel hopeless."

These words, spoken by an official of the National Association for Sickle Cell Disease, crystallize the dilemma facing those involved in the battle against sickle cell.

According to an Association spokesperson, "the key to it all is making people aware of what we are up against with sickle cell. Education is our primary activity."

What is this mysterious, often misinterpreted, enemy called sickle cell? Briefly, sickle cell conditions occur when red blood cells have an abnormal amount of hemoglobin relative to the amount of retaining their normal configuration, cells become "sickle-

shaped," causing a variety of uncomfortable, sometimes painful, symptoms.

The condition is hereditary, as is sickle cell trait. However, the trait is simply that. A gene for sickle hemoglobin is inherited from one parent and a gene for normal hemoglobin is inherited from the other. The sickle cell trait carries no health problems whatsoever for the person who has it.

For that matter, sickle cell disease is far from being as debilitating as many people assume. Those with sickle cell can have families, and the vast majority of sickle cell children live to become adults. Also, the amount of play activity a sickle cell child engages in need not be supervised or restricted. Children learn when it is appropriate to stop or slow down.

One of the most important facts for employers to remember is that sickle cell disease in no way affects intelligence. Individuals with sickle cell are capable of handling gainful employment, while living thoroughly enjoyable lives. The only jobs for which these people are not equipped are those which entail heavy manual labor.

General enlightenment is increasing, albeit slowly. For example, a 1976-77 NASCD study found that most of America's 100 largest insurance firms "provide life insurance at standard premiums for persons with the trait; less than a dozen require a sickle cell test; and several will provide, under certain circumstances, life insurance for persons with sickle cell."

"This is a distinct change from the situation a decade ago," the report continued, "when sickle cell trait was often portrayed as a threat to personal health, and individuals with the trait were sometimes refused life insurance coverage." The change in attitude can be traced to the education and advocacy program conducted by NASCD and its Affiliates in 60 communities, working in 110 metropolitan areas in 25 states, the District of Columbia and Nassau, Bahamas.

"There may not be a cure for sickle disease yet," stated one NASCD member, "but there certainly is a strong weapon against unnecessary fear of it. That weapon is truth."

## Command And Staff College Offers Non-Resident Courses

MAXWELL AFB, Ala. (AFNS) -- The Air Command and Staff College offers two non-resident programs for officers interested in enhancing their value to the Air Force. The non-resident seminar program and the correspondence program are designed to prepare officers for command and staff positions held by majors and lieutenant colonels.

Applications for the seminar program, available from base education offices, must arrive here not later than Oct 31. The student-led seminars will begin in January or February, depending on geographic location. The seminar program requires one of the 50 lessons be covered each week.

Seminars combine group discussion with videotape cassettes of lectures presented at the resident school and war-gaming exercises.

Both the seminar and correspondence programs cover staff communications; command, leadership and resource management; military environment and military employment.

## You belong to a proud group. Don't leave it.

You're part of the Air National Guard heritage that includes men like Charles Lindbergh. Your training and experience make you a key member of our unit.

Stay with the Air Guard. We're all counting on you.

You really belong in the Air Guard.



Enrollment for the correspondence program is open at any time. Both programs are open to captains and above with seven to 15 years of commissioned service. Officers, whether active, inactive Air National Guard, Air Force Reserve or Civil Air Patrol, must have completed Squadron Officer School. The programs are also available to civilian employees GS-11 and above as well as O-4s from other military services.

For further information, contact the base education office.





# Club 149



*byrd iap*  
*sandston, va. 23150*

Saturday, 13 September, at 1715 hours, come out and have fresh steamed crabs and a little frosty. The price for all that you can handle, or until you eat them all up is \$3.00 per Club member.

A reminder that this event is only for Club members. Individuals of the 192TFG who are not Club 149 members are not eligible.

The membership is up 25% since the dues were prorated. We hope that this is just the first of many activities that will be conducted at Club 149.

The renovations are nearly completed and they are looking good. It took a lot of work from a lot of

people. We would like to take this time to thank all who took part, Thank You.

To top off a great crab feast and to soothe your beautiful minds, and even to celebrate the renovations, we will have live entertainment starting around 1930 hours.

Once again, for Club members only.

For questions, contact one of your members.

COL Moxox  
LTC Fleming  
MAJ Monahan  
CPT Donner  
CPT Yeary  
CPT Cole

CMS Glenn  
SMS Maxwell  
MSG Davenport  
MSG Murphy  
TSG Hightower

*THE BEST IN TAC*



VIRGINIA AIR NATIONAL GUARD  
Headquarters, 192d Tactical Fighter Group  
Byrd International Airport  
Sandston, Virginia 23150

Special Order  
A-421-Va

22 September 1980

1. Unit Training Assembly Schedule for all Units of this Group is as follows:  
All Category "A" members of the 192d Tac Ftr Gp and attached Flights are ordered  
to attend all UTAs shown on this schedule.

4 Oct 80

AM & PM Flying & OJT in Sections

5 Oct 80

AM & PM Flying & OJT in Sections

8 & 9 Nov 80

6 & 7 Dec 80

10 & 11 Jan 81

7 & 8 Feb 81

7 & 8 Mar 81

11 & 12 Apr 81

2 & 3 May 81

6 & 7 Jun 81

11 & 12 Jul 81

8 & 9 Aug 81

12 & 13 Sep 81

2. AM assemblies will be 0800-1200 and PM assemblies will be 1300-1700 with the following exception: Assembly for one Flight of Food Svc Personnel will be as follows: AM 0630-1030; PM 1100-1530. Additional duty hours to cover special work requirements such as pre-flight, post-flight, etc., will be scheduled by each unit as required. Each UTA will be no less than four hours duration excluding lunch periods.

3. Uniform will be light weight blues or fatigues unless otherwise directed.

4. Excused absences from UTAs must be for reasonable cause and must be mutually arranged in advance by the indiv and his Commander. To be excused, an absence must be made up thru "Equivalent Training" (EQT) or "Split Unit Training Assembly" (SUTA). SUTAs must be performed in the same month as the UTA. EQTs with pay must be performed within 60 days after scheduled UTA or SUTA, but within the same Fiscal Quarter. EQTs without pay can be performed anytime during the Fiscal Year. Only four EQTs with pay are permitted each Fiscal Year.

FOR THE COMMANDER

  
GARLAND L. HAMLETT, SMS, VaANG  
NCOIC, Admin Svcs

DISTRIBUTION

"A" Plus 1 Ea: TAC/CRFG; 9AF/CRFG & IG;  
NGB/XOS/TE; 1913 Comm Sq; 4th TFW; 4500  
SUPRON & 108th TFW.

