

VANGUARD

Vol.44/No.10

November 2000



Recruiters finish year with high enlistments record

It's been more than 10 years since the 192d Fighter Wing recruiters have enlisted so many new recruits in one year, and it's a record they're proud of. There are many reasons for the increase, but a big part of their success is due to the men and women of the Wing who have helped sing the praises of the Air National Guard to their family and friends.

"The biggest reason we were able to recruit so many new people into our unit this year is because of the help from people already in our unit," said MSgt. Paul Stimpson, NCOIC of Recruiting. "If you're happy with what you're doing, you're going to share it with others."

According to the sergeant, several factors have led to the increase. Besides the fact that the attitude towards the military has shifted recently, more money has been allocated towards advertising. It is more common now than before to hear a radio spot or see a television commercial about the National Guard, and there's also been more billboard advertising.

"Awareness is everything in recruiting," Stimpson explained. "We have to keep our presence known whether we visit a school once a month or use the media."

TSgt. Angela D. Hill and TSgt. Josh L. Costen help round out the Wing Recruiting office. SMSgt. Michael Duke, who retired recently from the State Headquarters Recruiting and Retention office, and MSgt. Lloyd Meredith, 203d Red Horse Flight recruiter, were also instrumental in setting the new recruiting high. The



Image by MSgt. Carlos Claudio, 192CF/Multimedia

MSgt. Paul Stimpson (from left), NCOIC of 192d FW Recruiting; TSgt. Angela Hill and TSgt. Josh Costen are celebrating a record-high recruiting year!

recruiters brought 185 new recruits into the Virginia Air National Guard during calendar year 2000; and the three Wing recruiters were responsible for 142 of those new Guard members. "Virginia is a very large area to maintain," said the NCOIC. "It is a difficult area to manage with a small number of recruiters. Advertising becomes very important for us."

The sergeant also feels that Guard recruiters have an added benefit over their active duty counterparts, which helps Guard recruitment. "Our integrity as a recruiter is important, and it's easy to prove," he said. "We can let potential recruits come here and actually see where they're

going to do and meet the people they're going to work with. Active duty recruiters don't have that luxury."

With 100-percent, state college tuition assistance now available, this becomes a huge draw to high school graduates and college students. Also, most of the money recruits get is tax-free. According to Stimpson, it's been easy to sell the Guard's education benefits.

The opportunity to travel is also a big draw. Sergeant Stimpson also feels that patriotism has increased over the last several years. "People want to see what we have to offer, plus they get

Continued on page 8

Commander's Call

325d Reunion memories: 'I'll never forget their faces'

On September 23 an event occurred at the Virginia Air National Guard that will be indelibly etched in my memory. At approximately 0930, eight bus loads of WWII veterans arrived in front of our maintenance hangar to a heroes welcome. It would be the last reunion of the airmen who gave us our fighting legacy. One in four of these men died in aerial combat or was shot down and taken prisoner of war. Less than 100 are still living. I will never forget the faces of these great American patriots (old warriors) as they exited the buses. I will never forget the blushed faces of the ladies as they each received a long-stemmed, red rose. I will never forget the look of amazement that seemed to say, "I can't believe you're doing all this for me." I will never forget that nostalgic look on their faces as Eighth Air Force re-enactors saluted each soldier as they exited the bus. I will never forget the look of honor as they walked on 100 yards of plush red carpet leading them under a large banner titled "A Gathering of Heroes". I will never forget the look of pride as they were serenaded by the Colonial Fife and Drum

Corps. I will never forget the look of love as they gazed at 400 Virginia Air Guard members giving them a rousing standing ovation for 15 minutes non-stop. I will never forget their tears of joy and appreciation. And most of all, I will never forget those same looks and expressions on all of the faces of the Virginia Air Guard members.

September 23rd was indeed a glorious day in the history of our unit. I thank each of you, from the bottom of my heart, for what you did to make this event possible. On that day, there was a feeling of warmth and love that will remain with me forever. In my thirty years in the Air Guard, I have never had an event touch me so deeply. To me, that moment represented the essence of what the Virginia Air Guard is all about – an essence of love, respect and honor for our fellow soldiers in arms. It was one of our finest hours!



Col. Stephen R. Hicks



VANGUARD

This funded Air Force newspaper is an authorized publication for the U.S. military service. Its contents do not necessarily reflect the views of, nor are they necessarily endorsed by the U.S. Government, the Department of Defense, the Department of the Air Force, or the Virginia Air National Guard.

The editorial content is edited, prepared, and provided by the Public Affairs Office of the 192d Fighter Wing, Virginia Air National Guard, Richmond IAP, 50

Falcon Road, Suite 30, Sandston, VA 23150-2524. Write the PA office or call (804)236-6388 to submit material for publication.

The Vanguard is printed monthly and the deadline for submitting stories and photos is Sunday noon of the drill weekend of the month before you would like to see the item in print. Check out the electronic Vanguard on the base Intranet Web page and visit the VaANG on its Web site at www.varich.ang.af.mil.



Photos by 192CF/Multimedia staff: AB Michele Misiano, SrA. Culeen Shaffer and TSgt. Willie Jordan.





Moment of Reflection

"Aaron's Staff ... had not only sprouted but budded, blossomed and produced almonds."

Numbers 17:8

The doctor suggested that the elderly women consider using a cane to steady her gait. "I've lived 80 years without a cane," she said, and I'm not going to start now." Pride aside we all need support in weakness.

When the Children of Israel traveled through the wilderness, God instructed that a rod or staff is taken from each tribe, placed in the tent of meeting overnight, and the staff that sprouted would indicate whose leadership was to be followed. In the morning Aaron's staff, representing the tribe of Levi, not only sprouted with buds and blossoms but also bore ripe almonds.

Are there times when the Air

Guard road seems difficult? Have we found that we need support but pride gets in the way? Do we face grief, marriage problems, child raising, loss of job or property, sickness, and even death. The answer is "yes, we do" and we need support.

"Aaron's staff.... had not only sprouted but had budded, blossomed and produced almonds." That is a reminder that the living God is powerful to strengthen and help, to comfort and uphold us in our weakness and trials." "The Lord is our shepherd." "His rod and staff, they comfort us."

Your chapel staff



**VaANG
Family Day
Saturday,
Nov. 4**

**Fun & games for kids
all afternoon;
Picnic lunch in the
maintenance hangar;
Family benefits
briefings in morning.
Don't miss it!**

Come out Nov. 4 for Family Day activities

The VaANG Year of the Family Celebration, is set for Saturday, Nov. 4. All VaANG Headquarters, 192d Fighter Wing and 200th Weather Flight members and their immediate family members are invited. Retirees are also welcome to attend.

The event will start with a Benefits and Entitlements briefing which will take place from 9-11 a.m. in the base dining facility, building 3654, located behind the Wing Headquarters Building. This is particularly important for spouses who may not be aware of the entitlements offered to Guard members and their spouses. Topics will include Wills & Power of Attorney for both members and spouses, identification cards and medical benefits (DEERS), commissary and Base Exchange privileges, Service Group Life Insurance, Chaplain support, family care and much more!

Following the briefing, there will be a picnic-style lunch served in the hanger from 11 a.m.-1 p.m. The menu will include barbecue, hot dogs, Brunswick stew, baked beans, coleslaw and iced tea. Also, look forward to cookies, ice cream and cotton candy!

The rest of the afternoon will include family fun, music and games for all ages, which will be hosted by a professional Disc Jockey. Activities will include hayrides, F-16 fighter displays, Fire & Crash-Crew displays, an F-16 Pull competition, Bungee Run, Human Foosball, Rocket Moonwalk, Canopy Shuffle and 15-Person Twister.

Come out and join your fellow Air Guard members and their families in a day of fellowship and fun.

State joins military bases in historic pollution prevention agreement

On Oct. 19, Governor Jim Gilmore and Virginia environmental officials joined federal representatives from the Department of Defense, the Environmental Protection Agency and defense installations in the Commonwealth in signing a partnership charter to work cooperatively in promoting the use of pollution prevention techniques at military facilities.

"I'm very pleased that defense installations and the EPA are joining Virginia in this pollution prevention initiative," Governor Gilmore said. "This cooperative agreement will strengthen the ability each of us has individually to take positive steps that conserve our natural resources and improve the quality of Virginia's environment."

"The Department of Defense recognizes that our bases are not islands in the middle of nowhere," Deputy Under Secretary of Defense (Environmental Security) Sherri W. Goodman, said. "We are integral parts of the communities that surround us. This pollution prevention partnership with the citizens of Virginia indicates our commitment to work together to stop pollution before it starts. Through partnerships and trust everybody wins: the environment, citizens and the military."

The partnership will focus on identifying opportunities for preventing pollution, to reduce the amount of pollutants entering the environment or eliminate them entirely. The group will consist of environmental managers from DEQ, defense installations and EPA, who will meet on a regular basis to review pollution prevention practices common to defense installations and possibly transferring them to the private sector within two years; and initiating at least four cooperative projects among the participants every 18 months.

"We are looking forward to significant, measurable successes," Secretary of Natural Resources John Paul Woodley, Jr., said. "This is the first agreement of its kind in Virginia involving federal and defense agen-

cies, so we now have an important new tool in our efforts to protect the environment for all Virginians."

About two dozen participants signed the charter at a ceremony in the Capitol Rotunda.



Before the signing of the historic pollution prevention agreement, Maj. Gen. Claude Williams (far left, top photo), the Virginia National Guard's adjutant general, talks with Col. Stephen Hicks, 192d Fighter Wing commander; Col. William Prorise, VaANG State Headquarters executive support staff officer; and Brig. Gen. William Jones, Virginia's deputy adjutant general for air.

At left Maj. Gen. Claude Williams prepares to sign the pollution prevention agreement.

Meet members of the 192d Medical Sq.

Medical Lab staff here to serve



Image by AB Michele Misiano, 192CF/Multimedia

The 192d Medical Squadron's Medical Laboratory staff includes MSgt. Christine Cunningham (left to right), Noncommissioned Officer in Charge; SSgt.

Ronald Swinton, SSgt. Roxanne Strassburg, and SrA. Kalomi Goss. Lab staff member TSgt. Tony Gurganus wasn't available for the photo.

Welcome to the 192d Medical Squadron's Medical Laboratory. We currently have five laboratory technicians assigned. We conduct blood drawing and basic lab testing, which includes urine dipstix and blood hemoglobin measurement.

The NCOIC is MSgt Christine Cunningham. Also assigned are TSgt. Tony Gurganus, SSgt. Ronald Swinton, and SrA. Kalomi Goss. We have all completed a one-year technical school, which consists of four months of classroom and nine months of on-the-job training. We have a varied amount of experience, ranging from one to twenty years.

Every member of the Virginia

Air National Guard eventually visits the laboratory — when you have your physical, or for any other reasons you may need bloodwork done. Hopefully we can put your fears to rest and make your experience as pleasant as possible.

One of the most important points to remember in order to ensure a smooth process in the Medical Laboratory is to arrive early and remember to fast! A ten to twelve hour fast is required, but please drink water and take any prescription medication if necessary. Eating before cholesterol screenings will falsely elevate the results, and then you would need to be counseled and monitored.

Another important point to

remember is that we collect bloodwork to ensure each member is healthy and able to perform their part of the unit's mission. These blood tests help us to screen for several conditions that may prevent you from fulfilling your mission, but most importantly, impact the quality of your life. We are constantly evaluating our process to achieve the most efficient way to fulfill our mission and to serve you. Let's work together to make this process a successful one!

—MSgt Cunningham, NCOIC
192d MDS, Medical Laboratory

Optometrist offers advice on reducing, relieving computer-related eye strain

Computers are everywhere today and so are complaints from computer users about headaches, dry eyes, blurred vision and other symptoms of eyestrain.

Although there is no evidence that using a computer causes vision problems, it can cause Computer Vision Syndrome (CVS). CVS is a catchall term for the eyestrain symptoms that can impact computer users' productivity and leave them feeling tired and miserable at the end of the day. The good news is that CVS can be eliminated. Here is how to do it:

—Don't take a vision problem to work. Even if you don't need glasses for driving, reading or other things you do, you still may have a minor vision problem that can be aggravated by computer use. You may need a mild prescription to wear only on the job to reduce vision stress. A thorough eye exam every year for computer users is a good idea.

—Be sure your glasses meet the demands of your job. If you wear glasses for distance vision, reading or both, they may not give you the most

efficient vision for viewing your computer screen, with is about 20–30 inches from your eyes. Tell your optometrist about your job tasks and measure your on-the-job seeing distances. You may benefit from one of the new lens designs made specifically for computer work.

—Take alternative task breaks throughout the day. Make phone calls or photocopies, etc. Consult with co-workers. Do anything that doesn't require your eyes to focus on something up close.

—Reduce room lighting to half normal office levels. An easy way to do this is to remove half the bulbs from the ceiling fixtures. Use desk lamps for tasks that require more light.

—Minimize glare on your computer screen with a glare reduction filter (look for one with the American Optometric Association's Seal of Acceptance); by repositioning your screen, and by using drapes, shades or blinds. You can also ask you optometrist about eyeglass lens tints and coatings that can reduce glare.

—Use an adjustable copyholder

to place reference material at the same distance from your eyes as your computer screen and as close to the screen as possible. Your eyes won't have to keep changing focus when looking from one to the other and you won't have to keep moving your head or eyes back and forth.

—Adjust your work area and your computer for your comfort. Most people prefer a work surface height of about 26 inches for computer use. Desks and table are usually 29 inches high. Place your computer screen 16–30 inches from your eyes. The top of the screen should be slightly below horizontal eye level. Tilt the top of the screen away from you at a 10–20-degree angle.

—Clean your computer screen frequently. Dust and fingerprints can reduce clarity.

Following these steps can enhance a person's comfort and productivity when using a computer.

—Maj. Gregory Jellenek
Chief of Optometry Services



Recently promoted, Maj. Gregory Jellenek (right), chief of the 192d Medical Squadron's Optometry Services section, conducts an eye exam on Capt. Rochelle Hart as part of an Air Force physical examination. Assisting Jellenek is SrA. Gregory Chew, optometry technician.

Image by AB Michele Misiano,
192CF/Multimedia

Teach children to be safe now!

Office offers advice on Internet safety for youth

The family advocacy office at McConnell AFB, Kan., sponsored an Internet Safety class recently, designed to help children learn how to use the Internet properly.

The class, taught by officers from the Wichita, Kan., Police Department's Exploited and Missing Child Unit, instructed the children on the do's and don'ts of the Internet.

"The goal of the class is to help prevent crimes against children," said Phyllis Morgan, 22nd Medical Group family advocacy officer. "We hope to do this by teaching the children about the potential risks of using the Internet."

The idea for this class came from a Family Advocacy providers' conference, Morgan said.

"We have seen a lot more of the Internet coming into play with cases of abuse," said Capt. Sherry Cullins, 22 MDG. "And it is not always sexual abuse, sometimes it is neglect."

An example of this would be parents who get so involved with the Internet that they fail to provide adequate care for their children, she said.

While the class hopes to reach parents, the main focus is the children.

"The worst end of the scale is

having your teenage son or daughter corresponding with someone on the Internet who will talk him or her into meeting that person downtown and having something bad happen to them," Cullins said. "The purpose of this class is to prevent that from happening."

Cullins said parents need to be involved and monitor what their children do on the Internet. She said the people who prey on children are proficient at what they do, so parents need to stay on top of what their children get into.

With the growing use of the Internet by children, youngsters need to be aware of how to properly use it, what some of the risks might be, and how to protect themselves.

Officer Lem Moore, a member of the EMCU and a 9-year veteran of the Wichita Police department, compared the Internet to the city of Wichita, and the different sites on the Internet to the different businesses in Wichita.

"The Internet has many different uses," Moore said. "It can be used for shopping, doing business, performing research and chatting. And it is this last use that has the greatest risk."

Many times the people on the

other end of chat sessions aren't really who they say they are, Moore said. Sometimes it is an adult who is pretending to be a child to win a chatter's trust and lure him or her into a bad situation.

Moore said not to give out personal information such as names, addresses, phone numbers, physical description or school over the internet. This could allow someone to find out where the child lives and possibly harass or abduct him or her.

Another risk to children on the Internet is exposure to inappropriate material, Moore said. The best way to prevent this from happening is to install filters on the computers. The filters will allow parents to decide which sites are appropriate for their child to visit and which ones are not.

"While filters help block most of the inappropriate material, they don't always block out all of the cyber-crud," Moore said.

Moore said using the Internet is a big responsibility and children need to use it responsibly. If a child should happen to go to an inappropriate site or be harassed or threaten on the Internet, he or she should report it to his or her parents immediately. (AFPN)

Recruiters enjoy record-high enlistments...

Continued from page 1

great benefits and get to serve their country too," he said.

When asked why he thought the 192d is having so much success recruiting compared to some other units, he said, "We're successful because we're in the greatest unit there is! We have a great bunch of people here and there is a lot of camaraderie displayed. Also, I'm finding that people want to stay here a long time—even longer than 20 years. That speaks for itself for our record here," he commented.

The recruiters hope to keep the current trend continuing. Keeping up with their aggressive 'beat the street' attitude, they want to keep putting good people into jobs they know will work for them. "We've had a great year so far, but we can always do better," Stimpson concluded. "Retirements are always happening. Our goal is to keep creating new ideas to keep the 192d the great unit that it is. And with the help of the great people already in the unit, I know we can get the job done!" Call 1-800-643-7456 with your referrals today!

by SrA. Ann Martin, 192d FW Public Affairs

Special thanks to reunion sponsors!

Our 352nd reunion program listed COSTCO as one of our event sponsors. The sponsor that should have been listed was SAM's Club, 9440 West Broad Street in Richmond. Their generous help us to support that grand event. Please remember them and all of the reunion's corporate sponsors as you begin your holiday shopping.

Computer security requires common sense, safeguards

"What's your computer password?" the helpdesk person asked the young noncommissioned officer.

"Just key in 'PASSWORD,'" the NCO answered.

It is exchanges like this that give network administrators fits.

It's a cyberworld and protecting information is at the heart of the trust people put on information gleaned from computers. You wouldn't leave your wallet lying about or leave your car unlocked, but people — often smart people — leave their computers unsecured.

Master Sgt. Jeff Hoopes is the security manager for the Defense Information Systems Center in Washington, D.C. He has a number of common sense precautions people should take to safeguard their computers.

Passwords are the first line of defense for computer users. Hoopes said computer users should have a "strong" password that does not contain any word found in a dictionary or used in a normal conversation. He said reversing a word or name can still be easily cracked.

"A strong password should also contain a mix of numbers, upper and lower-case letters and special characters with a minimum of seven characters," he said. "Ktr#i9Q" is an example of a strong password.

Don't tape your password up next to your machine, Hoopes said. And avoid using the same password for every site.

Hoopes said people should avoid suspicious e-mail with attachments from anyone. "A virus can often come from a trusted source that was infected," he said. The "I Love You" virus, for example, spread by attaching itself to e-mail addresses in users' personal address books.

He also advised users to install

anti-virus software and apply vendor updates, as they become available. Scan your system for viruses regularly. He said users should apply security patches to update their operating system and applications as needed. He suggested users point their browser toward <http://updates.zdnet.com/>, and click on the "My Updates" button to have the program check their computer system and recommend updates.

People should use credit card information on the net wisely, Hoopes said. "Only use secure sites," he cautioned. Web browsers indicate secure sites with a lock icon and "https://" preceding the Internet address. People who are still concerned about using their credit cards online might consider getting and using a credit card with a minimal credit line, he said. Also, some credit cards will also promise "zero liability" for Internet fraud.

Everyone should minimize the personal information they share online,

he said.

"You should always use Internet-only nicknames or 'handles' to protect your identity on chat sites or bulletin boards," Hoopes said.

Finally, he said people should use encryption or other tools when transferring sensitive information over the Internet. The current common encryption standard is called "128-bit SSL," for "secure sockets layer." The two major Web browsers, Microsoft Internet Explorer and Netscape Navigator, can both be configured with 128-bit SSL or upgraded to it. The previous 40-bit SSL standard found in older browser versions is no longer considered safe in the face of code-cracking hackers.

Hoopes said people who have questions about their office computer security should contact their network administrator or helpdesk. At the Virginia Air National Guard, e-mail the Helpdesk for assistance. (*American Forces Press Service*)

Check out improved AF e-forms, FormFlow assistance on Web page

Additional help is now available for Air Force people having trouble filling out electronic forms.

The Air Force Departmental Publishing Office Web site has incorporated under its "Frequently Asked Questions" feature information on FormFlow problem solving, said Carolyn Watkins, director of the AFDPO.

"The department designed this feature for the Web site to ensure everyone has the necessary knowledge about FormFlow to successfully incorporate it into day-to-day business," Watkins said. The site will also feature a trouble report log specifically for FormFlow users that will be updated periodically and allows

customers an opportunity to send in their questions, she said.

The Web site is one of the best sources and most widely used tools for obtaining information, according to Watkins. In addition to the Web site, customers can call the customer service desk at DSN 754-2438, commercial (202) 404-2438; or send an e-mail to ets@pentagon.af.mil. They will receive an answer, a call-back or e-mail message with a response.

"This additional navigation tool will inevitably make this critical portion of our Air Force more effective," Watkins said. Check the Web page out at <http://afpubs.hq.af.mil/>.

Computer-chip enhanced Smart card will be multi-purpose

203d RHF: Test base for new AF ID card

Three Air Force bases and an Air National Guard unit will begin testing the software used to produce a new Department of Defense common access card in November, Air Force officials in Washington, D.C. said. The new card will eventually replace the standard military identification card.

Langley AFB, Va.; Osan Air Base, Korea; Ramstein AB, Germany; and the 203d RED HORSE Flight in Virginia Beach, were selected to begin the initial phase in of the card that's been dubbed a "smart card" because of its embedded microchip, magnetic stripe and two bar codes.

In October, DOD began issuing the new multi-purpose card which will become the standard ID card for about 4 million active-duty members, reserve, civilian employees and eligible contractors.

More than just an identification card, it will eventually allow physical access to secure areas, permit entry into computer networks, and serve as the authentication token for the public key infrastructure.

The common access card uses cutting-edge technology to reform business processes, eliminate paper-based activities, ensure network security and enhance military readiness.

According to Col. William P. Nelson, Air Force director of architecture and interoperability, the new card can store up to 32 kilobytes of information, of which a portion is reserved for service applications.

"The Air Force will initially allocate its space by migrating existing smart card applications to the common access card," he said. Existing applications include the Falcon card issued to cadets at the Air Force Academy, Colo.; the Recruit card, issued to trainees at Lackland AFB, Texas; a Standard Asset Tracking System in use at 21 bases, but soon to be implemented Air Force-wide; and the

Deployment Personnel Accountability Readiness Tool.

The common access card will be phased in over three stages. The first phase is the testing at Langley, Osan, Ramstein and the 203d. The second phase, beginning in January, will add Hurlburt Field, Fla., and will test the SATS application. The third phase will involve issuing the new cards to about one-third of the Air Force target population in February 2001, with the remaining two-thirds getting their cards by September 2002.

"The phase in will be accomplished base-by-base, probably through normal attrition, but DOD is still working out details," Nelson said.

The new ID is based on "smart card" technology that stores and processes information on an integrated microprocessor chip. Embedded within the card, this chip is a small computer without a monitor or power supply. It has the capability to read, write and perform various operations on several thousand bytes of information. The common access card is about the size of an average credit card and will incorporate linear and two-dimensional bar codes and a magnetic stripe in order to enable the card to support other functions, either on a department-wide or individual command basis.

Among the possible activities being considered on a department-wide basis are processing food services charges in military mess halls and updating manifest and deployment data. Also being evaluated are placing individual medical and dental information on the card, as well as student status, armory and property accountability, training, and firing range performance.

"I applaud the fact this card gives our people a key technological tool to improve performance while protecting individual privacy," said

Under Secretary of Defense for Personnel and Readiness Bernard Rostker, whose office assisted in the development of the card.

To protect privacy, the card is designed with minimum information to support its identification, access and management features. It complies with the Geneva Convention for the Uniformed Services. While the card will not include a personal handwritten signature, it will store certificates to enable cardholders to digitally sign documents such as e-mail, encrypt information, and establish secure Web sessions to access and update information via the Internet. These provisions are intended to enhance individual privacy in the department as computerized systems replace paper-based systems.

Each card is expected to cost about \$6 to \$8. Costs are expected to decrease as larger quantities are purchased and technology and competition improves.

Development of the common access card culminates almost a decade of DOD interest in smart card applications. Initially, it was seen as a means of conveniently transporting small amounts of information, but advances in technology allow increased storage as well as the capability to conduct secure data transfer and on-line transactions.

"In November 1999, the DOD leadership charged us to innovate by exploiting smart card applications throughout the department," said Paul Brubaker, deputy chief information officer of the Department of Defense, whose office oversaw the technological development of the card. "The common access card answers the mail by allowing us to realize the potential that technology offers."

(Air Force News Service)

VaANG to host ALS program at 203d RHF

Five weeks in-residence right here in Virginia. That's right! The VaANG will soon be offering Airman Leadership School (ALS) right here in Virginia. To top it off the trainers are from Virginia Air Guard units.

Led by MSgt. Roberta U. Canez-Jenkins of the Logistics Support Flight, will serve as flight chief. ALS in Virginia will become a reality on July 9, 2001, when the first class gets under way. The diverse and talented instructors for this Professional Military Education course include MSgt. Ralph Pietromonaco and SSgt. Michele A. Morring, both from Finance; SSgt. Dannie Burgess of the Chaplain's office; MSgt. Judith Brandon from base Education and Training, and MSgt. Frank Gonzalez of the 203d Red Horse Flight.

Morring, Brandon, Burgess, and Canez-Jenkins have already attended the two-week Airman Leadership School Instructor Course and are eager to begin.

Morring, who recently completed ALS herself, is really fired up about the opportunity. "I'm just so excited,"

she said. "It'll be hard waiting for July."

ALS will be held at the 203d in Virginia Beach. The curriculum is



centered on leadership, communications and the profession of arms. "It is an academic course that will serve an airman well, not only in their military career," states Canez-Jenkins, "but also

in their civilian work." Completion of the course, in residence or through correspondence course, is required for military promotion to staff sergeant. Another benefit of attending ALS in-residence is the eight college credits a person receives upon successful completion. Other pluses of attending ALS include the opportunity to meet people from other units, career enhancement and even more importantly for some, in five weeks you will have completed the PME requirement. No CDC course deadline hanging over your head, points out the ALS instructor.

Canez-Jenkins and Burgess are currently teaching ALS at McGhee-Tyson ANG Base outside of Knoxville, Tenn. They admit they are really enjoying what they are doing. "We're having a blast," the sergeants say. "We're meeting students and learning from them."

In order to qualify for ALS, a person must be a SrA., and have been in the military for at least 48 months. Contact SMSgt. Mike Gates, NCOIC of Base Training, at ext. 6590 for more information about enrolling in ALS.

Two new instructors discuss their ALS experience

Two unit members who completed Airman Leadership School (ALS) just last year, returned with ideas and high recommendations for others to attend the course. Both have recently been selected to serve as instructors for the ALS program that will start at Camp Pendleton (Virginia Beach) next summer.

Then SrA. and now SSgt. Michelle Morring, Military Pay technician, attended ALS at the 118th Airlift Wing Army Air Base in Smyrna, Tenn., from Feb. 22 to March 26. Her purpose for attending was preparation for a position as an NCO. "I learned a lot about the history of the Air Force — dating back to the Army Air Corps days. I believe I understand

better where and how I fit in now," she said. "ALS focused on teams and togetherness. It was easier for me to learn my strengths and weaknesses through the people around me."

Then SrA. and now SSgt. Dannie A Burgess, Chaplain Service Support staff, attended ALS at McGhee-Tyson ANG Base, Tenn., from March 8 to April 8. He said ALS made him more aware of the roles and responsibilities of an NCO. "I was most touched by the many people from different career fields that I met and how we were able to come together to form a team," he recalled.

Recommend ALS? "Highly," said Burgess. "In a residence course I'm sure you get more than through a CDC

(correspondence course). The interpersonal relationships with instructors assist you in understanding, and you get the perspective of others in your class," he added.

Morring also recommends attending ALS with a strong, "Definitely." You get a better sense of the leadership and supervisory skills you're learning. In residence you have the opportunity to apply what you learn in skits, role playing and through speaking assignments, and receive immediate feedback," she said.

both ALS stories by
TSgt. Michael Rawlings,
192d FW Public Affairs

AF Memorial approved, needs contributions

Congress extends fundraising deadline

On Oct. 13, President Bill Clinton signed House Resolution 4583, the Air Force Memorial Authorization Extension. This legislation gives the memorial's foundation more time to raise the funds needed for construction, finalize the memorial's design and resolve any remaining issues regarding its location.

Initiatives to build an Air Force Memorial began during the Gulf War, as the use of air power became a critical driving force in the mission's success. By Nov. 1993, both houses of Congress passed an enabling legislation, which authorizes a private foundation to obtain the needed funds and approvals for a memorial's design and location within seven years. Clinton signed Public Law 103-163 the following month, officially authorizing the memorial to be built. This started the seven-year process, which required these funds, design plans, and building permits to be secured by Dec. 2, 2000.

However due to a lengthy court case, the Air Force Memorial Foundation is not able to meet this deadline.

Brig.Gen. (retired) Patrick O. Adams, the foundation's current president and a member of its board of trustees, explains, "In 1995, a small private interest group opposed the proposed construction site of the memorial in court. They lost this case and its appeal. However, in the two years this ordeal was being worked out, contributions came almost to a stand still. Because contributors were waiting to see how the case would turn out and, therefore, holding back their contributions, we (the foundation) had great difficulty in maintaining the fund-raising process during this time.

"That is why this extension was so important to us," Adams said. "The five-year extension was needed to give the foundation more time to raise funds. We believe we need approximately \$30 million to begin construc-

tion. We have already raised \$24.5 million. The foundation expects to be able to raise the \$5 million difference by early next summer. We also believe that by then we should have its design and location officially approved."

Adams said the Foundation was concerned this memorial might not ever be built because of the obstacles hindering its construction. But, the House and Senate's unanimous passage of this legislation assured the Federation otherwise. "The Air Force Memorial Foundation is extremely appreciative of and delighted by their support," Adams said.

"We are also absolutely humbled by the support we received from a little more than 80,000 Americans who wrote to their Congressmen reminding them of the importance of this memorial," Adams said. "We attribute passage of this legislation to the fact that many veterans, retirees, and current members of the United States Air Force insisted to Congress that this memorial should not only be a top priority but also should receive their full support."

With this extension, the foundation is now able to concentrate its efforts on raising the \$5 million it still needs.

Speaking about the fund raising campaign, Adams said, "The Air Force Memorial Foundation is thankful for the generous contributions, particularly from aerospace and defense-related industries, private corporations and organizations, and Air Force retirees. We also have received a number of contributions from reunion groups and individual squadrons through the Combined Federal Campaign and the Air Force Assistance Fund."

A significant highlight of this effort is the contribution made by Travis AFB, Calif. In a letter written to Travis AFB's command chief, CMSgt. Dan Johnson, Adams said Team Travis' contribution of more than

\$7,000 was the first from any Air Force community. The foundation hopes, that with Travis as an example, other major Air Force installations will combine their efforts and contribute.

As a part of this fund raising campaign, the Air Force Memorial Foundation will also soon begin distributing videotapes that illustrate the memorial's design. These tapes can be viewed at commanders' calls or other unit events.

Another source of information about the memorial is the memorial's Web site, www.airforcememorial.org. This Web site not only provides information about the memorial's history, design, and location, but it also explains how to make contributions.

As the foundation's Web site states, the memorial has been designed to be a three-dimensional form rising 50 feet in the air lightly tethered to five points of the Air Force star. This uplifting design is open to the elements and captures the impression of sky and air. Approaching the memorial from the west, visitors will be greeted by four larger-than-life figures representing an ever-present Honor Guard. Visitors may also enter a below ground memorial center where they will be able to assume the "airmen's perspective" looking down onto an aerial imagery of the Earth, rear projected onto a 45-foot diameter screen, augmented by a custom-produced audio program. Punctuating the perimeter will be 24 artifacts, small in size, which give personal insight into the "Air Force experience." Adjacent to the rotunda will be an intimate space for quiet thought and reflection.

The proposed location is set near the site of the first military flight at Fort Meyer, Va., with a view of the Capitol across the Potomac River. This location is on the Arlington Ridge adjacent to Arlington Cemetery.

(Air Force News Service)

192d FW seeks HRA applicants

The 192d Fighter Wing is seeking applicants to fill the Wing Human Resource Advisor position. The current Wing HRA, SMSgt. Robert Barnette, is moving to a new post within the Virginia Air National Guard State Headquarters.

POSITION SUMMARY: This position is a traditional Guard requirement. Individual works on behalf of the Virginia National Guard Adjutant General with all wing/unit functional managers by assisting with the coordination, development, implementation, and measurement of programs required to assist the unit with meeting ANG human resource management short-term and long-term goals.

ROLE AND RESPONSIBILITIES: The Wing Human Resource Advisor role is to advise command leadership on issues that require recommendations leading to the enhancement of the organization's culture; promoting opportunities for all ANG members to maximize their individual potential for success

without regard to their cultural differences. The Wing Human Resource Advisor is responsible for working with key individuals in the human resource process to achieve diversity management objectives within the organization.

LENGTH OF TERM: Three years from validation date of selection.

SPECIALTY QUALIFICATIONS: Individuals must fully comply with AFI 36-2903, Dress and Personal Appearance of Air Force Personnel; AFI 40-502, the Weight and Body Fat Management Program. In addition, candidates must have strong written and verbal communication skills and be able to work long and irregular hours.

MANDATORY REQUIREMENTS: Individuals must be a Traditional Guard member and attend the basic two-week Human Resources Advisor course within six months of selection to complete the validation process.

DESIRABLE REQUIRE-

MENTS: Individuals should have knowledge of computer software products for word processing and graphical presentations and knowledge of quality tools and techniques.

For a complete list of duties and responsibilities and qualifications, applicants should refer to ANGI 36-2110.

Anyone interested in applying for the position must be a senior master sergeant or a promotable master sergeant that fulfills all requirements for promotion to E-8, including completion of required professional military education (PME).

Interested applicants must submit a resume to Wing Headquarters, Attention: Wing Command Chief Master Sergeant Wayne Keene, NLT close of business, Dec. 3, 2000. No packages will be considered past this deadline. Candidates will be notified of the date, place, and time to appear before a selection board.

Veterans of Foreign Wars seek new members; check them out

The Veterans of Foreign Wars are looking for you! If you are a former or present member of the Armed Forces and have spent 30 or more consecutive days in a foreign war or in an overseas location serving in a peacekeeping mission, you may qualify for membership in the VFW.

According to Vic Weaver, local membership chairman, there are many reasons to join the VFW. Besides the camaraderie of belonging to an organization of your peers, there are many benefits designed to help every member of the family. In addition to the security of insurance programs, the VFW offers other benefits that can help members save money and add extra value to a VFW membership.

Other reasons for joining the

VFW include leadership opportunities on the local, state and national levels. Membership shows a strong commitment to the national defense and security of our country, Weaver points out. There are also social functions to take part in, a discount merchandise buying program and VFW travel services available too.

Joining is easy. Membership for the first year is free. After that the cost is only \$15 per year. Please contact Mr. Weaver at (804)746-9808 or write him at 7168 Flag Lane, Mechanicsville, Va., 23111 for more information or membership forms; or contact George C. Farrar, Jr., commander Battlefield Post 9808 for more information.

Wing Safety office has weapons safety vacancy

The 192d Fighter Wing Safety office has a military weapons safety vacancy. This position may be filled by either Technician or Traditional Guard member. Personnel interested in this position must meet the following requirements:

---Rank: E-6, E-7,

---AFSC: 2W171 (Aircraft Armament System Mechanic)

---Must meet weight requirement

---Must have completed PME

Course 6 (NCO Academy)

---Must be able to attend two, one-week, in-residence safety courses, as soon as available.

Interested personnel must submit a resume to CMSgt. Wayne Keene, 192d FW Safety office no later than Nov. 29, 2000.

For more information contact Chief Keene at the Safety office, ext. 6420.

News you can use...

Fr. Blankenship plans annual Christmas party

Father Blankenship's annual Christmas Party is planned for Nov. 4, beginning at 5 p.m. at 1818 Grove Ave., Richmond. The Chaplains office will have directions available for anyone wishing to attend.

Military ribbons: find out what you have, how to wear them

Are you prepared to wear your military ribbons with your uniform at a moments notice? Do you know what each ribbon means and why you received it? This is valuable information that you should know, and the answers can be reviewed in AFI 36-2803 and VAANGI 36-2803.

If you do not know which awards you are authorized, and would like a print-out of them, see your squadron/flight awards monitor. All monitors have access to PCIII and can provide you with an up-to-date list of your awards.

If you think you are authorized an award that is not on your PCIII printout, come to the Military Personnel Flight with your source

document(s) to provide proof and ask that it be added to your records. The MPF may be able to provide you with most of the ribbons needed, but not the ribbon bar.

Now that you know how and where to get a list of your awards, there are a few Web sites that are available to assist you in getting the ribbons in order. (<http://www.arpc.org/awards/chart.htm> and <http://www.defensecity.com>)

SSgt. Karen Lindsey
MPF, Customer Service

VaANG plans winter hoop action; be part of it

The VaANG basketball team is looking for members to play during the upcoming season. The team will compete in the Federal League at Bellwood (Defense Supply Center). A preseason double elimination tournament will be held in December. Regular season begins tentatively in January. These games historically have been played on Monday, Wednesday or Friday. Plans are in the making to coordinate a Technician versus Traditional game in the spring and a game against the Army Guard. The team also plans to participate in some volunteer basketball games during the course of the year. If you are interested

in participating or require more information, contact MSgt. Al Harrison at 646-6356 or TSgt. Ike Rawlings at 342-2720.

First Sgts. plan holiday food drive, Christmas stockings for needy kids

The First Sergeants' Council is sponsoring a holiday food drive for the needy. You will notice decorated boxes around the base. The council is seeking donations of canned goods and non-perishable items only. The food drive will run through noon Sunday of the December UTA.

They are also sponsoring a "Fill a Christmas stocking for a child" project. Get in on this fun and worthwhile event. How it works, is you get a stocking [ask any 1stSgt. for one, or e-mail TSgt. Gina Poulos (fulltimer)] and fill it with small gifts for a child. Pass the filled stocking back to your 1stSgt. by Sunday of the December UTA. The stockings will be collected and presented to the Salvation Army for distribution to needy children in the Richmond area. Visit the Public Affairs office if you would like ideas or to see a stocking that has been completed.



**Saturday
Nov. 4**

**Family Day Lunch
served in
Maintenance Hangar**

Barbecue Pork Sandwich
Hot Dogs
Cole Slaw
Brunswick Stew
Iced Tea
Cookies
Condiments

**Sunday
Nov. 5**

Thanksgiving Meal

Roast Turkey, Baked Ham
Corn Bread Dressing
Mashed Potatoes w/Giblet Gravy
Glazed Sweet Potatoes
Green Beans w/Mushrooms
Assorted Fresh Fruit
Salad Bar w/Asst'd Dressings
Breads & Butter
Beverages
Pumpkin Pie, Pecan Pie
Sliced Fruitcake, Ice Cream

Deployment processing to keep folks busy this UTA

The Wing has a number of people preparing for deployments in the coming months. Mobility processing for the upcoming AEF/ECS deployments is planned for the November drill weekend. If you are deploying to any of the following locations in the coming months, be sure to attend mobility processing this weekend: Operation Joint Forge (France), Joint Guard (Germany), Coronet Nighthawk (Curaçao), Southern Watch (Saudi Arabia, Kuwait, Italy), and Northern Watch (Turkey).

Mobility Processing for people deploying to Curaçao will be **Nov. 4 (Sat.) at 8:30 a.m. in the club**. Anyone who can't make that meeting must attend the Curaçao mobility processing session on **Nov. 5 (Sun.) at 7:30 a.m. in the club**. These processing times are mandatory. All persons deploying to Curaçao should complete all their processing during the November drill.

A mobility processing line will be set up for all of the other deployment locations on **Nov. 5 (Sun.) at 9 a.m. in the club**. This session is mandatory for all personnel scheduled to deploy prior to the December UTA.

Another mobility processing line will be set up **Dec. 3 (Sun.) at 7:30 a.m. in the club** for anyone going to locations **other than** Curaçao that may not have been able to process on Sunday of the November UTA.

We will not be processing anyone individually. You must be here to process. All duty sections on the processing line are reminded to have representatives ready for processing at the above-noted times and locations.

MSgt. Valeria Murphy
NCOIC, Personnel Readiness

Logistics folks plan holiday visit to local veterans hospital

Logistics personnel are planning a holiday trip to the Veterans Hospital in Richmond on Saturday, Dec. 2. They will leave in a bus, from in front of Supply at 8:30 a.m. that day.

Anyone interested in participating in this visit is asked to call TSgt. Adrian Smith, ext. 6847 by noon Sunday of the November UTA so adequate transportation can be planned.

Cash donations to help offset the cost of fruit for the veterans will be accepted through Sunday of the November UTA. Money may be given to Lt.Col. Gary Wood or TSgt. Smith. Guard family members are invited to accompany their Guard sponsor on this visit.

**The official order with the Fiscal
Year 2001 Unit Training
Assembly schedule is available
on the Intranet Web page.**

192d FW drill schedule & VaANG Calendar of Events

November

4-5: UTA (Should pay NLT Nov. 19)

**4: Family Day (See page 4 for more information)
Top III Meeting**

5: Training Day

22: (Wednesday) Base Blood Drive, 9 a.m.-1 p.m.

19-25: American Indian Week

December

2-3: UTA Should pay NLT Dec. 15)

**2: Quarterly Base Blood Drive, 9 a.m.-1 p.m.
(tentative)**

January 2001

6-7: UTA

February

10-11: UTA

10: Guard Night at the Freezer! The Hockey puck hits the ice at 7:30 p.m. against the Pensacola Ice Pilots. Reserve your seats by Jan. 31 by calling MSgt. Shirley Cooper, ext. 6428. Tickets \$6 each.

March

10-24: Annual Field Training (Savannah, Ga.)

April

7-8: UTA

May

19-20: UTA

June

2-3: UTA

July

14-15: UTA

August

11-12: UTA

September

15-16: UTA

This calendar reflects the drill/annual training schedule of the 192d Fighter Wing, and includes other VaANG events. If you have an event you would like to add to the calendar, call Public Affairs at ext. 6388, or visit the PA office during drill weekends (Wing Headquarters building, room 30--across from the Recruiters' offices).

Volunteers needed to help with Dec. ChalleNGe prom

The VaANG State Headquarters staff is looking for individuals who would like to help with the Saturday, Dec. 9 ChalleNGe prom.

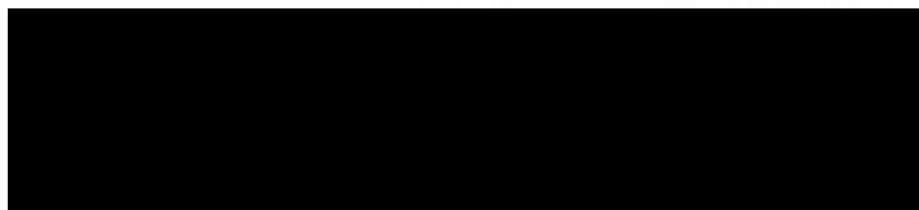
The party will take place in Hurt Hall, at the State Military Reservation in Virginia Beach, and is scheduled to begin at 7 p.m. This ChalleNGe class has 115 cadets; approximately 170 cadets and their dates will attend the party.

Volunteers are needed to help with hall decorating, food preparation, cadet photos and clean up. A prom planning meeting is set for Sunday, Nov. 5 at 3 p.m. in the State Headquarters. A final planning meeting will take place at the State Headquarters on Dec. 3. Guard family members are invited to help with these events.

Call Lt. Toni VanderSpiegel at ext. 6012 for more information or to volunteer. "It's a great way to meet other Air Guard members, have a nice time, develop great party-planning skills and give the cadets a much deserved pat-on-the-back for turning their lives around," Martin said. "Join us in this fun, worthwhile project."

What's Inside your November Vanguard...

<i>Recruiters hit enlistment high.....</i>	<i>page 1</i>
<i>352d Reunion memories, photos.....</i>	<i>2-3</i>
<i>Family Day Nov. 4; Moment of Reflection....</i>	<i>4</i>
<i>AG signs pollution prevention document.....</i>	<i>5</i>
<i>Introducing 192d Medical Lab staff.....</i>	<i>6</i>
<i>Optometrist offers advice on eye strain.....</i>	<i>7</i>
<i>Internet safety tips for youth.....</i>	<i>8</i>
<i>Computer security, AF e-forms update.....</i>	<i>9</i>
<i>203d testing ground for new ID</i>	<i>10</i>
<i>ALS course comes to Virginia.....</i>	<i>11</i>
<i>AF Memorial update.....</i>	<i>12</i>
<i>Wing lists HRA, Safety vacancies.....</i>	<i>13</i>
<i>Menu; News you can use.....</i>	<i>14-15</i>
<i>Calendar of Events.....</i>	<i>15</i>



PRE-SORT
FIRST CLASS
U.S. POSTAGE PAID
RICHMOND, VA
PERMIT NO. 999

192d FIGHTER WING/PA
VIRGINIA AIR NATIONAL GUARD
50 FALCON RD
SANDSTON VA 23150-2524