

192D FIGHTER GROUP

VANGUARD

VIRGINIA AIR NATIONAL GUARD

38/NO. 1

RICHMOND IAP, SANDSTON, VA

JANUARY 1994

CEREMONIAL FLIGHT IN CADENCE

Forty-five members of the 192d Fighter Group and one guardsman assigned to state headquarters will march in the Governor's Inaugural Parade on Jan. 15, under the command of group executive officer Lt. Colonel J. Edward Grogan.

Lt. Colonel Grogan said, "We should not underestimate the importance of this duty. It is a very visible example of the Air Guard in a statewide setting." He said that most members of the flight were volunteers who "generally enjoy the drilling."

The group has been meeting since October and, according to Lt. Colonel Grogan, some of the practices have been held in inclement weather. "We have to be prepared for the worst, but then hope for the best," he said. A list of guard members participating in the inaugural parade is on page 6.



Parade Practice

Photo by Master Sgt. Lew Lautenslager.

See PARADE on p. 6

*Pictures from the 192d
Fighter Group's late
November/early December
1993 deployment to Turkey
will appear in February's
Vanguard. See Deployment
Update on page 3.*

UNIT RESPONDS TO MISHAP

A mishap with a Virginia Air National Guard F-16C occurred on Friday, December 3 at approximately 10:50 a.m. Upon landing at Richmond International Airport active runway 34, the pilot ejected safely and was not injured. The F-16C came to rest a short distance from the point of ejection, off the runway in a grassy area. The plane had returned from a routine training mission with a

See MISHAP on p. 11

LET'S TALK 35-10

By Lt. Colonel Ed Grogan
192d Fighter Group, Executive Officer

Notes on men's and women's short sleeve shirt (blouse) and trousers (or skirts):

Men's Short-Sleeved Shirt and Trousers

Military creases in the shirt are prohibited.

If a tie is worn (mandatory with the long-sleeve shirt), several varieties are available, but in all cases, the tie must be worn no more than 1 1/2 inches below the top of the belt buckle.

Aerospace and chaplain badges are mandatory. They are to be centered and worn 1/2 inch above the top of the left pocket or centered and 1/2 inch above the ribbons if worn.

For enlisted, center 3 inch chevrons halfway between shoulder seam and bottom of sleeve, with elbow bent. For officers, place shoulder mark insignia as close as possible to the shoulder seam. Senior NCOs may wear shoulder mark insignia instead of sleeve chevrons.

(Optional) Center tie clasp or tie tack between bottom edge of knot and bottom tip of tie.

For trousers, the bottom front of the trouser leg should rest on the front of the shoe or boot with

a slight break in the crease. The back of the trouser leg should be 7/8 inch longer than the front. Authorized shoes include black oxford (low quarters), black combat boots, or black dress boots. Wear plain black socks with all shoes. Plain white socks are optional with the boots.

The tip of the silver colored belt extends beyond the buckle facing the wearer's left, but no blue fabric shows.

Women's Short-Sleeve Blouse, Slacks/Skirt

Overblouse (rounded collar) may be worn with any of the available dark blue service skirts or slacks. It must be worn outside the skirt or slacks.

Convertible collar (pointed collar) blouse's necktab is optional except with service dress, maternity smock, wooly-pully sweater, or if higher decorum is appropriate or directed. May be tucked in or not with all service slacks or skirts. Bottom of blouse will not be visible below bottom of service coat or sweater.

See 35-10 on p. 4

Oops... In the November 1993 Vanguard, we erroneously reported that Master Sgt. David A. Collins was the first traditional (part time) member of the Virginia Air National Guard to graduate from the in-residence program of the Senior NCO Academy. Master Sgt. Salvatore J. Marclante, 192d FG Clinic, was in fact the first.

35-10 "Gotcha's"

During the December UTA, the following 35-10 discrepancies were noted: BDU pants not bloused at all or not bloused properly;
BDU buttons not buttoned;
no BDU belt worn.

COMMANDER'S CALL

Colonel Bill Jones, 192d Fighter Group Commander

I received a grand compliment last week. Sharon Haley (Ron Haley's wife) told me that she reads this column before reading the UTA weekend menu! Thanks, Sharon. That's a real boost. It's a good lead in for this column, too, because I want to address family issues—specifically, family support.

Master Sergeant Bobby Lamb is our base coordinator for family support (among many other duties). He is helping to plan and organize activities that foster support for families, especially those apart due to deployments and specifically for families involved with our current deployment to Turkey. Many others from our unit have been helpful to ease the burden of paperwork and red tape. Chaplains (Lt. Colonel) Gerry Stone and (Major) Charlie Woods have been proactive in meeting with family members and just being available for the moral support that we all need.

My better half, Diane, has become very involved with the program and is helping to make sure that families don't feel completely isolated when a family member needs to be away. Also, Colonel (retired) and Mrs. (Page) John Shurley are active members of this committee and are very experienced with helping families. Others have assisted too, and I appreciate all their support for this program. They are all special people.

It's important to note that when we talk about families, that term extends beyond spouses and children. There are parents, sisters, brothers, grandparents (sometimes grandchildren!) aunts, uncles and cousins (miss anyone?) who can be directly involved when one of our members is away on temporary duty. Their support is vital to the success of our mission. In a true sense, their service and sacrifices are just as important and significant as the member himself or herself.

In closing, I would like to say thank you to all the members of our extended family. You are special and your well being is important to us. God bless you all.

BILL JONES

Deployment Update

As this issue of the VANGUARD goes to press, the 47 people and three F-16 Fighting Falcons from the Virginia Air National Guard have arrived in Incirlik, Turkey, and are preparing to begin their mission over Iraq. Some folks are quartered in tents and the facilities are reported to

be "old, but nice." You can write to deployed members of the 192FG at the following address:

Name
CTF/Air National Guard
OPC II
APO AE 09369

JAGLINE *By Major Clyde Mathews, 192d Legal Office*

Preventive Law - Mobility Update: Wills and Powers-of-Attorney

Are you subject to mobility? Do you need a will or power of attorney?

In December, approximately 48 Virginia Air Guardsmen were deployed in support of Operation Provide Comfort II. Although all were volunteers with advance notice of the deployment date, five were identified during mobility processing as needing a will. That's 10 percent of our deploying airmen.

While this requirement was readily met by the legal office staff, it raises concerns about the personal "legal" readiness of our personnel. Applied to a full mobilization of the VaANG, "10 percent" equals over 100 individuals who might require a will or other legal document. That would present a formidable challenge.

A Last Will and Testament is an important part of any estate planning. It not only states who will receive your property, it also names your executor, the person who will be responsible for handling all of your personal and legal affairs. For parents of minor children, a will also allows you to appoint a guardian to take care of them and their property until adulthood.

The Legal Office provides advice to unit members on personal legal matters, which includes the preparation of wills and powers-of-attorney. Anyone in need of legal services during the UTA weekend should contact the Legal Office in Room 10, O&T Building, Ext. 6494.

35-10 - from p. 2

The beret, flight cap, or service cap is authorized with either of the blouses.

Ribbons: Rounded collar -- centered on left side between button flap and arm seam, 1 1/2 to 2 1/2 inches below bottom of the tab, horizontal with ground. Pointed collar -- centered like rounded collar, but even with or 1 1/2 inches above first button. For both, name tag even with bottom of ribbons.

Enlisted chevrons and officer/senior NCO shoulder mark insignia are worn the same as described for the men's shirt above.

Skirt length will be no shorter than the top of

the knee cap nor longer than the bottom of the knee cap.

Length of slacks legs is the same as men's trousers described above.

Shoes can be dress shoes (heels no higher than 2 1/2 inches), tie oxfords, dress boots (okay with slacks or skirt, but with skirt not in the work place), or combat boots (slacks only).

Hose must be worn with the skirt. May be plain, sheer, and nylon in neutral, dark brown, black, or off-black or dark blue colors that complement the uniform and individual's skin tone.

NEXT MONTH: 35-10 odds and ends

WESLEY BECOMES FIRST WOMAN COMMANDER

By 1Lt. Debra Fredette, HQ VaANG Public Affairs

Major Debra Carroll Wesley, commander of the 200th Weather Flight, is the first woman to command a component of the Virginia Air National Guard. She assumed her post on April 30, 1993, upon the retirement of Lt. Colonel Thomas Perrone.

Major Wesley began studying meteorology through the Air Force Institute of Technology in 1979. Her first duty assignment was as a wing weather officer at Moody AFB, Ga. Later assignments included consolidated forces forecaster at Osan AB, South Korea; staff operations officer for the 5th Weather Wing at Langley AFB, Va.; and officer-in-charge of weather operations at Riyadh, Saudi Arabia. She concluded seven years of active duty with a tour at Los Angeles Air Station, Calif.

Within two months of leaving the Air Force, she joined the 200th Weather Squadron.

"Commanding this unit is a challenge," Major Wesley said. "For us to perform effectively we need to keep morale high. It can be difficult maintaining high morale when we only see our client every three-to-four months. We stay focused on the mission and our part in it, which has been exciting because the mission is constantly evolving."



**Major Debra Carroll Wesley. Photo by
Master Sgt. Low Lauteslager.**

In her civilian career, Major Wesley teaches math at Newsome Park Middle School in Newport News. She is enrolled in the Air Command and Staff College program and is also working on her master's degree in mathematics education at Christopher Newport University in Newport News.

Major Wesley is from Fayetteville, Va. She lives with her husband in Newport News.

Black History Month Planning Continues

Lt. Colonel Francis L. Horne (Army-Ret), historian for the Tidewater chapter of the Tuskegee Airman Inc., will be featured speaker at the annual Flight of the African-American Guardsman banquet on Saturday, Feb. 5, 5:30 p.m. to 1:00 a.m., at the Holiday Inn-Airport.

Tickets are \$20 per person. For details, contact your section representative or TSgt Joyce Irby, Ext. 6465; MSgt. Vincent Harris, Ext. 6464; TSgt Lucille Carrington, Ext. 6393; or SSgt Rosa Banks, Ext. 6312.

PARADE - from p. 1

The following individuals have been selected or have volunteered to march in the 1994 Inaugural Parade on Jan. 15, 1994.

MSG Forrest Wilson	- 192d MSF	SSG Melissa Lindsey	- 192d RMS
TSG Ernest Washington	- 192d MSF	TSG Bryant Thorpe	- 192d RMS
SSG William Ames	- 192d MSF	SSG Shannon Bowman	- 192d RMS
MSG Robert Lamb	- 192d MSS	TSG Anthony J. Penna Sr	- 192d CAMRON
SSG Gregory Sprouse	- 192d MSS	SSG Dawn M. Mayer	- 192d CAMRON
SRA Eris Savage	- 192d MSS	TSG Ryland Y. Bailey Jr	- 192d CAMRON
SRA Priscilla Dowdy	- 192d MSS	TSG Dennis Wilson	- 192d CAMRON
TSG Carol Harris	- 192d Svc Flt	TSG Michael E. Coleman	- 192d CAMRON
TSG Larry Woodson	- 192d Svc Flt	SRA Steven A. Dawson	- 192d CAMRON
SMS Goldie Bailey	- 192d Svc Flt	MSG Richard L. Mabry	- 192d CAMRON
SMS Ed Shaw	- State Hqtrs	SSG Richard Williamson	- 192d CAMRON
SSG Alan R. Massengale	- 192d CES	SRA Walter T. Moore III	- 192d CAMRON
TSG Jerome K. Wade	- 192d CES	TSG Nelson M. Bryant	- 192d CAMRON
SRA John L. Day II	- 192d CES	TSG Robert Shefelton	- 192d Clinic
SSG Galen Harris	- 192d CES	SSG Susan Peirick	- 192d Clinic
AMN Kenneth J. Peterson	- 192d CES	SSG Raymond Overby	- 192d Clinic
SSG Glen T. Hester Sr	- 192d CES	MSG David Collins	- 192d RMS
TSG Barry Coleman	- 192d FG	LtCol James Grogan	- Project Officer
SSG Belinda F. Tignor	- 192d FG	LtCol Ralph Barker	- Alt. Project Officer
SGT Kristina Keck	- 192d FG	Cpt Carl F. Bess	- 192d CAMRON
SSG Ira J. Harper	- 192d FG	Cpt Mary Hodges	- 192d RMS
AMN Timothy D. Morris	- 192d RMS	Cpt George Holmes	- 192d RMS
SRA Jeffrey Messenger	- 192d RMS	Cpt Darrick Seale	- 192d MSS
SRA Charlotte Johnson	- 192d RMS	Cpt Michael R. Woody	- 192d FG
MSG Al Harrison	- 192d RMS	1Lt Eliot Evans	- 192d SPF
AIC Ann Mountain	- 192d RMS		

WINTER - from p. 7

Wear layered clothing because the layers trap heat between them. Layers can be removed if the person gets too warm, and they can be added again if the cold begins to seep through. The outer layer should be water resistant and windproof.

Remember to start off your run wearing lighter clothing than temperatures may seem to warrant, said the president's council. This is because the body generates a lot of heat and a person can become too warm.

A hat is mandatory, because a person loses a lot of body heat through the head. A hat also helps protect ears from frostbite. The president's council recommends a wool watch cap or ski cap.

People exercising outdoors should also wear gloves or mittens to protect fingers and hands from frostbite and scarves over their mouths to help prevent respiratory problems and the shock of cold, dry air being drawn into their mouths and lungs as they breathe. An alternative is to breathe only through the nose.

To Your Good Health

By Lt. Colonel Joan Brumfield, 192d FG Health & Wellness Officer

Exercise Caution in Winter Exercising

From American Forces Information Service

Some people settle in for the winter and turn into couch potatoes until the spring thaw. They drop running and other cardiovascular exercises. Then, come spring, they try to get into shape fast.

Don't let cold or inclement weather keep you inside and away from running or exercising outdoors this winter. Officials at the President's Council on Physical Fitness and Sports warn runners and others who exercise outdoors to watch out for hypothermia, frostbite, wind chill and dehydration.

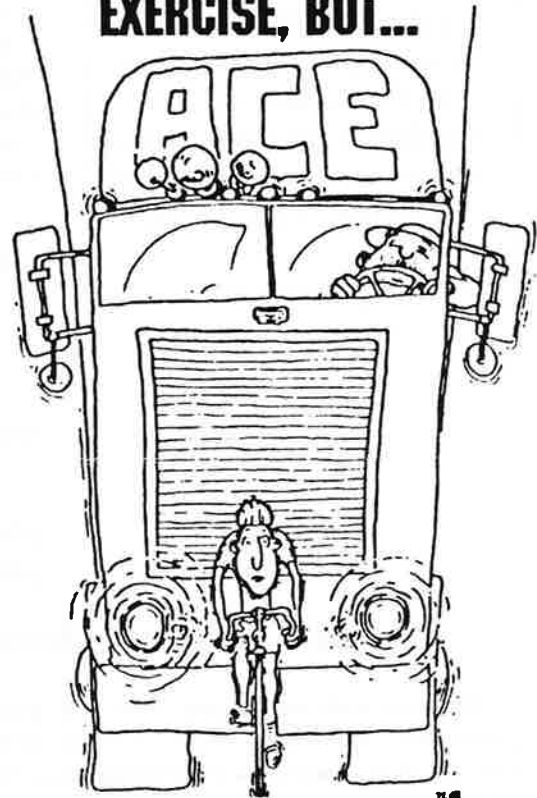
Most people associate dehydration with exercising in warm or hot weather, but it can occur just as easily in cold. Cold air is often dry, and people lose water by breathing and perspiring. To avoid dehydration, the president's council recommended drinking plenty of water or fluids while exercising.

Wind chill is double trouble. It can cause both hypothermia and frostbite. Wind chill measures the cooling power of temperature and wind as they hit exposed skin. For example, an outdoor thermometer might register 40 degrees Fahrenheit, but the apparent temperature would be subfreezing to a person standing in a breeze.

Hypothermia can result from a simple thing like sweat. If a person is running and becomes sweaty, clothes become wet, losing about 90 percent of their insulating value. The wind hits the clothes, driving cold air straight through to the person's body. The clothes freeze, providing no protection from the wind and cold.

Frostbite affects exposed or wet skin, especially the ears, nose, cheeks, fingers and toes. It can damage or even freeze the skin and what's below it.

**CYCLING IS GREAT
EXERCISE, BUT...**



**WATCH OUT FOR
SIDE EFFECTS.**

Frostbite can cause sensory loss, scars, arthritis and increased sensitivity to the cold. In worst cases, frostbite can lead to infection and tissue death, resulting in the loss of the limb through amputation.

A simple way to ward off hypothermia and frostbite is to dress appropriately for the weather.

See WINTER on p. 6

January Immunizations

The Immunization Section of the 192d FG Clinic will be open Saturday, January 8, from 8:30 a.m. until NOON. Yellow fever shots will only be given between 9:30 a.m. - 10:30 a.m.

Social Actions Update

**By Captain Darrick A. Seale
Social Actions Officer**

The laws concerning DUI (Driving Under the Influence of Alcohol) in the United States have become increasingly strict, as has Air Force policy under Article III of the Uniform Code of Military Justice. Penalties range from reduction in grade to 18 months confinement. However, if you travel abroad as a member of the Air Force, you can face even worse consequences. Consider the following penalties:

Malaysia -- not only is the driver put in jail, but his/her spouse as well.

Russia -- driver's license is revoked for life.

Bulgaria -- second conviction carries the death penalty.

El Salvador -- first offense carries a penalty of execution by firing squad.

The Social Actions staff is concerned about your career and your life. Please think before you drink.

Room Reservations

Effective with the January 1994 drill, you cannot be guaranteed a room if you have not made reservations by Thursday of the week prior to drill (eight days prior). That is the day we deliver room requirements to the motels, and they are not required to save additional rooms for us after that deadline.

We are also having a problem with people making room reservations for more nights than authorized. If you need a room for any night other than the Friday or Saturday of drill weekend, we will need a copy of your active duty orders or a copy of your NGB FORM 105 prior to reservations being made.

Anyone with questions should call Technical Sgt. Woodson in Base Services, Ext. 6315.

"Heads Up" For March ORI

Because of a projected shortage of rooms in the Richmond area in March during the ORI period, you should get with your section and decide when you will be here -- if at all.

There will be no single, pay-the-difference rooms. All rooms will be double. Please let Base Services know of your billeting needs as soon as possible.

A FEW GOOD WORDS...

By Chaplain, Major Charles E. Woods

(This article on relationships is the second in a two-part series that began in the November Vanguard)

In this new year of 1994, what will you be doing to improve on your relationships? Following are some techniques or tips on improving relationships.

1. See Relationships, Not Personalities. You will take a major step in improving relationships and avoiding conflicts when you learn to concentrate on the relationship, not the personality at the end of the relationship line. To keep working relationships in good order, it is best to observe what people do rather than what they seem to be on the surface. Concentrate on relationships and attempt to stay away from a critical analysis of personalities.

2. Practice the Mutual Reward Theory. When it comes to a one-on-one session with an individual with whom there is a conflict, a direct approach is not always the best. For many people a confrontation may be too stressful and uncomfortable. A better plan may be to initiate a discussion that develops a mutual reward approach.

This approach states that for a human relationship to remain healthy over an extended period of time, the benefits should be somewhat equal between both parties. What is important is that each participant views what they receive from the relationship as "satisfactory" to them. Both individuals should feel they come out ahead.

Using the mutual reward idea is a good idea because it takes an oblique rather than a confrontational approach. Not only is it easier to use, but with open communication a more satisfactory reward mix usually develops. In almost all relationship conflicts, reconciliation depends upon the creation of a more satisfactory reward system. This is the true meaning of "give and take" or "compromise" in conflict resolution.



3. Let Small Irritations Pass. How many times have you seen anyone come away the winner when they made a fuss over slow service in a restaurant or complained to a postal employee? Did they really win when they told somebody off on the telephone or become angry in a traffic jam? Or, worst of all, explode in the work environment?

You might feel it is good to "blow off some steam," but in most cases similar to the above a "short fuse" person either hurts his or her image, or winds up embarrassed and feeling foolish.

Even worse, if you "blew up" over a minor irritation that was nobody's fault and then recognized it later as being "dumb," it could ruin the rest of your day. The truth is (even though your complaint may have been justifiable) you become the victim, not the other party. How can you prevent this from happening?

Work on detaching yourself emotionally from the upsetting trivialities of life. Tell yourself over and over that "big people handle little irritations with grace." Train yourself to look beyond such incidents. One way to accomplish this is to "walk away" from the irritation counting and reminding yourself that life is too short to worry about minor annoyances. There are more important things to do.

CAREER

O
R
N
E
R

By Master Sgt. Bobby Lamb

STATE TUITION ASSISTANCE PROGRAM:

Individuals interested in receiving educational assistance through the State Tuition Assistance Program are reminded of the following schedule for submission of their applications:

Application for:	Application Due To CBPO-CEM Office NLT
Summer Quarter	April UTA
Summer Semester	April UTA
Fall Quarter	July UTA
Fall Semester	July UTA
Winter/Spring Quarter	November UTA
Winter/Spring Semester	November UTA

No one not previously approved for tuition assistance cannot be approved at the present time. Also, anyone applying for state tuition assistance must have at least two years retainability in the National Guard. Late applications cannot be accepted.

Does *your* boss practice
TQM?



TQM means supporting,
not pressuring

Recruiting News

By Master Sgt. Michael A. Duke

Contrary to popular opinion, the Virginia Air National Guard has some vacancies. Surprised? We are, too. We in recruiting can't understand why anyone would not want to join the "World's Greatest Part Time Air Force."

If you come in contact with someone who is interested, please tell them we have some vacancies and ask them to give us a call.

Here is a list of career fields we're currently recruiting for:

251X0 - Weather, 542X0 - Electrical
545X0 - Heating, ventilation, air conditioning
552X0 - Structural, 566X2 - Liquid fuels
566X1 - Utilities, 631X0 - Fuels
454X3 - Aircraft fuels, 452X5 - Aircraft electrical,
461X0 - Munitions, 781X0 - Food service

With your assistance we can fill these vacancies. If you give us a lead that turns into an enlistment, you may receive formal recognition under the Recruiting Lead Program. Thanks for your help!

MISHAP - from p. 1

duration of approximately 1.2 hours.

Fire fighting equipment was at the scene of the incident in fewer than two minutes, according to dispatched fire fighters, and the fire was extinguished in a short time. The Air National Guard fire fighters

work cooperatively with counterparts from Henrico County and the Richmond International Airport. The on-scene commander was Lt. Colonel Basil H. Evans. A team of active duty and guard personnel has been assembled and has begun to investigate the cause of the mishap.

VIRGINIA AIR NATIONAL GUARD

Headquarters, 192d Fighter Group
Richmond International Airport, Sandston, Virginia 23150-6109

Special Order M-4-Va

8 Dec 1993

1. UP Sec 502, Title 32, USC Sec 206, Title 37, USC, ANGR 50-01 and 192TFGR 50-01. All members of the 192d Fighter Group are hereby ordered to attend all unit training assemblies shown on this training schedule unless attending a split UTA (SUTA), or rescheduled UTA (RUTA) at Richmond IAP, Sandston, VA 23150.

UTAS: 08 Jan 94
09 Jan 94

- ORE DURING JAN 94 UTA

DEPLOYMENTS: 5-19 Mar 94, Annual Field Training
14-21 May, Ready Olympiad, Savannah, GA
11-25 Jun, Maple Flag, Cold Lake, Canada

SCHEDULED UTAS:	5 & 6 Feb 94	26 & 27 Feb 94	9 & 10 Apr 94	14 & 15 May 94
	11 & 12 Jun 94	16 & 17 Jul 94	13 & 14 Aug 94	17 & 18 Sep 94
	15 & 16 Oct 94	5 & 6 Nov 94	3 & 4 Dec 94	

2. AM assemblies will be 0800-1200 (Sat) 0700-1100 (Sun) and PM assemblies will be 1300-1700 (Sat) 1200-1600 (Sun), with the following exceptions: Assembly for one flight of Food Services Personnel: AM 0630-1030 (Sat) 0530-0930 (Sun), PM 1100-1530 (Sat) 1000-1430 (Sun). Additional duty hours to cover special work requirements such as pre-flight, post-flight, etc. will be scheduled by each unit as required. Each UTA will be no less than four hours duration excluding lunch periods.

3. Uniform will be BDUs, or as directed.

4. Commanders may utilize RUTAs to achieve training objectives using maximum availability of equipment and full-time personnel resources that cannot be achieved during UTAs and SUTAs. A RUTA must be requested, approved and documented in advance of the missed period.

5. Equivalent Training (EQT) may be authorized by commanders for personal attendance problems if requested in advance. EQT with pay must be performed within 30 days of the missed UTA and within the same fiscal year. EQT without pay (retirement points only) may be authorized when the individual is unable to make an EQT in pay status.

FOR THE COMMANDER


JACQUELINE J. ATKINS, GS-7, VaANG
Records Manager

DIST 'A' Plus 1 Ea: ACC/ADUBO; Chief, ACC/CRFG;
9th AF/CRFG, CV & IC; NGB/XOS & TE; 1913th ISG/CC
(AFCC); 1 FW/DO; 1 FW/LGSPC; 113th FW/SC; 1 CGS/
DPMD; HDQ/TCD/RF, Langley AFB, VA 23665-6343.

VANGUARD

This funded Air Force newspaper is an authorized publication for the U.S. military services. Its contents do not necessarily reflect the views of, nor are they necessarily endorsed by the U.S. Government, the Department of Defense, the Department of the Air Force, or the Virginia Air National Guard. The editorial content is edited, prepared, and provided by the Public Affairs Office of the 192d Fighter Group, Virginia Air National Guard, Richmond IAP, 5680 Beulah Rd., Sandston, Virginia, 23150-6109.

Church Services: Catholic Mass, Sat. 9:30 a.m.; General Protestant, Sun. 8:00 a.m.

Notary Services: Anyone requiring Public Notary Services can see Lt. Col. Barker in CBPO, Ext. 6318.

Vehicle Registration: Beginning September 1993, all individuals must be in compliance with 192FGR 125-1 (Motor Vehicle Registration). To receive DD Form 2220 (Department of Defense Registered Vehicle), individuals must produce a valid driver's license, ID card, and certificate of state vehicle registration.

Effective Sept. 1993: Law enforcement will be checking for valid DD Form 2220. For those vehicles not owned by the driver, a notarized statement from the owner of the vehicle specifying inclusive dates for which permission to use the non-owned vehicle was granted, is required.

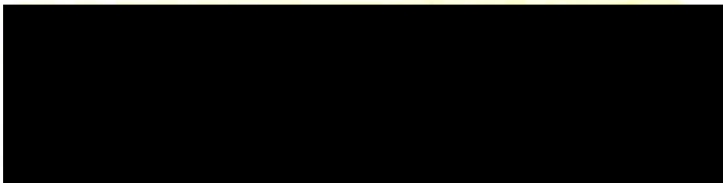
Flu shots required: Flu shots will be given every Saturday UTA, 0800-1100 in the Clinic. Remember, flu shots are mandatory.

MENU - JANUARY UTA

Sat.:	Baked Ham w/mustard sauce Sweet Potatoes Mixed Vegetables	Sun.:	Roast Beef Mashed Potatoes w/gravy Broccoli
--------------	--	--------------	--

Both Days: salad bar, assorted dressings, assorted bread with butter, dessert, koolaid and coffee.

BILLETING NEWS - BE SURE TO SEE INFORMATION ON PAGE 8 OF THE VANGUARD ABOUT MAKING BILLETING RESERVATIONS, ESPECIALLY DURING THE MARCH 94 UTA.



BULK RATE
U.S. POSTAGE
PAID
RICHMOND, VA
PERMIT NO. 999

192d Fighter Group
Virginia Air National Guard
5680 Beulah Road
Sandston, VA 23150-6109