



192D TACTICAL FIGHTER GROUP

VANGUARD

VIRGINIA AIR NATIONAL GUARD



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Brown receives 192d Safety Award

By MSG Gene Meek
Safety Specialist

MSG Thomas E. Brown, 192 Civil Engineering Squadron has been selected to receive the 192d TFG's Safety Award for the period 1 July 1985 through 31 December 1985. In addition to his duties as Training Technician with his squadron, MSG Brown has also performed the additional duty as Safety NCO. These duties include promoting safety awareness in daily operations, presenting safety training to military and civilian personnel assigned, and ensuring Environmental Health Standards. MSG Brown's leadership and efforts in these safety areas were instrumental in his squadron recording another accident free year, no on the job injuries or lost time accidents.

On his own initiative, MSG Brown developed a vehicle safety familiarization program for CE squadron personnel so that they could learn to safely operate vehicles and equipment they do not normally use, such as forklifts, tractor trailers, M-series dump trucks and jeeps. He obtained equipment and training films for this project and ensured that this training was documented in Prime Beef Training Records.

The accident free work environment promoted by MSG Brown is a significant contribution to the Presidential Goal to reduce injuries and claims three per cent per year for the remaining four years of a five year goal. The Air Force Inspector General has designated this safety management as a Special Interest Item during inspections - SII-064. He will receive a plaque and an especially embroidered windbreaker jacket as recognition for this award.
Congratulations MSG Brown!



Gen. Daniel "Chappie" James Jr.
Former commander of the
North American Air Defense
Command/Air Defense Command

Black History Month - 1986 is observed nationally throughout the month of February. This year's theme is "Afro-American Experience: The International Connection - Air Force Global Achievements." Observances are expected to center on non-American blacks who have made significant contributions to American Society; black Americans who have made contributions to the international scene; and contributions of black servicemembers serving around the world.

The roots of Black History Month go back to 1926. Dr. Carter Woodson, a black historian conceived Negro History Week, now known as Black History Week. This event

highlights the contributions of black people to America's development and, in the early 1970s, the event was recognized by the military. Programs since have been conducted on military installations to help the military population now and understand the role of blacks in United States culture and nationbuilding.

Black History Week normally is observed in February as close as possible to the birthdays of Abraham Lincoln and Frederick Douglass--Feb. 12 and 14. Black History Month, however, spans the month of February. Everyone is encouraged to participate in this proud celebration of black achievement.

Enlisted Advisor's Report

By CMS Dave Lutz

Senior Enlisted Advisor

Recently I read an interview with Chief Master Sergeant of the Air Force Sam Parrish in which three of his statements really stood out:-

1. On the Air Guard:-"Without the Air National Guard, I'll guarantee you, the Air Force could not accomplish its active duty missions today."

2. On Professional Military Education (PME):- "Get it as quickly as you can and as much as you can."

3. On retirement:-"People don't enlist with retirement in mind and we don't reenlist the first time due to retirement, but somewhere in there retirement becomes one of the motivating factors....."

If you combine these three statements, you find a basis for your whole military career:-

1. The mission is important and you're needed to make it work.

2. The training is available on which you can build your career.

3. Retirement is the award from which you can look back with satisfaction at having contributed to a most worthy cause.

Several 35-10 Changes recently should be noted:

The Air Force Uniform Board, recently approved wear of the light

blue long-sleeve or short-sleeve shirt with tie for men who choose to wear the uniform while traveling by commercial means. Additionally, women may wear the light blue long-sleeve or short-sleeve blouse with the tab. Pregnant women may now wear the old blue cardigan sweater or the nurse's white sweater with maternity uniform combinations. Gloves may now be worn out-of-doors with the pullover sweater. The flight cap may be tucked under the belt on the left side between the first and second belt loops with the opening of the cap facing the rear. The hat must not protrude above the top of the belt. When not being worn the fatigue hat may be carried by tucking the bill of the hat into the back of the trousers. The shirt must be tucked into the pants.

I enter 1986 with mixed feelings since it is my retirement year. Although it has been in my thoughts for some time, it's hard to believe that it has arrived. As I think about vacating the Senior Enlisted Advisor position, some of you E-9s and E-8s should be considering this position as part of your career goals. I'll be glad, at any time, to sit down with you and review the prerequisites and requirements for, the position.

News Briefs

NOW IS THE TIME TO RENEW YOUR MEMBERSHIP IN THE ENLISTED ASSOCIATION. THIS ORGANIZATION WORKS VERY HARD TO KEEP THE BENEFITS WE CURRENTLY HAVE AS ENLISTED MEMBERS OF THE GUARD, AND IS ALWAYS PUSHING LEGISLATION THAT WILL FURTHER BENEFIT US. THE ASSOCIATION'S STRENGTH IS IN IT'S MEMBERSHIP. MEMBERSHIP DUES ARE \$5.00 AND APPLICATIONS MAY BE RECEIVED FROM PATTI STANLEY, X330.

JOIN NOW AND SUPPORT THIS WORTHWHILE ORGANIZATION.

VaANG JACKETS ON SALE NOW CONTACT SMSGT MAXWELL, X338, FOR DETAILS.

American Heart Month

February



Wastebusters

REPORT FRAUD, WASTE & ABUSE



...about curbing fraud, waste and abuse: The Department of Defense is getting excellent results in its effort to check fraud, waste and abuse and to save money and improvement.

During a recent report to Congress, DOD internal audit and review organizations cited 8,491 recommendations with potential savings of more than \$1 billion.

On the contract audit side, the Defense Audit Agency and the Army Corps of Engineers questioned nearly \$15 million in pre-and post-award costs. Criminal investigations during this period resulted in fines, penalties, restitutions and recoveries amounting to more than \$37 million. DOD criminal investigators closed 7,639 cases, which resulted in 468 convictions and indictments as well as 236

contractor suspensions and disbarments.

The Defense Hotline program continues to be an important avenue for reporting fraud, waste and abuse. During the most recent reporting period, 3,941 calls and letters were received. The military services hotlines recorded an additional 4,111 calls and letters. Significant hotline cases dealt with unauthorized services, waste of funds, excessive pricing, false reporting, criminal misconduct, abuse of overtime and overpriced spare parts.

The Defense Hotline numbers are (800) 424-9098 (toll free) or AUTOVON 223-5080. To call the Air Force Hotline, dial (800) 538-8429 (toll free) or AUTOVON 227-1061. The base hotline is extension 357.

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The Soviet chemical weapons threat

During World War - I, Russia suffered almost half a million chemical warfare casualties - including more than 50,000 deaths. Today, the Soviets possess the largest chemical weapons arsenal in the world.

The story of the Soviet Union's efforts to acquire and stockpile ever more dangerous numbers and types of chemical weapons is outlined in a newly released Defense Intelligence Agency report, "Soviet Chemical Weapons Threat."

According to the report, the Soviet Union has stored chemical weapons in a least 32 Eastern European sites. This gives them the capability of spreading nerve, blister, blood and choking agents, as well as other toxins, as far away as Rome, London and Stockholm.

"They can hit us with chemical weapons from the front lines at intermediate ranges all the way back to our depots and ports," according to Thomas J. Welch, Deputy Assistant to the Secretary of Defense for chemical matters. "They have the weapons systems to do this, including artillery, multiple rocket launchers..and..missiles.

"They have the doctrine to make this work. We, on the other hand, only have some short range artillery."

The gap between U.S. and Soviet chemical weapons capabilities is significant. Soviet chemical weapons storage capacity increased 26 percent from 1975 and 1985. This is on top of a 17 percent increase in the first five years after U.S. chemical weapons production was halted in 1969,

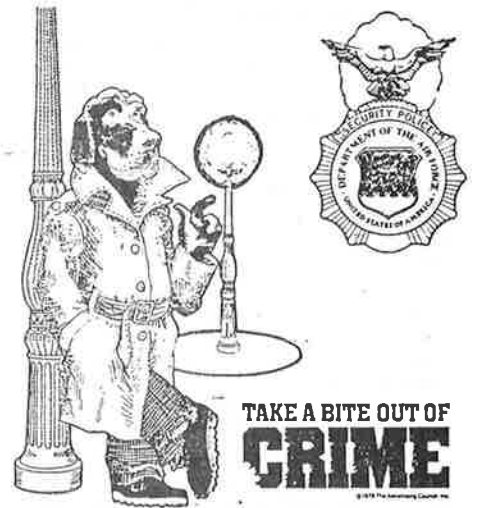
Yet, the Soviets continue to test. "The goal of the Soviet Union in this case is to produce agents which we cannot defend ourselves against," Welch said. "Agents which we cannot detect; agents which we cannot protect our troops against. "for example, the Soviets have been working on agents which will penetrate our masks, penetrate our overgarment. This is very important to us because we've always counted on some kind of defense to protect our troops. This is a clear escalation by the Soviets and we're very much concerned about it."

Chemical weapons were used during the Egyptian-Yemeni War in the 1960s and in Southeast Asia and Afghanistan beginning in the 1970s. There also have been allegations of chemical weapons use in the Ethiopian-Eritrean conflict and during the brief war between the Peoples Republic of China and North Vietnam.

Most recently, chemical weapons have been used in the Iraq-Iran war.

McGruff Says!

9-15 FEBRUARY IS Crime Prevention Week



Commissary test ends

Commissary shopping privileges similar to those allowed active duty members will not be extended to reservists, Department of Defense has concluded after an 18 month test of the idea.

With fewer than 10 percent of the eligible reservists using the commissaries during the test, officials felt they "could not go to bat and argue for increased funds."

In a report to Congress-- in late June, Deputy Secretary of Defense William H. Taft said the military was opposed to change for reservists and based the decision on an Office of Management and Budget recommendation.

OMB opposed improved shopping privileges for reservists mainly because "private sector grocers could legitimately claim that the military commissary system is now expanding its competition with them to their detriment."

"We are well aware of past criticism that commissaries offer unfair competition to private sector supermarkets," said Secretary Taft's report. It also said that defense leaders "are realistically concerned about changes in the commissary use patterns that may jeopardize this important benefit for all military members

The military extended the test program earlier this year when Congress did not make a decision. When the issue died in conference committee, DOD decided to end the test as of Oct 1.

Keep fire in its place

There's nothing like a fireplace to bring a note of coziness into a room on a chilly day. Yet each year fireplaces are involved in more than 30,000 unwanted fires.

Here are some suggestions that will help keep fire in its proper place.

Don't burn trash in your fireplace. Paper can produce flying embers that can settle on your roof.

Never burn home-rolled newspaper logs soaked in flammable liquids.

Keep rugs, pillows, newspapers and other materials away from the fireplace area, out of range of sparks. Use a spark screen.

Make sure that the fire is completely out before going to bed or leaving the house.

Cold weather killer

Burning gas, oil, wood and coal keeps us warm in the winter. Unfortunately, these fuels also produce carbon monoxide (CO)- an odorless, colorless gas.

CO is a special hazard because human hemoglobin, the protein that carries oxygen from lungs to body tissues, combines with CO much more readily than with oxygen. So it takes only a small amount of CO in the air to threaten your safety.

Ways you can avoid the possibility of CO poisoning are: Making sure that heaters and furnaces are properly adjusted.

Preventing combustion gases from entering your home. Providing good ventilation. Common causes of CO poisoning are malfunctioning furnace vents or chimneys, which can become clogged. They should be checked periodically, particularly at summer's end, when animals and birds may have used them to construct nests.

Are you putting me on?



VaANG Retired Association

By C.W. Hutchison

Secretary, VRA

Approximately one year ago the Virginia Air National Guard Retired Association was formed. As of this date the association has a membership of 40. The purpose of forming the association was to develop, compile, and publish the interchange of information concerning the well-being and social pursuits of our retired members. We also strive to advise, foster, and promote in general, the mission, goals and aspirations of the Virginia Air National Guard.

There are three classes of membership in the association:

Active Membership, is open to those who have served a tour with this unit and have qualified for military retirement.

Associate Membership, is one who for unseen reasons, i.e., medical, loss of position, family crisis, etc., were by circumstances forced to leave the Guard before retirement time may be awarded. Associate membership by the Executive Board and a quorum vote.

Honorary membership, shall be conferred upon those individuals who by their interest, example and/or actions have rendered great service to the Virginia Air National Guard or the Retired Association.

Dues for membership in the association are \$12.00 per year, payable in full, or in quarters, pro-rated at time of membership.

Monthly membership meetings

are held at the Club 149, VaANG complex on the third Wednesday of each month at 19:30 hours. Various matters pertaining to retirement benefits, both Civil Service and Military as well as other valuable information are discussed and passed on to members. If you have already retired or plan to retire within the next couple of years we feel that our association can be very beneficial to you and your family. We do not have a complete listing of all personnel retired from the VaANG, if you are acquainted with someone that has previously retired please advise them of our association and ask them to contact one of the 1986 association officers listed below.
President Jack A. Maynard, CMS
Vice-Pres Joe B. Germain, SMS
Secretary Carper W. Hutchison, SMS
Treasurer Lee Keran, MSG
Sgt-Arms Forest L. Tibbs, SMS

As stated the Association strives to promote and assist the Virginia Air National Guard. In doing this members of the association assisted the unit with the 10-K Special for the benefit of the Virginia Special Olympics. Several members are helping to construct the Float that will be entered in the St. Patrick's Day Parade in Savannah, Ga. this summer. In the future if you have been appointed as project officer or NCO for a particular function or project and require assistance, do not hesitate to contact one of the above or any member of our association.

Safety on the run

The American Running and Fitness Association offers these tips for women for safety on the run:

Run with a friend or dog. Run during daylight hours and avoid alleys or isolated or unpopulated areas.

Avoid doorways, trails or sections of trails surrounded by heavy brush.

Vary your schedule so no one can count on seeing you in a certain place at a certain time.

Let someone know where you're going and how long you'll be gone. Have them alert the police if you don't return as planned.

Wear identification and carry a police whistle around your neck.

Run defensively and be alert. Listen for sounds of people sneaking up behind or beside you.

Leave entertainment devices, including headsets and radios at home. They block out noises you need to hear.

Don't wear jewelry that might attract muggers.

Avoid antagonizing motorists. Ignore verbal harassment.

Take a course in self defense.

Children suffering from flu should not take aspirin

Although this year's flu season is expected to be mild, flu can be a serious and sometimes deadly disease. In general, the recommended treatment is bed rest, plenty of fluids and mild pain reliever. But aspirin should not be given to children or teen-agers when they have flu-like symptoms. This is the word from a physician at the Uniformed Service University of Health Sciences, Navy Lt. Cmdr. (Dr.) Joel Rosenstock. A possible association exists between aspirin and Reye's Syndrome. Reye's Syndrome is a potentially fatal illness that leads to sudden destruction of the brain and liver. It can affect people up to age 20 but occurs mainly in children under 12. The symptoms are dizziness and vomiting. If your child has a long episode of vomiting after catching flu, get him or her to a doctor.

Your physician can tell you which drugs are safe to give your child in place of aspirin.

Abraham Lincoln

