

# VANGUARD



## VIRGINIA AIR NATIONAL GUARD

28th Year, No. 6

Byrd IAP, Sandston, Virginia

JUNE 1984



Runners glance at watches in kicking off race benefiting the Special Olympics

## Inaugural 10-K Special a success

By SMS GARY BROOKS

On Saturday, 19 May 1984, the Virginia Air National Guard held the 10-K Special, a footrace to benefit the Virginia Special Olympics. The 6.2 mile course was challenged by 168 runners including 2 special olympians and 3 wheelchair participants.

While waiting for the starting siren to begin the race, runners were treated to various static displays including an A-7 engine, recruiting booth, DP ensemble, 2 A-7 aircraft, and 2 vintage aircraft. The Air Force Association booth sold 10-K t-shirts and patches. Refreshments were provided for both the runners and spectators.

Promptly at 0930, the race was started and just 33 minutes later,

Jim McKeon crossed the finish line to win the race.

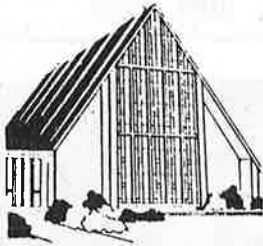
Many local dignitaries were on hand to view the race, as well as Major General John G. Castles, who presented the awards. A drawing was conducted for various prizes such as coupons for Hardees hamburgers, tickets to King's Dominion and Busch Gardens, travel bags, and the grand prize of two round-trip tickets anywhere in the U.S. serviced by Eastern Airlines.

As indicated by all runners, this race was one of the best organized and well executed in the area. All expressed their expectations for next year's race which we will make even better, and hopefully, exceed this year's donation of \$500 to the Virginia Special Olympics.



## Sunday Services

Sunday 0730 - General Protestant  
 0915 - Mormon  
 1300 - Catholic Mass



Your Chaplain is available to you and your family 24 hours a day. Do not hesitate to call him if you think he can help or assist you in any way. His telephone numbers are: "A"-387, "C"-66, or 737-0635 (Home) and 737-1527 (Church).

## Club notes

Your all ranks club, Club 149, conducted elections during May UTA. Council members are: Bill Murphy, Ed Southard, Gene Donner, Skeeter Glenn, Valeria Martin, Patti Stanley, Bob Weis, Satch Paige, G.T. Alexander, and Billy Saunders.

We invite each of you to join us by applying for membership. Applications are available from each council member and at the Club 149.

The Club is sponsoring a "Pig Roast" with live entertainment/dance on June 23 for all members and their guests. Cost is \$15.00 per couple.

We also invite you to come see our new improvements (Outdoor patio with new furniture, new expanded facilities, and a completely renovated bar). Improvements are under way, and we ask your patience until completion.

Our club is only as good as its' members.



## Fund Drive progressing well

Contributions turned in through the May UTA have put the VaANG Air Force Assistance Fund Campaign just \$26.85 short of our \$1850.00 goal. So far 580 generous Virginia Air Guardsmen have contributed an average of \$3.14 each to help the three non-tax supported charities represented by the Air Force Assistance Fund. AFAP collects annually to benefit the Air Force Enlisted Men's Widows and Dependents Home Foundation, the Air Force Village and the Air Force Aid Society.

To date, 65% of the members of our 896 member group have left our target of 75% member participation just 10% short of achieving the goal. Several units, the TAC Clinic, 149th TFS, Comm Flt and the WSSF have already demonstrated a perfect 100% member contribution rate. The upcoming June UTA is the last chance to contribute to this worthy cause. If your squadron AFAP keyworker has missed you in his/her efforts to contact each and every squadron member, and you wish to contribute, contact your squadron project officer listed below to arrange a tax deductible contribution to this worthy cause.

192d TFG	SRA Pijanowski	Ext 301
State HQ	MSG Mebane	435
149th TFS	1Lt Fannon	411
192d CSS	2Lt Zaorski	436
192d RMS	CPT Thompson	356
192d CAMS	CMS Harris	330
192d CEF	TSG Thompson	362
Clinic	CPT Trinkle	307
192d WSSF	SSG Tyler	320
192d CF	SMS Timberlake	323
Student SQ	MSG Wyatt	374

**HELP YOUR SQUADRON MAKE A 100%  
 "COMMITMENT TO CARING"**

## Found\*\*\*\*\*

A set of golf clubs were returned from Savannah with unit equipment and have not been claimed. If these clubs belong to you or you know to whom they belong, please contact Major Evans, X357 to identify and claim.

NOTE: If you played so bad you are giving up the game -just let me know and I will dispose of them!

## Menu

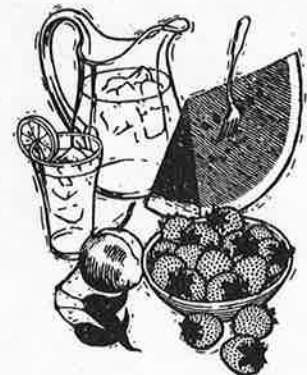
**\*\*SATURDAY LUNCH\*\***

Baked Ham - Raisin Sauce  
 Candied Sweet Potatoes  
 Buttered Corn/Peas  
 Macaroni Salad Salad Bar  
 Chef's Salad (as main course only)  
 Milk, Fruit Drink, Coffee  
 Yellow Cake w/Chocolate Icing  
 Bread and Butter

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**\*\*SUNDAY LUNCH\*\***

Swiss Steak w/Brown Gravy  
 Mashed Potatoes Buttered Mixed Veg  
 German Style Tomato Salad  
 Chef's Salad (as main course only)  
 Brown & Serve Rolls w/Butter  
 Canned Fruit  
 Milk, Coffee, Fruit Drink



The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia. The opinions expressed herein do not necessarily represent those of the Adjutant General of Virginia or the Virginia Air National Guard.

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TSgt Robert N. Lamb, Jr.

SRA Mary A. Pijanowski



SGM Doug Cooke, Army National Guard and TSgt Ed Smith, chat with Col Coke before receiving briefing and base tour.

## 10th state enlisted conference - a huge success

With 250 people in attendance, the Virginia National Guard Enlisted Association held its' 10th annual conference in Lynchburg during 27-29 April 1984. A costume party, dinner, and live band got the conference off to an exciting start Friday night, allowing everyone to renew old and make new acquaintances in a relaxed and cheerful atmosphere.

During Saturday's business session, in addition to conducting the regular business of the association, new officers were elected. They are: President -SGM Doug Cooke, 1st VP -MSG George Vaught, 2nd VP -SSG Daniel Reese, 3rd VP -TSG Edward Smith, Financial Secretary -MSG Eugene Atkinson, Secretary -SSG Everline Coker, and Treasurer -MSG Ernest Hogan. It is interesting to note that, for only the second time in the Association's 10 years, an

Air Guard member was elected to the executive council, TSgt Ed Smith.

CSM Donald Ingram, Command Sergeant Major, Army National Guard, was the keynote speaker for the business session. He gave an extremely interesting and informative briefing on the status of the Army Guard.

Everyone showed up Saturday night decked out in their impressive formal dress uniforms for the military ball. Awards and scholarships were presented including one scholarship from the Association's auxiliary, and two from the Association itself. Mr. Joseph P. Crouch, House of Representatives, spoke on defense preparedness and the importance of the Army and Air National Guard in the overall defense picture. A delicious dinner, followed with dancing, topped off the evening. Everyone said their farewells Sunday morning at a Bloody Mary Breakfast.

*Continued on Page 6*

Applications for State Tuition Assistance for the Fall Quarter or Semester must be submitted no later than July UTA. This is for courses beginning 15 August and beyond. Applications can be obtained from MSG John Rollings, Base Career Advisor, O&T Building, Room 22.

The I.G. Brown ANG PMEC Library and Education Support Division located at McGhee Tyson Airport, Knoxville, Tennessee has a continuing requirement for administrative assistance.

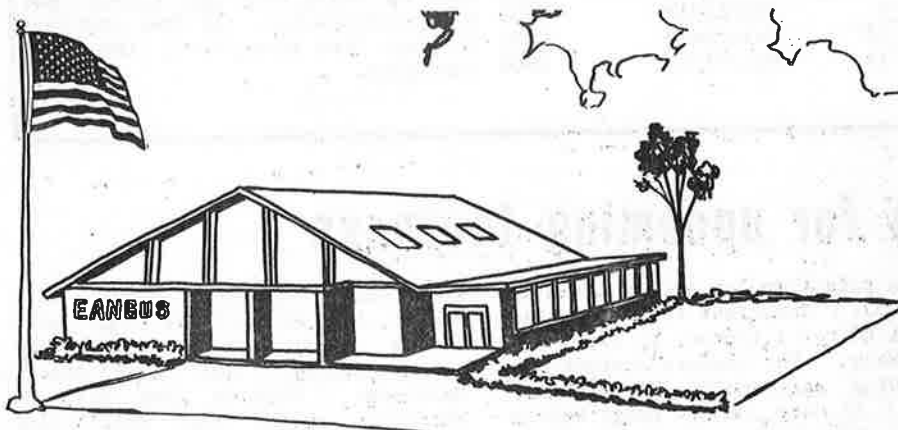
Individuals should be capable typists. Meals and quarters will be provided on base. Administrative personnel interested in pulling their annual field training, at McGhee Tyson should contact 1Lt Ralph Barker in CBPO at Ext 318.

It is mandatory for CBPO to update data on employees of commercial and air cargo airlines. If you are currently working for either a commercial or air cargo airline as a pilot, flight engineer, or an aircraft mechanic, please stop by or call CBPO and give SSG Busch or SMS Norman the necessary information at Ext 381 or 310.

Planning a trip to Europe? Or wishing you could afford it? Thanks to the Retired Officers Association Travel Service, airline tickets for the military, including Guard members, have been reduced on two major airlines.

The Service has negotiated a 60% reduction off the normal coach-class fare with Pan Am and TWA. For \$299 one way, you can fly from Washington, D.C., New York, or Boston to Frankfurt, Dusseldorf, Cologne, Stuttgart, or Hamburg. One-way fare from the East Coast to West Berlin or Munich is \$319.

The fares are available to anyone with a valid military or dependent ID card. These negotiated fares were announced in February, so it would be wise to check for any possible changes.





**SPORTS:  
THE  
STANDINGS**

**REBEL RIDERS  
(Varina League)**

DATE	TIME
June 8	0630
June 13	0800
June 20	0630
June 27	0630
July 11	0700
July 20	0630
July 27	0800

**AIR GUARD TEAM  
(Fairfield League)**

DATE	LOCATION	TIME
June 7	Glen Echo	0630
June 14	Glen Echo	0700
June 21	Glen Echo	0800
June 28	Glen Echo	0630
July 5	Fairfield	0800
July 12	Fairfield	0630
July 19	Fairfield	0800

ALL GAMES WILL BE PLAYED AT THE VARINA ELEMENTARY ANNEX.

The softball team playing in the Fairfield League has had a big start this season. The team has an 8-0 record at this point, outscoring their opponents 19-3; 7-5; 12-1; 16-1; 2-1; 4-2; 12-0; and 11-5. The end result being that they have scored an amazing 83 runs while giving up only 18. The team coach, Major Buddy Evans, said, "We are playing excellent team ball this year. Good fundamentals, a solid defense, strong base running, and putting some hits together, have made us the league leader this year."

The team is currently sponsoring a raffle to help off-set some of the cost to attend two National Guard tournaments this summer (see story in this VANGUARD), and asks for everyone's support. They feel like they have an excellent chance this year to bring home the trophy from both tournaments. If they continue to play like they have, the odds look good.

## Raffle to support team for upcoming tourneys

The VaANG Softball Team is currently conducting a raffle to help support the team in the Regional ANG Softball Tournament to be held 14, 15 & 16 June in Indiantown Gap, PA and the National ANG Tournament which will be in Houston, TX on 9-12 August.

We are raffling off 3 prizes of which the grand prize is an all ex-

penses paid trip for two to Atlantic City, NJ. Donations for the raffle are \$1.00 for 1 ticket, or \$2.00 for 3 tickets. For tickets contact the following personnel: Major Basil Evans, Lt Gary Wood, SMSgt Melvin Sirles, MSgt Herbert Childress, TSgt Donald Duke, TSgt Ed Smith, MSgt Tiny Lund, SSgt Lynn Johnson, SSgt Lennie Dean, TSgt Butch Osborne,

TSgt Chuck Sparks, Major Bill Martin, MSgt Bobby Weis, TSgt David George, TSgt Leonard Kirsh, Sgt Bryant Thorpe, and SSgt Albert Harrison. Tickets also will be available in the Mess Hall during lunch periods at the June, July and Aug UTAs.

Help the VaANG team bring home the trophies from Pennsylvania and Texas.

# OPSEC Update . . . . .

by LTC GEORGE W. DAVIS

Recently all OPSEC Representatives/POCs were requested to review the Group list of Essential Elements of Friendly Information (EEFI), as required by AFR 55-30 and 192d TFRG 55-2. This review is an annual requirement and has added significance since this unit is involved in numerous deployments and exercises. The proposed list has been submitted to the Group Commander for his approval. Once these EEFI's are approved by the Group Commander, they become the current EEFI's for the Virginia Air National Guard, and are to be considered in all activities pertaining to this unit. If incorporated into Group plans, EEFI's can be found in Annex L. Therefore, a quick review of what EEFI's are, and the guidelines for preparing a tailored EEFI listing are appropriate at this time.

First, what are EEFI's? Essentially, EEFI's are bits of information about one's own military forces. These bits of information require protection. If made available to an enemy, EEFI's could endanger the security of our unit and the operations in which they are involved; an enemy commander bases many of his decisions on information regarding our forces and environment. Keep in mind that EEFI's cover a broad spectrum of military information, ranging from UNCLASSIFIED to TOP SECRET and from general to specific.

Second, why do we need EEFI's? We need EEFI's because our unsecured (not encrypted) communications are vulnerable and because we can ill afford to provide hostile nations with a running commentary on our military intentions and capabilities. We often fail to realize that an adversary does not have to place a physical tap on a telephone wire to hear virtually all interbase or long distance telephone conversations. EEFI's are an important part of your OPSEC training and every individual is responsible for unit

security. How well you apply your training, not only enhances the capability of this unit, it also indicates that you are among the professionals in the unit.

Finally, how can EEFI's be used most effectively? EEFI lists are most effective when tailored for use by individual duty sections - since duty sections seem to be the greatest source of intelligence losses. Two things to keep in mind, know the unit EEFI's and think before you talk.

When the updated list of EEFI's is published, review and become familiar with it. You may also review the command list of EEFI's in TACP 50-21, Atch 1. Apply to each EEFI the question: "What specific information does my duty section handle which is part of this EEFI?" Each section should develop a list of EEFI's which directly apply to their activities and all personnel should be thoroughly familiar with them.

An effective OPSEC program enhances the capability of this unit. ALL PERSONNEL must be actively involved in this security function. Any questions concerning the unit EEFI's should be directed to your OPSEC Representative/POC.

## King's Dominion weekend

The Virginia National Guard is fortunate again this year to have King's Dominion sponsor a "Virginia National Guard Weekend" at their amusement park on 28 and 29 July 1984. King's Dominion is extending this special privilege this year for a two-day period to accommodate more Guard personnel and their families.

All National Guard personnel and employees of the Department of Military Affairs and their families are entitled to purchase tickets at the same reduced rate of \$8.00 per person -- a savings of \$4.95. No uniforms will be required and King's Dominion will again display a banner from the Eiffel Tower recognizing the Virginia National Guard. Everyone who attended last year enjoyed a great day and we look forward to a larger attendance this July.

Tickets can be purchased from MSG John Rollings, Base Career Advisor, in Room 23, O&T Building.



## Avoid ladder and mower injuries

Injuries from lawnmowers send about 70,000 people a year to hospital emergency rooms. Another 90,000 are treated annually for injuries involving ladders.

To avoid trouble, an insurance industry newsletter suggests:

\*Keep your hands and other body parts away from moving lawnmower blades.

\*Keep children and pets a safe distance from the mower.

\*Also, keep sticks, toys, and rocks from the mower's path. They can cause serious injury if hit by the blades.

\*Don't use an electric mower on wet grass or in the rain.

As for ladders:

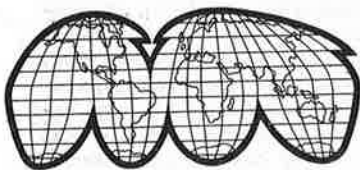
\*Be sure they are in good condition and set up as safely as possible.

\*A helper standing on the ground holding the ladder is a must for safe ascending and descending.

\*Replace loose rungs, broken spreaders, and frayed ropes on extension ladders.

\*Never try to climb a wobbly ladder - and remember, step ladders can be just as risky as extension ladders.

**DRILL CHECKS  
FOR THIS MONTH  
ARE DUE ON  
22 JUNE**





SSG Mark Fulton recently received the first Senior Enlisted Advisor Award which recognizes traits and principles of leadership that reflect credit upon the unit. Chief Maynard presented the plaque.

## Association hears Secretary Marsh; recognizes unit members

By CPT SALLY MORGER

A record number of Air and Army Guard officers attended the 24th annual convention of the Virginia National Guard Association held 30 March through 1 April in Williamsburg. Over 400 officers convened for the business session, and for the Saturday night banquet reservations had to be cut at 650.

Keynote speaker at the business session was Army Secretary John O. Marsh, Jr., a former Virginia Army Guardsman. Most of his talk consisted of a review of current global "flashpoints" or "chokepoints" that occupy the attention of American defense strategists. He said more than 20 areas of the world have been identified as being in conflict or in some state of insurgency.

Marsh also said the military's biggest problem is quick overseas deployment. "It would take about two weeks to move the Army's entire 82nd Airborne Division from Fort Bragg, NC, to the Persian Gulf area, for example, and that would tie up all existing airlift resources available", he said.

Also at the business session, members elected their new Association officers. They are: Col David Bishop, President; Capt Charles Faulconer, President-Elect; LtCol Lloyd Scott, Vice President; and 1st Lt Gary Wood, Treasurer.

During the Saturday night banquet, Virginia's Employer Support Awards Program was kicked off. Bassett Furniture Industries, Inc. of Martinsville received the "Pro Patria Award" from the Department of Defense and its National Employer Support Committee of the Guard and Reserve; the "Pro Patria" is the highest award that can be given an employer. State Chairman's Awards went to the city of Virginia Beach, Leggett's Department Store in Roanoke, and two individuals for their efforts in supporting Guard and Reserve members who work for them.

Two Air Guard members and the Air Force Advisor were also recognized during the banquet. Receiving the Virginia National Guard Association Meritorious Service Citation, were: MSgt Robert Flournoy for his more than 20 years as official photographer for the Association's conferences, Capt Sally Morger for her work on the 1983 Association yearbook, and LtCol Jerry Hallman for giving freely of his time and at his own expense, presenting the National Guard to numerous civic organizations.

A final "ceremony" at the Saturday's dance increased the membership of the 192d TFG by one. The Army's 28th Aviation Battalion introduced Col Coke to "Sluff", a feathered friend with an aversion to flying.

## Enlisted Association

Continued from Page 3

### PRESIDENT'S TOUR

Our new president, SGM Doug Cooke, established goals of overall increased membership, financial stability, and a unified effort of Army and Air Guard to provide growth to the Association.

In an effort to "educate" our new Association president, we invited him to tour our base. Accompanied by SSG Everline Coker, Doug was treated to lunch by TSgts Smith and Stanley, and then taken to the Pilot's Briefing room where Colonel Coke gave a slide and film presentation of the Air Guard and the A-7. Chief Maynard, our Senior Enlisted Advisor, joined the group, and a thorough base tour was given to Sgt Cooke by Col Coke. Doug went away "slightly" overwhelmed and enthusiastic about the Air Guard.

### AIR GUARD GOES TO WORK

Sgt Cooke has since asked Ed Smith to accompany him to a special dinner with members of the Virginia National Guard Officer's Association to discuss the joint insurance program, and to be present at SMR in June for the Army NCO Academy Graduation ceremonies. He also asked Patti Stanley to be the area representative for the Air Guard, and to chair the publicity committee for the Association. Doug wants more Air Guard participation in the Association, and feels that he can begin to accomplish this goal by getting some of us directly involved in the workings of it. TSgts Smith and Stanley will attend an executive council meeting on 30 June in Charlottesville.

### MEMBERSHIP

The Enlisted Association is your avenue for lobbying for increased benefits and national security. Representation for lobbying power is based on membership. Patti Stanley hopes to increase Air Guard membership to equal the state goal of 60%. She has information for you regarding membership and benefits, and can be reached at extension 301. The 192d WSSF already has a commendable 100% of their people signed up...so, come on all you other units - get on the stick, get off your duffs, get on the ball, and join today!

## Officer applications being accepted

The CBPO is currently accepting applications from individuals who are interested in obtaining a commission in the unit. The 192d TFG Commander's policy for filling vacant non-rated/non-professional positions within the unit, is that a pool of applicants be established at the beginning of each fiscal year (1 October). The pool will consist of 6 individuals. These 6 individuals will be selected from all of the applications received and who meet the necessary qualification requirements. Individuals who are placed in the pool are reminded that should they not be selected for a vacant position during the year, they must reapply the following year. They are not automatically retained in the pool at the beginning of the new fiscal year. Some of the basic requirements for a commission are as follows:

1. **AGE:** An applicant must be less than 35 years old at the time of commissioning as an ANGUS officer. No waiver will be considered.

2. **EDUCATION:** A bachelors degree is desired. Waivers of education will be considered. Requirements for a waiver will be explained to you in detail by a CBPO representative.

3. **TEST REQUIREMENTS:** All applicants must take the Air Force Officer Qualifying Test. If you have previously tested, your test scores cannot be more than 2 years old. If so, you must retest. Please contact CBPO immediately to schedule a time. Required qualifying score requirements will be explained by a CBPO representative.

Those individuals interested in becoming officers in the VaANG, must contact either SMS Norman or TSG Brown in the CBPO, Ext 309/310. Deadline for submission of applications is 1 July 1984. Applications received after that date will not be considered.

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## Father's Day June 19

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The Virginia Air National Guard Retirees Association will conduct its monthly meeting at 1930, 21 June 1984 at Club 149. Be there!

## Firing in chemical warfare gear

On 31 March 1984 TSgt Karl E. Mercer and SSgt Perry W. Hornbarger of the 192d CSS Combat Arms Training Section conducted a test of marksmanship proficiency in a simulated chemical environment. The test was conducted on the 100 yard rifle range at the Permanent Field Training Site in Savannah, Georgia. Weather conditions were clear and dry with a temperature of approximately 75°. Both individuals wore full ground crew chemical protective ensemble over their fatigues as well as combat web gear. Tests were conducted with both the M-16 rifle and .38 cal revolver using issued ammunition and pouches. The following results were noted during this test.

Both instructors attained reasonable scores, but these scores were 50 to 100 points below their average. Both instructors are above average marksmen. The foremost problem found was difficulty in obtaining an acceptable sight picture. Sighting the weapon with the mask and hood on requires the shooter to lean his head back and look over the stock. The filter of the M-17 gas mask prevents the "tight cheek" hold which is best for good marksmanship. This causes the shooter to look through the corner of the eye lens to attain his sight picture, and in so doing, can lose the sight picture easily. The sight picture was lost on each recoil of the weapon due to the unseemly head position. This caused a delayed time in returning to target alignment. This would greatly reduce the sustained rate of fire.

Normal operation of the rifle was not significantly impaired by the protective suit. Loading and unloading of the weapon could be done with relative ease. Loading of the magazine was not difficult when using the feeder spoon and stripper clips, however, the loading of individual cartridges into the magazine was not easy because of the rubber gloves. Removing the magazines from the ammunition pouch was difficult due to the narrow form of the pouch. Holding the rifle and trigger control was not drastically impaired.

It was found to be almost impossible to break down the rifle while wearing the gloves. To accomplish this task a knife or similiar tool was required and took more time than normal. Although it would not normally be anticipated for an individual to field strip a weapon while

in a chemical environment it could become necessary in order to correct a malfunction.

Discomfort due to the heat was felt but was not serious in nature.

When the .38 caliber pistol was fired it was found that a correct sight picture could be obtained. The pistol could be drawn from the issued holster without difficulty. Double action operation of the pistol was only impaired by the slight difficulty of inserting the index finger into the trigger guard with protective gloves on. Loading the pistol with the gloves on was extremely difficult as well as extracting the rounds from the ammunition pouch. Reloading problems could be eliminated by the use of speed loaders.

This test of marksmanship proficiency should, by no means, be considered a final authority, however, it is an indication that some problems do exist in the area. Instructors of the unit's Combat Arms Section will be more than willing to assist in any further testing or clarification as required.

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## CCAF degree earned by unit member

During the month of April, 2,335 new Community College of the Air Force (CCAF) degrees were conferred, bringing the total number of CCAF graduates to nearly 30,000. Included in the April class are 83 members of the Air National Guard representing 37 states and the District of Columbia. Our graduate from the State of Virginia is SSG Charles R. Zaorski of 192 CSS (Since commissioned a 2nd lieutenant).

We are always especially pleased whenever a member of the 192d TFG earns a degree. We know it took tremendous dedication and hard work. However, it is an investment that will unquestionably result in significant returns for both the individual and our nation.

This was a significant educational accomplishment on the part of Lieutenant Zaorski and it could be yours. Contact your Community College of the Air Force representative for further information and guidance.



**VIRGINIA AIR NATIONAL GUARD**  
**HEADQUARTERS, 192D TACTICAL FIGHTER GROUP**  
**BYRD INTERNATIONAL AIRPORT**  
**SANDSTON, VIRGINIA 23150**

REPLY TO  
ATTN OF: CC

1 June 1984


SUBJECT: Letter of Appreciation

TO: Individuals Concerned

1. On behalf of the Virginia Air National Guard, Virginia Special Olympics, and the other sponsors of the 10-K Special, I wish to express my sincere appreciation to each person who dedicated their time and effort to make our benefit race an overwhelming success. As you can imagine, a project of this size is an enormous undertaking which requires a cooperative effort and a willingness to give of oneself.

2. As in the past, when the need has arisen, members of the Virginia Air National Guard have set aside their personal commitments in order to benefit the unit. Such esprit de corps, I have not seen exhibited by any other unit.

3. I am exceedingly proud of each of you, and hope that you will accept my personal thanks for a job well done.

  
HARTWELL F. COKE, IV, Colonel, VaANG  
Commander