



192D TACTICAL FIGHTER GROUP

VANGUARD



VIRGINIA AIR NATIONAL GUARD

28th Year, No. 2

Byrd IAP, Sandston, Virginia

February 1984

New promotion program geared to deserving airmen

From CMS JACK MAYNARD
Senior Enlisted Advisor

Qualified, deserving airmen may be promoted to Staff Sergeant, Technical Sergeant, or Master Sergeant without regard to a position vacancy. Promotions under this authority are not to be considered as a reward for past service, are not automatic when an airman attains the minimum eligibility requirements, and should only be considered for those airmen who possess the potential, technical, and demonstrated leadership abilities necessary to perform in the next higher grade. Commanders will evaluate personnel using the whole person concept to insure only outstanding airmen receive promotions under this paragraph. All Promotions must meet the following criteria:

*The promotion must not result in the individual becoming senior in grade to his/her immediate supervisor.

*The promotee must be assigned to a position where the grade authorized is no more than one grade lower than his/her new grade (i.e., an individual being considered for promotion to MSG must be the sole occupant in at least a TSG position).

*All time in service (TIS) and time in grade (TIG) must be credit-

able years of service as defined in ANGR 39-29.

Additional requirements for promotion to specific grades are as follows:

For promotion to Technical Sergeant.

*At least 12 years TIS and 36 months TIG.

*Must hold the seven skill level of the AFSC of the position to which assigned.

*The 12 months immediately preceding promotion must be service performed in the ANG.

*Must have completed an AF/ANG Leadership School or higher level PME course (in residence or through correspondence), prior to promotion consideration.

For promotion to Master Sergeant.

*At least 20 years TIS. The member must have received certification from ARPC confirming retirement eligibility or retirement eligibility code (DIN SPU) must have been changed from "M" to "N" in the personnel data system.

*At least 96 months TIG.

*Must hold the seven skill level of the AFSC of the position to which assigned.

Continued on Page 7

Recruiter job open

The Virginia Air National Guard is currently seeking a qualified individual to fill an opening on its recruiting staff. Listed below are the requirements needed to be considered for the position of ANG Recruiter.

-Knowledge of the organization, mission and operation of the Air National Guard, and the methods and techniques of recruiting internally and publicly, including the use of newspaper, magazines, radio, television and photographic media is desirable.

-Grade: E5 and E6

-Appearance must project a favorable image of the ANG. Compliance with AFR 35-10 and ANG weight standards is mandatory.

-Must possess the ability to speak clearly and with conviction.

-Ability to type at least 25 WPM is desirable.

-Completion of a USAF/ANG/AFRES recruiting school is desirable.

Additional information concerning this position can be obtained by reviewing AGR Vacancy Number 4-9 or contacting 1Lt Barker in the CBPO. Comm: 804/222-8884, Ext. 318. Closing date for this announcement is 21 February 1984.



FEBRUARY
BLACK
HISTORY
MONTH

Gen.
Daniel
James Jr.



'June Harvest of Help' to aid needy

The news media has recently focused on the plight of the homeless and hungry in the local area. The 192d TFG, being a valued member of the Richmond community, is sensitive to these problems and, where possible, works toward their resolution.

In our ongoing efforts of community involvement, the 192d TFG has launched a campaign to collect canned food products which will be donated to the Salvation Army in June of this year. The month of June was chosen because most people remember those less fortunate during the Christmas season, yet there is an ongoing need to feed the hungry all year.

Our goal is to collect at least one can per member of each unit. If this goal is obtained, we could donate approximately 38 cases of food to the Salvation Army for distribution in the Richmond area.

The campaign will run from the February UTA through the May UTA. Each unit orderly room will act as a collection point. Canned goods most helpful are vegetables, fruits, meats, and juices. Please, no home-canned items.

This is a contest of sorts where there are no losers, only winners - you the member, the 192d TFG, and our community.

Are you qualified for worldwide duty?

Individuals within the Air National Guard participating for "pay and points" are required by regulation to be fully qualified for worldwide duty. AFR 160-43 states that individuals, "who fail to comply with requirements for a medical examination or evaluation are not considered medically qualified for worldwide duty or retention in the ANG."

Individuals requiring such examinations/evaluations will be scheduled by the Squadron Physical Examination Monitor prior to the expiration date of previous examinations. Scheduling normally begins 90 days prior to the expiration date of the previous exam, with the exception of GYN exams, which the individual must personally schedule with the Clinic here or with a private physician. In any case the result must be at the Clinic prior to the expiration date.

Upon the expiration date of the examination/evaluation, Clinic personnel will submit an AF Form 422 to the servicing CBPO, etc., indicating not qualified for worldwide duty. When this is accomplished the member will not be allowed to participate for "pay or points", until the examination is satisfied.

In summary, individuals not complying with scheduled/required medical examinations/evaluations, will no longer be considered qualified for worldwide duty.



The VaANG Softball Team will sponsor its' second annual St. Valentine's Dance at the Club 149 on February 18, 1984. Admission is a \$15.00 donation per couple. Tickets are available from Maj Evans, Herbert Childress, Ed Smith, Donald Duke, or Bobby Weis. Tickets will be available at the door. Set-ups will be provided. Music will be provided by the Early Times Band. Everyone is welcome.

Guard license plates

In accordance with the current regulation, Guard License Plates are only issued every three years. Decals are issued for the years in between, however, the procedures for obtaining the decal are the same as for the plates. You still need the AG of Va Form 66. This may be obtained from Base Administrative Services by presenting your current registration form. Officers -Submit new registration card with check made payable to Division of Motor Vehicles to Base Admin and decals will be mailed to you. Any questions relating to license, please contact Maj Cousins/SSgt Dyer at Ext 302/368, Mon-Fri or Ext 304 on UTA weekends.

Course completion time limits

It appears some training and education officers, as well as students, are confused about course completion time limits. They are:

COURSE	MANDATORY	VOLUNTARY
Career Development Courses (CDCs)	12 months (No penalty for cancellation for failure to complete course in allotted time)	12 months (18 month enrollment restriction for failure to complete course in allotted time)
Specialized Courses	12 months (No penalty for cancellation for failure to complete course in allotted time)	12 months (18 month enrollment restriction for failure to complete course in allotted time)
Professional Military Education (PME) Courses		
*Air Command and Staff College		2 years (No penalty for cancellation for failure to complete course in allotted time)
*Squadron Officer School		2 years (No penalty for cancellation for failure to complete course in allotted time)
*Senior NCO Academy (Courses 8A, 8B, and 8C)		18 months (No penalty for cancellation for failure to complete course in allotted time)
*Command NCO Academy (Courses 6A, 6B, and 6C)		18 months (No penalty for cancellation for failure to complete course in allotted time)

Effective January 1984, all enrollees in the ACSC program will be allowed three years to complete the program. Failure to complete the course in that time period, will result in a two-year enrollment restriction in the ACSC program.

Even One Drink Means ...



OPSEC Update

By LTC GEORGE W. DAVIS

This month, all OPSEC Representatives/POCs are requested to review the unit Essential Elements of Friendly Information (EEFI), as required by AFR 55-30 and 192 TFG 55-2. This review is an annual requirement and all personnel should be familiar with the unit EEFIs. Therefore, a quick review of what EEFIs are, and the guidelines for preparing a tailored EEFI listing are appropriate at this time.

First, what are EEFIs? Essentially, EEFIs are bits of information about one's own military forces. These bits of information require protection. If made available to an enemy, EEFIs, could endanger the security of our unit and the operations in which they are involved; an enemy commander bases many decisions on information regarding our forces and environment. EEFIs cover a broad spectrum of military information, ranging from UNCLASSIFIED to TOP SECRET and from general to specific. Second, why do we need EEFIs? We need EEFIs because our unsecured (not encrypted) communications are vulnerable and because we can ill afford to provide hostile nations with a running commentary on our military intentions and capabilities. We often fail to realize that an adversary does not have to place a physical tap on a telephone wire to hear what we say. Virtually all interbase or long distance telephone conversations are transmitted by radio and can be intercepted by radio receivers.

Finally, how can EEFIs be used most effectively? EEFI lists are most effective when tailored for use by individual duty sections -since duty sections generate the greatest source of intelligence losses.

Guidelines recommended for preparing a tailored EEFI listing are as follows:

**1. Review the command EEFIs. (Your OPSEC representative has a list, TACP 50-21, Atch 1). He also has a current list of 192 TFG EEFIs. Apply to each command EEFI the question: "What specific information does my duty section handle which is part of this general command EEFI?" When the answer is "none", that EEFI does not apply. Descriptions of individual types of information or topics which are part of a command EEFI should be compiled in the squadron/flight EEFI listing.

**2. Review EEFIs provided in plans and operations orders supported by the duty section. As before, add relevant topics to the duty section's EEFI list.

**3. Review classification guides which are relevant to the duty section's activities. Again, add applicable topics to the duty section's listing.

**4. After consolidating the above topics, you should have a meaningful and comprehensive EEFI listing for your duty section. Before giving your EEFI list to your OPSEC representative, discuss the contents of the list with other personnel in your section.

OPSEC representatives will present the list of revised EEFIs to the various squadron/flight commanders for their consideration. These revised EEFI listings will be presented to the Group Commander for his approval. Once these revised EEFIs are approved by the Group Commander, they become the current EEFIs for the Virginia Air National Guard. Any questions relating to the EEFI revision may be directed to your OPSEC representative/POC.

George Washington
born Feb. 22, 1732

Fire safety checklist

A fire escape plan is like a life insurance policy - you should have one, but do everything possible to avoid needing it. Follow these tips to prevent fires in your home.

Keep your home, both inside and out, free of all loose combustibles, such as rags, papers and dried leaves.

Store all flammable liquids -paint, varnish, gasoline and kerosene -in their original containers or in UL or FM -approved containers.

Keep all cooking appliances free of grease and food buildup.

Never start a fire in a stove or fireplace with gasoline, kerosene or any other flammable liquid.

Keep curtains, drapes and furniture away from any heat source, such as a stove or space heater.

Make sure all your electrical appliances are labeled by Underwriters Laboratories, the Canadian Standards Association, or another reputable testing agency.

Don't overload electrical circuits by using multiple attachment plugs. Have all chimney and flue connections checked by a qualified service person at least once a year.

Keep all matches out of children's reach.

Keep plenty of ashtrays in the house when smokers are around.

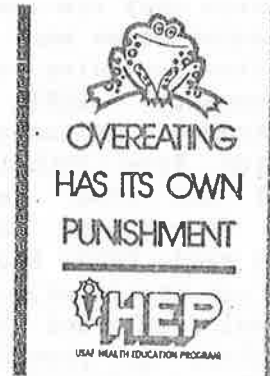
Never smoke in bed, and don't light up if you are drowsy -careless use of cigarettes is a leading cause of home fires.

MSgt Bobby Flournoy, our Base Photographer, will be out of work for several weeks recuperating from an operation. Therefore, the Vanguard will not have any photographs this month. The Group Commander and staff of the Vanguard wishes Sgt Flournoy a good and speedy recovery.
Hang in there Bobby!

Passenger traffic

(From TRANSLOG Magazine)

USAir has agreed to allow dependents of active duty military personnel traveling with their sponsors who are on leave, pass, or within 7 days of discharge, to purchase tickets for the same 50 percent discount USAir offers military members. The program applies over all domestic USAir routes. Travel must be on a round-trip basis, and discount is off the normal round-trip coach fare. Members must provide proof of dependency for family members at the time tickets are purchased and at boarding. Additional information is available from local SATOs, travel agents or the nearest USAir ticket office or airport counter.



SATURDAY LUNCH

- Roast Pork
- Mashed Potatoes w/Gravy
- Apple Sauce Buttered Corn
- Bread and Butter
- Salad Bar with Assorted Dressings
- Coffee Iced Tea Milk
- Peach Halves

SUNDAY LUNCH

- Swiss Steak w/Gravy
- Steamed Rice Broccoli
- Bread and Butter
- Salad Bar with Assorted Dressings
- Milk Coffee Fruit Drink
- Strawberry Jello w/Topping

Black leaders visit base

By MAJ ANDREW WILLIS

At the December Human Relations Council meeting a recommendation was made and accepted to have black leaders visit our base during the February UTA. February is National Black History Month. During this month, all over the nation, many activities are held to give tribute to individual blacks, and to voice concerns about blacks and equal opportunity and treatment. Also, some activities focus on the advances and progress of blacks in American history.

Here in Virginia, we will have an activity that is focused on making local black business and civic leaders aware of what this unit does and how it benefits our community. Black leaders have been invited to come to the base on 11 February 1984 to tour and to meet some of our members.

They will arrive at 0900 and depart at 1200. Our commander, Col Hartwell Coke, will welcome them to the base and our recruiters, SMSgt Charlie Udriet and TSgt Clarence Harrell, will be the tour hosts.

Deserving airmen

Continued from First Page

*The 24 months immediately preceding promotion must be service performed in the ANG.

*Must have completed an AF/ANG NCO Academy Course or higher level PME (in residence or through correspondence), prior to promotion consideration.

All requirements of ANGR 39-29 not discussed here must also be met before promotions can be accomplished. Table 1, ANGR 39-29, contains other eligibility requirements for promotion. The bottom line is that you must have the proper AFSC and be the sole occupant of your UMD position.

New per diem method should ease travel

A flat rate TDY per diem test will begin 1 Feb 1984. Under this new system, TDY travel vouchers will be paid according to locality rate instead of actual expenses. Travelers will no longer be required to submit lodging and meal receipts or statement of actual expenses. Statements of non-availability for quarters and meals will still be required. For more information contact the Base Accounting and Finance Office.

CPR training

There will be a meeting of all CPR instructors, 4 February at 1330 in the CPR office located in the Maintenance Hangar. If this is a problem, please contact Denise Jones at Ext 434.

The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia. The opinions expressed herein do not necessarily represent those of the Adjutant General of Virginia or the Virginia Air National Guard.

COMMANDER:

Col Hartwell F. Coke, IV

EDITOR:

TSgt Patti L. Stanley

ADVISOR:

Capt Lawrence M. Fuccella

CHIEF OF PUBLIC AFFAIRS:

Maj Francis J. McNally

PHOTOGRAPHER:

MSgt Robert A. Flournoy

STAFF:

TSgt Robert N. Lamb, Jr.

SRA Mary A. Pijanowski

Make certain tax form fits your situation

In 1982, some 90,000,000 Americans filed tax returns. Of those, about 15,000,000 used the new 1040EZ. It has only 11 lines and can be completed in less than 15 minutes.

The 1040EZ was designed for single people with no dependents whose income was from wages or interest. Users of this form make less than \$50,000 and don't accrue more than \$400 a year in interest income. A spokesman for the IRS says the 1040EZ is an "if you don't" form. "If you don't" have a house, "if you don't" have a wife, "if you don't" have kids.

Generally the 1040A is used by people who don't own a house but want to take ad-

vantage of deductions. The 1040A lets taxpayers take deductions for child dependent care and take advantage of the deduction for married couples when both work.

If you do have a detailed tax situation, you would probably use the Form 1040. Although anyone can use it, the advantage is that you can deduct expenses and take credits as the law allows. To realize a tax savings through itemization, you should have at least \$2,300 worth of deductions if you are single or head of the household; \$3,400 if you are married filing a joint return; and \$1,700 if you are married and filing a separate re-

turn. If you have these amounts, it is to your advantage to itemize. And the IRS says there is a lot of confusion about what head of household is. It means an unmarried person who supports someone else.

Different people have different tax situations. If you have special deductions, tax credits, investments and other specific items, you should consult someone with tax expertise.

Remember, April 15 is the deadline.



Calorie consumption

A recent report by the Southern California Medical Association pointed out that proper weight control and physical fitness cannot be attained by dieting alone. Many people who are engaged in sedentary occupations do not realize that calories can be burned by the hundreds by engaging in strenuous exercises that do not require physical exercise. The following is a list of calorie burning activities and the number of calories per hour they consume.

Beating around the bush.....	75
Jumping to conclusions.....	100
Climbing the walls.....	150
Swallowing your pride.....	50
Passing the buck.....	25
Throwing your weight around.....	50-300
(Depending upon your weight)	
Dragging your heels.....	100
Pushing your luck.....	250
Making mountains out of molehills.....	500
Hitting the nail on the head.....	50
Wading through paperwork.....	300
Bending over backwards.....	75
Jumping on the bandwagon.....	200
Balancing the books.....	23
Running around in circles.....	350
Eating crow.....	225
Tooting your own horn.....	25
Climbing the ladder of success.....	750
Pulling out the stoppers.....	75
Adding fuel to the fire.....	150
Wrapping it up at day's end.....	12

(Reprinted from the Foreign Service Medical Bulletin)