



192d Fighter Wing
Virginia Air National Guard - Richmond IAP - Sandston, VA

192d gears up for exercise

The 192d Fighter Wing will undergo a validation deployment exercise during the November drill weekend.

Most of the planned activities will take place at the unit level, allowing members to get necessary training and giving Wing Plans staff a chance to identify areas needing work, while minimizing disruption to members' drill weekend schedules.

The purpose of this exercise is to keep unit personnel exposed to individual deployment requirements, and to conduct a "deployment equipment validation" so Wing Plans can correct several deployment equipment database problems, according to Maj L.J. Cerritelli, chief of the Wing Plans Division.

"This exercise is necessary for Plans, so we can improve the wing's deployment readiness program and our overall joint combat capability," Major Cerritelli explained.

None of the deployment workcenters will operate during this exercise; however everyone on mobility will have their folders reviewed and go through the unit processing briefing, within their squadron. Personnel deployment bags are not required for this exercise.

Packing equipment and other supplies and preparing pallets and shipping bins is an important part of this exercise, as is determining the actual weights and measurements of deployment rolling stock. The asphalt ramp will

'This exercise is necessary (to) improve the wing's deployment readiness program and our overall joint combat capability.'

be available for all duty sections with rolling stock, so weights and measurements may be gathered at one location. "No deployment equipment paperwork will flow, but we must validate weights and measurements of all deployment equipment and the configuration of all pallets and bins," Major Cerritelli explained.

"Units should create diagrams or take photos showing how items and equipment are placed on pallets and in bins, so packing configurations are the same every time. This information should then be included in your Unit Deployment Continuity Books for future reference."

Commander's Call

We need honest communication

In the September Commander's Call, I reviewed results from the seminar discussions on women's issues and some conclusions from surveys taken during social actions training sessions. This month, I will share some ideas and actions taken to improve our culture. First let me emphasize that we already enjoy an exceptional working environment and a healthy organization. New ideas are always welcome and we should all be committed to the improvement of **OUR** unit.

Communication

In several areas that we identified "for improvement" (negative comments, insensitive comments, stereotyping and male perceptions) I think that better communications and emphasis during training are key methods to influence and improve these areas. Many functions on base are dedicated to improving communications among our members. Training continues. We are making progress.

Facilities

We conducted a base inspection to determine the adequacy of restroom and shower facilities. We were not surprised to find that facilities for women (and men in a number of places) were lacking. This is not a quick fix area although some improvements have been made and major renovations (hanger) will incorporate better facilities. New construction (fuel farm, Club 2000) will have up-to-date design features for all.

Supervisor Knowledge

Lack of supervisor knowledge as to how to handle harassment claims could indicate a lack of training. I think it is difficult, maybe impossible, for supervisors to be experts on how to handle such claims. Again, communication is important. Commanders and especially first line supervisors need to know the policy and where to find help if needed. Major General Thackston (The Adjutant General) defines responsibilities regarding sexual harassment (23 Mar 95 policy letter). My 1 Apr 92 letter is current and clearly states unit policy. I am satisfied that specific guidance is in place—we will continue to work on communication.

Women's Council

We have established a working group to continually review and address women's issues. Second Lieutenant Jackie Minter, Master Sergeant Denise Jones and Ms Jenny Boyer have been appointed full time members of this group, although others are welcomed and encouraged to participate. I have asked Ms Boyer to chair this group. Specific responsibilities and duties have not been assigned. I am hopeful that their help as a support group will extend to our traditional members and can provide another avenue for better communication and continuous improvement. (Sounds like a "quality" program to me.)

In almost all instances, I have stated (or implied) that better communication can improve our unit. Without it, we will move backward. I am committed to moving forward! Thanks for your help.

BILL JONES, Colonel
192d Fighter Wing Commander

Ready to go -- Col. Robert Seifert, 192d Operations Group commander, arrived home Sept. 28 with the wing's first modified F-16. The aircraft now carries one of four reconnaissance pods the wing will test for the Air Force. (Photo by SrA Sophia Piellusch)



VAANG retirees meet monthly

Retirees of the Virginia Air National Guard meet on the second Thursday of each month, except December. The meeting convenes at 7 p.m. in Club 149.

Annual dues are \$12. Anyone with 20 or more years of service may join the group. For more information, call SMSgt Robert Walton at ext. 6541.

Pistol team heads for nationals

Four members of the 192d Fighter Wing Pistol Team headed for the Winston P. Wilson Combat Marksmanship Championships in Arkansas on Oct. 15.

The annual contest, hosted by the National Guard, ran from Oct. 16-20.

The best military marksmanship teams from across the country attend the competition. Wing members competing in the nationals included: TSgt E. J. Houghtalen, maintenance; SrA Kathy Kahlson, security police; TSgt David Simmons, maintenance; and TSgt Philip Thomas, maintenance.

Wing hosts Family Support Workshop Day

The 192d Fighter Wing is hosting a Family Support Workshop at the base Nov. 18 from 8:30 a.m. to 4:30 p.m.

This event is designed to inform spouses on the many issues impacting their families. Topics for the day include: benefits & entitlements; preparing for mobilization; Family Support contacts; and a period for open discussion.

If you are interested in attending this event, call TSgt. Bob Roza, base program liaison, at (804) 236-6710.

Club 149

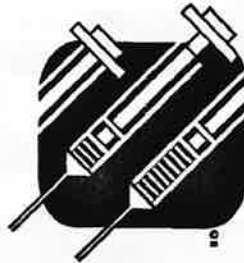
**o
r
n
e
r**

The annual Club 149 membership drive will be held at the Club 149 on Saturday, January 26. All members are encouraged to attend. Following the meeting, hors d'oeuvres, beverages and a DJ will be provided. So come on and attend. We are looking for some new faces and fresh ideas.

Flu shots given during November drill

Annual flu vaccines will be given to all Virginia Air National Guard members during the November drill. The 192d Medical Squadron will offer the mandatory flu shots both Saturday and Sunday, November 4&5, at Club 149. Medical staff will be on duty at the Club from 8:30 a.m. to 4:30 p.m. Saturday, and from 7:30 a.m. to 3:30 p.m. Sunday.

Giving the shots at the Club will allow medical staff to handle more customers and eliminate long lines.



Hospital officials ask all unit members to set aside time to get their shot during the November drill.

They also remind all unit members to bring their shot records when getting their flu vaccine. Failure to get the shot can result in loss of pay.

Individuals with allergies to flu shot should take medical documentation to the clinic so the information may be put in their records.

Chief Master Sergeants organize council

A Chief Master Sergeant Council has been organized for the Virginia Air National Guard. After many months of work by a number of "chiefs," a charter was adopted and officers elected.

The council is composed of all Chief Master Sergeants in the Virginia ANG. Their mission is to confer on matters affecting Air Guard enlisted personnel and act in an advisory capacity. The council will establish and maintain an open line of communication between senior leadership and enlisted personnel.

The council's objectives include:

- The professionalism among the enlisted corps by fostering esprit de corps within the total force, and by reaffirming the standards, customs and traditions of the U.S. Air Force and the Air National Guard.

- To enhance the prestige of noncommissioned officers and develop greater responsibility and leadership ability within the enlisted force.

- To act as a liaison between the wing staff and enlisted members on issues of interest to the enlisted force.

- Provide First Sergeants with support of enlisted issues.

- Sponsor and support a professional military force, including organizations established to support the enlisted force.

- Provide an exchange of ideas and suggestions to enhance readiness and competence in the enlisted force.

- And to provide recommendations to senior leadership concerning: enlisted policies and procedures, motivation, morale-building activities, recommending solutions to unresolved enlisted problems, professional development, recognition programs, and enhancing community relations.

To make suggestions or submit items for consideration by the council, contact any Va ANG Chief Master Sergeant.

MARE tests emergency response

The 192d Fighter Wing involved a number of its squadrons in a Major Accident Response Exercise during the October drill.

The exercise scenario kicked in around 9 a.m. Sunday with a "simulated" 55-gallon barrel of caustic acid spilling in front of Supply.

The command post was notified of the event and set response actions into motion. Security police rushed to the scene and cordoned-off the area, while Crash/Rescue personnel worked with environmental specialists to determine the nature of the spilled chemical and how to keep it from contaminating the environment. Supply personnel immediately evacuated the building and crash/rescue personnel searched it for injured people and removed the "injured" out of the contamination zone. The on-scene command post set up operations—managing and coordinating the myriad activities.

Medics treated five people with simulated injuries—four from Supply and one emergency response person. The medics assessed injuries, including broken bones, and acid burns and respiratory problems from "victims" inhaling toxic fumes from the chemical spill.

For many members of the Disaster Response Team, this was just one of many scenarios they've practiced responding to over the years. However, for several people, this was their first taste of disaster response and emergency management.

This was Maj. Ray Fleischer's first time as on-scene commander. Neither of the two primary people designated for on-scene commander duty were available when the exercise kicked off, requiring the command post to call the next person on the list. "I had no idea what was coming when the command post asked me to grab a radio

and get over there right away," Major Fleischer, the 192d Maintenance Squadron commander, recounts. "I really appreciated all the expertise I had around me. This was a very positive experience for me and a great learning opportunity."

Vice Wing Commander, Col. Bill Haymes reviewed command post duties, and shared some of Major Fleischer's feelings about the training exercise, "These exercises reflect potential, real world situations and offer very effective training opportunities. Our experts need to take the time to get their new people involved; these exercises offer great training and much-needed experience. This exercise successfully provided training for the many parts of our accident response team.

"The command post staff did an excellent job of keeping the commander informed."

The exercise debrief is scheduled for 10 a.m. Saturday, Nov. 4, in the Operations Briefing Room.

VANGUARD

This funded Air Force newspaper is an authorized publication for the U.S. military service. Its contents do not necessarily reflect the views of, nor are they necessarily endorsed by the U.S. Government, the Department of Defense, the Department of the Air Force, or the Virginia Air National Guard. The editorial content is edited, prepared, and provided by the Public Affairs Office of the 192d Fighter Wing, Virginia Air National Guard, Richmond IAP, 50 Falcon Road, Suite 30, Sandston, VA 23150-2524.

CE, SPs, cooks & forec

They loaded up the trucks and headed out early Saturday morning. No, they didn't convoy far, but members of the 192d Civil Engineers, Security Police, and Services Squadrons, along with forecasters from the 200th Weather Flight, went through nearly every step they would go through if they really deployed to a remote or bare base facility.

Their destination was the far west end of the base where there are enough woods and undergrowth for a team of "aggressors" to creep in and attack the camp or ambush a truck, and enough blood-thirsty mosquitos to remind folks that this was training and not a camping vacation.

Tents had to be put up, the field kitchen set up, perimeters secured, and the portable shower system assembled. Everyone pitched in and the encampment went up in fine form. Then the security police took over and put the civil engineers through the paces of base defense in a hostile environment.

The weather forecasters divided into two teams, armed with over-sized water guns and water balloons. They ran an Air Guard version of the Army's "capture the flag" war game.

Maj Joseph Mihalik, 192d CE operations officer, described the event as a great hands-on-training environment. "We try to recreate a bare base environment as much as possible and use only the equipment we would really have available. Most of the heavy equipment we have here today we borrowed from the Army; in many theaters of operation, that is what we would be using, not our Air Force rigs.

"No one wants to do this training in the classroom. Doing this in the field makes the

learning more fun, interesting and applicable. The troops practice everything from housekeeping and basic safety to performing highly-skilled tasks."

Most CE members look forward to this "annual weekend in the woods." MSgt Christopher Hodge said, "This is always a good experience for us...putting up tents, setting up lights, heating the tents, practicing cover and concealment tactics." MSgt Steve Chisenhall and TSgt Bill Drummond agreed and added, "It's great training for the younger folks and it's good for morale. This bivouac gives our younger troops the chance to really become part of the unit. You spend a weekend out here with everyone and you get to know people. This experience makes us a more cohesive unit. We look forward to this weekend every year, even if it always seems to rain while we're out here."

The weather forecasters went through similar activities with their "flag" war. They performed hasty camouflage, practiced tactical movements and escape, evasion and resistance maneuvers in the field. Maj Debra Wesley, 200th Weather Flight commander, described the field exercise as "serious, but fun learning."

Top & lower right photos: 200th WF members lived up their field training with super-sized water guns and hand-grenade water balloons.

Lower left photo: CE members rehearsed vehicle debarking and team defense procedures. Approximately 120 people participated in the drill weekend field exercise.

casters bivouac at home

Photos
by SrA
Sophia
Piellusch



News you can use:

Banquet committee meets, hosts bake sale

The African-American Banquet Committee will meet Saturday, Nov. 4, at 3 p.m. in the Maintenance Briefing Room. Committee leaders urge everyone to attend; they are seeking more volunteers to help plan the upcoming banquet.

Also, the committee is hosting a bake sale on Nov. 4 to raise money for the banquet. The committee asks all unit members to support their fundraising activity by bringing baked goods in Saturday morning and by purchasing "the yummys." Drop donations off at the maintenance hangar breakroom early Saturday morning.

The goodies will be sold at various locations throughout the day. For more information, call MSgt Dorothy Tatem at ext. 6367 or TSgt Veronica Sargent at ext. 6475.

Several traditional slots open in unit

The 192d Fighter Wing currently has a number of traditional Guard slots open in the E-5 and E-6 (SSgt and TSgt) pay grades.

Openings are in such career fields as pharmacy assistant, dietician, x-ray technician, optometry assistant, biomedical equipment repair, photographer and accountant, to name a few.

All the positions do require attending technical training school.

For more information about these and other retraining possibilities, call TSgt Bob Roza at ext. 6710.



*November
Celebrate Native American
Heritage month!*

National Guard Association dues on the rise

Annual and lifetime dues for membership in the National Guard Association of the United States are on the rise.

Effective Oct. 16, the cost of a lifetime membership increased from \$325 to \$1,000. For those not having a lifetime membership, the cost of annual membership dues has also increased. This amount increases with rank.

For more information about NGAUS and the new dues structure, call Maj Mike Woody at ext. 6592 or drop by his office, Rm. 32 in the wing headquarters building.

September Retirements

Lt Col Larry B. Wimmer, 192d Maint Sq
Maj Deborah L. Cowles, 192d FG
TSgt Shirley S. Taylor, 192d FG

October Retirements

Lt Col Dana R. Hamel, 192d FG
TSgt Maurice K. Mason, 192d Log Sq
TSgt Allen C. Ludwig, 192d Comm Flt
SrA James L. Peebles, 203d RHF

GOOD LUCK Retirees!

WELCOME ABOARD! September Accessions

Amn Andrew B. Motley, 192d Maint Sq
SSgt Denice R. Stephens, 192d Log Sq
SrA Thomas R. Farleigh, 192d Maint Sq
SSgt Mark S. Fortune, 200 Weather Flt
SSgt Daniel L. Burnham, 192d Log Sq
AB Edward P. Scherzer, III, 200 Weather Flt
A1C Brenda L. Moore, 192d Log Support Flt
SrA Rodney W. Freeman, 192d Log Sq
SrA Neil W. Keane, 203d RHF
SrA Stevan Boozer, 203d RHF
SrA Trevor C. Ball, 192d AGS
SrA Kenneth W. Mizzell, 203d RHF
SrA Peter E. Salitore, 203d RHF
SrA Timothy M. Lee, III, 203d RHF
SrA Dina L. Wells-Tanksley, 203d RHF

CONGRATULATIONS September Promotions

CMSgt Charles R. Sparks, 192d AGS
CMSgt Thomas H. Dameron, Hqs VaANG
CMSgt Edwin B. Shaw, Hqs VaANG
SMSgt Charles H. Martin, 192d AGS
MSgt Christopher Hodge, 192d CES
MSgt Russell G. Acors, II, 192d CES
MSgt Thomas C. Foard, 192d AGS
MSgt John T. Foege, 192d AGS
MSgt William K. Joyce, 192d AGS
MSgt Michael R. Mahoney, 192d Log Spt Flt
MSgt Lucille Carrington, 192d Log Support Flt
MSgt Jerry V. Johnson, 192d FG
TSgt Michael D. Guest, 192d Log Support Flt
TSgt Mark A. Homer, 192d Maint Sq
TSgt Thomas W. Langdale, 192d Maint Sq
TSgt Russell C. Labelle, 192d AGS
TSgt John E. Killin, III, 192d Maint Sq
TSgt Richard M. Williamson, 192d Maint Sq
TSgt Ralph P. Pietromonaco, 192d FG
TSgt John W. Pickard, 203d RHF
TSgt Robert McGhee, 192d AGS
TSgt Gerry L. Mabry, 192d Log Support Flt
TSgt Terry D. Ely, 192d AGS
TSgt William H. Dunston, 192d Maint Sq
TSgt Charles A. Poulin, 192d Maint Sq
TSgt Nathan A. Clark, 192d AGS
SrA Clarence L. Johnson, 203d RHF
A1C Jacob M. Mayes, 192d Maint Sq
A1C Richard B. Green, 192d Maint Sq
A1C Matthew B. Stoupa, 192d CES

U.S. readies for Great Smokeout

The 19th Great American Smokeout is Nov. 16. The American Cancer Society is sponsoring "The Great American SmokeScream" on that day.

The event's message, "You're Too Smart to Start" is intended to encourage children and teens not to start smoking and to correct the misperception that most teens smoke.

Fifth to ninth graders across the country will scream out against smoking at 2 p.m. Eastern Time. The event will mark the end of a week-long campaign against youth smoking in which schools will incorporate tobacco education into their daily classes.

According to the cancer society, on any given day, more than 3,000 adolescents smoke their first cigarette. And while the number of adult

smokers dropped from 30 percent of the population to 25 percent over the past decade, teenage smoking is increasing. Nineteen percent of high school teenagers smoked cigarettes daily in 1993, an increase from 17 percent in 1992.

The average age to start smoking is 13, according to a 1994 report by the U.S. surgeon general. Research shows a person who gets through the teen years without smoking will never smoke.

Although this year's event pays special attention to young people, the American Cancer society is not giving up on older smokers, said spokeswoman Elizabeth Bridgers. This year, the society expects 10 million smokers to participate by quitting for a day.

DINING FACILITY MENU

Saturday UTA

Baked Lasagna
Veal Parmesan
Steamed Rice
Green Peas
Parsley Potatoes (boiled)

Sunday UTA

Thanksgiving Dinner!
Roast Turkey
Giblet Gravy
Baked Ham with sauce
Mashed Potatoes
Candied Yams
Bread Dressing
Cranberry Sauce
Pumpkin Pie
Fruit Cake
Hot Rolls with butter
Green Beans
Assorted Fruit



Hunting season starts shortly. Remember to wear blaze orange or international orange clothing if you are hunting, hiking, fishing or biking in wooded or rural areas. Don't become a mistaken target; dress for safety during hunting season!

Dear Reader,

Here is a copy of the 192d Fighter Wing's official drill weekend schedule for calendar year 1996. Please pull this order for your use or to give to your civilian employer. Thank You.

-- The Vanguard

**VIRGINIA AIR NATIONAL GUARD
192d Fighter Wing (ACC)
50 Falcon Road, Suite 1
Sandston, Virginia 23150-2524**

Special Order

MX - 1

20 Oct 95

1. The following is the Unit Training assembly for the 192 Fighter Wing, Virginia Air National Guard, for the period of 1 January 1996 through 31 December 1996. All members of the 192 Fighter Wing, VAANG, are hereby ordered to attend all unit training assemblies as shown below:

06-07 January 1996	13-14 July 1996
03-04 February 1996	10-11 August 1996
09-10 March 1996	14-15 September 1996
30-31 March 1996	05-06 October 1996
18-19 May 1996	02-03 November 1996
08-09 June 1996	07-08 December 1996

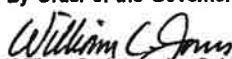
2. AM assemblies will be 0800-1200 (Sat), 0700-1100 (Sun) and PM assemblies will be 1300-1700 (Sat), 1200-1600 (Sun).

3. Excused absences from UTAs must be for a reasonable cause and must be arranged in advance by the individual and his/her supervisor. To be excused, an absence must be made up through equivalent training (EQT). EQTs with pay must be performed within 30 days of the missed UTA and within the same fiscal year. EQTs without pay (retirement points only) can be performed any time during the member's anniversary year. Only four (4) EQTs with pay are permitted each fiscal year.

4. Commanders may utilize rescheduled Unit Training Assemblies (RUTAs) to achieve training objectives using maximum availability of equipment and fulltime personnel resources that cannot be achieved during UTAs and SUTAs. RUTAs must be approved and documented in advance of the missed UTA.

Distribution
1 HQS ANG-OG
1 Ea Member
VAAG

By Order of the Governor


William C. Jones, Jr., Col, VAANG
Commander

Vanguard

November 1995

What's Inside

November deployment exercise..... 1

Unit news.....3&4

MARE.....5

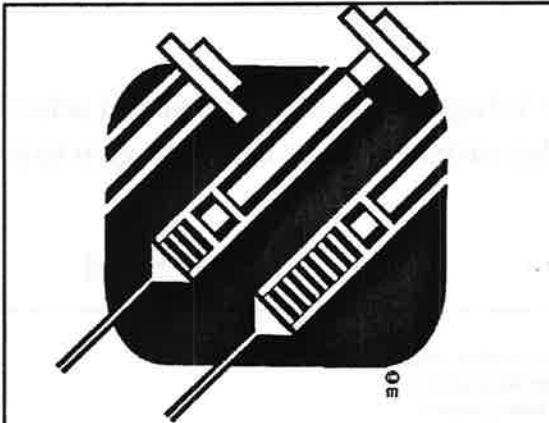
CE bivouac.....6&7

News you can use..... 8

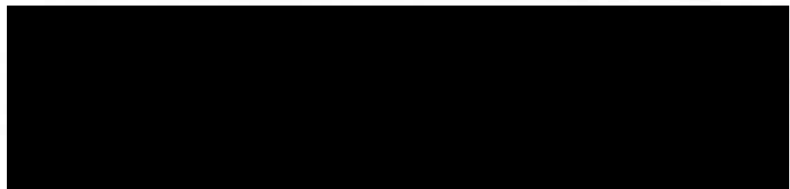
Personnel actions.....9

Menu..... 10

Official order/'96 UTA schedule..... 11



Annual flu vaccines will be given to all Virginia Air Guard members during the November drill. Medical staff will give flu shots Saturday and Sunday, Nov. 4&5, at Club 149 from 8:30 a.m.-4:30 p.m. Sat., and 7:30 a.m.-3:30 p.m. Sun.



FIRST CLASS
U.S. POSTAL
PAID
RICHMOND, VA
PERMIT NO. 999

192d Fighter Group
Virginia Air National Guard
50 Falcon Road
Sandston, VA 23150-2524