

VANGUARD

SPECIAL AFT EDITION

MAY 19, 2000



Saturday & Sunday, May 20-21

Take part in Family Fun & Safety Weekend

Family Fun & Safety Weekend kicks off at 1 p.m. Saturday with a Bike Rodeo in the parking lot behind the base Engine Shop. All youth participating in this activity must bring their bike and helmet, and be accompanied by a parent or a relative that is at least 16 years old must accompany all participants.

Bikes will receive a safety inspection and the youth will learn and practice stopping, maneuvering, bike riding techniques, proper wear of helmets and much more. Going through the entire activity will take about 30 minutes, notes TSgt. Mark Sturman, Bike Rodeo project officer.

Sturman also plans to have a local law enforcement officer and patrol car available for the youth to

check out.

A special hands-on 9-1-1 demonstration will be set up in the Security Forces classroom (upstairs in the Maintenance Hangar). Youth and adults will be able to pick up a phone, dial 9-1-1 and get a real Emergency Services telephone operator. "The operator will talk to you as if you were making a real emergency notification call," Sturman explained. "This is a great way to familiarize youngsters with 9-1-1 phone procedures."

Anyone interested in helping with Bike Rodeo activities may call Sturman through Central Security Control, ext. 6360.

Take Our Children to Work activities will run from 1-4 p.m. on Saturday afternoon, concurrently with the Bike Rodeo. **Please note that this activity combines the previously scheduled May 23 Bring Our Daughters to Work, and the June 10 Bring Our Sons to Work events.** Youth will be able to visit a number of base workcenters until 4 p.m. All children must be escorted at all times by a parent or another responsible adult (at least age 16).

Saturday evening, is Guard Family Night at the Diamond as the Richmond Braves play the Scranton/Wilkes-Barre Red Barons. Game time is 7 p.m.

Sunday (a non-duty day) will be devoted to Kings Dominion fun park. To help celebrate Year of the Family, Kings Dominion is offering Guard members and their families reduced

Family Fun & Safety Weekend 1- 4 p.m. Saturday

---Bike Rodeo by Security Forces

---Law enforcement officer and patrol car on display

---Hands-on 9-1-1 demo in the Security Forces classroom (upstairs in the Maintenance Hangar).

Take Our Children to Work Activities

---Fire Dept. equipment demos and youth trying on firefighting equipment

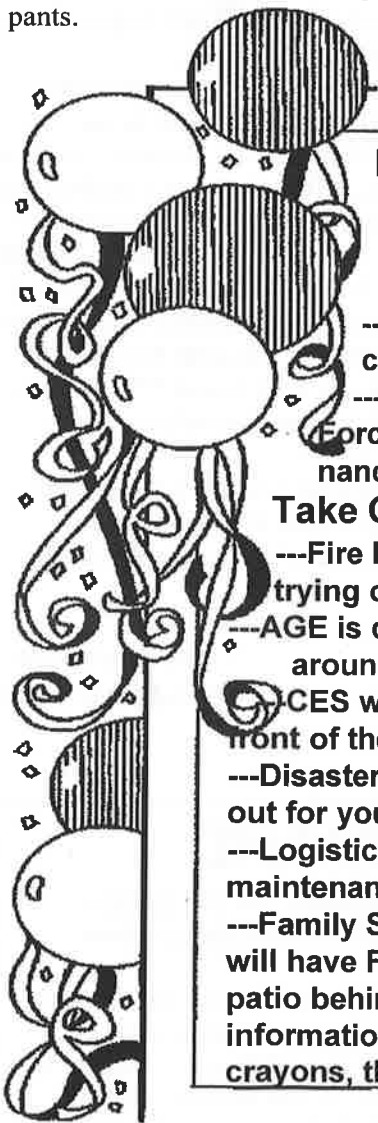
---AGE is doing a Tug pull (hayrack rides) around the base all afternoon

---CES will have heavy equipment on display in front of the CE squadron building.

---Disaster Prep will have chemical warfare gear out for youth to try on — also in front of CE.

---Logistics will have an F-16 static display in the maintenance hangar

---Family Support volunteers and Chapel staff will have FREE snow cones and popcorn on the patio behind the Dining Facility. Also free informational material and free coloring book/crayons, there.



2nd week dedicated to training

Base announces AFT schedule

Base personnel participated in a full round of mobility training, including aircraft generation and a deployment exercise, during the first week of annual training. The Fighter Squadron conducted Dissimilar Air Combat Tactics (DACT) training with the F-15 flying units of the 1st Fighter Wing at Langley AFB.

The second week of AFT will be geared toward ancillary and special training requirements. Classes include: Weapons Qualification, Chemical

Warfare, Safety, EO2000, Diversity, Self-Aid and Buddy Care, and the Supervisor's Safety Course. The training schedule is available on the base LAN. (Using the Explore option, click on "Applications on Varich05[K:]" then select the Shared Data folder, then the Training folder. All AFT classes and class dates are listed in this folder.)

The Diversity training classes scheduled for AFT will be held at the Holiday Inn located on Route 60 next

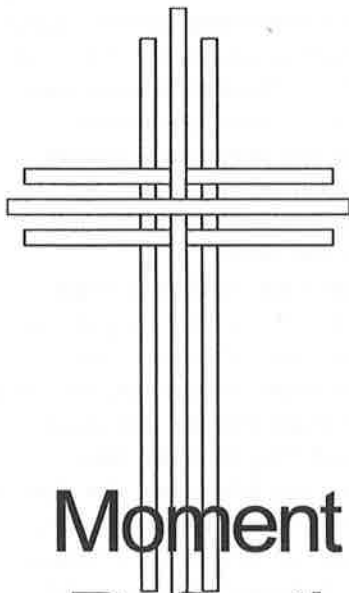
to Richmond International Airport.

The two-day class will be given: May 22-23 and 24-25. Class Time: 8 a.m.-5 p.m. daily.

Check with your supervisor or section manager for the classes you should attend and when.

Weapons Qualification (also called CATM) is a four-hour block of training to qualify you with weapons you may be tasked to use (the 9mm or M-16).

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Moment of Reflection

"Though an army besiege me, my heart will not fear."

Psalm 27:3

This Saturday, May 20th is Armed Forces Day. It is hard to imagine a more emotionally moving experience than a visit to the Normandy beaches of France. Here, on June 6, 1944, the Allies launched their invasion of northern Europe.

The visitor tries to imagine the feelings of the soldiers who were deposited in those shallow waters to face the deadly fire poured down upon them by an enemy protected behind massive bunkers. A walk through the cemetery there, which contains 9,000 graves, makes one deeply grateful to

all who have ever fought to preserve the freedoms we enjoy.

David, the psalmist, also knew about risking death while facing formidable enemies. However, we hear him say, "Though an army besiege me, my heart will not fear." David faced physical death when he fought Goliath. When facing our "Goliaths" at annual field training or anywhere else, we can repeat these words with full meaning. We can say with David, "The Lord is my light and my salvation --whom shall I fear?"

May God erase the fears of all who fight with Him as He stands beside us during our annual training days.

*"Peace be with you"
from your Chapel staff*

AFT SPECIAL EDITION VANGUARD

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Falcon Road, Suite 30, Sandston, VA 23150-2524. Write the PA office or call (804)236-6388 to submit material for publication.

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Base Dining Facility info for AFT

AFT BREAKFAST MENU

STANDARD BREAKFAST MENU

Scrambled Eggs
 Fried Bacon
 Sausage
 Hashed Brown Potatoes
 Creamed Beef
 Coffee, Milk, Juice
 Bread & Butter

MENU FOR Friday, 19 May

LUNCH
 Hamburgers
 Hot Dogs
 French Fries
 Tossed Salad
 Assorted Beverages
 Bread & Butter
 Yellow Cake w/Icing

DINNER

Ham & Cheese Sandwiches
 French Fries
 Tossed Salad
 Assorted Beverages
 Bread & Butter
 Dessert

Daily menu posted in Dining Facility.

A Special Thanks to our fellow Guard members from the Willow Grove (Pennsylvania Air National Guard) unit for the great job they've done for us, and for their continued support!

*Sincerely,
 the VaANG*

DINING FACILITY – MEAL HOURS

15-20 MAY	BREAKFAST	0600-0700
(MON-SAT)	LUNCH	1130-1230
	DINNER	1630-1730
21 MAY (SUN)	BREAKFAST	0800-0900
	LUNCH	1130-1230
	DINNER	1600-1700
22-25 MAY	BREAKFAST	0600-0700
(MON-THURS)	LUNCH	1130-1230
	DINNER	1630-1730
26MAY (FRI)	BREAKFAST	0600-0700

***ALL OFFICERS & AGR'S MUST PAY FOR THE MEALS**
****ALL ENLISTED PERSONNEL NOT STAYING IN THE MOTEL MUST PAY FOR THEIR MEALS.**

Family Fun & Safety Weekend...

Continued from page 1

tickets that day: \$21.50 for regular admission and for \$26.50 admission and an all-you-can-eat buffet.

Tickets may be purchased up through Saturday, May 20 from MSgt. Larry Woodson, 192d Services Flight, rm. 8 in the Wing Headquarters building.

Volunteers are needed to assist with the Base Family Fun and Safety activities which will be held Saturday, May 20 from 1-4 p.m.. Contact SMSgt Gamache, 1Lt Schlagel or LtCol Turner for more information or to volunteer.

How to get health care during AT

Unit members that incur an illness or injury during annual training at home station are authorized medical care at Kenner Army Health Clinic provided the condition did not exist prior to active duty. Call (commercial) 734-9000 for an appointment.

You must present your medical records, active duty orders and a valid ID card to be seen by the Clinic. POC: SSgt Lindsey, Ext. 6310.



Time to re-accomplish computer SATE training

SATE training is now available and all LAN users must take the current SATE Computer Based Training by **1 Sep 00**. This gives us AFT and 2 UTAs to accomplish this. The location for the SATE training is <http://www/cf/NEWSaTECBT/cgi-bin/nph-index.pl>. This link has been added to Start, Intranet Links or Start, Network Applications, Training, Sate Training, SATE Training (the scores will also be located here in the very near future).

On the Exam Results Sheet there are two options. One says to "Click here to end your computer based training session" and the other says "Click here to return to the Main Menu". In order for you to show up in the database as having passed the SATE Test (70%), you **must** click on the option "Click here to end your Computer Based Training session". If you click on File and Close/Exit or click on the "X" in the upper right hand corner to close out of SATE, then your score gets recorded as 0, thus not showing up in the database. Therefore, it is imperative that you print and give a copy of your Exam Results Sheet to your Unit SATE Manager, MSgt Bob Gray, XP.

If you do not show up in the database and you do not have this documentation, then you will have to take the SATE test over again.

Get tickets now for Hangar Dance

Tickets are now on sale for the Year of the Family Hangar Dance. The event will take place in the 192d's main Maintenance Hangar from 7-11 p.m. on Saturday, Sept. 23. Tickets are \$5 per person and are available through all base chief master sergeants. The evening will include a cash bar from 7-8 p.m. and light hors d'oeuvres. LtCol. Freddie Baylor will be spinning tunes for dancing and listening pleasure.

Week 2: AFT schedule...

Continued from page 2

Supervisor Safety Training is a two-hour block of training required of all E-6s and above. This is a one-time requirement. If you are an E-6 or above and you haven't had it yet, you should be scheduled for this training.

Chem Gear Initial/Refresher training is a two-hour block that focuses on the use and care of your chemical warfare gear--especially your mask.

Self-Aid and Buddy Care is a valuable four-hour block of in-the-field emergency first-aid training.

EO2000 is a four-hour course required by National Guard Bureau, for all National Guard personnel.

192d FW drill schedule & VaANG Calendar of Events

May (Asian-Pacific American Heritage Month)
No UTA scheduled

13-26: Annual Field Training at home station

17-19: Deployment exercise

20-21: VaANG Family Fun & Safety Weekend
(See page 1 story for activities. May 20 is a duty day, May 21 is a down day.)

20 May (Sat) 1-4 p.m.: Bring your family to work day activities. SFS will host a Bike Rodeo.

7 p.m.: Family Night at the Diamond

21 May (Sun): (Down Day) - Va National Guard Family Day at Kings Dominion.

22 May: Honorable Jay Katzen visits 192d FW

22-23 May (Mon & Tue): KC-135 Refueling Orientation Flight Program. Please contact your Orderly Room if you'd like to go one one of the four scheduled KC-135 flights. All names should be turned in to Col. Anthony Haynes, Vice Wing Commander.

23 May: National Spouse Day!

22-26 May (Mon-Fri): Ancillary/Duty Section Training

June

10-11: UTA (Should pay NLT June 23)

July

No UTA scheduled (No Vanguard in July)

August

26-27: UTA (Should pay NLT Sept.8)

19-23: Enlisted Association (EANGUS) National Conference, Bismark, N.D.

September

9-10: UTA (Should pay NLT Sept. 22)

12-19: National Guard Association (NGAUS)

121st General Conference in Atlantic City, N.J.

23-24: UTA (Should pay NLT Oct. 6)

23: World War II heroes honored (352d Bomb Squadron) reunion

23: Year of the Family Hangar Dance

This calendar reflects the drill/annual training schedule of the 192d Fighter Wing, and includes other VaANG events. If you have an event you would like to add to the calendar, call Public Affairs at ext. 6388, or visit the PA office during drill weekends (Wing Headquarters building, room 30--across from the Recruiters' offices).

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MAY 24, 2000



End-of-AFT News Briefs

Think, practice safety as annual training ends; holiday weekend, summer begin

Base leadership asks everyone to think and practice safety (Operational Risk Management) as personnel wind up annual training activities and prepare to head home.

"Be extra aware and cautious as you drive home from AT," reminds CMSgt. Wayne Keene, Base Occupational Safety & Health manager.

"Traffic on Friday will be extra heavy with people trying to get an early start on their Memorial Day weekend.

"This weekend also starts the annual 101 Critical Days of Summer," the chief adds. "As you start your summer activities, pay extra attention to personal and family safety. Please drive, swim, boat, hike, picnic and play safely this summer; and use the right tools and procedures if you're doing odd-jobs around the house or garage."

MPF closed Thurs pm

The Military Personnel Flight will close Thursday at 1130 hours and remain closed Thursday afternoon for in-house training. The MPF will re-open Friday morning.

Dining Hall serves

breakfast only Friday

The Dining Hall serves the last AFT meal on Friday morning. Breakfast runs from 0600-0700 hours. The

menu will include

Scrambled Eggs
Fried Bacon
Sausage
Hashed Brown Potatoes
Creamed Beef
Coffee, Milk, Juice
Bread & Butter

ALL OFFICERS & AGR'S
MUST PAY FOR THE MEALS
ALL ENLISTED PERSONNEL
NOT STAYING IN THE MOTEL
MUST PAY FOR THEIR MEALS.

Important

Pay Reminder

Finance reminds to Supervisors and Guard members on AFT orders that:

All personnel that signed in on a Roll Call MUST also sign out. Failure to do so may result in collection action against a person's pay record. Everyone is reminded to sign out through their Unit Orderly Room before leaving the base.

Finance will be available for Annual Field Training out-processing in the Base Chapel on Thursday and Friday, 25-26 May from 1300-1630 hrs. This will be for processing Travel Vouchers and mileage claims. Anyone with AFT pay questions may stop by the Chapel during these hours.

Ready for June UTA

Be sure to mark your calendar for the next drill weekend. The June drill is Saturday & Sunday, 10-11 June.

Practice safe e-mail,

computer procedures

Be sure to run the Virus scan software on your computer before leaving AFT. Also, according to Comm. Flt. computer specialists, there has been a small problem with some of the newer versions of the "I love you" virus.

They urge everyone to thoroughly clean out their e-mail boxes and delete any unwanted e-mails. Don't open any attachments with .vbs extensions on their file names and don't open any attachments unless you are expecting them.

If you're not sure about a document or file attached to an e-mail, call the person that sent it to you, computer specialists caution.

Wishing you & your family a Happy and Safe Memorial Day Weekend!

Get SATE exam results sheet to your unit SATE manager

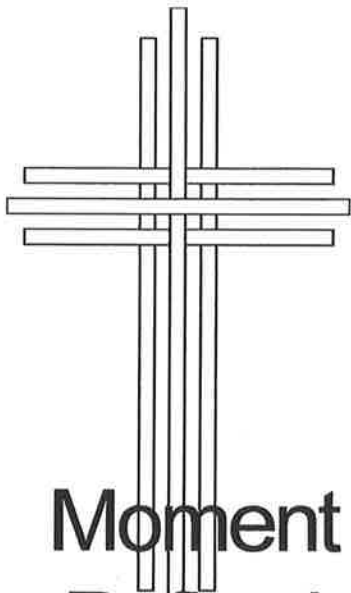
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Moment of Reflection

Maybe staying at the Best Western during AT is not your idea of a hardship tour or perhaps it is! Guard people know what it is like to be separated from family and friends even if it is just a drill weekend. At times we feel lonely and in need of companionship. Leslie Brandt paraphrases the Twenty-third Psalm in his book *Psalms Now* in a way that speaks to our loneliness.

"The Lord is my constant companion. There is no need that he cannot fulfill.

Whether his course for me points to the mountaintops of glorious ecstasy or to the valleys of human suffering, he is close beside me when I tread the dark streets of danger, and even when I flirt with death itself, He will not leave me. When pain is severe, he is near to comfort.

When the burden is heavy, he is there to lean upon. When depression darkens my soul, he touches me with eternal joy. When I feel empty and alone, He fills the aching vacuum with his power.

My security is in his promise to be near to me always and in the knowledge that he will never let me go."

Maybe the Best Western isn't a real hardship tour but this Chaplain still get lonely; and like all people, who feel isolated and alone, I need the assurance that God is near. The reality is, "He is."

Be safe on your trip home.

*"Peace be with you"
from Chaplain Charles Smith
& your Base Chapel staff*

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