

192D TACTICAL FIGHTER GROUP

VANGUARD

VIRGINIA AIR NATIONAL GUARD



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BYRD IAP, SANDSTON, VIRGINIA 23150

NOVEMBER 1981



GENERAL HAYMES RETIREMENT CEREMONY



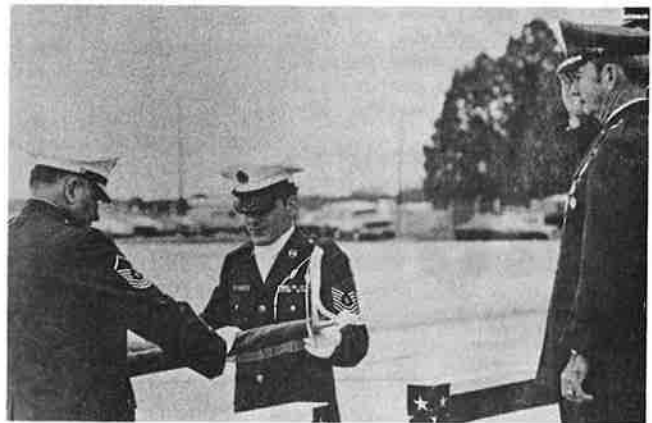
BG WILLIAM E. HAYMES, MG WILLIAM J. MCCADDIN, COL ALVAH S. MATTOX, JR., AND STATE HEADQUARTERS STAFF HONOR THE COLORS DURING PASS IN REVIEW



BG HAYMES, ACCOMPANIED BY COL MATTOX, REVIEW THE UNIT DURING CEREMONIES



INVITED GUESTS AND ESCORTS PAY TRIBUTE TO BG HAYMES



HONOR GUARD RETIRES THE GENERAL'S FLAG



BG HAYMES, ACCOMPANIED BY FORMER GOVERNOR AND MRS. ALMOND ENJOY THE RECEPTION

Brigadier General William E. Haymes, Assistant Adjutant for Air, Virginia Air National Guard, retired during ceremonies at the base during the October UTA.

During the ceremonies, which ended more than 40 years of military service, the General was presented with state and federal awards.

The citation accompanying the Air Force Legion of Merit presented to General Haymes commended him for "exceptionally meritorious conduct" in the VaANG during the period from 23 November 1953 to 10 October 1981. The award cites the General for the "ability, leadership, foresight, and ceaseless efforts consistently demonstrated by General Haymes."

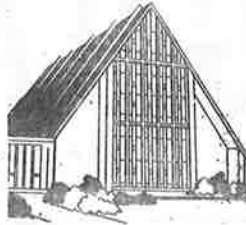
General Haymes was also presented the Virginia National Guard Legion of Merit for his accomplishments as Chief of Staff and Assistant Adjutant General for Air, VaANG. Among other things, the Virginia award cites Haymes for engineering a smooth transition of the VaANG to active duty status during the "Berlin Crisis" in 1961.

The retirement ceremony included a parade by members of the VaANG, a fly-over by F-105's and A-7's assigned to the 192TFG, and the presentation of awards to six members of the VaANG.

Receptions were held for invited guests and unit members at the conclusion of the ceremonies.

**UTA SUNDAY
CHAPEL ACTIVITIES**

Sunday 0830 - General Protestant
1300 - Mormon
1400 - Catholic Mass



**CHAPEL
NEWS**

****ATTENTION CATHOLIC PERSONNEL****
"Hello, I am Father Blankenship. This is to give you some feedback from our 11 Oct 81 meeting. Your responses and suggestions were good and will be used to plan activities and changes. A majority of those who attended said 1300 on U.T.A. Sundays would be a more convenient time to attend Mass. Starting with the December UTA, Mass will be at 1300. For the November UTA, Mass will be at 1400. Also suggested was an occasional visit to the work area around base. I will be visiting your work area to say hello. Again, the responses were good. Your continued participation will help build a dynamic Catholic Community. Father Blankenship"

Vacancy Announcements

The Social Actions Office announces the vacancy for a Social Actions Technician, AFSC 73470B. This vacancy is referred to in the 192TFG as Drug and Alcohol Abuse Technician.

General duties and responsibilities include, but are not limited to: advising personnel on social actions responsibilities, policies, and programs; performing administrative functions in support of social actions programs; and organizing and performing drug and alcohol abuse control activities. More detailed information is available in AFR 39-1, Attachment 43, dated 31 Oct 80.

Individuals interested in the position of Drug and Alcohol Abuse Technician must: (1) be qualified at the 5-Skill Level in any AFSC; (2) have a minimum aptitude level of administrative 60 or General 60; (3) have attained NCO status (E-4/-above); and (4) complete the drug and alcohol abuse control course.

The mandatory training referenced above is an eight week school at Lackland AFB, San Antonio, TX. This course provides background information on the duties and responsibilities necessary to perform AFSC 73470B.

For additional information, please contact Cpt Andrew Willis, Social Actions Officer, Ext 435.

Your Chaplain is available to you and your family 24 hours a day. Do not hesitate to call him if you think he can help or assist you in any way. His telephone numbers are: "A"-389, "C"-66, or 737-0635 (Home), and 737-1527 (Church).

My Values-Your Values

By CPT ANDREW WILLIS

Individuals have ideas, beliefs and perceptions about how things around them should or should not be functioning. These ideas, beliefs and perceptions were learned by individuals association and communication with people close to them.

The learning process helps with the formation of values. Values are the things important in your human existence which are considered important enough to cause you to take action to correct a situation that does not fit in with your ideas, beliefs and perceptions. Because values are learned and because they tell each of us individually what is right, they can lead us to conflicts with values held by others.

Values are learned through self programming, imprinting and socialization. Self programming occurs through learning basic things about how to act in relation to those around you. Imprinting occurs through a process of models where you respect and admire what others around you say and do. Socialization is the process of learning all the ideas, beliefs and perceptions necessary to help you survive in your daily world.

As values develop, and they develop continuously, your thinking narrows to what is "good" for "you". This can be the beginning of problems. Your values may actually cause you to discriminate.

Over 900 individuals are members of the Virginia Air Guard. Each individual has a set of values that represents what is "good" for her or him. Our challenge is to keep our individual values from causing an adverse impact on others. Individual value conflict will always exist. Discrimination because of one's values can be controlled. Think about it!

Thanks To Club 149

A special thanks to the Club 149 Council for supporting General Haynes' retirement reception for Group personnel by donating the refreshments served at the corrosion control hangar.

Thanks!
Parade Committee



TSG Edwin S. Slaughter, Work Control Spec with the 192d CE Flt,



passed away at the age of 35 on Monday, Oct 26. He is survived by his wife Brenda, three sons, David, Donald and Thomas. Services were held at 2:00 PM, Oct 29 with interment in Washington Memorial Park. Eddie was a good friend and will be missed by all.

Menus

LUNCH

14 NOVEMBER 1981

PEPPER STEAK BUTTERED RICE
GREEN PEAS
****SALAD BAR****
ASSORTED DRESSINGS
BREAD BUTTER
CHILLED FRUIT
MILK COLD DRINK COFFEE

LUNCH

15 NOVEMBER 1981

ROAST TURKEY WHIPPED POTATOES
GIBLET GRAVY BREAD DRESSING
BROCCOLI CRANBERRY SAUCE
****SALAD BAR****
ASSORTED DRESSINGS
FRESH FRUIT HOT ROLLS FRUIT CAKE
COFFEE ICED TEA COLD DRINK

The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia.

The opinions expressed herein do not necessarily represent those of the Adjutant General of Virginia or the Virginia Air National Guard.

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Editorial

OP's EC Update



Initial Phase Of Conversion Nears Completion

Conversion to the A7D is going extremely well at this point. As of 26 October 1981, we had 18 A7's on hand. The remaining four F105's will be transferred out by the end of the month.

Field Training Detachment training is almost completed, with all major sections finished except avionics. Most of the FTD equipment has been returned to Sheppard AFB, making room in the hangar for additional work docks.

The major construction projects of runway repair, addition to avionics and new weapons release systems building are almost complete.

Aircrews are returning from Tucson AZ, maintenance is generating more aircraft and supply is stocking in the parts. Every area, from those directly involved to the support sections, are actively working towards the common goal of declaring the highest operational rating we can on 1 April 1982. We're not over the hump yet, but we're well on the way, and as is so typical of this unit, there is no doubt we'll be ready...

I would like to take this forum to welcome eight true friends to the 192TFG. These eight individuals from other A7 bases have been good enough to come here on TDY and offer their collective experience to help us "keep 'em flying". We really appreciate it and hope their stay with us is enjoyable. The eight and their home base are:

Jack Reyome and Donald Johnson from 180th Toledo, Ohio—Joe Rohrer, Ronald Stamper and Kenneth Miller from 178th Springfield, Ohio—Bruce Harland and Edwin Walters from 132nd Des Moines, Iowa—Jack Coward from 169th McEntire, SC.

We also welcome the technical representatives from Vought Corporation who will help us during the initial months of operation. Sal Lombardi, Warren R. Carver, Phillip F. Sabotha, John Glenn, Jim McKay, Ammon (Ed) Weader are working hard in their respective areas to help us come up to speed.

Through the combined efforts of the augmentees, technical representatives and unit members we'll soon be ready to again take our place in the total force.

There are many devious means a potential enemy can employ to gather intelligence concerning our capabilities. The knowledge gained can then be used in designing counter capabilities should the necessity come day arise. First, he or she may observe: This could mean agents stationed near the base, making visual or photographic observations of the activities taking place. Or ... a planted agent as a janitor or a repairman, viewing documents left unattended on your desk or in your work area. Or... a bartender or bus driver overhearing your conversations concerning classified subjects. Keep in mind, the Soviets do not have a minimum wage, therefore, they have a vast pool of personnel to draw from to accomplish this high priority project.

What can we do about this problem? Remember, security is everyone's responsibility. Be sure you are familiar with and practice security procedures outlined in AFR 205-1, AFR 205-32, and AFR 205-57. You should have access to these regulations at your place of work, and insure that only properly cleared personnel with a need to know gain access to classified materials.. Discuss classified topics only in places where you are sure that the information will not be overheard by unauthorized personnel.

Secondly, electronic monitoring may be employed. Since most telephone conversations now are carried by microwave or tropospheric scatter radio, hard wire "tapping" of phones is no longer required. It is a relatively simple matter to intercept and record telephone conversations. The same is true in monitoring UHF and VHF radios. An unsophisticated receiver and recording device provides immediate monitoring and analysis capability. The lesson to be learned here is obvious: **BE EXTREMELY CAREFUL WHAT YOU SAY OVER TELEPHONES AND RADIOS. YOU NEVER KNOW WHO MAY BE LISTENING.**



The best advice for avoiding the flu is to maintain a good diet, get plenty of exercise and sleep and avoid contact with persons who are already ill.

(Reprint from AF News Service, 22 Oct 81, by Cpt William J. Curran Jr)

+ + + Influenza no Fun

Winter months are often associated with influenza, a viral illness that sweeps through communities as an epidemic. It is caused by one of hundreds of viruses that affect the mucous membranes of the sinuses, nose, throat and bronchial tubes.

Each season at least one virus is responsible for a local epidemic. Although flu symptoms are similar to the common cold, they are usually much more severe and last much longer.

Flu is characterized by an abrupt onset, fever lasting one to four days, chills, sore throat, runny nose, cough, muscle aches and extreme exhaustion.

Treatment is aimed at relieving symptoms. No antibiotics can cure or shorten the course of the illness, which normally runs 10 to 14 days.

The cornerstone of therapy is rest. This allows the natural body defenses to fight the virus. Bed rest is preferred, but if impractical, then pacing yourself through the day. Early bed times are recommended.

Aspirin or an aspirin-substitute every four hours in appropriate doses is used to relieve muscle aches and fever. Increasing fluid intake avoids dehydration caused by fever and replaces those fluids lost through nasal and lung secretions. Antihistamines and decongestants help relieve the symptoms of runny nose, sore throat and cough.

Protection from influenza can be accomplished by the flu shot, provided the shot corresponds to the specific virus affecting the local community.

Stay away from winter crowds and avoid or minimize contact with persons that have the illness.

Complications associated with the flu are caused by compromised natural body defenses. These include bacterial infections of the lungs, ears or sinuses.

Abrupt worsening of flu symptoms may indicate the presence of such complications and is good reason to seek medical advice. Pregnant women and persons with heart or lung disorders should also seek quick medical treatment.

PROMOTIONS



Our congratulations go to the following personnel who were promoted to the grades indicated during the month of October.

192D CAMRON

- TSG BROWN, JOHN W.
- TSG COUSINS, FRANKIE R.
- TSG PEET, WILLIAM
- SSG McKINNEY, MILTON P.
- SRA DAWSON, RAYMOND C.
- SRA LAWRENCE, STEVEN M.
- SRA PARKER, SHERIDA T.
- SRA POINDEXTER, CHARLES
- SRA ROTELLI, PETER L.
- ALC HORNER, MARK A.

192D CIVIL ENGINEERING FLIGHT

- MSG HARRELL, MICHAEL T.
- TSG DORISH, FRANCIS M. JR
- SRA ABBOTT, JEFFREY L.

192D COMMUNICATIONS FLIGHT

- SSG BRYANT, JAMES M.

192D COMBAT SUPPORT SQUADRON

- TSG ZAORSKI, CHARLES
- SSG MORGAN, THOMAS W.
- SRA HAMPTON, DAVID L.
- AMN HORNBERGER, PERRY W.

ENLISTMENTS

The following personnel were enlisted into the Virginia Air National Guard during the month of October.

192D CIVIL ENGINEERING FLIGHT

- AB McKAY, DEBORAH L.

192D RESOURCES MANAGEMENT SQUADRON

- SGT THORPE, STUART B. JR

192D COMBAT SUPPORT SQUADRON

- ALC CHILTON, JAMES R.
- SSG CRANE, KAROL A.

192D TAC CLINIC

- SRA TRESSLER, ELLEN S.

192D CAMRON

- MSG CARVER, WARREN R.

UTA

NOV 14-15

Senior Enlisted Advisor

Advisory Panel Responds To Enlisted's Views

The following text is quoted from National Guard Bureau letter, dated 4 September 1981, subject as above.

1. The ANG/AFR NCO and Airman Advisory Panel will host its 18th meeting on 23-24 February 1982.
2. The panel provides all enlisted personnel the opportunity to express their views and to participate in the formulation of policies and programs affecting their future in the Air National Guard. Originators of agenda items should determine to the best of their ability that all submissions require policy determination and are in the best interest of the Air National Guard.
3. All Air National Guard enlisted personnel are invited to submit recommendations and suggestions for the panel's consideration by 31 December 1981. Recommendations should be sent to:

RESIDENT SECRETARY
ANG/AFR NCO & AMN ADVISORY PANEL
ARPC/CVR
DENVER, CO 80280

Upon panel approval, recommendations are forwarded to the Director of the Air National Guard. A status and/or disposition report will be provided by ARPC to the originators of each submission following the conclusion of the panel meeting.

4. Use ARPC Form 2 for all suggestions and recommendations. You may obtain the form from your first sergeant, enlisted advisory council member or from the senior enlisted advisor.

This is an excellent program and it deserves your fullest attention if you have a suggestion or recommendation. Get those items in and help to chart the future of the Air National Guard.

Air Force Trims Weight Standards

RANDOLPH AFB, TX (AFNS) - Air Force members 31 years of age or older after 1 Nov 81, must comply with Air Force weight standards set for service members 17 to 30 years of age.

The announcement by Air Force officials here follows a revision to the Department of Defense directive on physical fitness and weight control. Air Force Regulation 35-11, Air Force Physical Fitness Program, will reflect the change by 1 Nov, say the officials. The new weight standards chart will have just two columns, one for height and one for maximum weight.

There will be a grace period end-

ing 15 Apr 82, for those in the 31-and-older group to meet the new standard. However, Air Force time requirements for weight loss were not changed.

Until the change, the Air Force was the only service which permitted maximum weight increase after age 30, officials said.

("The National Guard Bureau has not notified us to implement these weight standards as of this date. This story is printed for information at this time.")

Weight Standards
(As of 1 Nov 81)

| Height Inches | Maximum | |
|---------------|---------|-------|
| | Men | Women |
| 58 | - | 126 |
| 59 | - | 128 |
| 60 | 153 | 130 |
| 61 | 155 | 132 |
| 62 | 158 | 134 |
| 63 | 160 | 136 |
| 64 | 164 | 139 |
| 65 | 169 | 144 |
| 66 | 174 | 148 |
| 67 | 179 | 152 |
| 68 | 184 | 156 |
| 69 | 189 | 161 |
| 70 | 194 | 165 |
| 71 | 199 | 169 |
| 72 | 205 | 174 |
| 73 | 211 | 179 |
| 74 | 218 | 185 |
| 75 | 224 | 190 |
| 76 | 230 | 196 |
| 77 | 236 | 201 |
| 78 | 242 | 206 |
| 79 | 248 | 211 |
| 80 | 254 | 216 |



'ALL IN THE FAMILY'

DEBBIE MCKAY, FLANKED BY HER FATHER, MSG OTIS MCKAY (L) (FIRE DEPARTMENT) AND HER UNCLE, TSG ARCHIE SOURS (FLIGHT LINE), IS ADMINISTERED THE OATH OF ENLISTMENT BY LTC DELBERT HALL, CBPO CHIEF. THE FATHER, DAUGHTER, UNCLE TRIO IS THE FIRST SUCH FAMILY UNIT IN THE 192D. MISS MCKAY WILL BE ASSIGNED TO THE C.E. FLIGHT.

Every Guardsman is a recruiter.

Safety



Practical Advice For Small Car Drivers

By CPT DON EVERETT

Small cars are more hazardous than large cars in collisions between the two types of vehicles. To compensate for the added differences between small and large cars:

****Drivers of small cars have a different field of view because the drivers eye height from the ground is lower. Additionally, it is harder for other roadway users to see small cars.**

****To increase visibility of the small car, the driver must be certain to signal directional intentions, turn on headlights during low daylight levels, be more aware of "blind spots", and allow longer vehicle clearances in passing, merging, slowing down and following.**

****Small cars are susceptible to erodynamic interference from passing vehicles.**

****Front-wheel-drive cars require skid management techniques which are different from rear-wheel-drive cars.**

****The bottom line to all research projects involving safety in small automobiles stresses the need for small car occupants to use available safety belts. Safety belts have the greatest potential for immediate and dramatic reduction in death and injury rates of any existing highway safety measures. In addition to being the most effective highway crash injury countermeasure available—IF USED!! (Adopted from TIG Brief)**

Wear Of The Uniform

The following uniform changes are effective as indicated. Information was extracted from TWX from Hq, USAF/MP, Washington, DC, dated 7 October 1981.

- EFFECTIVE IMMEDIATELY: Wear of the lightweight blue jacket as an outer garment to luncheons, meetings, symposiums, conferences, conventions, and off-base business establishments (if the intent is to do extended shopping, dining, socializing, or to take part in entertainment) is prohibited.
- EFFECTIVE 1 NOVEMBER 1981: All

States Now Manage Bonus Programs

Effective 1 Oct 81, the National Guard Bureau (NGB) gave state ANG headquarters control of fund distribution and local wing/group commanders control of AFSCs attached to the ANG incentives awards programs.

NGB gave Virginia the following funds for fiscal year 1982 (1 Oct 82 thru 30 Sep 83):

\$7000 to encourage the enlistment of non-prior service (NPS) individuals into critical vacancies.

\$26,000 to encourage reenlistment or extension of enlistment of current VaANG members who occupy critical positions.

NGB gave states the option to implement a variable NPS enlistment bonus to be paid as shown in the chart below, upon completion of certain periods of service.

| AWARD | 2ND | 3RD | 4TH | TOTAL |
|-------------|-------------|-------------|-------------|-------------|
| 3-SKL LEVEL | ENLMT ANNIV | ENLMT ANNIV | ENLMT ANNIV | ENLMT BONUS |
| \$1000 | \$250 | \$250 | \$500 | \$2000 |
| 750 | 200 | 175 | 375 | 1500 |
| 500 | 125 | 125 | 250 | 1000 |

Virginia has elected to pay the minimum (\$1000) bonus. This will permit enlistment of the largest number of NPS individuals, a total of 14 for fiscal year 1982.

Reenlistment/extension bonuses are paid as follows:

You really belong in the Air Guard.



Air Force personnel who choose to wear a uniform when traveling by commercial means are required to wear the combination 1 (males) or combination 1-1A/5-5A (females). Exceptions can be made by installation commanders for travel in small commuter aircraft that involve short flights in areas of the country where civilians wear informal clothing because of weather or cramped conditions on the commuter aircraft.

3. The following applies only to members serving PCS/TDY to the Washington, DC area:

EFFECTIVE IMMEDIATELY: The lightweight blue jacket may only be worn as an outer garment to and from work with combination 2-2A-3. The jacket may not be worn with combination 4-4A (blue shirt without tie).

4. A shoulder mark grade insignia similar to that authorized for officers has been approved for wear by members serving in the top three grades. Military specifications are being finalized and will be sent to the manufacturers for production within the next few weeks.

| YEARS SVC AT ETS | PAID UPON | | PAID EACH YEAR | MAXIMUM BONUS PAID |
|------------------|-------------|-----------|----------------|--------------------|
| | 6 YRS REENL | 3 YRS EXT | | |
| UND 6 | \$900 | | \$150 | \$1800 |
| UND 8 & OVR 6 | \$900 | \$450 | \$150 | \$1800 |
| UND 9 & OVR 8 | \$450 | \$450 | \$150 | \$900 |

Colonel Alvah S Mattox, Jr, Group Commander, has designated the following DAFSCs as bonus AFSC:

| DAFSC | RECRUITING | | REENLISTMENT EXTENSION | |
|--------|------------|--------|------------------------|-------|
| | MAXIMUM | DAFSC | DAFSC | DAFSC |
| 316X1L | 1 | 23350 | | 54552 |
| 326XOD | 1 | 24270 | | 55230 |
| 462XO | 2 | 27152 | | 55255 |
| 54532 | 2 | 31651L | | 55450 |
| 552XO | 1 | 32873 | | 57130 |
| 55231 | 1 | 46250 | | 62250 |
| 553XO | 1 | 54251 | | 64550 |
| 57130 | 1 | 54232 | | 81150 |
| 622XO | 2 | 54550 | | 902XO |
| 81150 | 1 | | | |

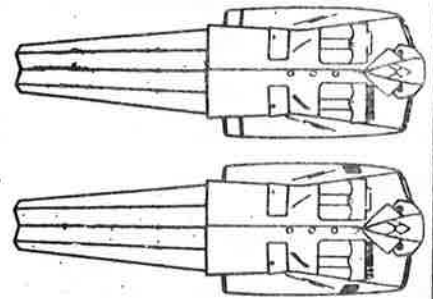
Col Mattox will review bonus AFSC requirements quarterly. If he determines that an AFSC should be deleted at the beginning of the new quarter, the bonus recipient will continue to receive scheduled payments until the bonus is paid in full, but will not be eligible for the reenlistment/extension bonus in that same AFSC unless it is reinstated prior to his or her ETS.

Additional information on the ANG Incentives Awards Programs is available in the Base Career Advisor's Office, Room 4, O&T building.

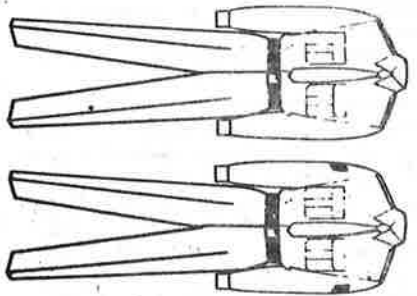
However, the insignia is not expected to be available at clothing sales stores until early spring 1982. It is recognized that some enterprising vendors will attempt to duplicate the approved specifications and sell this new device through outlets other than clothing sales stores. Members in the top three grades should be advised that wear of the new insignia is not authorized pending availability in clothing sales stores and appropriate change to AFR 35-10.

5. The Air Force Uniform Board has approved a new Air Force blue, all wool, v-neck pullover sweater as an optional item for men and women. The sweater will be authorized for wear with uniform combinations 2-2A (men and women). The top three grades will wear the embroidered shoulder rank insignia on the epaulets of the sweater. The grades of technical sergeants and below will wear no grade insignia on the sweater. Availability date is unknown at this time.

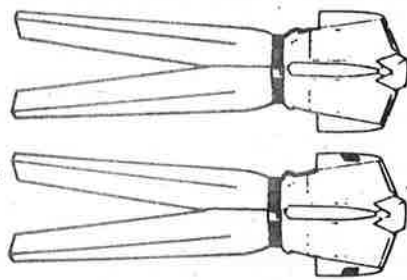
UNIFORM COMBINATIONS



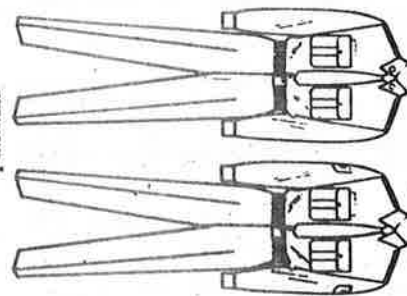
COMBINATION 1



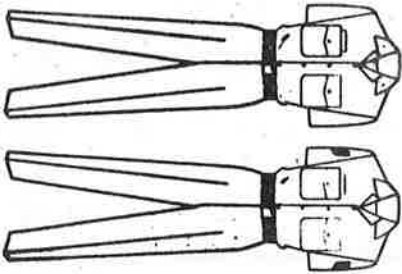
COMBINATION 2



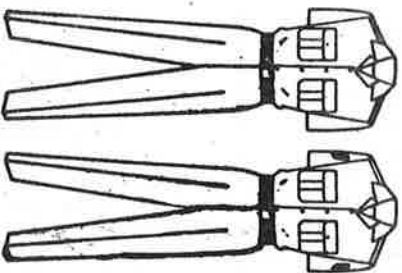
COMBINATION 3



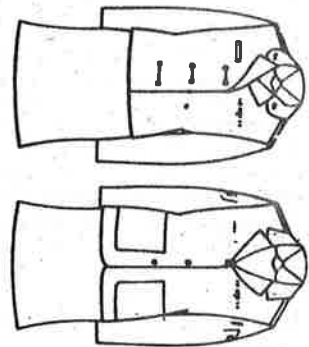
COMBINATION 4



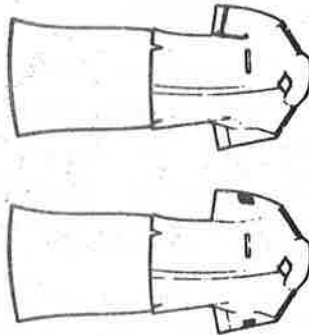
COMBINATION 5



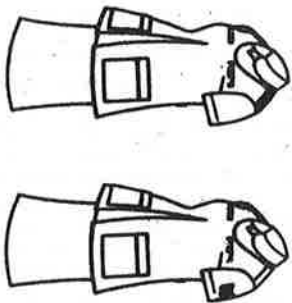
COMBINATION 6



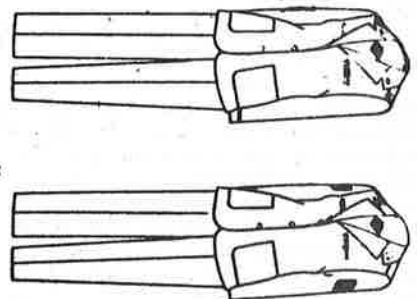
COMBINATION 7



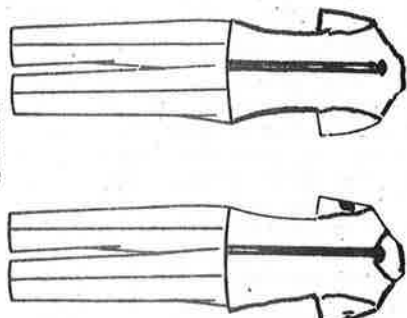
COMBINATION 8



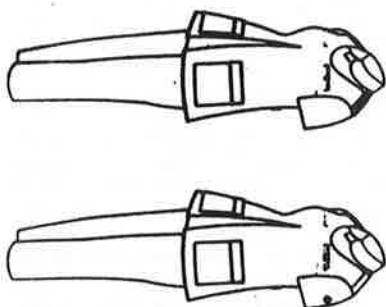
COMBINATION 9



COMBINATION 10



COMBINATION 11



COMBINATION 12

FLU SHOTS

NOVEMBER 81

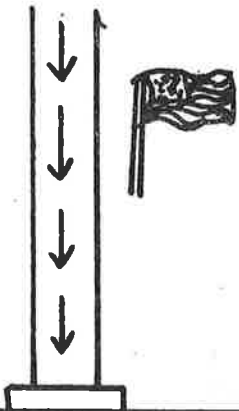
ONLY FLU WILL BE GIVEN IN NOVEMBER.

THIS IS MANDATORY IMMUNIZATION FOR MOBILITY PERSONNEL AND AIRCREWS

WRITTEN STATEMENT ONLY WILL BE ACCEPTED AS FACT OF FLU SHOTS GIVEN BY EMPLOYER.

MAKE-UP FLU WILL BE GIVEN IN DECEMBER ALONG WITH OTHER SHOTS DUE

O+T BUILDING



PICK UP PHS FORM



SLEEVES UP AND READY

A-L M-Z

CBPO 2 MEN SAT
3 MEN SUN



SQUADRONS COMING ENTRANCE SHOULD LINE UP ALPHABETICALLY- A-L M-Z

REPORT THROUGH FRONT OF O+T

SAT

SUN

100 WEA 09
HDQ 09

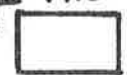
CMBT SQ SQ 0830
RES MGT SQ 0930

CLEAR POOL LUNCH

COMM FLT 1330
K 1430
TF60 1530
CLINIC 1600

CAMPAN 1330
WSS 1350
TAL TTR SQ 1530

TURN IN PHS FORM



MEDICAL ADMIN.
✓ ROSTER
RECORD IMMUNIZATION

20 MINUTE WAIT

EXIT

MESS HALL

