

VANGUARD

VIRGINIA AIR NATIONAL GUARD

34TH YEAR, NO. 2

RICHMOND IAP, SANDSTON VIRGINIA

FEBRUARY 1990

CAUTION PRESCRIBED FOR PANAMA TRIP

Unit members deploying to Panama for the 192d's Jan. 20 - Feb. 17 trip to Howard AFB were briefed about political and other sensitive issues in the troubled Central American country. Unlike previous deployments to Panama, during which guardsmen had been able to sight-see during off-duty hours, this trip would find U.S. military personnel greatly restricted.

Operations and maintenance planners gained valuable insight concerning flying and training activities at the deployed site from the A-7 unit in Toledo, Ohio.

According to Senior Master Sgt., Tom Palmore, the letter stressed the criticality of realistic training scenarios in preparing any unit for such a contingency. For example, he said, "It may be difficult for some to see the value of practicing integrated combat turns at home station, until you think about their importance under actual combat conditions."

At a pre-deployment meeting during January's UTA, Lt. Col. Harold Yeary, project officer for the deployment, described living conditions in Panama, and Deputy Command for Operations Lt. Col. William Campenni urged guardsmen to be patient with what could be uncomfortable circumstances during the deployment. "We have to remember," Lt. Col. Campenni said, "that a great many military people have risked their lives in Panama, and some have even paid the ultimate price."



Major William J. Schwartz took command of the 192d Mission Support Squadron during January's UTA.

NEW JOBS - NEW FACES

Jan. 1 marked the start of new jobs for several State Headquarters and 192d Guardsmen.

Lt. Col. Conrad Slate of State Headquarters assumed chief of Support Services duties, replacing Col. Nicholas Valdrighi. Col. Valdrighi retired after 32 years of service.

The 192d Civil Engineering Squadron commander, Lt. Col. Richard N. Swift, is now at State Headquarters as the deputy chief of Support Services.

Lt. Col. John Metz also moved to State Headquarters and will work with Col. Autry N. Noblitt in the director of Resource Management office. Replacing Lt. Col. Metz as the 192d Mission Support Commander is Maj. William J. Schwartz from the 192d Weapons Systems Security Flight.

SEE FACES - P. 2

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COMMANDER'S CALL

By Lt. Col. Bill Rose
Commander, 192d TFG

By now, most of us have heard something about impending budget cuts -- both at the federal level and at the state level. Are they likely to affect the way the Virginia Air National Guard does its business? You bet!

Does anyone know exactly what the nature of that impact will be? No way.

There are a lot of things in life that each of us cannot control -- but attitude is not one of them. I would like to share with you a recent article I came across, which discusses how much attitude -- not budget -- contributes to our success:

Attitude affects success

By COL. ROBERT M. RICHARDS

During a 1984 exercise in Korea, Lt. Gen. Charles L. Donnelly, now a retired general, visited a camp area during breakfast. In the mess tent, he observed an obviously cheerful, industrious airman first class serving food.

When the general asked the cook what he did to support the exercise, the airman responded that he was the best cook in Korea and it was his job to give the troops a good breakfast so they'd be fit to go out and fight for freedom. General Donnelly promoted the man on the spot. The airman's positive attitude spread to others.

In today's military, there are three types of people: Those who make things happen, those who watch things happen, and those who ask, "What happened?" There's a saying that verifies this idea: "No matter how rocky the road, some people will forge ahead. No matter how easy going the road, some people will lag behind."

While "doers" forge ahead and "non-doers" lag behind, the third group, the "don't cares," stand still, if they even get on the road.

Like life, everything in the military is a matter of attitude.

As a military judge I have witnessed these three types as defendants. It's usually not difficult to tell from the charges or the military record if the "accused" in court-martial had an attitude problem at the time of committing the offenses.

A "doer" has a positive attitude that only causes a problem if he becomes wrapped up in himself. Most of the time, problems occur when people have negative or indifferent outlooks.

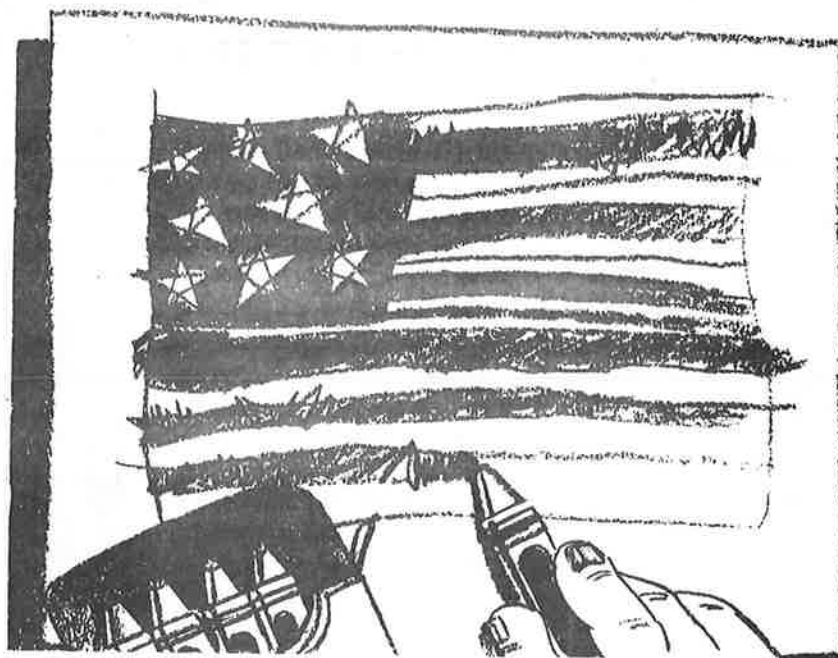
A negative person is against almost everything -- new ideas, authority, progress and achievement. A neutral attitude identifies someone who doesn't care about anything or anybody. This causes a person to practically drop out of the real world.

Your attitude is your incentive or your drawback. By facing reality, you can always change

Faces - cont'd from p. 1

Major Ed Grogan now commands the Services Flight, replacing Capt. Ed Rydalch who moved to a position at the National Guard Bureau. With the departure of Lt. Col. Xel Sant'Anna as an advisor to the MAC Command Chaplain, the unit has two newly assigned chaplains, Maj. Gerald Stone and Capt. Charles Wood.

Senior Master Sgt. Edward B. Southard of the 192d Consolidated Aircraft Maintenance Squadron started the new year off as the State Headquarters administrative superintendent and acting First Sergeant. He replaced Chief Master Sgt. William Mebane who retired after 21 years of service.



your attitude. Most problems will affect your outlook on life, but then most are brought on by you alone. Though often hard to believe, this is true.

All of us have jobs that are important in the overall scheme of things; otherwise the job would not exist. There is no job in today's military that is small or trivial. The billeting clerk gets the aircrew rooms so they can rest in order to fly safely tomorrow. The motor pool mechanic maintains a staff car so it won't cause an accident and injure someone. The list is endless.

You are paid to do a job. You should earn your pay by doing that job the best possible way you can. The world doesn't owe you anything -- except what you earn. The Air Force doesn't need workers who don't think and thinkers who don't work.

Work at having a positive attitude for just one week. You'll be amazed at the results.

(Colonel Richards is chief circuit military judge in Alexandria, Va.)

WE REMEMBER... Sgt. Vincent C. Reamey

By SRA David M. Bickel
192d Firefighter

Last month, Sgt. Vincent C. Reamey died in a construction accident. He will be sorely missed by the men and women of the 192d Fire Department, as well, I'm sure, by the unit as a whole.

A graduate of Highland Springs High School, Vince always participated actively in the 192d Fire Department since his enlistment in 1986. His high standards of performance were a reflection of the motivation that he had both on and off duty.

From his being the "first in" on an emergency with his rescue team, to working two jobs to finance and build his own home, Vince still found time to offer his time and talents for his friends at the Fire Department. If there was a ceiling to be built for a classroom in the firehouse, or a new firefighter to be trained, Vince was always willing to help.

Sgt. Vincent C. Reamey was a true firefighter and friend to us all, in the sense that he worked as hard for those who depended on him as he did for himself. We will miss Vince, but we will never forget him.

VALDRIGHI, MEBANE CAREERS TALLY 53 YEARS

By Tech. Sgt. Cindy Lawson
State Headquarters Public Affairs

As the decade came to a close, two Air National Guardsmen packed their cumulative 53 years of service, said their good-byes and entered a new era as retirees. For those who had worked with Lt. Col. Nicholas Valdrighi and Chief Master Sgt. William Mebane, it was evident it wasn't easy. However, like they have demonstrated many times before in their careers, it was possible.

Chief Mebane enlisted in the Virginia Air National Guard in 1971 after serving four years of active duty. He was assigned to State Headquarters before transferring to the 200th Weather Squadron, then located at Langley AFB, VA. Six years ago he transferred back to State Headquarters and became the administrative superintendent and acting first sergeant. At his retirement dinner he was awarded the Air Force Commendation Medal and cited for his exceptional managerial talents and dynamic leadership abilities during his 21 years of service.

While he may have left the Guard, he admits the Guard will never leave him. As he goes about his civilian job as assistant principal for Smithfield High School in Smithfield, VA., he will continue to encourage students to explore the National Guard as a future alternative. "I tell the students they have three options when they graduate--college, a good job with benefits or the military. Most aren't aware of the military option. They see the military as what is pictured on TV. I try to change that perspective and help them see that the National Guard has a lot to offer." Colonel Valdrighi certainly agrees. "The Air National Guard is one of those organizations that you can be a part of, invest nothing or all and still get more out of it than what you put in. I don't know too many outfits like that."

"It's very hard for me to leave because there are so many memories. I've had a great career, but it's because of the

people I've worked with."

In 1961 Col. Valdrighi joined the Virginia Air National Guard after serving on active duty and in the Air Force Reserve for four years. He was assigned to the Air Installation Group, better known today as the 192d Civil Engineering Squadron. When the Berlin Wall began going up, President John F. Kennedy responded by activating the National Guard and Col. Valdrighi found himself on active duty again--within 60 days of having left it. Less than 11 months later the unit returned to inactive status. He says he learned a lot about people then that helped him immeasurably in his civilian job as a marketing manager at IBM.

Col. Valdrighi served as the first commander of the 192d CE Flight, though it was not reflected on paper until two years later when the unit was redesignated as the 192d. He remained its commander until 1983 when he assumed duties as the CE staff officer at State Headquarters. As one of three headquarters directors he exercised command, control and liaison for support activities of civil engineering, military personnel, mission support, public affairs, disaster preparedness, security and services to ensure readiness and training for more than 400 people. At a retirement dinner in December he was presented with the Virginia National Guard Legion of Merit and cited for superior results throughout his career -- not an award for someone who's just "along for the ride."

A fellow-cadet from Virginia Polytechnic Institute and State University recently told the colonel, "Beginning with our days as cadets at VPI and throughout our Air National Guard careers, I have admired your professionalism and strength of character. Your leadership has been the main factor in making the Virginia civil engineering units the best in the nation. You can retire knowing that you have made a major contribution to the Air National Guard and the United States of America." The note was signed by Brig. Gen. "Al" Washington, deputy adjutant general for Air.

EARHART CHOSEN 192D'S FIREFIGHTER OF THE YEAR

By Senior Master Sgt. Troy C. Springer, Jr.
Base Fire Chief

Annually, during the December UTA, the members of the 192d CES/DEF (Base Fire Department) look back on accomplishments of the past year. This is done in the form of a 'social breakfast' prior to the UTA. One of the orders of business is to select a firefighter of the year by a ballot vote of all members present from within the department. Because the selection is done in this manner department members feel the selected person is truly deserving, and best represents the feelings of the group.

This year Staff Sgt. Richard Earhart was voted the 192d's firefighter of the year for 1989. Staff Sgt. Earhart has been a member of the guard for 11 years. He is employed by Chesterfield Fire Department and works at Engine Co. 3, where he is a 9-year veteran of their department.

Staff Sgt. Earhart said, "This is an honor and I take great pride in being selected. I especially consider it an honor, given the fact that we have such a close knit group of professionals representing a true cross-section of all the local departments."



The 192d Fire Department has 28 members. Out of these 28 members 23 are affiliated with professional and volunteer departments in a civilian capacity.

SAFETY EXPERT URGES "WINTER WISDOM"

By Senior Master Sgt. Gene A. Meek
Safety Specialist

Another winter season is here and we can safely assume that we will have more of the same ice and snow as in past seasons. Do you remember - that's the same stuff that causes an unreasonable number of slips and falls that result in broken arms, legs, hips and cause numerous head and back injuries.

In addition to the pain and discomfort of the individual, the Virginia Air Guard loses the services of a valuable person to perform his/her duties.

While it is conceded that not all slips and falls can be prevented, a very large percent can be avoided by simply wearing rubber footwear during these hazardous period. Rubber boots, galoshes, or slip on low-quarter rubbers will give you better traction for walking, plus give protection for your shoes.

Another bad habit that a lot of people have is to walk on ice and snow with their hands in their pockets or carrying things in their arms. Your hands and arms need to be free during these conditions to help you maintain balance when you do slip. We know the ice and snow is on the way, so let's wise up.

When the wind begins to blow, use this table to be "WINTER WISE."

		WIND CHILL EQUIVALENT TEMPERATURE TABLE																		
		DRY BULB TEMPERATURE (°F)																		
		45	40	35	30	25	20	15	10	5	0	-5	-10	-15	-20	-25	-30	-35	-40	-45
Wind Speed, (mph)	4	45	40	35	30	25	20	15	10	5	0	-5	-10	-15	-20	-25	-30	-35	-40	-45
	5	43	37	32	27	22	16	11	6	0	-5	-10	-15	-21	-26	-31	-36	-42	-47	-52
	10	34	28	22	16	10	3	-3	-9	-15	-22	-27	-34	-40	-46	-52	-58	-64	-71	-77
	15	29	23	16	9	2	-5	-11	-18	-25	-31	-38	-45	-51	-58	-65	-72	-78	-85	-92
	20	26	19	12	4	-3	-10	-17	-24	-31	-39	-46	-53	-60	-67	-74	-81	-88	-95	-103
	25	23	16	8	1	-7	-15	-22	-29	-36	-44	-51	-59	-66	-74	-81	-88	-96	-103	-110
	30	21	13	6	-2	-10	-18	-25	-33	-41	-49	-56	-64	-71	-79	-86	-93	-101	-109	-116
	35	20	12	4	-4	-12	-20	-27	-35	-43	-52	-58	-67	-74	-82	-89	-97	-105	-113	-120
	40	19	11	3	-5	-13	-21	-29	-37	-45	-53	-60	-69	-76	-84	-92	-100	-107	-115	-123
	45	18	10	2	-6	-14	-22	-30	-38	-45	-54	-62	-70	-78	-85	-93	-102	-109	-117	-125
		VERY COLD			BITTER COLD						EXTREME COLD									

TAX RELIEF IN STORE FOR CY-89

By Major Larry Fuccella

With calendar year 1989, you may be able to deduct the first \$3,000.00 of income earned as a Virginia guardsman, on your state tax return. To take the exemption, you must be filing the long form - not the short form.

In addition to furnishing your W-2 form (the form that shows how much income you earned and how much in taxes was withheld), the Department of Taxation requires you to submit a statement certifying the number of days it took you to earn the income. You can simply write this on a piece of paper and attach it.

The House Bill that brought about this legislation affects the wages or salaries for active and inactive duty received by any person of the rank of Captain and below, not to exceed the amount of income derived from up to 39 days of such service or \$3,000.00, whichever is less.

A day is interpreted by this legislation consists of either a calendar day of active duty service, or two 4-hour periods of inactive duty service. Therefore, if you had 15 days of annual field training and attended all the scheduled drills, 39 days of service were performed. For example, and E-4 over 3 years:

15 days of Annual Field Training \$500.35
24 days of Inactive Duty Training \$1,601.76

Constitutes an allowable deduction of the sum of these two figures, \$2,102.11. A special thanks goes to the members of your Enlisted Association for introducing this legislation, and lobbying for its passage, since it benefits only guardsmen, not reservists.

For detailed information, you should consult page 24 of the Virginia Tax return package.

NEW MONUMENT APPROVED: Women in Military Service Memorial

A new federal monument honoring the millions of women who have served and are now serving in this nation's Armed Services has been approved by Congress and was signed by then President Reagan as Public Law 99-610.

The legislation approves the construction of the memorial in or around Washington, D.C. using private funds. The site chosen for the memorial is the gateway entrance to the Arlington National Cemetery at the end of the Memorial Bridge. Selection of the final design was announced in December 1989.

Funding for the monument comes from individuals, corporations, and organizations; contributions are tax deductible.

The Virginia Air National Guard will be sending a collective donation. Those who wish to contribute will find collection cans in the Dining Hall, Club, and the Social Actions Office during February and March UTA's.

Abraham Lincoln's Birthday



February
12th

NOTES and NEWS

CHURCH SERVICES

Catholic Mass (Saturday 0930)
General Protestant (Sunday 0800)

DINING FACILITY MENU

Saturday	Meatloaf with Tomato Sauce Knockwurst with Sauerkraut Scalloped Potatoes Green Peas with Mushrooms
Sunday	Fried Chicken Baked Chicken BBQ Spareribs Fried Rice Seasoned Succotash

Both days: Salad bar with assorted dressings, assorted breads with butter. Desserts, coffee, tea, milk.

1990 VaANG Softball Team

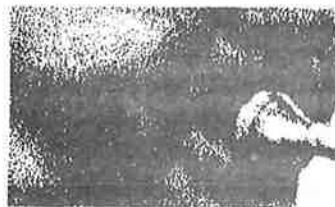
Open to all ANG members (players, team sponsorship, "pep" club) to support play in Henrico County and Air Guard tournament.

5 Divisions :

- Men's Slow Pitch
- Men's Fast Pitch
- Men's 35 (age)& over Slow Pitch
- Women's Slow Pitch
- Co-ed Slow Pitch

Members can play in more than one division. Nationals will be held Aug. 22 - 26, 1990, in York Country, Pennsylvania.

Contact: Roy Phaup, 222-8884, Ext. 393.



When retreat sounds
Do you stand with pride
...or hide?

!!!! LATE BREAKING NEWS !!!!

WANNA FLY JETS??

The 192d TFG will convene an undergraduate pilot training/UPT selection board during the April or May UTA. Group members who wish to be considered by the board should contact MSG John Rollings at Ext. 381 as soon as possible for qualification criteria and procedures.

ENLISTED ASSOCIATION SCHOLARSHIP DEADLINE

Any enlisted member and/or their dependents interested in applying for three \$1,000 scholarships should get in contact with MSG Sheryl Clark at Ext. 416. The deadline for applying is Sunday, Feb. 4. Applications must be submitted to CMS Edgar Waldron at State HQ at Ext. 510.

VANGUARD SUBMISSIONS: Submissions for March's VANGUARD are due to the Public Affairs Office in the O&T building by 1600, Sunday, Feb. 4. Each submission should be made in WordPerfect wordprocessing format, on a 3 1/2 or 5 1/4 inch disk, formatted and labeled.

This funded Air Force newspaper is an authorized publication for the U.S. military services. Contents of the VANGUARD do not necessarily reflect the views of, nor are they necessarily endorsed by the U.S. Government, the Department of Defense, the Department of the Air Force, or the Virginia Air National Guard.

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VIRGINIA AIR NATIONAL GUARD
Headquarters, 192d Tactical Fighter Group
Richmond International Airport
Sandston, Virginia 23150-6109

SPECIAL ORDER
M-8-VA

23 February 1990

1. UP Sec 502, Title 32, USC Sec 206, Title 37, USC, ANGR 50-01 and 192TFGR 50-01. All members of the 192d Tactical Fighter Group are hereby ordered to attend all unit training assemblies shown on this training schedule unless attending a split UTA (SUTA), or rescheduled UTA (RUTA) at Richmond IAP, Sandston, VA 23150

UTAs

DEPLOYMENTS

03 Mar 90	Flying & OJT in sections	GEORGE AFB, CA	10 Feb - 24 Feb 90 (Fire Fighters Only)
		SAVANNAH	10 Mar - 24 Mar 90
04 Mar 90	Flying & OJT in sections	CANADA	22 May - 09 Jun 90
		GERMANY	23 Jun - 07 Jul 90
		EGLIN	24 Sep - 28 Sep 90
07 & 08 Apr 90	05 & 06 May 90	04 & 05 Aug 90	03 & 04 Nov 90
	09 & 10 Jun 90	15 & 16 Sep 90	01 & 02 Dec 90
	14 & 15 Jul 90	13 & 14 Oct 90	

2. AM Assemblies will be 0800-1200 (Sat) 0700-1100 (Sun) and PM Assemblies will be 1300-1700 (Sat) 1200-1600 (Sun), with the following exceptions: Assembly for one flight of Food Services Personnel will be as follows:
AM 0630-1030 (Sat) 0530-0930 (Sun), PM 1100-1530 (Sat) 1000-1430 (Sun). Additional duty hours to cover special work requirements such as pre-flight, post-flight, etc, will be scheduled by each unit as required. Each UTA will be no less than four hours duration excluding lunch periods.

3. Uniform will be lightweight blues or fatigues, as directed.

4. Commanders may utilize Rescheduled Unit Training Assemblies (RUTAs) to achieve training objectives using maximum availability of equipment and full-time personnel resources that cannot be achieved during UTAs and SUTAs. RUTA must be requested, approved and documented in advance of the missed period.

5. Equivalent Training (EQT) may be authorized by commanders for personal attendance problems if requested in advance. EQT with pay must be performed within 30 days of the missed UTA and within the same fiscal year. Only four EQT periods with pay are permitted each fiscal year. EQT without pay (retirement point only) may be authorized when the individual is unable to make an EQT in a pay status.

FOR THE COMMANDER

Herbert C. Childress
HERBERT C. CHILDRESS, CMSgt, VaANG
Chief, Customer Support

DIST "A" Plus 1 Ea: TAC/ADUBO; Chief,
TAC/CRFG; 9th AF/CRFG, CV & IC;
NGB/XOS & TE; 1913th ISG/CC
(AFCC); 1 TFW/DO; 1 TFW/LGSPC;
113th TFW/DA; 1 CSG/DPMD;
HDQ/TCD/RF, Langley AFB, VA
23665-6343.

