

192D FIGHTER GROUP

# VANGUARD

VIRGINIA AIR NATIONAL GUARD

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RICHMOND IAP, SANDSTON, VA

DECEMBER 1994

## MEDICAL SQUADRON EXCELS

*By Captain Joseph E. Warner,  
Medical Service Corps*

The proverbial "lady" has sung the sweet, sweet song of success for the 192d Medical Squadron. During the Health Services Inspection (HSI), conducted Oct. 13-16 by an Inspector General (IG) team from Kirtland AFB, New Mexico, the squadron received an overall rating of "high satisfactory."

Of the areas evaluated, eight received "excellent" ratings and 18 were rated "satisfactory." No deficiencies were significant enough to warrant written responses.

The inspectors noted that the 192d  
**See EXCEL on p. 4**



**GO AHEAD...MAKE MY DAY - Senior Airman Jerri L. Perry-Brown, structural journeyman for the 203d Red Horse unit, guards the main compound entrance during a recent training exercise at Fort Story. Photo by Staff Sgt. Carlos Claudio.**

## Honor Grad Enjoys Cooking

From Morse Code to weather balloons to convection ovens, Senior Airman (SRA) Gerald L. Hunt has met a variety of career challenges in his more than seven years of military service. Most recently, he graduated as an honor graduate of the Apprentice Services Specialist Course at Lackland AFB, Texas, which focused on dining facility food preparation.

**See COOKING on p. 5**

## Attack Response Exercise (ARE)

Saturday, Dec. 3, 10:00 a.m. - 3:00 p.m. (1000-1500L), base-wide/chem-gear required (mini "C" bag). Unit members who do not have chem-gear should still respond to all attacks.

## AIR FORCE CHIEF OF STAFF ANNOUNCES UNIFORM CHANGES

*By 1st Lt. Debbie Fredette, VaANG HQ Public Affairs*

If you don't have the new Air Force service dress uniform, you might want to delay buying one, says Gen. Ronald R. Fogleman, the new Air Force chief of staff.

On Nov. 2, General Fogleman announced several uniform changes he intends to implement. Based upon the input he has received during his travels, he says popular consensus indicates the new uniform is a superb choice – comfortable, good fit, quality material, good image, but some mid-course changes would enhance the uniform's acceptability, functionality and appearance.

General Fogleman said the enlisted service dress uniform coat is well liked and should be kept as is. For officers, the general is looking to reintroduce rank to the shoulders. However, those who already have the new coat with sleeve insignia should not worry. They should continue to wear it until the Air Force develops a modification package for an epaulet fix or establishes a transition schedule.

Other changes include: officers and enlisted will start wearing the "U.S." insignia without circle, on service uniform coat lapels. Instructions on their correct wear will be issued within weeks. The basic policy on badges is that if an individual earned it, it can be worn for the rest of his or her career.

However, General Fogleman said no more than four badges may be worn at any given time. He noted three principles the Air Force is working toward with regard to badge wear:

– A person could wear no more than two occupational, aeronautical and miscellaneous

***General Fogleman said the enlisted service dress uniform coat is well liked and should be kept as is.***

badges, such as specialty, wings, parachutist, combat infantry and SCUBA.

– The missile badge, or "pocket rocket," if earned, can continue to be worn on the pocket as one of the two occupational/aeronautical badges.

– Duty badges like those of the White House, Secretary of Defense, Joint Chiefs of Staff and unified commands, once awarded, may continue to be worn when the individual is no longer assigned to that duty or organization.

The men's and women's service hat, according to General Fogleman, will be a mandatory item for field grade officers (majors, lieutenant colonels, and colonels). The policy is being reviewed for company grade officers (1st & 2nd lieutenants and captains) and enlisted members. "In all cases, the nature of the affair or event will dictate when the hat is worn," the general added.

Although there is no change for now with name tags, General Fogleman cautioned that "the jury's still out. Our goals are to make the necessary changes as soon as possible and eliminate the uniform as an issue." New guidance on uniform wear will be made available as soon as decisions are made. The next uniform board meets early in 1995, and final decisions will be made at that time.

## COMMANDER'S CALL

**Colonel Bill Jones, 192d Fighter Group Commander**

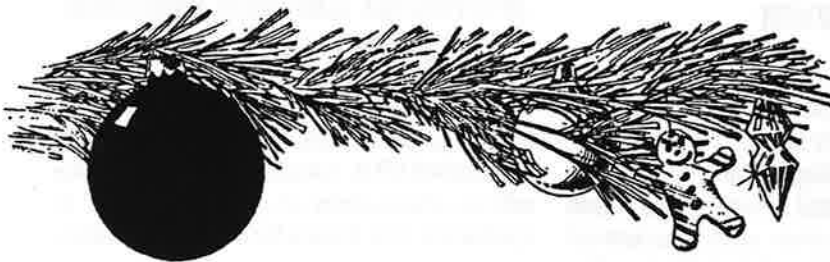
**HOLIDAY GREETINGS** - It's hard to believe that another year's end is approaching. Many challenges were met this year and I am convinced that we are continuing to grow, maybe not in size, but in spirit. Religious preference has little to do with this spirit because I am referring to our unit culture—the way we treat each other, the manner in which we respond to others and the professional accomplishment of our unit mission.

I know that we share a commitment to quality performance, and our methods to get there are most important. This unit has a real "people" approach. It's hard to explain or even know how we got that way, but it is one of the reasons I am so proud to be a part of this organization. Almost everytime someone visits our unit, they make favorable comments about the "Guard family". All of you should be proud to be an important part of this family.

This holiday season is a time for us all to pause and reflect on the impact of positive achievement, friendship, family and friends. It is a time for me to express my sincere

appreciation to all of you for your outstanding support and dedication to our unit. Happy holidays and best wishes for the new year.

**BILL JONES**



**UP, UP AND AWAY!**  
Aircraft 249 closes its  
nosegear door and  
heads out to meet a  
refueling tanker mid-  
way enroute to Nellis  
AFB, NV, to take part  
in a training exercise.  
Photo by Staff Sgt.  
Carlos Claudio.



## **JAGLINE** *By Major Clyde Mathews, 192d Legal Office*

**PREVENTIVE LAW** - I received a call recently that a retired member of our unit was hospitalized with a terminal illness and needed a will.

The next morning I met with the Guardsman and that afternoon he signed a will in his hospital room with two nurses as witnesses. I was glad I could meet this need, but taking care of these arrangements under these circumstances must have been very stressful.

Don't wait until the last minute, or it may prove too late. Proper planning is critical to the well-being of the people you love most. Preparedness is also the duty of every member of the Virginia Air Guard.

A Last Will and Testament is an important part of any estate planning. It not only states who will receive your property, but it also names your executor, the person who will be responsible for handling your personal and legal affairs. For parents of minor children, a will also allows you to appoint a guardian to take care of them and their property until adulthood.

The Legal Office advises unit members on personal legal matters, which include the preparation of wills and powers-of-attorney. Individuals in need of legal services during the UTA weekend should contact the Legal Office in Room 10, O&T Building, ext. 6494.

### **WOMEN IN THE ARMED FORCES DURING WWII**

The National Archives is sponsoring a major conference, "A Woman's War Too: U.S. Women in the Military in World War II," to be held March 3 and 4, 1995, at the National Archives at College Park, MD. This national forum will explore the vital contributions made by the approximately 400,000 women who volunteered to serve in the armed forces of the United States. For information on registration, please write to:

**National Archives (NEE)  
Room G-10 (WWII)  
Washington, DC 20408**

### **IVOR MASSEY SCHOLARSHIP**

The Virginia Air National Guard will establish a scholarship honoring the late Colonel Ivor Massey, who is considered to be the founder of the Virginia Air National Guard. Contributions should be sent to Major Mike Woody at extension 6592.

### **Marvin C. Southall Memorial Service Planned For December UTA**

A memorial service for Technical Sgt. Marvin C. Southall is being planned for the December UTA. Details about the service will be announced on Saturday, Dec. 3. Contact Lt. Col. Evans for more information.

### **EXCEL - from p. 1**

Medical Squadron had become a strong and cohesive "Air Force Standard" unit, evaluated by the same standards as all active duty medical units.

Inspectors further stated that "the achievement of an 'excellent' rating was especially noteworthy and reflects favorable credit upon the leadership of the commander and the dedication of the executive staff."

## COOKING - from p. 1

Now assigned to the 192d Services Flight, SRA Hunt said he arrived at the school without any cooking skills. According to his wife, Melissa, his newly acquired kitchen talents are "wonderful." She added, "Now at least he knows where the stove is. Because I am a registered nurse work and many evenings, I was afraid that, when we have children, they might have had to eat at McDonald's seven days a week."

Following an active-duty stint with U.S. Army Intelligence, SRA Hunt completed a Bachelor of Liberal Studies degree with an emphasis in history, and joined the unit as a member of the 200th Weather Squadron more than three years ago. SRA Hunt currently works as an "interpreter," or tour guide, at Richmond's White House of the Confederacy.

According to Major Robert H. Pemberton, Commander, 192d Services Flight, section members like SRA Hunt are required to be trained in a variety of areas (billeting, food service, mortuary, fitness and recreation, commissary, etc.), all under one Air Force Specialty Code.

SRA Hunt said he enjoyed learning his way around a kitchen. His favorite dish to cook? What else – SOS!



**Senior Airman Gerald Hunt**  
*Photo by Staff Sgt. Carlos Claudio*

### PERSONNEL PROCESSING TRAINING

Personnel Processing Training will be held during the December UTA for the following sections:

**149th Operations Squadron**  
**Logistics Squadron (Supply & Transportation)**  
**Security Police Squadron**

Please see your Mobility Officer/NCO for time and place.

## AWARDS FOR EMPLOYERS

*By Staff Sgt. Christina Keck, Public Affairs Specialist*

The National Committee for Employer Support of the Guard and Reserve conducts awards program designed to honor employers who support a strong Guard and Reserve force.

The top award in the program is the prestigious **PRO PATRIA**, a Latin expression meaning "for the nation." The award symbolizes the patriotism of the recipient, who has indicated support of the national defense by adopting personnel policies which make it easier for employees to participate in the National Guard and Reserve. In addition to the **PRO PATRIA** - awarded by the Secretary of Defense - there are two other awards:

**STATE CHAIRMAN'S AWARD** - A limited number of these plaque-mounted certificates are presented annually by state committees for employer support.

**CERTIFICATE OF APPRECIATION** - also

**POWER LIFT** - A member of the 203d Red Horse unit uses a rough terrain forklift, which can tackle up to 10,000 pounds, to lift a generator during the unit's recent training exercise at Fort Story. Photo by Staff Sgt. Carlos Claudio.

referred to as the "My Boss Is A Patriot" - This certificate is awarded by the National Committee on behalf of the Department of Defense.

All members of the National Guard and Reserve forces are eligible to nominate their employers for an award. The Virginia Air National Guard has not been a major participant in this program in past years, but has taken a keen interest in it. Members who wish to nominate their employers are highly encouraged to do so.

"The Army Guard has been a dominant force in past years in this program," Lt. Colonel Bob Newman said. "We would like to see more involvement from the 192FG in this program. We will even assist in writing the awards!"

Nomination forms must be submitted by Dec. 31. If you have any questions or need a form, don't hesitate to call Lt. Colonel Newman at extension 6411.



## CAREER PROTECTION & ALCOHOL REHABILITATION

*By Capt. Darrick A. Seale, Social Actions Officer*

"Do you, have you, or will you have an alcohol problem?", is not the question. The question is do you want to protect your career? IAW the most recent USAF/ANG enlistment and appointment regulations if you have been self, medically, family, court-ordered, or command committed to an alcohol rehabilitation program YOU HAD BETTER COMPLETE the program and keep track of all documentation. Documentation of rehabilitation program completion is required to be presented for enlistment. If the documentation cannot be presented enlistment will be denied. So... if there is anyone out there who has not completed required rehabilitation, regardless of whether or

not your alcohol problem is under control, it would be in YOUR BEST INTEREST to get back into and complete the program.

Most medical insurance programs cover substance abuse rehabilitation only once. So guess who might have to pay the cost? Additionally, although attendance at Alcoholics Anonymous (AA) meetings is a requirement of rehabilitation programs, AA membership alone does not constitute rehabilitation. Nor will AA membership alone be a basis for enlistment denial. The issue is documentation completion and the responsibility is YOURS.

### 192FG Supports 203d AFT

*TRAINING "FOR REAL" - Below, Staff Sgt. Ricky D. Moorefield, is "injured" during the unit's recent annual field training (AFT) at Fort Story, Virginia. Photos on page 7 by Technical Sgt. Ken Hill.*



**A SECURITY**  
**Leak...**  
  
**CAN BE A**  
**Wrenching**  
**EXPERIENCE.**

## SAFE WINTER DRIVING

*By Senior Master Sgt. Keene, 192d FG/SEG*

With the onset of winter, safe driving takes on a special importance. Drivers should heed warnings of snow flurries, snow squalls, or blowing and drifting snow, because visibility may be reduced as well as roads may become slippery or blocked.

A blizzard is the most dangerous of all winter storms. A severe blizzard warning means that heavy snowfall is expected with winds of at least 45 MPH, and temperatures of 10 degrees or lower. Freezing rain or drizzle is forecast when rain is expected to freeze as soon as it hits the ground.

Sleet is small particles of ice, usually mixed with rain. If enough sleet accumulates on the ground, it will make the road slippery.

Do not put off having your automobile tuned and maintained. Car checks include heating and cooling systems, brakes, exhaust system, electrical operations and windshield wipers. Many cars will fail to start after sitting in parking lots all day, and usually up goes the hood for troubleshooting. Bare hands on cold metal is a sure invitation for frostbite. Keep a pair of gloves on hand for such an emergency.

If possible, plan your lifestyle so you do not drive on ice or snow. Some emergency equipment to keep in your car are traction mats or kitty litter, chains, blankets or sleeping bags, coats and extra clothing, candles and waterproof matches, a coffee can, a flashlight with extra batteries, first aid kit, a shovel, warning flares and jumper cables.

The wise avoid driving during winter storms. But if you're on the road and your car begins to skid, the most effective way to regain control is:

- **Don't panic.**
- **Take your foot off the brake and ease off the accelerator.**
- **Shift in to neutral (automatic transmission) or out of gear (manual transmission).**
- **Steer in the direction you want the front of the car to go.**
- **Countersteer just before the rear wheels stop skidding, until you are going in the desired direction.**
- **Be prepared for a rear-wheel skid in the opposite direction for rear-wheeled drive vehicles, if you overcorrect the first skid.**

Engage the gear once the vehicle is straight, apply gentle pressure to the accelerator and resume course.

Finally, know the conditions before you go. Drivers can assess road and weather conditions and plot their journey before heading out by listening to radio or television newscasts.

The base Disaster Preparedness Office (Ext. 6386) has information available to unit members to help them to prepare for winter weather.

### OFFICERS' CALL

There will be an Officers' Call for all officers of the 192d FG on Saturday, Dec. 3, at 3:30 p.m. Attendance is mandatory. The purpose of the officers' call will be to update officers on recent developments in the Air Force in general, and in particular to the 192FG. Brig. Gen. Bill Rose and Col. Bill Jones will make brief presentations.



## VNGA AWARDS SCHOLARSHIPS

*By Major Michael R. Woody*

The Virginia National Guard Association (VNGA) annually awards educational scholarships to deserving officers, warrant officers, enlisted members and dependents. This year Staff Sgt. John W. Lewis and Airman John D. Dorman, both with the logistics group, were selected by the association as well as Steven W. Maynard, son of Col. Terry Maynard of State Headquarters to receive awards.

Staff Sgt. Lewis was chosen, based on his academic achievements, to receive this year's CW4 WILLIAM C. SINGLETARY memorial scholarship in the amount of \$2,000.00. The scholarship was established by the Army Aviation Facility and the VNGA to memorialize Mr. Singletary who died in the successful rescue of two elderly women off the coast of North Carolina. Airman Dorman is to receive a scholarship in the amount of \$500.00. Steven Maynard has the

distinction of being the first dependent to receive a scholarship from the association. He is to receive \$500.00.

Anyone interested in the scholarship program should contact Maj. Woody at ext. 6592.

## WINTER AWARENESS WEEK DEC. 4-10

*By Major Robert Namiot,*

Last winter will go down in the record books as one of the worst in Virginia's history. Many Virginians had to deal with extended power outages, road and school closures, and greatly extended travel times due to severe ice storms that swept the state. Property damage ran into the hundreds of millions of dollars. State highway crews in Virginia and surrounding states had to scramble to procure stocks of sand and salt to keep roads passable.

This year, the Virginia Department of Emergency Services (VDES) has scheduled Dec. 4-10 as Winter Awareness Week. VDES plans to blitz the public with important winter information during that time, so stay alert for useful hints. For further information, contact the base Disaster Preparedness Office at extension 6386.

**ENVIRONMENTAL WINNERS - The 192d Financial Management Office recently won the first Pollution Prevention Environmental Awareness Award given by the base Environmental Office. From left, Colonel Bill Jones, Major Mike Woody, Lt. Col. Larry Fucella, and Ms. Jenny Boyer. Photo by Staff Sgt. Carlos Claudio.**



## **A FEW GOOD WORDS** *By Chaplain, Lt. Col. Gerald T. Stone*

***"The Lord my God has made my darkness turn to light. Now in your strength I can scale any wall, attack any troop." Psalm 18:28-29***

Valerie Brummel, the Soviet high-jump star, who formerly held the world's record, once said the thing which helped him to make a successful jump was to close his eyes just before his approach and to picture himself sailing over the bar. "Unless I can visualize a good result, I can't achieve a good result," he said.

The same could be said for many endeavors in life -- giving a speech, acquiring a degree, making a sale, losing weight, overcoming a bad habit, or performing well in our job. When we can see in our mind some hope or dream in its finished state, visualize an aspiration all the way to fruition, we are halfway to realizing it. The other half of the

journey, of course, is composed of preparation and perspiration.

Imagination is a gift from God that most of us have failed to open. It is one of the keys to achieving things that seem beyond ourselves. Don't deny yourself results that come from putting your imagination to work. The vision the Creator supplies just might help you jump higher than you've ever imagined.

***"Imagination is a gift from God that most of us have failed to open."***

***Chaplain Stone***

***TWENTY  
QUESTIONS AT THE  
STATE FAIR -  
Children from a local  
school ask Support  
Group First Sergeant  
John Gilbert  
questions about the  
Virginia Air National  
Guard as he rolls up a  
souvenir aircraft  
poster. Photo by  
Staff Sgt. Carlos  
Claudio.***



**AFRICAN-AMERICAN BANQUET NEWS**

The African-American Banquet Committee would like to thank all persons who helped to make the November Bake Sale a success. Again we thank you. There will be a committee meeting for all persons helping plan the African-American Banquet. The meeting will be held on Saturday, Dec. 3, at 2 p.m. in the maintenance conference room. For more information contact Master Sgt. Gerald Golden at Ext. 6530. Details about the banquet: **When:** Sat. Feb. 4, 1995 **Where:** Omni Hotel, Richmond, VA **Time:** 6 p.m. - 1 a.m. **Speaker:** Brig. Gen. Irene Trowell-Harris, Asst. to Chief, Air Force Nurse Corps **Dress:** Officers - Mess Dress; Enlisted - Semiformal or Mess Dress; Civilian - Semiformal or formal. **Tickets:** \$25 per person **Hotel Rates:** \$61 - single; \$71 - double. For more information, contact Master Sgt. Dorothy Tatem, Ext. 6367

**VIRGINIA AIR NATIONAL GUARD**  
**Headquarters, 192d Fighter Group**  
**Richmond International Airport, Sandston, Virginia 23150-6109**

Special Order M-2-Va

05 Nov 94

1. UP Sec 502, Title 32, USC Sec 206, Title 37, USC, ANGR 50-01 and 192/TFGR 50-01. All members of the 192d Fighter Group are hereby ordered to attend all unit training assemblies shown on this training schedule unless attending a split UTA (SUTA), or rescheduled UTA (RUTA) at Richmond IAP, Sandston, VA 23150.

**UTAS:** 03 Dec 94  
 04 Dec 94

**DEPLOYMENTS:** 5-18 Feb 95 Combat Archer, Tyndall  
 AFB, FL; 11-25 Mar 95, AFT, CRTC, Garden City, GA.

**NOTE: ARE (ATTACK RESPONSE EXERCISE)**

**SCHEDULED UTAS:**

7 & 8 Jan 95	4 & 5 Feb 95	25 & 26 Feb 95	8 & 9 Apr 95	6 & 7 May 95
3 & 4 Jun 95	15 & 16 Jul 95	12 & 13 Aug 95	16 & 17 Sep 95	14&15 Oct 95

2. AM assemblies will be 0800-1200 (Sat) 0700-1100 (Sun) and PM assemblies will be 1300-1700 (Sat) 1200-1600 (Sun), with the following exceptions: Assembly for one flight of Food Services Personnel: AM 0630-1030 (Sat) 0530-0930 (Sun), PM 1100-1530 (Sat) 1000-1430 (Sun). Additional duty hours to cover special work requirements such as pre-flight, post-flight, etc. will be scheduled by each unit as required. Each UTA will be no less than four hours duration excluding lunch periods.

3. Uniform will be lightweight blues or BDUs, as directed.

4. Commanders may utilize RUTAs to achieve training objectives using maximum availability of equipment and full-time personnel resources that cannot be achieved during UTAs and SUTAs. A RUTA must be requested, approved and documented in advance of the missed period.

5. Equivalent Training (EQT) may be authorized by commanders for personal attendance problems if requested in advance. EQT with pay must be performed within 30 days of the missed UTA and within the same fiscal year. EQT without pay (retirement points only) may be authorized when the individual is unable to make an EQT in pay status.

FOR THE COMMANDER

*Jacqueline J. Atkins*  
 JACQUELINE J. ATKINS, GS-7, VaANG  
 Records Manager

DIST 'A' Plus 1 Ea: ACC/ADUBO; Chief, ACC/  
 CRFG; 9th AF/CRFG, CV & IC; NGB/XOS & TE;  
 1913th ISG/CC (AFCC); 1 FW/DO; 1 FW/LGSPC;  
 113th FW/SC; 1CGS/DPMD; HDQ/TCD/RF,  
 Langley AFB, VA 23665-6343.

### VANGUARD

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### MENU - DECEMBER UTA

#### SATURDAY

Baked ham  
Raisin sauce  
Candied sweet potatoes  
Buttered veggies  
Ginger bread.

#### SUNDAY

Whole cornish hens  
Fried rice  
Mashed potatoes  
Buttered green beans  
Cheese cake w/cherries

**Church Services:** Catholic Mass, Sat. 09:30;  
General Protestant, Sun. 08:00.

**CLUB 149:** A general membership meeting of Club 149 will be held Feb. 25, 1995, at 5:30 p.m. in the club ballroom. The agenda includes a treasurer's report, new facility, election of officers, dues structure, and club use policy. Forward suggestions for agenda items to Capt. Cindy Lee (ext. 6341).

**IMMUNIZATIONS:** Clinic personnel will be giving all shots on December 3 (Saturday) in the break room of the main hangar from 9:00 a.m. - 3:00 p.m. Yellow fever will only be given from 11:00 a.m. until NOON. Any unit member who has not had a flu shot should get it in December, since it is mandatory.

**PASS AND REGISTRATION:** Pass and Registration will close at 11:30 on both Saturday and Sunday during the December UTA. Those individuals needing ID cards need to ensure they see them before these times.

**OFFICERS' CALL:** There will be an Officers' Call for all officers of the 192d FG on Saturday, Dec. 3, at 3:30 p.m. Attendance is mandatory.

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Virginia Air National Guard  
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