



192D TACTICAL FIGHTER GROUP

# VANGUARD

VIRGINIA AIR NATIONAL GUARD



27th Year, No. 1

Byrd IAP, Sandston, Virginia

January 1983



Alvah S. Mattox receives stars

## Mattox promoted to brigadier general

By CPT SALLY MORGER

The Air Guard has a new general! Alvah S. Mattox, Jr. the Chief of Staff was promoted to the rank of brigadier general on Tuesday, December 28. His father, Alvah S. Mattox, Sr., and Maj. Gen. John G. Castles, Adjutant General, pinned the stars on the new general during a short ceremony at the Department of Military Affairs in Richmond.

The general is a 1950 graduate of Staunton's R.E. Lee High School. He received his commission as a second lieutenant upon graduation from Virginia Military Institute in Lexington in 1954. He then served with the active duty Air Force and the Air Force Reserve. In 1960, the general joined the Virginia Air National Guard where he held various positions until 1979 when he took command of the 192TFG. Two years later, he was assigned to his current position as Chief of Staff, Virginia Air National Guard.

He has logged over 12,200 hours in 15 different aircraft, including the F-84, F-105 and A-7. His military awards include the National Defense Service Medal and the Combat Readiness Medal with silver oakleaf cluster.

In civilian life, Brigadier General Mattox is a captain with American Airlines, piloting the Boeing 727. He also participates in many airline industry and FAA-sponsored programs related to airline safety, improvement of all-weather operations, and evaluation of new flying equipment. He resides in Woodbridge, Va.

## Myers, Dutton and Namiot named best enlisted

By 1LT RALPH BARKER

During the December 1982 UTA, the 192TFG Awards Board once again met to select winners for the second half (July to December 1982) awards categories. As always, the competition was extremely tough.

Selected for the OUTSTANDING SENIOR NON-COMMISSIONED OFFICER was CMS Ashby M. Myers. Chief Myers is assigned to the 192d CAMRON where he is an Aircraft Maintenance Superintendent in the Quality Control Section. He is employed full time with the unit in the Quality Control Section. He resides in Richmond and is the proud father of three children. Chief Myers began his long career with the Virginia Air National Guard



Myers

in June 1948, serving with the unit on active duty in both 1951 and 1961. He is a very active member in his church through which he and his family are currently sponsoring a young girl through a foreign country sponsorship program. In addition to his many involvements within the unit and community, he is a very talented craftsman with Bird Song Carvings.

TSG Levin P. Dutton III, from the 149th Tactical Fighter Squadron was selected as the OUTSTANDING NON-COMMISSIONED OFFICER. L.P. is assigned as a Medical Services Tech-



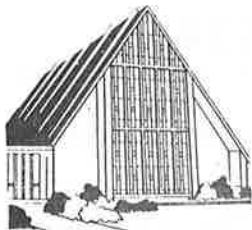
Dutton

nician in the squadron. Sgt Dutton recently joined the Virginia Air National Guard after serving on active duty with the regular Air Force for 5 years. After leaving active duty, he joined the 60th Air Medical Evacuation Unit, at Andrews Air Force Base, where he served prior to transferring to this unit. Sgt Dutton is single and lives in Norge, Va. where he is employed as a Registered Paramedic and certified Firefighter with James City County. In addition to his full time employment, he spends many hours with the James City Volunteer Rescue Squad and the James City-Bruton Volunteer Fire Department. He is also a very active member with the National Association of Emergency Medical Technicians and the National Association for Search and Rescue. Sgt Dutton recently became a member of the State of Virginia's Helicopter Medical Evacuation Committee. In addition to the many hours of training he has completed to become a registered Paramedic and Cardiac Technician, he somehow has managed to become a certified jumpmaster, jump instructor, and scuba diver. Dutton has made approximately 300 jumps since beginning this long desired ambition.

Con't on Page 2

## Sunday Services

Sunday 0830 - General Protestant  
0915 - Mormon  
1300 - Catholic Mass



Your Chaplain is available to you and your family 24 hours a day. Do not hesitate to call him if you think he can help or assist you in any way. His telephone numbers are: "A"-387, "C"-66, or 737-0635 (Home) and 737-1527 (Church).

## Menus

LUNCH  
8 JANUARY 1983  
PORK ROAST

AU-GRATIN	BUTTERED
POTATOES	GREEN BEANS
****SALAD BAR****	
ASSORTED DRESSINGS	
BREAD	BUTTER
CHILLED FRUIT	
COFFEE	COLD DRINK
	MILK

LUNCH  
9 JANUARY 1983  
BAKED CHICKEN

STEAMED	BUTTERED
RICE	GREEN PEAS
****SALAD BAR****	
ASSORTED DRESSINGS	
HOT ROLLS	BUTTER
CHILLED FRUIT	
COFFEE	COLD DRINK
	MILK

## Surcharge to be paid when on per diem

The Air Force Accounting and Finance Center has noted that many travelers are not aware that they are required to pay a meal surcharge when subsisting in a Government mess and receiving per diem while TDY. The center agreed that the responsibility in determining the status of the member rests with the dining hall cashier; but nevertheless, emphasized the members should identify themselves to the cashier and pay the surcharge.

Therefore, all 192d members who are scheduled for TDY should contact accounting and finance prior to departure to be briefed on all pay entitlements and travel allowances.

## 1982 Outstanding Enlisted

Con't from First Page

Sgt Dutton was also selected as the Virginia Air National Guardsman of the Year for 1982. Being selected for this award will allow Sgt Dutton to compete with the Virginia Army National Guard winners for the prestigious VIRGINIA GUARDSMAN OF THE YEAR Award. He will enter in competition during the month of February 1983. Sgt Dutton has great credentials to carry with him, which should make him an extremely competitive representative for this unit.

Selected for the OUTSTANDING AIRMAN was A1C Robert J. Namiot. Airman Namiot is assigned to the 192d CAMRON as a Weapons Loading Mechanic. He is married and is the proud father of one daughter and one son, and resides in Fredericksburg, Va. Airman Namiot's military career began when he was selected for appointment to the U.S. Naval Academy as a Midshipman and to the U.S. Merchant Marine Academy. Namiot is an active member of his church where he works to help support the Catholic School his child-

ren currently attend. He is employed by the Federal Bureau of Investigation at the FBI Academy in Quantico, Va. He currently holds a Bachelor of Science Degree in History from the University of Scranton, in Scranton, Pa. His hobbies are all hinged around buying and restoring antique automobiles and trucks. He is also a member of the Antique Car Owners Club.



## Civil Engineering Deployments

Prime Beef Trng	Field Training
Eglin AFB, FL	Biloxi, MS
8-12 Jan 83	12-22 Jan 83

## Safety

### 'Ice' weather is on the way

With another winter season here, we can safely assume that we will have more of the same ice and snow that we have had in past winter seasons. Do you remember--that's the stuff that caused an unreasonable number of slips and falls that resulted in broken arms, legs, hips, and back injuries. Some people are still recovering, and some will never recover from these injuries of the past. In addition to the pain and suffering of the individual concerned, the Virginia Air Guard loses the services of a valuable technician to perform his/her duties.

While it is conceded that not all slips and falls can be prevented on ice or snow, a very large percent can be avoided by simply wearing rubber footwear during these hazardous periods. Rubber boots, galoshes, or slip on low-quarter rubbers are defined as rubber footwear. They will give you better traction for walking plus give protection for your shoes. Many of the shoes worn are nice and shiny with slick leather or vinyl, but are an invitation for your butt to meet the ground when you try to walk on snow or ice with them.

Another bad habit that a lot of people have is to walk on ice or snow with their hands in their poc-

kets or carrying things in their arms. Your hands and arms need to be free during these conditions to help you maintain balance when you do slip.

We know the ice and snow is on the way, so let's not wait until it happens to get some rubber footwear. Get a pair of gloves too, to keep your hands out of your pockets. These items need to be available before the storm--not after.

The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia. The opinions expressed herein do not necessarily represent those of the Adjutant General of Virginia or the Virginia Air National Guard.

#### COMMANDER:

Col Hartwell F. Coke, IV

#### EDITOR:

Cpt Lawrence M. Fuccella

#### ADVISOR:

Maj Basil H. Evans, Jr.

#### CHIEF OF PUBLIC AFFAIRS:

Maj Francis J. McNally

#### PHOTOGRAPHER:

MSG Robert A. Flournoy

## PROMOTIONS

Our congratulations go to the following personnel who were promoted to the grades indicated during the month of December:

**HEADQUARTERS, VA AIR NATIONAL GUARD**  
SGT WOODWARD, DARLENE J.

**192D TACTICAL CLINIC**  
AIC GARDNER, WENDY R.

**192D CIVIL ENGINEERING FLIGHT**  
MSG CLAIBORNE, CHARLES  
TSG ADAMS, RONALD R.  
SRA GARRISON, SANDRA K.  
SRA HARRIS, GALEN W.  
SRA MALCOM, BRANDON K.

**192D RESOURCE MANAGEMENT SQUADRON**  
MSG CLARK, DONALD G.

## ENLISTMENTS

The following personnel were enlisted into the Virginia Air National Guard during the month of December:

**192D CONSOLIDATED ACFT MAINT SQDN**  
SGT PAIGE, CURTIS L.

**192D COMBAT SUPPORT SQUADRON**  
AIC HOOPER, LAURIE R.

**192D COMMUNICATIONS FLIGHT**  
TSG WILKINSON, GERALD F.

**192D STUDENT FLIGHT**  
AMN MERRELL, LANCE M.

## New formal wear available this month

The Air Force Uniform Board approved a new mess dress uniform for wear by all personnel. Base exchange stores are expected to have limited quantities available beginning this month. The new mess dress which may be worn year around is similar to the current mess dress except for color (midnight blue) and longer jacket. The shoulder boards (officers), chevrons (enlisted), bow tie, tab, and cummerbund are all midnight blue. Shirt/blouse is same as worn with current mess dress. Effective immediately, the new mess dress may be worn if procured through a military clothing sales store (MCSS) or from a certified manufacturer (garment should contain certification label therein). The black and white mess dress will be phased out in 1988.



## Kelleher, Weis in national competition

The finalist in the "12 Outstanding Airmen of the Year" program for the Virginia Air National Guard have been selected and their names forwarded to the National Guard Bureau for participation in the Air Guard selection of its outstanding airmen. Those seven individuals will be entered in Air Force wide competition to be held early next year.

The VaANG winners are SSG Edward M. Kelleher in the NCO category and MSG Robert L. Weis in the Senior NCO category. Both are members of the 149th Tactical Fighter Squadron.

Sergeant Kelleher was cited for his outstanding achievements as an Operations Systems Management Specialist. Sergeant Weis was lauded for his accomplishments in the administrative career field with additional duties in the operations management functional area.

Congratulations to both individuals and the entire Virginia Air National Guard wishes each of you the best in the upcoming stiff competition.

## News Briefs



This month is the deadline for having a new Department of Defense decal on private vehicles wishing entrance to Byrd Air Guard Base. The security police will provide the necessary paperwork, provided the individual unit member certifies the necessary insurance information. If you have not changed your vehicle to the new decal, please be sure to do so during the January UTA.

All individuals who require the Sony 3/4 inch U-Matic video player and color monitor for training purposes should schedule the use in advance through the base Audiovisual Services Section. Call MSG Flournoy or TSG Marshall, Ext 342.

The 192d Communications Flight will be participating in an Operational Readiness Inspection this UTA. Be aware of the IG team's presence and render the proper military courtesies.

A vacancy is available in CAMRON for a TSG Aircraft Mechanic, AFSC 43171, Quality Control. If interested, contact Maj Seifert, Ext 428 or CMS Meyers, Ext 336.

All personnel scheduled to deploy to Panama must turn in a "raised seal" birth certificate to SMS Norman, CBPO, not later than noon Saturday, 8 January 1982. (NOTE: The plastic credit card type from most states is also acceptable.)

Photos for your passport must be taken prior to noon on 8 January 1982. Photo must be in civilian shirt. Contact MSG Flournoy, Photo Lab, for scheduling.

A briefing for all deploying personnel will be held in the assembly hall (Club 149) at 1300 hours, Saturday. You will need the following information to complete the passport application: Spouse, Father, and Mother's birth place and date.

Bring that information with you to the briefing.

Social Actions Office has established a library dealing with subject matter areas as prejudice, discrimination, drug and alcohol abuse. Point of contact is 2Lt Gary Wood, Ext 389.



**UTA**  
**8 - 9**  
**JANUARY**  
**1983**

12 & 13 February 1983

5 & 6 March 1983

AFT

12 - 26 March 1983

Coronet Cove

12 - 27 March 1983

26 March - 10 April 1983

9 & 10 April 1983

14 & 15 May 1983

11 & 12 June 1983

9 & 10 July 1983

# Editorial.....

HEADQUARTERS 127TH TACTICAL FIGHTER WING (TAC)  
MICHIGAN AIR NATIONAL GUARD  
SELFREDGE ANG BASE, MICHIGAN 48045

Colonel Hartwell F. Coke  
Commander  
192nd Tactical Fighter Group  
Richard E. Byrd International Airport  
Sandston, VA 23150

26 November 1982

Dear Colonel Coke,

The 127th Tactical Fighter Wing is pleased to have been selected as the Parent Wing for the 192nd Tactical Fighter Group. We sincerely welcome the dedicated men and women of the 192nd to the Wing and look forward to a long and fruitful relationship.

In the true spirit of the total force policy, we hope to gain significantly from the innovations you have developed as you may also gain from those that we have initiated. We will endeavor to provide opportunities to train and work together in the future.

Sincerely,

  
HAROLD W. RUDOLPH, Brig Gen, MI ANG  
Commander



REVISED WEIGHT STANDARD CHART

Height Inches	Maximum Weight	
	Men	Women
60	153	130
61	155	132
62	158	134
63	160	136
64	164	139
65	169	144
66	174	148
67	179	152
68	184	156
69	189	161
70	194	165
71	199	169
72	205	174
73	211	179
74	218	185
75	224	190
76	230	196
77	236	201
78	242	206
79	248	211
80	254	216

Effective 1 JAN 83

MARTIN LUTHER KING, JR.



Jan. 15, 1929—

## Physical fitness best line of defense

By MSG MICHAEL WOODY

Biological Warfare is the deliberate use of germs or their poisonous products to produce disease, injury or death in man, animals or plants. You have been waging an individual fight against germs since you were born; however, biological warfare is a man-made attempt to produce disease on a large scale.

Agents or their poisonous products can attack the body through the nose, mouth or skin. If you can stop their entry into your body, you will not be affected.

The best line of defense is the natural resistance of your body. If you keep yourself in good physical condition, maintain a high standard of personal cleanliness and living area sanitation and insure that your immunizations are up to date, your chances of survival will be greatly increased.

Your most important item of protection equipment is your mask. Know where to locate your mask, how to do it in a hurry (generally 9 seconds is a good time) and insure proper fit. A properly fitted gas

mask will furnish adequate protection from any tactically dispensed germs to an individual.

Any type of clothing will give you some protection against biological agents. The degree of protection is dependent upon the type of fabric and number of layers worn.

To keep out mosquitoes, fleas, and ticks, which may be deliberately induced with diseases, it is important to fasten shirt or jacket collars and close all openings that would allow the insects access to your body. In addition, it is important to cover or bandage all open wounds.

Your survival may depend upon the following:

- \*\*Personal hygiene
- \*\*Physical condition
- \*\*Immunizations
- \*\*Protective mask

### Don't compromise

If the other party is placing you in a compromising position and ignores your warnings not to discuss classified information on the telephone, hang up.



## Virginia Air National Guard and U.S. Navy A-7 aircraft team up at Byrd Field

# Brothers get chance to do it together

By SSG ED KELLEHER

The sight of a pair of A-7D Corsairs, one with U.S. Navy markings and the other with the insignia of the Virginia Air National Guard, taking off side-by-side at Byrd International Airport was slightly out of the ordinary.

What was really unusual about the takeoff, however, was that the pilots were brothers.

Cpt Mark L. Hettermann was flying the VaANG jet and Navy Lt Kurt J. Hettermann was piloting the Navy Corsair.

For the natives of Arlington, sons of a 36-year veteran pilot for United Airlines, it was their first flight together in twin jets.

"It was one of the highlights of my flying career," said Cpt Hettermann, a 34-year-old pilot for American Airlines, who began his air career as a freshman at the College of William and Mary and logged more than 2,000 hours in civilian aircraft by the time he earned his ANG wings.

"We never had all that much in common because of the age difference," Mark Hettermann said. His brother is eight years younger than he is. "But once you get older that age difference sort of disappears."

Making the chance to fly together in A-7's even more precious for Mark was the fact that Kurt narrowly escaped tragedy a few months ago in the Indian Ocean.

Based on the aircraft carrier USS Constitution, Kurt was about 50 miles from the carrier when an engine fire forced him to bail out. He suffered a dislocated shoulder

and some chipped teeth, but otherwise was in good health when he was plucked out of the ocean more than a half hour later, his brother said.

"You always have it (the danger aspect) in the back of your mind when you're doing this thing," Cpt Hettermann said. "You just have to come to grips with it."

Mark Hettermann is an Air National Guard product from the ground up. He enlisted in the Virginia guard while he was in college, went off to basic training between his junior and senior years at William and Mary and entered pilot training after college graduation.

However, he was a veteran pilot by the time he joined the guard. By the time he got his military wings at age 22, he had already been an instructor at Patrick Henry Airport in Newport News and chief pilot at Williamsburg-Jamestown Airport.

By the time Kurt went off to study at James Madison University in

Harrisonburg, pilot's blood was thick in the Hettermann family. Kurt followed suit, working toward his private pilot's license as a college freshman.

When he graduated from JMU, he attended Navy Officer's candidate school in Pensacola, Fla., and then went through a long process leading to his certification for aircraft carrier landings.

He became so good at carrier landings that he won the "Tail Hook Award" for lieutenants (junior grade) throughout the Navy last year. That award goes to the pilot with the best percentage of "catches" by the hook an aircraft carrier which snags and restrains a landing jet.

Kurt flew the day before Thanksgiving from his home station at LeMoore Naval Air Station near Fresno, Calif., to Andrews Air Force Base in Maryland. Mark met him there and drove him to the Hettermanns' Fredericksburg home, where Mark's wife, Foxy, and their three children treated him to a family-style Thanksgiving dinner.

The day after Thanksgiving, Kurt returned to Andrews, flew his A-7D to Byrd and participated in a brotherly low-level flight with Mark to a restricted area off North Carolina. They landed at Oceana Naval Air

Station, and Kurt took off the next day for California via Pensacola, Fla.

The fraternal Corsair flight was a unique chance, Mark said, noting that he doesn't know how long his brother will continue to fly A-7's for the Navy.



Hettermans stand beside Corsair

# Background On... PANAMA

**Geography:** With 29,762 square miles of mountainous, forested terrain, Panama occupies the southern end of the isthmus that forms the land connection between North and South America. The country is **bisected by the Panama Canal** and has a tropical climate.

**People:** The population is estimated at 1,837,000, of which 51 percent is urban. **Ethnic groups:** Mestizo (70%), West Indian (14%), white (10%), Indian (6%).

**Religions:** Roman Catholic (93%), Protestant (6%).

**Languages:** Spanish is official language; 14 percent speak English as their native tongue.

**Capital is Panama City** (485,700); other cities: Colon (85,600), David (70,700). **Literacy:** 80 percent. Per capita income: \$1,025.

**Government:** Centralized republic. President & Vice President are elected by the National Assembly of Community Representatives. The Assembly meets once a year for 30 days; in interim, a National Legislative Council elected from the Assembly's members, performs governmental

functions. There are also nine Provinces and one Territory as subdivisions. An elite group dominated Panamanian political life until the last term of President A. Madrid which began on October 1, 1968. Ten days later the National Guard overthrew the President and set up a provisional junta government headed by the National Guard Commander, Brigadier General Omar Torrijos Herrera. Two civilians were appointed as President and Vice President of the junta in 1969. Constitutional government was restored in October 1972 following elections for a National Assembly of Community Representatives. This body temporarily vested extraordinary executive powers as "Maximum Leader" in General Torrijos for a 6-year period. These powers expired on October 11, 1978, and a newly elected National Assembly elected Dr. A. Royo to succeed as President.

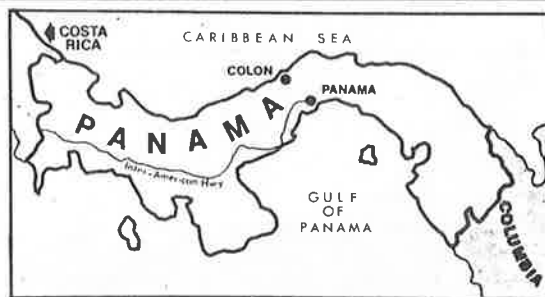
**Economy:** Gross National Product \$2.25 billion; agriculture products include bananas, sugar, rice, coffee, tobacco; industrial products include construction

materials, refined sugar, clothing, furniture, petroleum products.

**Official rate of exchange: 1 Balboa = \$1** (US dollar is used as paper currency).

**Brief History:** Columbus sighted Panama in 1501. Twelve years later Balboa crossed the isthmus and "discovered" the Pacific Ocean. Panama City was founded in 1519 by Spaniards. The country achieved independence from Spain in 1821 and joined the Confederation of Greater Colombia. From 1880 to 1900 the French Panama Canal Company unsuccessfully attempted to construct a canal on the site of the present Panama Canal.

**In 1903 Panama proclaimed its independence from Colombia** after Colombia rejected a treaty enabling the United States to build the Isthmian Canal. Under the 1903 U.S.-Panama Treaty, the U.S. was able to complete the canal in 1914. It continued to operate a 52 mile-long lock canal in the U.S.-administered Canal Zone which extended 5 miles on each side of the waterway. While Panama retained sovereignty in this area, the United



States retained permanently—until the **entry into force, on October 1, 1979, of the new Canal Treaty**—all the rights, power, and authority which it would have possessed had it been sovereign of the territory.

## New Treaty

Under the new Treaty, the United States has responsibility for operation of the Canal throughout the remainder of this century. At all levels, the Panamanians will participate increasingly in the canal's operation in preparation for Panama's responsibility for operation at the end of the century. Panama assumed general territorial jurisdiction over the former Canal Zone at the treaty's start. The United States has primary responsibility for the Canal's defense during the Treaty's term, but Panama will participate in defense

and at the end of the century the U.S. military presence will cease. U.S. and Panamanian warships are entitled to expeditious passage through the Canal at all times. The United States' continuing freedom of action to maintain the Canal's neutrality is not limited by the treaty.

## U.S.-Panama Relations:

The United States seeks to maintain a friendly relationship with Panama and wishes to cooperate with the Panamanian Government in promoting economic, political, and social development through its own and international agencies.

It is hoped that the new Canal treaty will provide the foundation for a new partnership with Panama and signal a new era in U.S. relations with Latin American. The United States and Panama continue to work together closely for the amicable implementation of the treaties.

## CCAF degree to 192d member

By TSG DOUG KOZLIK

TSG Forrest Wilson, a computer operator for the 192d and a computer operator in civilian life recently received his Associate Degree in data processing from the Community College of the Air Force (CCAF). The accomplishment ended nearly four years of part time evening, and correspondence study. He began his education while on active duty accumulating credits from service schools which he attended before finishing at J. Sargent Reynolds Community College.

Upon receipt of his degree, TSG Wilson stated, "the time and effort to get this degree was well worth it."



TSG Forrest Wilson receives diploma

LTC Gathright offers congratulations

## Tell your employer about field training

Annual Field Training will soon be upon us once again. With it, for many, comes the recurring problem of time off from their place of employment. Below are a few tips which might help:

**\*\*Don't pull surprises at the last minute.** Let the boss know in advance when you will be gone.

**\*\*Let the boss know how important your military duty is to you and to the nation.**

**\*\*Use your military skill training on your civilian job.** And demonstrate the leadership and responsibility you gain from unit participation.

**\*\*Thank your boss for cooperating.** A little bit of courtesy goes a long way.

**\*\*If you have problems, try to work them out with your boss personally.**

If you need help, contact your unit commander.



# OPSEC Update notes KGB political power

By LTC GEORGE DAVIS

During the past several years, the members of this unit have become aware of the existence of the KOMITET GOSUDARSTVENNOY BEZOPASNOSTI (KGB). Yuri V. Andropov, who recently was elected Communist Party General Secretary following the death of Leonid Brezhnev had been chairman of the KGB (Committee of State Security) from November 1967 to June 1982. Andropov's rise to power was a result of the power base which he had established during his years as head of the KGB.

The KGB is one of two security units which are part of the Soviet Armed Forces, however, neither are subordinate to the Ministry of Defense. The other security unit is the MVD (Ministry of Internal Affairs). Both of these units have over 450,000 troops to ensure the internal security of the Soviet Union. Many of these troops are tasked as border guards. They are equipped with tanks, armored fighting vehicles (AFV), aircraft, and ships.

Although the name has changed several times over the years, the role of the KGB has always been to ensure the security of Mother Russia. On May 28, 1918 Lenin signed a decree to form units to guard the new borders of the Communist state. After the Civil War, the best units of the Red Army were tasked to perform this function. At that time the state security force was called the Cheka. There are nine Border Guard districts, which were formed in 1923. KGB troops are stationed in all fifteen republics of the Soviet Union.

In addition to serving as Border Guards, troops under KGB control also serve as Kremlin Guards. They control nuclear weapons stockpiles, extremely sensitive installations, and high level communications among party officials and Ministry of Defense and military headquarters. There are also KGB troops, about which very little is known.

Throughout the history of the Soviet Union these KGB troops have played key roles in providing internal security. When Hitler's forces invaded Russia in June 1941, the first Soviet soldier killed was a (KGB) Border Guard. Border Guards not the Ministry of Defense forces

have been confronting the Chinese along Sino-Soviet border.

With this large and well equipped force under his control it is easy to understand how Andropov was able to develop a political power base and assume the leadership of the Soviet Union. He has already replaced Nikolai Scholokov, the head of the MVD (Ministry of Internal Affairs), a long time Brezhnev loyalist, with his own hand picked associate, Vitaly Fedorchuk, a man ap-

pointed to head the KGB last June. He has appointed Viktor Chebrikov, a career KGB officer, to replace Fedorchuk. The present political structure has a formed KGB head as Communist Party Secretary, and KGB officers in charge of both security agencies in the Soviet Union (KGB and MVD). With this leadership in the Soviet Union, it will be interesting to observe the roles which these security forces will play in Soviet policy.



Chief Maynard



Chief Alexander

## NGB Enlisted Advisor to visit; Maynard named to 192d post

CMS Jack A. Maynard of CAMRON has been named the Senior Enlisted Advisor of the Virginia Air National Guard. Maynard succeeds CMS Herbert L. Buttner, who was only the second member of the unit to hold the top enlisted post. During his tenure, Buttner was actively involved in carrying out the responsibilities of the position. The "Base Orientation Program", the revitalized awards program and the "Outstanding Airman Program" were some of his accomplishments, in addition to establishing a rapport with the Senior Enlisted Advisor, NGB. Buttner is also active in the Air Force Association, serving as treasurer, along with his committee work in the Virginia Army/Air National Guard Enlisted Association.

The new Advisor, a 30 year veteran, joined the Virginia Air National Guard in 1955 following a four year stint in the Navy. After serving as the Air Operations Supervisor and Instrument Trainer Supervisor, Maynard became the Logistics Plans Superintendent, the position which he now holds. Like his predecessor, Maynard said he intends to give top priority to the needs and concerns of the enlisted personnel.

The Senior Enlisted Advisor of the Air National Guard, CMS Lynn E. Alexander, will visit the 192TFG during the January UTAs. The Chief will tour the various shops on Saturday and then at 0830 on Sunday in the mess hall hold briefings with all E-7's, E-8's and E-9's. The areas to be covered are retention, promotions, weight control, future of the Guard and open discussion.

Chief Alexander's military career began with a four year tour in the Air Force before joining the West Virginia Air National Guard where he was an Avionics Technician. He performed avionics maintenance on a wide variety of fighter, bomber and cargo aircraft. His extensive management experience includes having served as Shop Chief, Section Chief, and Branch Chief in avionics maintenance. He assumed his present position on 1 October 1977.



# Winter wonderland exposure may prove fatal

By TSG L.P. DUTTON

Cool weather is once more upon us and once more we must be alert for signs of cold weather-type injuries. Most cold weather injuries are not immediately noticed by the victim until after it has occurred. There are two types of cold injuries, local and generalized, and both are caused by the body's inability to replace the heat that has been lost.

The local type injuries include frostnip, frostbite; and trenchfoot. Frostnip and frostbite can occur involving the hands, arms, feet, legs, nose, and ears mostly. Trenchfoot is often called immersion foot. This is a problem where the feet and lower legs remain in water that is at or near freezing temperatures. This affects the circulation and can damage the skin, muscles, and nerves in the feet.

These local type injuries can be treated by the removal of any wet clothing, gently rewarming the affected parts, and seeking medical attention, especially for frostbite and trenchfoot. DO NOT open any blisters that form and DO NOT rub or massage the affected part. The ice crystals in the skin acts like broken glass and can damage the skin more than by letting it rewarm slowly.

The generalized cold injury differs from the localized type in that the localized affects the surface of the body and the generalized affects the whole body. The medical term is "hypothermia" (below normal temperature) and an older, better known term is "exposure". This condition can occur at temperatures well above freezing.

The survival range of temperature in the human body ranges from 75°F

to 112°F (normal body temperature is 98.6°F). As the body temperature decreases, so does the body's ability to function. When the body temperature falls below 91°F, the body cannot replace the heat that it

has lost by itself, muscle movement becomes jerky, and the person cannot think clearly. Below 85°F, the heartbeat and breathing slows and the person loses consciousness. When the body temperature falls below 75°F, the heart and breathing centers in the brain fail and death results.

-The victims should receive the following care:

\*\*Remove any wet clothing and replace with dry clothing if possible (wet clothing loses heat about 240 times faster than dry clothing). Prevent further loss of body heat. \*\*Seek medical attention.

-The best treatment of cold weather injuries is prevention. To help to prevent cold weather injuries:

\*\*Recognizing the problem before it becomes critical.

\*\*Avoid fatigue or exhaustion. Avoid sweating.

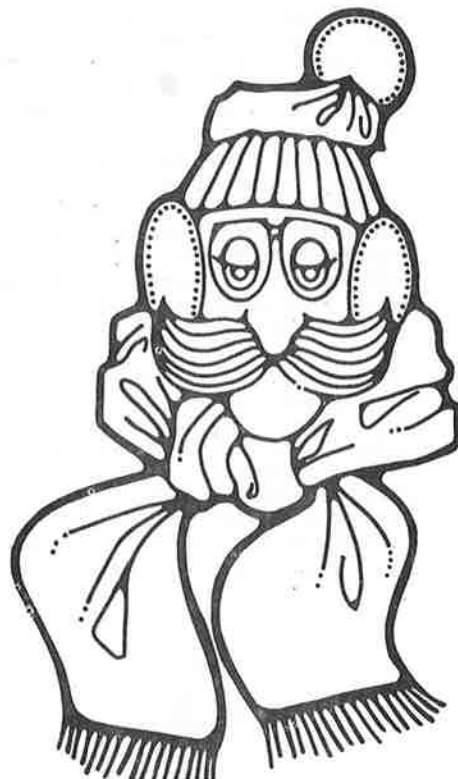
\*\*Prevent excessive heat and energy loss with the insulation of dry clothes and windproofing.

\*\*Rewarming to normal those who are shivering before further activity.

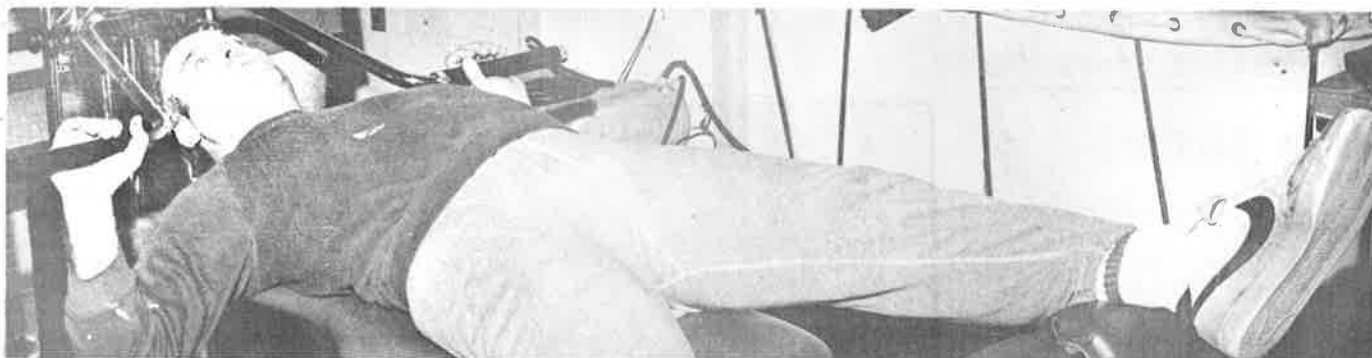


WIND CHILL CHART

WIND CHILL CHART											
ESTIMATED WIND SPEED MPH	ACTUAL THERMOMETER READING °F										
	50	40	30	20	10	0	-10	-20	-30	-40	-50
EQUIVALENT TEMPERATURE °F											
CALM	50	40	30	20	10	0	-10	-20	-30	-40	-50
5	48	37	27	16	-6	-5	-15	-26	-36	-47	-57
10	40	28	16	4	-9	-21	-33	-46	-58	-70	-83
15	36	22	9	-5	-18	-36	-45	-58	-72	-85	-99
20	32	18	4	-10	-25	-39	-53	-67	-82	-96	-110
25	30	16	0	-15	-29	-44	-59	-74	-88	-104	-118
30	28	13	-2	-18	-33	-48	-63	-79	-94	-109	-125
35	27	11	-4	-20	-35	-49	-67	-83	-98	-113	-129
40	26	10	-6	-21	-37	-53	-69	-85	-100	-116	-132
WINDS OVER 40 MPH HAVE LITTLE ADDITIONAL EFFECT	LITTLE DANGER FOR PROPERLY CLOTHED PERSON					INCREASING DANGER			GREAT DANGER		
	DANGER FROM FREEZING OF EXPOSED FLESH										







### *Lying down on the job*

TSG Wayne Hackett recently had a heavy burden added to his duties as life-support NCOIC -- so heavy he can often be found lying down on the job. Story and pictures are on Page 5.

## 192D TACTICAL FIGHTER GROUP

# VANGUARD

## VIRGINIA AIR NATIONAL GUARD



27th Year, No. 2

Byrd IAP, Sandston, Virginia

February 1983

## Drinking

### Georgia National Guard chaplain plans to tell it like it was

By SGT DENISE DELEO  
Drug and Alcohol Abuse Technician

John M. Novikoff was 44 years old, married with a family, a minister at a Christian (Disciples of Christ) Church in Georgia and a former Army and Air Force chaplain.

He was also a drunk. And he was in jail.

These are his words:

"I had been in a 'blackout' for several days. I had stopped at a small town roadside market for that 'last one for the road.' I had called attention to myself and before I knew it, I was locked up in jail because I was too inebriated to drive my car.

"I was released early the next morning (because the sheriff knew me) to drive home. The experience itself shocked me into reality.

"On the way home, I tried to put things into perspective. The past eight years had seen radical change. I found it hard to identify the problem. I wanted to blame others: I wanted to attribute this to a nervous condition, to the death of our 12-year-old son, my church, my circumstances, and so on.

"It never occurred to me until then that I had my problems when and after drinking alcohol. I took the position that it was O.K. for me to drink; that it was my Christian liberty and that it could do no harm to anyone but myself.

"Now driving back to Savannah where I live, I began to breathe a word that I thought applied to others, but not to me. I finally admitted to myself that I must be an alcoholic. That had to be the most difficult word I ever uttered.

"When I arrived home, my wife was waiting anxiously, since I had not called in to let her know that I would be late. When I entered the house, my first reply to her inquiry, was 'I'm an alcoholic, I have a drinking problem.' I explained that I had been in jail that night. (Having once confessed the problem, I expected a lot of sympathy or something of a listening ear, but that was not the case. In fact, I caught hell!) We ended with my promise to get help.

"It wasn't easy, let me tell you, but with the support of my family,

## Fund raising, work go into parade effort

By SSG ED KELLEHER

Directions to Blarney Stone International Airport:

1. Deploy next month to Travis Air National Guard Training Base outside Savannah, Ga.
2. Go to downtown Savannah on Thursday, March 17.
3. Wait for the Virginia Air National Guard entry in the Savannah St. Patrick's Day Parade to come rolling by...and there's Blarney Stone International.

The mythical Irish airport is the theme of this year's parade entry planned by members of the 192d Tactical Fighter Group, the makers of award-winning floats in their past two parades.

"We will assemble it here, break it down, tow it to Savannah and re-assemble it there," said CMSgt Harvey L. Mahoney, one of the organizers.

The February UTA marks the kickoff for the float's construction and fund-raising activities. Mahoney and SMSgt Bill Murphy estimated that at least \$500 will be needed to cover the cost of materials and insurance.

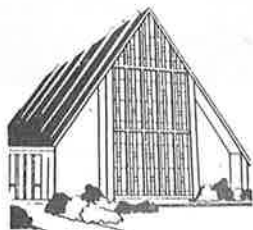
They plan to hold raffles and sell St. Patrick's Day T-shirts and base-

Continued on Page 3

Continued on Page 3

## Sunday Services

Sunday 0830 - General Protestant  
0915 - Mormon  
1300 - Catholic Mass



Your Chaplain is available to you and your family 24 hours a day. Do not hesitate to call him if you think he can help or assist you in any way. His telephone numbers are: "A"-387, "C"-66, or 737-0635 (Home) and 737-1527 (Church).

## Menus

### LUNCH

12 FEBRUARY 1983

BEEF TIPS	BUTTERED
OVER RICE	GREEN BEANS
****SALAD BAR****	
ASSORTED DRESSINGS	
HOT ROLLS	BUTTER
STRAWBERRY SHORTCAKE	
MILK	COLD DRINK

\*\*\*\*\*

### LUNCH

13 FEBRUARY 1983

SWISS STEAK

WHIPPED	BUTTERED
POTATOES	GREEN PEAS
****SALAD BAR****	
ASSORTED DRESSINGS	
BREAD	BUTTER
CHILLED FRUIT	
COFFEE	MILK
	COLD DRINK

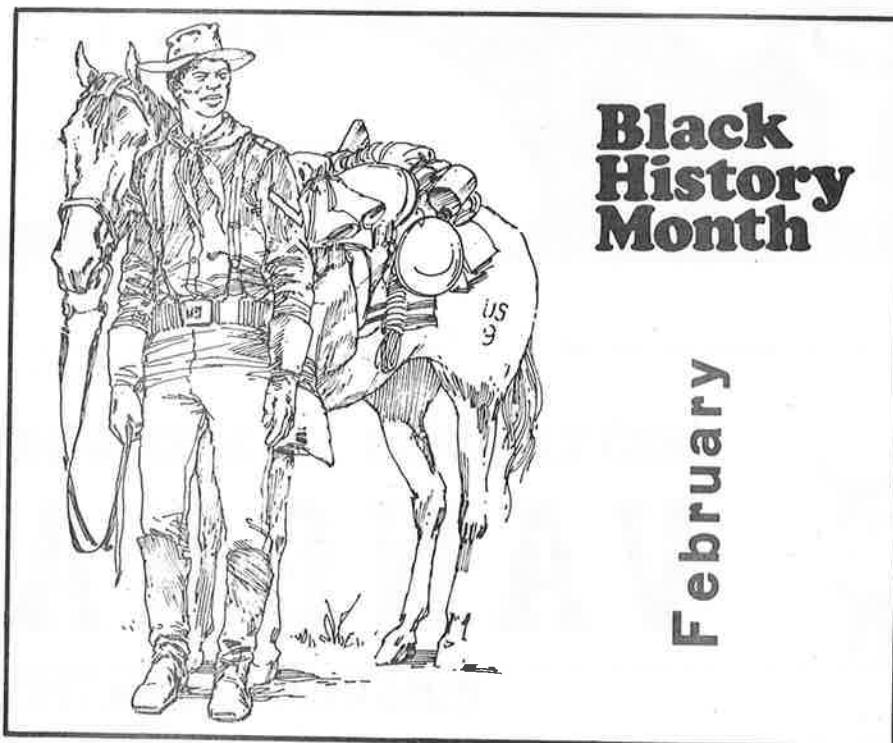
## Active Duty slots

The National Guard Bureau currently has two vacant positions for active duty tours. These vacancies are:

-COMMANDER of the I.G. Brown Professional Military Education Center in Knoxville, Tenn. The candidate should be a colonel or lieutenant colonel eligible for promotion, have an authorized AFSC 0026 and submit his application by 1 March. (MVA # 83-1A).

-ADMINISTRATIVE SPECIALIST (ANG5C) Eligible airmen must have a rank of airman first class through staff sergeant, be authorized a 70250 AFSC and submit an application by 18 February. (MVA #83-2A).

Additional information may be obtained by contacting 1Lt Ralph Barker, Ext 309/310.



## Black History Month

February

## Fiscal cuts may curb some retention

By TSG LOU PARIS

Unit commanders and their top enlisted aides are in for some tough decisions regarding retention of long-time personnel, the Air National Guard's senior enlisted advisor said recently.

CMSgt Lynn E. Alexander, enlisted advisor for the ANG, told a group of the Virginia Air National Guard's top non-commissioned officers during a visit here last month that budgetary restrictions will force guard units to be selective when deciding whether to retain certain enlisted men who have passed cut-off points in excess of 20 years.

Some skill areas are beset by overages while other areas -- including critical ones -- are plagued by vacancies, Sergeant Alexander said.

(CMSgt Jack Maynard, senior enlisted advisor for the 192d Tactical Fighter Group, said Alexander's warnings are not to be misinterpreted as threatening to younger airmen.)

("A whole lot of them come to me and say, hey, am I going to be able to stay," Maynard said. "The retention regulation does not apply to anybody until they reach 20 years' (service).")

("Nobody with less than 20 years will (be let) go without cause," he said. A staff sergeant approaching his 20th year in the military could face discharge if he is not placed in a technical sergeant's slot,

Maynard said. Likewise, a tech sergeant with 23 years, a master sergeant with 26 years, a senior master with 28 years and a chief master with 30 years service could be subject to discharge if they cannot fill higher slots, he said.)

Personnel who are considered overages in their skill areas may be denied re-enlistment, despite their longevity, to make way and provide funds for personnel in areas where there are shortages, Sergeant Alexander said.

★★★★★★★★

The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia. The opinions expressed herein do not necessarily represent those of the Adjutant General of Virginia or the Virginia Air National Guard.

COMMANDER:

Col Hartwell F. Coke, IV

EDITOR:

Cpt Lawrence M. Fuccella

ADVISOR:

Maj Basil H. Evans, Jr.

CHIEF OF PUBLIC AFFAIRS:

Maj Francis J. McNally

PHOTOGRAPHER:

MSG Robert A. Flournoy

# Float builders looking for help

*Continued from First Page*

ball jerseys, both designed by TSgt Bernard "Beetle" Bailey. Just as important as money, however, is the need for volunteers to help build the float, Mahoney said.

"What we're trying to do this year is have more unit participation building the float instead of just one or two people," he said.

Murphy and Mahoney have spearheaded building efforts for past St. Patrick's Day floats. In 1981, the VaANG float was judges best in the military division in the Savannah parade, perhaps the premier Irish parade in any medium-sized city in the United States.

Last year the 192d's entry in the Richmond St. Pattie's Day parade won the best-in-parade award.

Work on the 1983 float will begin at the February drill in the AGE shop, Murphy said. People interested in helping should plan to stay after regular working hours. The work schedule after that will depend on how many people turn out and how much has to be done, he said.

The base of the float is an 8-by-20-foot flatbed installed on a farm trailer. "We bought the trailer from Jim Fleming (a retired VaANG fighter pilot and North Carolina Peanut farmer) and put the flatbed on it," Mahoney said. "Then we sold it to MSgt Franklin Stanley with the understanding that we could use it any time we needed it."

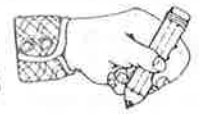
The float, still in the design stage, is envisioned as consisting of an airport building with two small propeller-driven bi-wing airplanes on the ground and two others taking off. Eight appropriately dressed VaANG members are to sit on the float and croon Irish songs. "I can sing Irish songs all day without repeating myself," Mahoney said, his blue eyes smiling.

Murphy, who will use his van to tow the float to Savannah, said the cost of insuring it probably will run about \$150.

Planners expect most of their funds to come from sales of custom-designed T-shirts and baseball jerseys. Bailey, known for his extravagant paintings on unit aircraft, has offered to print the shirts at cost, with profits going to the float construction fund. T-shirts are priced at \$5.50 and baseball jerseys --featuring a multi-colored leprechaun design --are \$9.50. For an additional \$2 fee, the owner's name can be printed on the jersey sleeve, Bailey said.

Orders may be placed during the February drill by calling Mahoney (Ext 330), Murphy (Ext 437), Bailey (Ext 341) or SSgt Ed Kelleher (Ext 413). Payment is required at time of order, and the shirts are scheduled to be ready by the March UTA, Bailey said.

## News Briefs



All members of the Virginia Air National Guard are invited to donate during the blood drive to be held at Club 149 this UTA Sunday, 13 February 1983 from 0800 to 1430.

The goal is 100 pints.

Guardsmen who have never given blood, or who donate infrequently, are urged to use their good health for the benefit of people in need.

Further information may be obtained by calling:

	Ext "A"/"C"
SMS Melvin Sirles	350 59
MSG Robert McCormick	312 27
TSG James Hague	368 59
MSG Wayne Sylvia	- 16

A mobility concept briefing will be held in Rm 205 of the hangar on 12 FEB 83 at 0815. All squadron and mobility work area representatives are to be in place NLT 0810.

It is each individual's responsibility to insure his or her address and telephone number are kept current at all times. In times of emergencies, these items are critical. To verify or update yours, simply stop by the CBPO Customer Service Center, Room 23, O&T Bldg any time. Don't forget, do it today.



**UTA**  
**12-13 FEBRUARY**  
**1983**

5 & 6 March 1983

AFT  
12 - 26 March 1983

Coronet Cove  
12 - 27 March 1983  
26 March - 10 April 1983

9 & 10 April 1983

14 & 15 May 1983

11 & 12 June 1983

9 & 10 July 1983

## '...most difficult word I ever uttered'

*Continued from First Page*

church and friends, I made it. There was a lot of reluctance and scary moments. I joined AA (Alcoholics Anonymous) and was (told) by a fellow chaplain that a clinical pastoral course was opening and I should join; it would be effective therapy for me if I would submit myself to the discipline of the course."

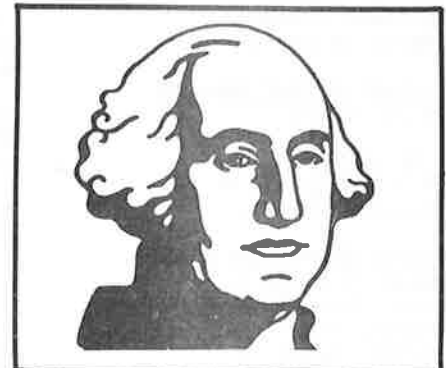
LtCol Novikoff, now brigade chaplain for the Georgia Army National Guard, is more fortunate than many alcoholics. He took the steps he needed to recover. He stepped down as minister of his church but stayed active in the church in other ways.

He is currently director of the Tideland Community Mental Health Center in Savannah, the clinic where he first went for treatment.

He is a certified addiction counselor, a member of the International Council of Alcoholism and a board

member of the American Council on Alcohol.

Colonel Novikoff is scheduled as a guest speaker during the Virginia Air National Guard's annual field training exercise next month in Savannah. Further details on his talk will be available at a later date.



# The 192TFG Senior Enlisted Advisor

By CMS JACK MAYNARD  
Senior Enlisted Advisor

The senior enlisted advisor advises the commander and his staff on matters of health, welfare and morale, and how enlisted personnel are used in their assignments within the organization.

Some of the duties of the position are listed below:

**\*\*Maintains liaison between the adjutant general, the state headquarters senior ANG officer, and the enlisted personnel force by:**

-Frequently communicating, formally and informally, with staff members and enlisted personnel.

-Insuring Air Force and ANG policies are known and understood by the enlisted force, and assessing the degree of understanding of these policies.

-Establishing and maintaining a close rapport with commanders and groups of enlisted personnel such as, first sergeants, recruiters, retention NCO's, additional duty senior enlisted advisors and first line supervisors.

**\*\*Assesses factors impacting on morale and well-being of the enlisted force; advises the adjutant general, the state headquarters senior ANG officer and the commanders of these assessments, and makes appropriate recommendations. Among the factors assessed are: use of enlisted personnel, adequacy of**

training, working conditions, adequacy of service provided, employer support, Air Force and ANG policies and programs, and availability and effectiveness of benefits and entitlements.

**\*\*Evaluates the quality of NCO leadership, management and supervisory training by stressing the importance of enlisted professional military education and reviewing the curriculums and effectiveness of in-residence and correspondence course as they relate to and benefit ANG enlisted members.**

**\*\*Monitors the quality and effectiveness of USAF and ANG programs that enhance the morale and well-being of enlisted personnel by encouraging participation and monitoring quality of ANG outstanding airman program within the state.**

**\*\*Serves as an advisor to enlisted councils, assists in the resolution of problems, and maintains liaison with associations representing enlisted personnel.**

**\*\*Maintains liaison with the ANG senior enlisted advisor on the need for personnel policy changes, effectiveness of Air Force and ANG programs, problems encountered on active Air Force installations, quality of training and PME programs and other items as required.**

The senior enlisted advisor's office is located in the State Headquarters Building and maintains an open-door policy.



REVISED WEIGHT STANDARD CHART

Height Inches	Maximum Weight	
	Men	Women
60	153	130
61	155	132
62	158	134
63	160	136
64	164	139
65	169	144
66	174	148
67	179	152
68	184	156
69	189	161
70	194	165
71	199	169
72	205	174
73	211	179
74	218	185
75	224	190
76	230	196
77	236	201
78	242	206
79	248	211
80	254	216

Effective 1 JAN 83

## PROMOTIONS

Our congratulations go to the following personnel who were promoted to the grades indicated during the month of July.

### HEADQUARTERS, VaANG

BG Mattox, Alvah S. Jr.  
CMS Maynard, Jack A. Sr.

### 192D CAMRON

MAJ Yeary, Harold T.  
SMS Murphy, William E.  
SMS Shiflett, Joseph O.  
SRA Namiot, Robert J.

### 192D COMBAT SUPPORT SQUADRON

AIC Mills, Andrea

### 192D TAC CLINIC

MSG Hill, George A. Sr.  
SSG Tressler, Ellen L.

### 192D CIVIL ENGINEERING FLIGHT

CMS Adams, Clarence D.  
TSG Bower, Frank M.  
TSG Gipson, David L.  
TSG Siford, Walter E.  
TSG Yound, Daniel L.

### 192D RESOURCE MANAGEMENT SQUADRON

SMS Guidt, Claude P. Jr.

### 192D COMMUNICATIONS FLIGHT

MSG Bracey, Johnel

## ENLISTMENTS

The following individuals were enlisted into the Virginia Air National Guard.

### 192D COMBAT SUPPORT SQUADRON

SGT Coleman, Barry S.  
SGT Parker, Raymond A. Jr.

### 192D GROUP

AB Young, Joseph L.

\*\*\*\*\*MEETING AT 1430 SATURDAY IN THE  
DINING HALL FOR PERSONNEL INTERESTED  
IN PLAYING SOFTBALL\*\*\*\*\*



SSG Lawson Osborne (left) an Avionics specialist, receives congratulations from TSG Bobby Lamb after Sergeant Osborne won a kerosene heater in a raffle to raise money for the base's 1983 softball team. The raffle netted \$202 for the team, a spokesperson said.

## Softball team to organize Saturday

The organizational meeting for the Virginia Air National Guard's entry in the Henrico County male softball league is to be held in the dining hall Saturday, 13 FEB, at 1430.

"We know we're going to have at least one team," said TSG Donald Duke, one of the organizers. "It depends on how many people show up whether we'll have two teams. If it's 25 (people) or less it's just going to be one team. Anyone interested in playing should make the meeting a must," TSG Duke said.

To offset the cost of entering a team in the Henrico league (\$400 per team), organizers held a raffle during the December UTA. SSG Lawson Osborne won a Kerosun portable kerosene heater and the team netted \$202 through the raffle, TSG Duke said.

He said an even larger fund raiser is planned for April 1, when the team will sponsor a \$20 per couple dance at the Holiday Inn-Airport, featuring the well-known "After Five" band.

Tickets can be bought by contacting TSG Duke at Ext. 349; MAJ Basil Evans at Ext 301; or MSG Ed Smith at Ext. 345.



## Conversion leads to new exercise room

By SSG ED KELLEHER

The Virginia Air National Guard's conversion from the F-105D Thunderchief to the A-7D Corsair has had some powerful effects on guardsmen's bodies.

Thanks partly to the conversion and partly to a \$5 000 grant from the Air Force through the Air Advisor here, the Air National Guard Base has a tiny Gymnasium and sophisticated body-building equipment.

"I've gained seven pounds since I started working out," TSG Wayne Hackett said with a grin that indicated that gaining weight wasn't the reason he started body-building.

"I've lost inches in my waist built up my chest and built up my arms," said Hackett, who is a non-commissioned officer in charge of life-support equipment.

Hackett's weight increase is ironic because, he explained, "All this was done so there is a means of helping a person control his weight," he said.

Hackett, a full-time technician at the base, works out regularly in the weight room, which features a "Power-Pak" universal exercise machine. In addition he assures that all personnel are properly checked out on the machine before they begin using it.

"Everything you need you can do on this machine," Hackett said.

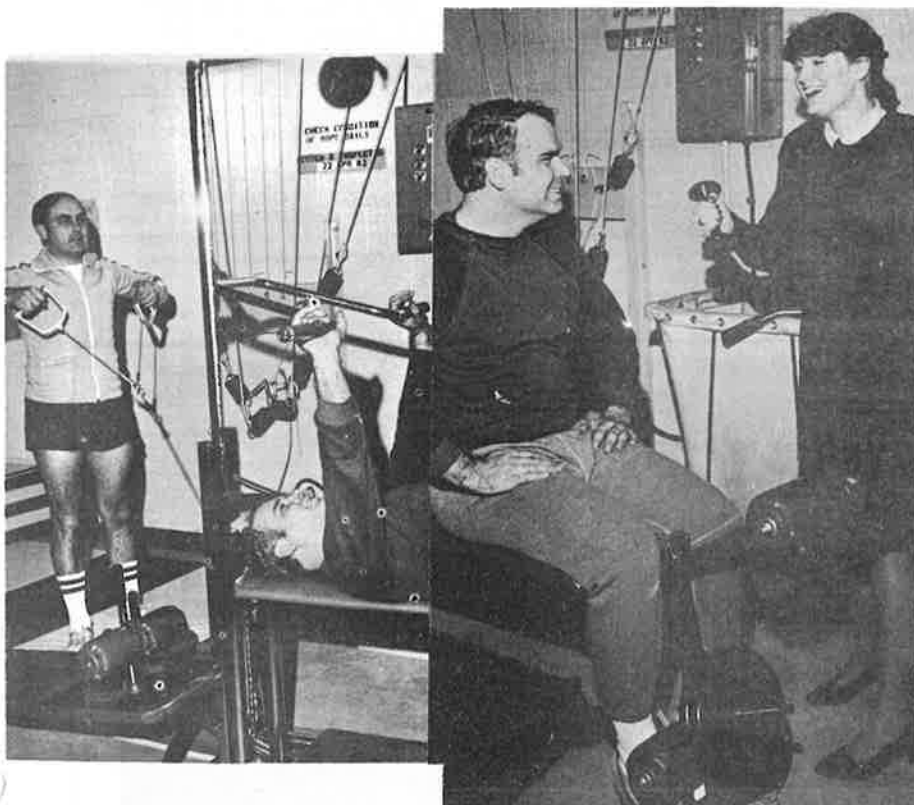
As of the January UTA, 36 people had been checked out on the Power Pak. It was bought with the bulk of \$5,000 made available by LTC Jerry Hallman, the Air Force advisor to the VaANG, Hackett said.

The weight room is open daily from 0730 to 1630, and is available other times by previous arrangement.

The room formerly was a drying tower for drag chutes from the F-105D Thunderchiefs. Their replacement aircraft the A-7D Corsair, does not use drag chutes Hackett said. This change eliminated the need for a drying tower and released that room for other uses.

Other than the universal machines, the weight room has 500 pounds of free weights three "abdomen boards" and four exercise mats.

Use of the facilities after work hours on UTA weekends should be arranged through Hackett, he said.



TSG Dennis Farmer (left, above) and TSG Wayne Hackett work out on the base weight room's new universal machine. SGT Hackett (right photo) explains use of the machine to A1C Andrea Mills.

## OPSEC Update

By LTC GEORGE DAVIS

With the exception of approximately a dozen individuals, all unit personnel have completed the annual OPSEC test. This is an excellent example of what this unit can accomplish, when everyone supports a training program. It is quite obvious that we have become more aware of our security procedures. Listed below are several OPSEC procedures, which we should keep in mind during our up-coming deployments/exercises.

\* Classified information may be disclosed only to authorized individuals. Don't assume anything. Check identity, clearance, and need-to-know before passing classified information to anyone.

\* Each Top Secret document must be accompanied by a disclosure record, which indicates every person who has had access to the document.

\* Strictly limit distribution of papers containing classified information. When in doubt, don't route. Avoid routine dissemination or reproduction of classified material.

\* Material classified "SECRET" or higher may not be reproduced without authorization from an official who has been designated to grant such approval. If reproduced, each copy is subject to the same controls as the original document.

\* TOP SECRET material may not be reproduced without the consent of the originator or higher authority.

\* Classified information shall not be discussed on the telephone. Do not be fooled by telephone callers who drop names or otherwise try to impress you with "urgent needs". Private codes or "talking around" classified information doesn't really fool anyone, and should be strictly avoided.

\* Classified material must not be read or discussed in public places. It should not be left unattended, even for a short time in automobiles, hotel rooms, private residences or public lockers. Only approved security containers are authorized for storage.

\* When working after hours, clerical and administrative support may not be available. Before you leave, insure that all classified material is properly secured. Trash might be removed, examined or photographed. Insure that you properly dispose of all classified waste.

In reviewing the above OPSEC fundamentals, did you recognize any weak areas? If so, now is the time to take positive action to correct them. If questions arose, which you were unable to resolve, contact your unit OPSEC P.O.C. or the Group OPSEC Monitor, LTC George W. Davis, Ext. 425, for assistance.

### Secure systems

Use secure voice equipment or approved cryptosystems to pass classified information. Use secure facsimile facilities.

## they're saying

**Family watchdog.** Are you thinking of putting an alarm system in your house? Here's an alternative. A family dog can become a watchdog. A dog owner can train the pet to alert the family to intruders. *Better Homes and Gardens*, November 1982

**Children and phones.** Children should be taught to use the telephone in case of an emergency. The American Telephone & Telegraph Co. recommends placing a red dot on the telephone next to the operator's number and instructing children on how to ask for help. Older children should be taught to use the 911 system. *U.S. News and World Report*, Nov. 22, 1982

**Flab vs. fitness.** Children in the United States are going to flab while adults are getting into shape as never before. Most school fitness programs are little more than supervised recess. *Newsweek*, Nov 22, 1982

**Ghost towns.** Old West ghost towns offer visitors a "chance to poke around in history." Some towns have been restored, such as Tombstone, Ariz., but others, such as Bodie, Calif., still have decaying buildings. Because many are in out-of-the-way places, visitors should take food and water and beware of snakes. *Off Duty/America*, November 1982

**Leaving home.** Being too good to your children can thwart their independence. What do you do when your grown son won't leave home? *Good Housekeeping*, November 1982

**Child abuse.** Physical abuse is one of the leading causes of death in infants 1-12 months of age. Doctors throughout the country have been alerted to suspect child abuse when infants with multiple bruises or fractures are taken to their offices for emergency treatment. *Parade*, Nov. 14, 1982  
—Pam Baschab

## Turkey Shoot '83

January's Sunday UTA was a day of competition for 25 Virginia Air National Guard pilots. The year's first "turkey shoot" was designed to test pilots' weapons-delivery skills in three events at the Dare County NC firing range, where pilots were monitored for accuracy in bombing and low-level strafing. To make the day's flying more interesting each of the pilots contributed \$2 to a prize pool which was distributed among the high scorers. When gunsmoke was cleared, 1LT Garry Drummond was declared the winner, scoring more than 300 out of a possible 400 points.



SGT Charles T. Poindexter and SSG Godfrey T. Pinn, members of Weapons Load Crew #5 lead by Wenceslaus Nahlik, ready aircraft for shoot-out.





## THE VaANG IS HISTORY OUR ROOTS



*Did you know that ...*

The 328th Fighter Squadron, a decorated WWII unit which flew P-47 Thunderbolts against Adolf Hitler's Luftwaffe, was redesignated as the 149th Fighter Squadron in May 1946, and thus the VaANG was born;

In 1948 a four-plane acrobatic flying team called "The Rebel Riders of the Sky" was formed by the 149th Fighter Squadron and they performed in air shows all along the east coast;

In November 1953 the 149th Fighter Squadron became the 149th Bombardment Squadron with B-26 bombers and didn't have the first trained bomber pilot;

The unit was activated for a 10 month period beginning in October 1961 for the Berlin Crisis, however, the unit never even left Byrd Airport;

In June 1968 the unit deployed to Greece for a two-week Joint NATO Exercise;

In 1971 the VaANG became the first Air Guard unit in the U.S. to be given the F-105D Thunderchief aircraft.

How can you find out more about the history of the VaANG? To satisfy this need and to commemorate the 35th Anniversary of the unit, a pictorial history of the unit's first 35 years has been published in a "Limited Edition". This book is destined to become a priceless "Collectors Item". It is currently the only complete source of the unit's history.

Order your book now. It was printed as a limited edition, and once those copies are gone there will be no more. This book will prove invaluable to you in the future. Afterall, before we can accurately depict where we are going, we must first have a good grasp on where we've been.



### BOOK ORDER BLANK

Make checks payable to:  
Virginia Air Guard History Book

Mail check and order blank to:  
VaANG History Book

Sandston, VA 23150



PLEASE ENTER MY ORDER FOR \_\_\_\_\_ COPIES OF THE VIRGINIA AIR GUARD HISTORY BOOK - \$25.00 each plus 4% tax, OR 2 payments of \$12.50 each plus 4% tax.

My check is enclosed for \$ \_\_\_\_\_

Charge my VISA ☐  ☐ MASTER CARD

Account Number \_\_\_\_\_

Expiration date \_\_\_\_\_

Signature (for credit cards only) \_\_\_\_\_

date \_\_\_\_\_

Check one of the below:

☐

Please mail my order to me. (Add \$3.00)

☐

I will pick up my order.

name \_\_\_\_\_ (please print)

address \_\_\_\_\_

city \_\_\_\_\_ state \_\_\_\_\_ zip \_\_\_\_\_

phone number \_\_\_\_\_



**VIRGINIA AIR NATIONAL GUARD**  
HEADQUARTERS, 192D TACTICAL FIGHTER GROUP  
BYRD INTERNATIONAL AIRPORT  
SANDSTON, VIRGINIA 23150



REPLY TO  
ATTN OF CC

27 January 1983

SUBJECT: History Book

TO: All Unit Members

1. I have spent some time looking over the Virginia Air National Guard Unit History book and am very proud of it. So many pictures remind me of experiences we have had during the time I have served with the unit. Many of the old pictures are treasures of things that have happened, and serve to remind us that the struggles and the good times are all part of the history of the Virginia Air National Guard. Tradition and a rich history are important factors in the success of any organization. They remind us of the efforts that have been put forth to bring the unit into the present day.

2. I encourage every member to give serious consideration to obtaining your own personal copy of this book. It is the only complete pictorial history of our unit available, and its value will grow with the passage of time. I can assure you that, in time, interest in this limited edition will exceed available copies.

3. The history book is available at any time by contacting MAJ Evans in Group Headquarters or SMS Norman in Personnel. A special table will be set up on upcoming drill weekends in the O&T Building for your convenience. Don't wait until it is too late, as it will not be possible to get additional copies.

A handwritten signature in cursive script, reading "Hartwell F. Coke, IV", is positioned above the typed name.

HARTWELL F. COKE, IV, Colonel, VaANG  
Commander





**VIRGINIA AIR NATIONAL GUARD**  
11E-1000/ARTERS, 192D TACTICAL FIGHTER GROUP  
BYRD INTERNATIONAL AIRPORT  
SANDSTON, VIRGINIA 23150

REPLY TO  
ATTN OF CC

7 January 1983

SUBJECT Special Virginia National Guard License Plates

TO All Members of the 192d TFG

1. Several procedures have changed for the application of National Guard License Plates and are highlighted below for your information:

a. Plates will be issued once every three years beginning April 1983. Decals will be issued during the interior two year period except for special numbers 1 thru 100.

b. Numbers 1-100 are for officers in the grade of Major thru Major General. These numbers will be assigned by the AG's office and new plates will be issued each year. There will be an additional \$10.00 fee for numbers in this series. Individuals may apply for two sets of plates in this series. Individuals desiring to apply for numbers in this series will forward registration card, VSA Form 10 (available in the Base Services Office or DMV) and check or money order for each set of plates to the Base Services/Admin Office NLT 23 Feb 83. The VSA Form 10 will be completed except the three choice blocks will be left blank.

c. Numbers 101-1500 are for officers and the senior NCO in each unit. These numbers will be assigned by the AG's office based on grade and date of rank. Individuals may apply for two sets and the numbers will run consecutively. Individuals desiring to apply for plates in this series will forward registration card and check or money order for each set of plates to the Base Services/Admin Office NLT 23 Feb 83.

d. Numbers 1501-10,000 are for enlisted members not included in paragraph 1.c. above. These numbers are assigned by the DMV upon receipt of application. Individuals desiring to apply for plates in this series must obtain an AG of Va Form 66 (This is now a controlled form) from the Base Services/Admin Office. Please bring your registration card with you as this information is needed to complete the form. The original copy of this form will be mailed by the individual to the DMV with registration card and check or money order.

2. All personnel not currently in the National Guard License Plate system and desiring to enter the system prior to the expiration of

their current non-National Guard License Plates should contact the undersigned.

FOR THE COMMANDER

*Lawrence A. Cousins*  
LAWRENCE A. COUSINS, Major, VaANG  
Project Officer