

192D FIGHTER GROUP

VANGUARD

VIRGINIA AIR NATIONAL GUARD

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RICHMOND IAP, SANDSTON, VA

DECEMBER 1993

OPEN HOUSE '93:
Army and Air
National Guard
units displayed their
finest, including this
F-16 and
camouflaged
bulldozer, on
October 30. More
Open House photos
are found
throughout this
issue of the
Vanguard. Photo by
Technical Sgt. Mary
Ruth Halapatz.



MOBILITY EXERCISE RESCHEDULED TO FIRST UTA FEBRUARY 1994

The mobility exercise originally scheduled for the December 1993 UTA has been rescheduled for the FIRST UTA of February 1994.

AIR GUARD READY FOR IRAQ 'HOLIDAY' MISSION

The Virginia Air National Guard earned local, state, and national news coverage in November when it announced it will send three of its F-16s to patrol the no-fly zone over Iraq during the upcoming holiday season.

In all, 47 volunteers from the 192d Fighter Group will be part of the history-making deployment. As announced on the front page of the Richmond Times-Dispatch, "It will be the first time in the post-Cold War era that the U.S. military uses a National Guard unit for peacekeeping." The 45-day deployment was scheduled to begin in early December.

See IRAQ on p. 7

LET'S TALK 35-10

*By Lt. Colonel Ed Grogan
192d Fighter Group, Executive Officer*

The Air Force equivalent to the business suit is our service dress. Let's cover some of the trouble spots in properly wearing the service dress, both for men and women.

Men's Service Dress

Coat and trousers must be of matching shade and material.

The silver tip of the **belt** extends beyond the buckle facing the wearer's left, but no blue fabric shows. (Brass on brass.)

The finish of **badges and U.S. insignia** may be of satin or highly polished, but the finish of all of them must match.

Name tags and ribbons must be centered on and rest on the top edge of the wearer's right and left pockets, respectively, but not over the top edge.

Center enlisted 4" **chevrons** halfway between shoulder seam and elbow when elbow is bent at 90-degree angle. Center regular size officer grade insignia 5/8 inch from end of the epaulets.

Women's Service Dress

U.S. Insignia: Semibox coat: Centered with bottom of U.S. horizontal with the ground.

Blazer coat: place U.S. halfway up the seam resting on but not over it; bottom of US horizontal with the ground.

Name tag: Semibox coat: Centered on right side between lapel and arm seam, 2" to 2 1/2" higher than top button.

Blazer Coat: Centered on right side between lapel and arm seam, 1 to 2" higher than top button.

Ribbons: Both coats: Centered on left side like name tag and even with bottom of name tag.

Chevrons: Center 3" or 4" chevrons halfway between shoulder seam and elbow when elbow is bent 90 degrees.

RECENT INSPECTION RESULTS (Common 35-10 problems identified)

BOOTS NOT POLISHED
BDU PANTS NOT BLOUSED
BUTTONS NOT BUTTONED

Remember, we're under the IG's 35-10 microscope in three months!!



INAUGURAL PARADE PRACTICE

Contact Lt. Colonel Ed Grogan, Ext. 6763, for information about time and location.

COMMANDER'S CALL

Colonel Bill Jones, 192d Fighter Group Commander

Commander's Holiday Message

*In last year's holiday message I said that 1993 would "bring new challenges" and that there would probably be some surprises. I can say now that there were **MANY** new challenges and maybe more surprises than any of us could have anticipated.*

*I also said that one factor that remains constant is the professionalism of our team. I am more confident than ever of **OUR PROFESSIONALISM** and the mission accomplishment attitude we share as a unit. All of you should be proud of your individual and collective achievements. Many goals have been reached and many others have been exceeded. I could not be more proud of the men and women of our exceptional organization.*

As the holiday season approaches, please accept my gratitude for your many significant contributions to our team effort throughout the year. Happy holidays and best wishes for a safe and successful new year.

BILL JONES

*Happy
Holidays*

SAFE WINTER DRIVING TIPS

By Master Sgt. Linda Lee, American Forces Information Service

When winter weather hits, it's too late to start thinking about winterizing a vehicle.

Take steps to prepare for the onslaught of bad weather while the weather is still good. If you wait too long, you may find yourself literally stuck in an early season storm.

A winter driving kit, kept in the vehicle, could mean the difference between life and death. At a minimum, the kit should include a shovel, whisk broom, ice scraper, flashlight with new batteries, booster cables, warning devices like flares or triangles, tire chains and a bag of kitty litter or sand for traction. There should also be a first aid kit, paper or cloth towels, a blanket and traction mats.

Other recommended items include warm clothes, fire extinguisher, properly inflated spare tire and nonperishable snacks. Have a set of tools and extras of the parts that might fail which can be easily replaced, like wiper blades, spark plugs and fuses.

Make sure your car is ready for the winter weather. Among things to do: get a tune-up, check all lights and make sure the heater and defroster work and there's plenty of antifreeze. Check windshield wipers and have the brakes properly adjusted. Keep your tires in good shape and properly inflated for safer winter driving.

Allow at least an extra eight seconds driving distance between vehicles on icy, slippery roads and focus your attention farther down the road than you normally would, at least 20 seconds or more. Remember that when road conditions change, braking requirements do, too.

Always wear seat belts and drive a little slower. Clean off all ice and snow from the car's lights, windows, mirrors, hood, trunk and roof before starting, and keep it off, as much as you can, while driving. Avoid using the parking brake in cold, snowy and wet weather; don't warm up the vehicle in an enclosed area (like a garage); and keep the gas tank at least half full to avoid gas line freeze-ups.

How C-C-C-Cold Is It...?

Wind Chill Table

Source: National Oceanic and Atmospheric Administration

Degrees (Fahrenheit)	35	30	25	20	15	10	5	0	-5	-10	-15	-20	-25	-30	-35	-40	-45
Wind MPH 0	35	30	25	20	15	10	5	0	-5	-10	-15	-20	-25	-30	-35	-40	-45
5	33	27	21	16	12	7	1	-6	-11	-15	-20	-26	-31	-35	-41	-47	-54
10	21	16	9	2	-2	-9	-15	-22	-27	-31	-38	-45	-52	-58	-64	-70	-77
15	16	11	1	-6	-11	-18	-25	-33	-40	-45	-51	-60	-65	-70	-78	-85	-90
20	12	3	-4	-9	-17	-24	-32	-40	-46	-52	-60	-68	-76	-81	-88	-96	-103
25	7	0	-7	-15	-22	-29	-37	-45	-52	-58	-67	-75	-83	-89	-96	-104	-112
30	5	-2	-11	-18	-26	-33	-41	-49	-56	-63	-70	-78	-87	-94	-101	-109	-117
35	3	-4	-13	-20	-27	-35	-43	-52	-60	-67	-72	-83	-90	-98	-105	-113	-123
40	1	-4	-15	-22	-29	-36	-45	-54	-62	-69	-76	-87	-94	-101	-107	-116	-128
45	1	-6	-17	-24	-31	-38	-46	-54	-63	-70	-78	-87	-94	-101	-108	-118	-128
50	0	-7	-17	-24	-31	-38	-47	-56	-63	-70	-79	-88	-96	-103	-110	-120	-128

(Wind speeds greater than 40 mph have little additional chilling effect.)

How Cold Is Cold? Both temperature and wind affect the heat loss from the surface of the body. The effect of these two factors is expressed as an "equivalent temperature," which approximates the still-air temperature which would have the same cooling effect as the wind and temperature combination. For example, from the table above, with a temperature of 20°F and a wind of 20 mph the effect on exposed flesh is the same as -9°F with no wind.



Scholarship Recipients Announced

Members of the Virginia National Guard Officers Association recently announced recipients of the organization's educational scholarships for the 1993 school year: Technical Sgt. Michael J. Lovell, \$500, MSS; Staff Sgt. Karen L. Carter, \$500, GRP; and Staff Sgt. John W. Lewis, \$500, LGP.

The association annually awards educational scholarships; next year's application deadline is October 1, 1994. For more information concerning the program, contact Captain Michael Woody, Ext. 6592, or members of the Officers Association Executive Council: Lt. Colonel William Campenni (HQ VaANG), Major Bob Pemberton (SVS), 1st Lieutenant Eliot Evans (SPF).

Left: Ops deputy commander Lt. Colonel Bob Seifert (tall pilots can jump) reaches for the sky during a recent Ops-CAMS volleyball battle. Ops won, but CAMS has just begun to fight. Photo by Staff Sgt. Carlos Claudio.

Social Actions Update: Happy Holidays!

By Captain Darrick A. Seale
Social Actions Officer

Most of us like to indulge ourselves a little more than usual during the holidays, but remember that too much alcohol can quickly turn a merry holiday season into an un-merry one. The following clips are humorous, but the point is serious. Please drink responsibly.

YOU'VE HAD TOO MUCH TO DRINK WHEN...

You have to hold on to the floor to keep from sliding off...

You hear a duck quacking...and it's you...

You refill your glass from the fish bowl...

You tell your best joke to the rubber plant...

You realize you're the only one under the coffee table...

Remember that law enforcement officers watch the highways closely during the holiday season. Don't drink and drive. Exercise good judgement. Have a safe and happy holiday...

IRAQ - from p. 1

The 192d's three F-16's will be part of a 12-aircraft package comprised of equipment and personnel from guard units from four other states.

192d Deputy Commander for Operations Lt. Colonel Bob Seifert will serve as deployment commander for all participating guard units. Operations will be based at Incirlik, Turkey.



SCENES FROM OPEN HOUSE '93

Persistent rain did not dampen the spirits of the Guard members, their families, and other visitors who attended the Virginia National Guard Open House on October 30. Above, a "bird's eye view" of guests who crowded the hangar to see the myriad displays of military hardware and equipment. Top right: A youngster gets a hand donning a BDU military uniform and helmet. Bottom right, an Army "infantry scout sniper" briefs one of the nearly 3,000 guests who braved inclement weather to attend the joint Army/Air National Guard event. Photos by Technical Sgt. Mary Ruth Halapatz.



ENLISTED ASSOCIATION SEEKS MEMBERS, SUPPORT

Many of the benefits enjoyed today by members of the guard can be attributed at least in part to the lobbying efforts of the Virginia Army/Air National Guard Enlisted Association (NGEA). For example, the association lobbied for the state tax-exempt status for Guard pay, reduced fees for automobile license tags, commissary privileges, and state tuition assistance.

The association's primary purpose is to enhance the prestige, morale, and well-being of the retired and enlisted members of the Virginia Army/Air National Guard. Additionally, the association sponsors a scholarship program on the state and national levels while providing members with a free \$1,000 accidental death/dismemberment policy.

The association currently has 689 members state-wide. The Air Guard has traditionally been a strong supporter of the Enlisted Association through the local efforts of such people as Skeeter Glenn, Master Sgt. Sheryl Clark, Technical Sgt. Mary Roza, and many others. At the present time, Senior Enlisted Advisor Chief Master Sgt. Shelvie L. Wood along with Technical Sgt. Michael Lovell are organizing a base-level NGEA committee.

If you have suggestions, or would like to join the Enlisted Association, please contact Technical Sgt. Lovell on extension 6761.



King's Dominion visitor Yogi Bear pauses from his never ending search for picnic baskets to pose with 1st Lieutenant Dan Polanosky of the 149th Fighter Squadron. Photo by Technical Sgt. Mary Ruth Halapatz.

DO YOU GO FOR JUDO?

On the 16th of June 1993 Major General John G. Castles gave his permission to start the Virginia Army/Air National Guard Judo Team.

Members of the Army and Air National Guard, Army and Navy Reserve, active duty personnel, state government employees and the dependents of any of these groups are eligible to join the team. The team needs additional members to represent the Virginia Army/Air National Guard

in local, state, national, and international competition.

If you are a hard charger, and enjoy tough physical activities, then Judo might be for you. No previous experience is necessary to join. You will be taught all about the sport and how to do each technique.

For more information, contact SFC Bill McGregor, Home: 796-3049 or Work: 328-3005.

December Immunizations

The Immunization Section of the 192d FG Clinic will be open Sat. 4 Dec. from 0830-1600 for all immunizations including the Flu shot. Yellow Fever will only be given between 0930-1030.

The Immunization Section will also be open on Sun. 5 Dec. from 0800-1100 for all immunizations except Yellow Fever.

Black History Month Planning Continues

The Black History Month Planning Committee will meet in the O&T conference room on Saturday, December 4, 1993 at 9 a.m. All interested personnel are invited to attend.

African-American Banquet

Saturday, February 5, 1994 - 5:30 p.m. - 1:00 a.m. - Holiday Inn - Airport. Speaker - Lt. Col. Francis L. Horne (Army-Ret), Historian for the Tuskegee Airman, Inc. - Tidewater Chapter (and one of the original airmen). Donation - \$20.00 per/person.

For more information about Black History Month planning, contact your section representative or; Technical Sgt. Joyce Irby - x6465; Master Sgt. Vincent Harris - x6464; Technical Sgt. Lucille Carrington - x6393; Staff Sgt. Rosa Banks - x6312.



EMPLOYER SUPPORT: Colonel Bill Jones, far left, and Lt. Colonel Basil Evans, far right, recently presented employer support certificates of appreciation to managers and supervisors of Philip Morris' 20th Street Facility. Senior Master Sgt. George Marshall, third from left, arranged for the ceremony.



IN THE NEWS: Local free-lance writer Joan Edwards, left, with Lt. Colonel Basil Evans, takes a break during a recent visit to the base to learn more about the Virginia Air National Guard. Ms. Edwards is writing a feature story about the Virginia Air National Guard for the January issue of *Richmond Magazine*. Photo by Staff Sgt. Carlos Claudio.

Cooking Tips For Healthy Holidays

The Agriculture Department wants to talk turkey with you.

The department operates a meat and poultry hot line throughout the year to answer questions about proper food cooking and storage. Questions and answers aren't limited to meat and poultry, but cover the entire spectrum of food, its preparation, storage and how to use cooking equipment.

Staffed by registered dietitians and home economists, the hot line really gets busy during the holiday season as questions come up about turkeys, hams and all the trimmings. How long it takes to defrost a turkey, how long to roast it, when to stuff it, how to avoid food poisoning, leftovers and turkey

alternatives are just a few topics the experts address during the holiday season.

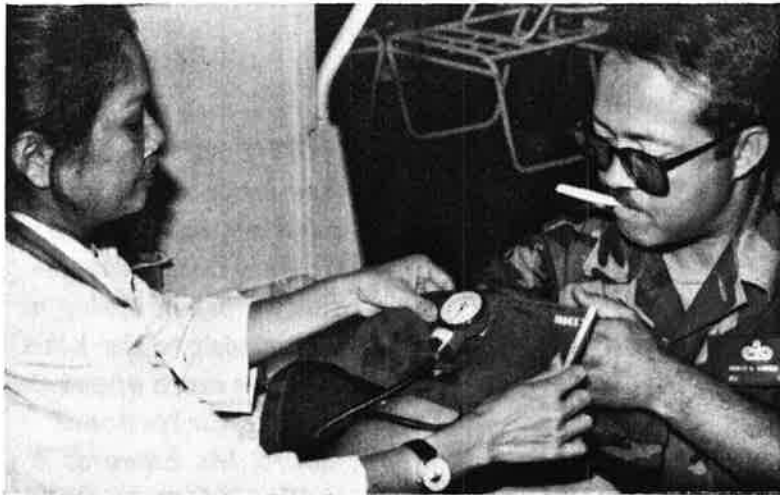
The toll-free telephone number for the department's hot line is 1-800-535-4555. Normal operating hours are 10 a.m. to 4 p.m., Monday through Friday. For more information, call the hot line or write to:

The Meat and Poultry Hotline

USDA-FSIS

Room 2929-S

Washington, DC 20250



UNIT SUPPORTS BLOOD DRIVE

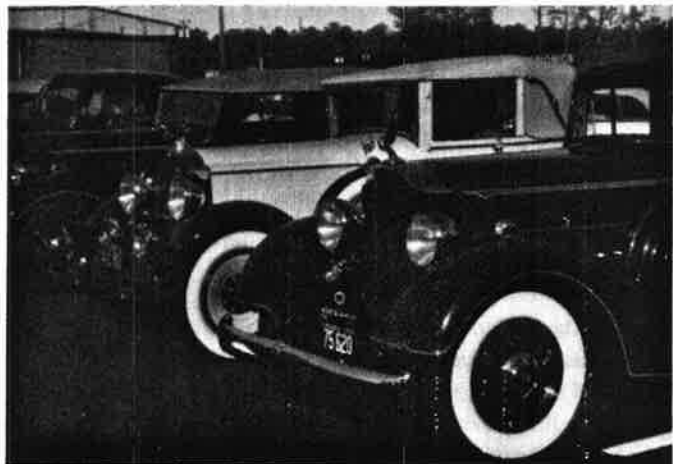
Above, Master Sgt. Rudolph M. Mangrum, Jr., CAMS, took time out from his training schedule during the October UTA to donate blood during a unit-sponsored blood drive. The Virginia Air National Guard supports local area blood services several times annually as one of its many on-going community service initiatives. Photo by Staff Sgt. Carlos Claudio.



NEW INVENTORY? No, the unit is not acquiring a new fleet of antique automobiles.

In October, members of an antique PACKER club visited the base to learn more about the Air National Guard.

Wonder if the old cars sport ejection seats...Photo by Staff Sgt. Carlos Claudio.



OPS OFFERS HOLIDAY GIFT IDEAS

Christmas is upon us - only 4 weeks left. Looking for something different to give those you care about? Ops has new T-shirts for sale. We also have patches, and a special sale on Lithographs.

Lithographs normally run for \$15.00 will be available for \$8.00 during December and January. See Technical Sgt. Cooper, Room 5 Operations Building.

VIRGINIA AIR NATIONAL GUARD
Headquarters, 192d Fighter Group
Richmond International Airport, Sandston, Virginia 23150-6109

Special Order M-2-Va

10 Nov 1993

1. UP Sec 502, Title 32, USC Sec 206, Title 37, USC, ANGR 50-01 and 192TFGR 50-01. All members of the 192d Fighter Group are hereby ordered to attend all unit training assemblies shown on this training schedule unless attending a split UTA (SUTA), or rescheduled UTA (RUTA) at Richmond IAP, Sandston, VA 23150.

UTAS: 04 Dec 93 Flying & OJT in sections
 05 Dec 93 Flying & OJT in sections

DEPLOYMENTS: 5-19 Mar 94
 Annual Field Training

SCHEDULED UTAS:	'8 & 9 Jan 94	5 & 6 Feb 94	26 & 27 Feb 94	9 & 10 Apr 94
	14 & 15 May 94	11 & 12 Jun 94	16 & 17 Jul 94	13 & 14 Aug 94
	15 & 16 Oct 94	5 & 6 Nov 94	3 & 4 Dec 94	17 & 18 Sep 94

2. AM assemblies will be 0800-1200 (Sat) 0700-1100 (Sun) and PM assemblies will be 1300-1700 (Sat) 1200-1600 (Sun), with the following exceptions: Assembly for one flight of Food Services Personnel: AM 0630-1030 (Sat) 0530-0930 (Sun), PM 1100-1530 (Sat) 1000-1430 (Sun). Additional duty hours to cover special work requirements such as pre-flight, post-flight, etc. will be scheduled by each unit as required. Each UTA will be no less than four hours duration excluding lunch periods.

3. Uniform will be lightweight blues or BDUs, as directed.

4. Commanders may utilize RUTAs to achieve training objectives using maximum availability of equipment and full-time personnel resources that cannot be achieved during UTAs and SUTAs. A RUTA must be requested, approved and documented in advance of the missed period.

5. Equivalent Training (EQT) may be authorized by commanders for personal attendance problems if requested in advance. EQT with pay must be performed within 30 days of the missed UTA and within the same fiscal year. EQT without pay (retirement points only) may be authorized when the individual is unable to make an EQT in pay status.

FOR THE COMMANDER

Jacqueline J. Atkins
 JACQUELINE J. ATKINS, GS-7, VaANG
 Records Manager

DIST 'A' Plus 1 Ea: ACC/ADUBO; Chief, ACC/CRFG;
 9th AF/CRFG, CV & IC; NGB/XOS & TE; 1913th ISG/CC
 (AFCC); 1 FW/DO; 1 FW/LGSPC; 113th FW/SC; 1 CGS/
 DPMD; HDQ/TCD/RF, Langley AFB, VA 23665-6343.

VANGUARD

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MENU - DECEMBER UTA

Sat.:	BBQ pork	Sun.:	Cornish hens
	Applesauce		Green beans
	Baked macaroni w/cheese		Fried rice
	Mixed vegetables		

Both Days: salad bar, assorted dressings, assorted bread with butter, dessert, koolaid and coffee.

Church Services: Catholic Mass, Sat. 9:30 a.m.; General Protestant, Sun. 8:00 a.m.

Notary Services: Anyone requiring Public Notary Services can see Lt. Col. Barker in CBPO, Ext. 6318.

Vehicle Registration: Beginning September 1993, all individuals must be in compliance with 192FGR 125-1 (Motor Vehicle Registration). To receive DD Form 2220 (Department of Defense Registered Vehicle), individuals must produce a valid driver's license, ID card, and certificate of state vehicle registration.

Effective Sept. 1993: Law enforcement will be checking for valid DD Form 2220. For those vehicles not owned by the driver, a notarized statement from the owner of the vehicle specifying inclusive dates for which permission to use the non-owned vehicle was granted, is required.

Flu shots required: Flu shots will be given every Saturday UTA, 0800-1100 in the Clinic. Remember, flu shots are mandatory.

TOP GUN History Book – a great holiday gift.

To obtain one or more copies of the official history of the Virginia Air National Guard for just \$20 each, contact Lt. Colonel Evans at Ext. 6368, Room 8 of the O&T Building.

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