# VARCUARD

Integrity First - Service Before Self - Excellence In All We Do

Virginia Air National Guard

192d Fighter Wing

July 2004

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News: Get the latest news from Family

Readiness. Pull-out



Photo by TSgt Dave Buttner



## Commander's Call



# ABOUT the VANGUARD

This funded Air Force newspaper is an authorized publication for the U.S. military service. Its content does not necessarily reflect the views of, nor are they necessarily endorsed by the Department of Defense, the Department of the Air Force, or the Virginia Air National Guard.

#### **Submission Requirements**

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We can be reached at (804) 236-6388.

Check out the electronic Vanguard on the base Intranet.

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Next UTA: July 17-18 Cover:

First Sergeant lineup from L-R: MSgt Crystal Worley, MSgt Stacey Short(now SMSgt), MSgt Michael Rawlings, MSgt Reggie Williams, SMSgt Antonia Vincent, MSgt Sherry Hankins. Not pictured: MSgt Mark Fromal, SMSgt Richard Green, MSgt Jodi Warrenmichal.

Organizations are a lot like people in that they tend to be best at what they do most often. Currently our Wing is very good at all of the tasks that support putting jets in the air and iron on the target. We have proven these daily skills directly apply to our ability to employ them in a combat environment, as witnessed by our successful AEF rotation. That's good news because it validates the soundness of our daily operations and training procedures. However, the bad news is these skills will not necessarily transfer directly into a good grade on our upcoming ORI. During our last Operation Readiness Inspection we achieved the highest ORI grade in the history of the unit. We received this grade from the ACC/IG based on our performance during their two week long inspection in the Spring of 1997, but we earned the grade due to our hard work in the preceding 12 months.

That last ORI out-brief was just a formality, the culmination of a long process that contained several Operational Readiness Exercises, each ORE serving to focus our efforts and shape us into a better unit. Even though many faces have changed since then, we stand today at precisely the same point we were eight years ago. We have a great team and a sound plan. Now we need to add the leadership of our commanders and senior NCOs as well as individual initiative throughout the organization to execute this plan. This inspection will take a critical look at Wing teamwork and attention to detail. The criteria that will be used to

measure our performance is easy to discern but it is not the depth of the inspection details that make good scores on the ORI difficult to attain, it is the breadth. Put another way, there are a lot of small inspection items covering just about every facet of our operation. Add to this the time compressed nature of the exercise and you get the feel for what we must be prepared to do.

Again, success will be won or lost in the months before the inspection. So what can we do now as individuals to prepare? First, accomplish all of your training squares and personal readiness items. Next, know your job by the book. A very large part of an ORI is performing tasks using the correct procedures and being able to produce the proper documentation. Last, analyze the processes that you are part of and identify and fix any problems that you can. If you can't fix them at least use the chain of command to highlight the issue. Teamwork and initiative are critical, which of course works in our favor since these are core Wing values.

Even though it has been a long time since our last ORI, we are well positioned to set a new record of achievement on this inspection. Individual and team preparation over the next eight months is the key. Ultimately, the inspection process is concerned with one thing: improving our combat capability, something at which I am sure we will continue to excel.

Sincerely,

Colonel

Pete Bonanni

Wing Commander

## Holy Spokes - by Ch(Maj) Edward Moran

## Practice, patience, perserverence and prayer are the fundamentals for holiness in life.

Funny thing about the children in our families. They're like us. They want things as easy as possible but find great satisfaction in sacrificing for a goal they see as worthwhile. The classic example of this is learning to ride a bicycle. To them it's worth dealing with the bruises, the embarrasments, the falls, and the fears. We want to minimize the danger but know there is no shortcut to practice. One doesn't simply hop on a bike and ride with skill and confidence. Bike-riding lessons succeed because

(1) the examples of others riding. It is a goal your child can imagine attaining.

(2) A willingness to do what it takes to acquire that skill: overcoming fright, paying attention to to the instructor, getting back on the bike after falling to try again. (3) The experience, encouragement and belief of the parent-teacher: "This is how one learns to ride a bike and you

how one learns to ride a bike and you can do it!"

Now replace 'riding a bike' with growth in holiness and becoming a saint. What do bruises, embarassment, falls and fears have to do with becoming holy? If you stop to think that the reason for why God made us is to become holy like Him, the problem starts with our unfamiliarity with what holiness really is. Perhaps we know little or nothing about holy people. Our knowledge is limited to pious stories about people that make them sound like fictional characters instead of real people like you or me. Maybe we feel that aspiring to

holiness is committing the sin of pride. But that isn't so. A holy person by definition is a soul who enjoys the presence of God now in this life and in heaven forever. Scriptures tell us that we were created to be with God forever in heaven. That's what He wants for us. That's how He's designed us. That's why He sent His Son to redeem us and His Holy Spirit to guide us.

Even so, some us never take off the training wheels. Our religious education, knowledge of Scripture and applied faith remain childish despite the fact

that we are decades past childhood. Where it is truly our destiny, we hardly think of where we are really going or how our lives are meant to end up. We should be childlike in trust and innocence but some us us refuse. We're too smart and too sophisticated to trust in God's Word and His plan of salvation for us. We continue to live as if this world were the only home we will ever

know when in fact it is fleeting and oh so transitory.

Holiness as a way of life gets easier once we have gained some momentum. Just like we gain speed on a bike the harder we learn to pedal, so good builds on good and grace on grace in our pursit of holiness, especially when we ask God daily to help us accomplish His will in our lives. We may not be world-class riders like Lance Armstrong who goes after his history-making performance on the Tour de France, but with patience, practice, perseverence and prayer, we can reach our final destination which is heaven.

## New "All Ranks Club"

The new "All Ranks Club" cordially invites you to its first membership drive, Saturday, 17 July 2004, from 1700 to 2000. Come and enjoy free food, beverages and music. Your membership will cover years 2004 and 2005. The club is looking for fresh ideas on how to increase base wide participation and needs motivated individuals to serve as board members. Help make the new club into the club YOU want it to be by volunteering to serve on the Board of Directors! – we encourage you to express your ideas for activities such as, bingo, casino night, volleyball, DJ, etc. A general membership meeting

will be held 11 Sep 04. If you are interested in serving on the board or as a committee member, please contact the following individuals: Lt Col Turner, ext. 6763, Maj Deconcini, ext. 6655, MSgt Lawson Osborne, 6003, or MSgt Simmons, ext. 6014.

You will be seeing a new and improved Club.
Plans are underway for a complete facelift.
Although Club 149 has retired, it will always remain a historical part of the Virginia Air National Guard.

## **Possible Langley Relocation Update**

-by Lt Col Ralph Barker, 192d FW Project Officer for the F-22 Langley/Richmond Integration.

I know many of you are wondering what the current status of our possible Langley integration initiative is. What I'll attempt to do here in the pages of the Vanguard now, and periodically in the future, is give you a sight picture of where we stand in that process to date.

Right now we continue to work on the development of a Concept of Operations (CONOPS). Completion date of the CONOPS is yet to be determined. This is a document that spells out a lot of the details that would be involved in an integration effort between the two units and gives us a good idea of how things would play out if the integration is approved. It also gives us a heads up on some of the challenges we would have to deal with. One of the more difficult things we are having to deal with are the legal issues associated with the United States Code (USC), more specifically Title 10 and Title 32. Although the laws as they currently read, create certain obstacles for the integration, the legal staffs for the Air Force and Air National Guard are continuing to work the issues. We don't anticipate this to be a show stopper. As we continue to move forward figuring out how each functional area would integrate, it does appear most all sections will be able to fully integrate with little or no problems. Exactly how each functional area will operate on a day-to-day basis will be spelled out in memorandums of understandings (MOUs). These MOUs define the sharing of facilities, equipment, supplies, etc. and define exactly how the staffs will interact. Because of unique differences in computer systems between the AD and ANG, full integration of the finance and personnel sections may not be possible. We are continuing to determine just how much integration can take place in these areas.

The transition would likely take place in three phases. The first phase may start as early as FY05 - FY07 with a programmed integration of a small contingent of security forces and maintenance personnel. The second phase would take place between FY07-FY08 and would involve the vast majority of the rest of the Wing. The final phase, FY09-FY10, would be the remaining sections of the Wing not already in place. We are anticipating by the end

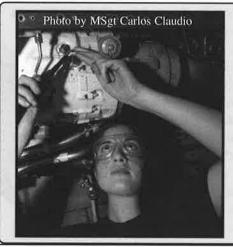
of Phase 2, that all Wing personnel will be drilling at Langley.

One of our main goals throughout this whole process is to make sure we don't lose any positions. Through all the planning to date, we continue to maintain a focus of 100% of our current authorizations, both military and full-time, being maintained. It is possible that our

members could potentially have more opportunities available to them for new career fields as a result of this integration, though it may mean retraining would be involved.

At any rate, as we continue to move forward with the integration efforts, one thing we want our members to know is that we will continue to do all we can to ensure the people that are with us today will have the opportunity to be with us tomorrow. To remain relevant and viable in today's as well as tomorrow's total force, change is necessary. We see this integration opportunity as a positive thing for the Virginia Air National Guard.

To help with our integration efforts we are in the process of establishing a full-time office on Langley AFB, as well as here at Byrd Field. The Byrd Field office is located in Room 30, Ext 6318, Wing Headquarters building. In addition to these offices, we have established an intranet web site for members to go to for questions and answers associated with the possible integration. The address is as follows: <a href="https://intranet.varich.ang.af.mil/relo/default.htm">https://intranet.varich.ang.af.mil/relo/default.htm</a> We are working to make this web site available to everyone when off-base.



F-16 crew chief, A1C Danielle Schneid, fastens 20thousandth-size safety wire to a "chip detector" on a constant speed drive assembly. The equipment is located underneath one of our jets undergoing a required 300-hour phase inspection.

# FAMILY READINESS NEWS



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#### Special points of interest:

Kings Dominion Single Day Tickets are available for \$22.50 from the FR &S Office, Room 6.

Busch Garden Military

Appreciation Day Tickets are also available through the Wing Program Office for \$34.

Let's Try one more time!
The Wing Family Programs will
be giving a short tour of the city
Saturday, July 17 at 11:00 am
stopping for lunch at Maymont
Park. Wear your sneakers and
comfortable clothing! We will
return to the base by 4:30 pm.
Please call 804-236-7036 to
express your interest. Space is
limited to 15, including children.

#### APPRECIATING OUR GIFT OF INDEPENDENCE

A little over two-hundred years ago, the independence of the United States of America was forged through personal sacrifices, hard work and determination. Who would have thought that in the short time since that humble beginning, we would have grown to be the country which represents to the world all of the best opportunities that life has to offer.

It must be true. We are the "melting pot" of every ethnicity, religion and dream in the world. We live side by side, work together, disagree with each other, and support and celebrate each other's cultural contributions to America. Our arm is long as we have reached out to other countries in a reciprocal relationship to share and receive.

And yet, we have adversaries out there who would destroy us.

#### Who is our "adversary?"

The dictionary definition is "One who is turned against another or others with a design to oppose or resist them; a member of an opposing or hostile party; an opponent; an antagonist; an enemy; a foe."

There are many countries and organizations that would like to take a big bite out of American interests. It's possible and not unprecedented for spouses and family members of US military personnel to be targeted for intelligence collection. Even here, in America! What can you do?

Be Alert. Foreign governments and organizations can collect significant amounts of useful information by using spies. A foreign agent may use

a variety of approaches to befriend someone and get sensitive information. This sensitive information can be critical to the success of a terrorist or spy.

Be Careful. There may be times where your spouse cannot talk about the specifics of his/her job. It's very important to conceal and protect information, such as flight schedules, TDY locations, and base activities, just to name a few. Something as simple as discussing over the phone where your spouse is going TDY or deploying can be very useful to a potential adversary.

Protect critical information. Even though this information may not be secret, it's what we call "critical information".

Critical information must be protected to ensure an adversary doesn't gain a significant advantage.

It deals with specific fears about our intentions, capabilities, operations, or activities. If an adversary knew this detailed information, our mission accomplishment would be jeopardized.

By being a military family member, you may know some bits of information. DO NOT discuss them outside your immediate family and especially over the telephone.

**DO NOT discuss** the detailed information about the mission of assigned units.

**DO NOT discuss** the details concerning locations and times of unit deployments.

**DO NOT discuss** personnel transactions that occur in large numbers, e.g. pay information, powers of attorney, wills, and/

or deployment information.

**DO NOT** discuss references to trends in unit morale or personnel problems.

**DO NOT** discuss details concerning security procedures.

DO NOT Supply Missing Puzzle Pieces. These bits of information may seem insignificant, but to a trained adversary, they are small pieces of a puzzle that highlight what we are doing. Remember, the element of surprise is vital to the accomplishment of our goals and personnel protection.

When and how you discuss this information is just as important as with whom you discuss it. An adversary's agents tasked with collecting information, frequently visit some of the same stores, clubs, recreation areas, and even the same churches you do.

Determined individuals can easily collect data from cordless and cellular phones, even baby monitors using inexpensive receivers available from local electronics stores.

If anyone, especially a foreign national, approaches you and persistently seeks information, notify your military sponsor immediately. He/she will notify the unit OPSEC Program Manager or the Air Force Office of Special Investigations.

As a member of a military family your support is vital to the success of the military community.

As an American, you owe it to your fellow American to be vigilant, appreciating our gift of Independence.

OPSEC Information gleaned from: 67<sup>TH</sup> INFORMATION WARFARE FLIGHT, SCOTT AFB, IL By TSgt. Karen Petitt HQ AMC PA

#### NEW CONTACT INFORMATION FOR TRICARE AS OF JULY 1

As of July 1, 2004, Virginia will fall under a new region within the TRICARE network, the North Region. With this change comes new contact information.

This listing is not complete. As new information is presented to us, it will be made available through the FR News.

Please detach the following information and please store in your purple Family Readiness Folder.





#### NEW TRICARE RETAIL PHARMACY (TRRX) PROGRAM



Starting June 1, 2004, under a new contract with the Department of Defense (DoD), Express Scripts, Inc. of Maryland Heights, Mo., becomes the new claims processor for the TRICARE Retail Pharmacy (TRRx) benefit.

The new TRRx pharmacies are located nationwide across the United States including the District of Columbia, and in the territories of Puerto Rico, the U.S. Virgin Islands and Guam.

To use the new TRRx program, beneficiaries must be TRICARE eligible and enrolled in the Defense Enrollment Eligibility Reporting System.

Under the new contract with Express Scripts, claims processing is now centralized and patient safety has also been enhanced by use of the Pharmacy Data Transaction Service to process all pharmacy claims. This new service is also portable, meaning that beneficiaries who travel can enjoy the full pharmacy benefit at any participating pharmacy.

Using the TRRX network, a 30day supply of your prescription medication will cost \$3 for a generic and \$9 for a brandname prescription. All that is required to use the TRRx benefit is a written pharmacy prescription and your uniformed services identification card.

To locate a participating pharmacy near you, visit the Express Scripts website at www.express-scripts/TRICARE. For more information on raising a Welladjusted Child, check out references under "Air Force



#### THE OVERINDULGED CHILD-DO YOU HAVE ONE?

The last time you went to a child's birthday party, or even gave one for your child, was it "the party of the year?" Was it bigger and better than the last one you attended?

Have you ever given your child a ton of gifts, only to have them tell you that they didn't get anything they wanted? Have you spent more than a hundred dollars on your child at holiday times? If this is true, then you may have an overindulged child.

There is a problem with over indulging your child. Your child may have difficulty becoming independent decision makers and problem solvers. Their social skills may also be affected as they grow up thinking that they are the center of the universe. What's worse is that you,

the parent might act as if your child is the center of the universe

Parents often live vicariously through their children's receipt of attention, shielding them from negative experiences, or worrying about their child's self esteem. Many times overindulgence is a response to parental guilt about the lack of time spent with the child, or the parent wanting the child to have more than they had as a child, believing that security is found in possessions and social life.

So how do you know when you've gone too far? Here's the test. And if you answer "yes" to more than one, you should have concerns:

 Do you give in to pleading and whining if you say "no" to a request?

- Does your child demand center stage, whether her audience is children or adults?
- Does your child complain while following through with chores?
- Has anyone ever said that your child is spoiled?

You can reverse the effects of your child rearing with some parental self discipline. Learn how to say "No" without feeling guilty. Spend quality time with your child without spending a lot of money. And read up on raising well balanced children.

Adult happiness is often linked to solid childrearing. Try to keep balance in your child's life.

"Gleaned from Raising a School-aged Child" from newsletters lifeworks com

#### CALLING FOR PHOTOS

The National Guard Family Programs wants your family photos!

The new and improved National Guard Family Program's website is seeking your photos of your Air National Guard family or your experiences during deployment.

To find out more information visit www.guardfamily.org. You will be able to download a release form and submit a photo that may be featured on the site.

The National Guard Bureau Family Programs website highlights areas of interest to our military families.

The site focuses on links to Family Resources, Deployment Resources and Military Resources.

Share this information with your Army Family friends also. This site provides good information when you need it the most.

#### PERSONAL FINANCIAL TRAINING AVAILABLE ONLINE



www.guardfamily

If you find that you could use a little reinforcement in helping you get your financial house in order, you may want to consider taking the "Introduction to Personal Finance" course available online through the National Guard Family Program website at www.guardfamily.org.

The purpose of the course is to help you develop a better understanding of financial planning by helping you increase your knowledge of the process and mapping out how to meet your own financial goals.

After logging into the course, there are several modules you will go through.

First, You will evaluate your situation, then dive into budgeting and debt management. From there you will set goals and plans. You will appreciate clarification on the need for insurance and disability planning.

Next, you will cover investments, education and retirement planning. Finally, you will learn about estate planning.

For some, learning about financial responsibility is a lifelong pursuit, scattered with trials and errors, going off on tangents based on the latest and greatest "get-rich-quick" scheme and sometimes, having to start over later in life through bankruptcy.

But for the Airman family, taking care of one's financial house is just a part of the job.



# TRAVELING THROUGH TIME IN RICHMOND (PLACES TO GO/ THINGS TO DO IN JULY)

The month of July allows many wonderful outdoor opportunities for Guard families due to the warm temperatures, bountiful shade trees, and luscious parks.

Take advantage of drill weekend in July by taking in some of the local sites in the Richmond area.

A great place to visit is the Meadow Farm museum, located in Glen Allen, Virginia. The farm is an 1860 living historical farm which presents programs and exhibits on the culture of the rural south. There are costumed interpreters who provide insight into the lives of the modest owners, Dr, John Mosby Sheppard and his family. Included in the demonstrations are blacksmith forging, kitchen preparations, and field and pasture work.

On Saturday, July 17 (Drill) the free demonstration will be on Woodworking, shaving horses and draw knives from 12:30 to 3:30 pm. If these activities don't interest you a lot, a stroll over the grounds will inspire you and allow young ones to run themselves into exhaustion.

To reach Meadow Farm Museum from the Base, take I-295 West, crossing I-95, and exiting at Woodman Road South. Turn right onto Mountain Road and follow signs to the Farm.

On the opposite economic end of the modest farm is one of Richmond's greatest jewels, Maymont Park.

Maymont Park was originally the 1898

home of The Dooley's, a couple who earned their money through the railroad. They traveled the world and brought back saplings that were planted all over the property. They brought back landscaping ideas that they developed into an exquisite Italian Garden and a Japanese Garden, complete with a waterfall and mature coy. The highlight of the visit may be the tour of the Dooley mansion decorated in original period design with original items, or a visit to the fairly recent addition of the Nature Center, featuring native fish and creatures found in the James River and its tributaries. The "star" of the Nature Center is probably the local otter, whose playfulness is the envy of any child.

Maymont Park is located at 1700 Hampton Street. Take a picnic and have a remarkably relaxing day traveling though time in the Richmond area.

## There is always something for ANG families to celebrate in the month of ...

		sational Ice	Cream Mons	1	I Forgot Day!  International	3 Stay Out of the Sun Day
	5 Work-a-holics Day ( It's a holiday!)	6 National Fried Chicken Day	7 National Strawberry Sundae Day	8 Video Games Day	Joke Day	10
11 Cheer up the Ionely Day	12 Pecan Pie Day	13	14 Bastille Day	15 National Ice Cream Cone Day	16	17 Drill Weekend  Peach Ice Cream Day
18 Drill Weekend Configuration Day	19	Moon Day	21	22	Vanilla Ice Cream Day ——— National Hot	24
25	National Pi	cnic Month	28 National Milk Chocolate Day	29 Parent's Day	30 Father-in-Law Day	31

#### Promotion Information from the Diversity Advisory Committee

This article addresses questions as to what it takes for promotion in the Virginia Air National Guard. The responsibility for an effective base advancement and promotion system lies with the individual, his or her supervisor, and unit commander.

To be eligible for promotion, the individual must:

- 1. Know the requirements. The individual must know what the time in grade, time in service, and PME requirements are. Additionally, the individual should know what career development courses are required to be completed and what skill level (AFSC) is required for promotion. If in doubt, ask your supervisor.
- 2. Provide clear training documentation. The individual must prove that they are able to complete the tasks required for their current skill level. The documentation must clearly demonstrate that the individual is trained and his /her training manager or supervisor must initial it.
- 3. Be in adherence with the current weight/body fat and fitness standards. If you do not know what the current standards are, contact the Military Personnel Flight.

Other *personal* attributes and requirements: (at a minimum) Maintain a Good Attendance Record Punctuality
Show Initiative
Be Responsible
Be Dependable
Be a Team Player

#### Supervisor's Responsibility

Section supervisors must know each individual's current skill level that they supervise. Supervisors must clearly document all training completed in the individual's training folder and provide feedback on opportunity areas. Supervisors must counsel the individual regularly on progress, offer suggestions for improvement, and follow up as necessary. (Note: Do not simply initial an airman's training folder, but sit down and explain how to be a better airman and what it takes to move to the next level). An effective supervisor is a coach, mentor, and developer.

#### Unit Commander's Responsibility

Commanders must ensure good force management to provide upward mobility for everyone. For example, one master sergeant refusing to retire or seek promotion to senior master sergeant may *hold up* three other individuals who are ready for promotion. There may be tech sergeant who is eligible and ready for promotion but is waiting for the master sergeant to either move up or move out. Next, a staff sergeant may be ready for promotion into the tech sergeant slot but the tech sergeant is still occupying the slot, and so forth. Commanders need to ensure that upward mobility is encouraged and not stalled at the top.

Commanders must also provide leadership and support to supervisors in developing an effective promotion system. Commanders must meet regularly with supervisors to discuss current promotion status and system efficiency.

Lastly, commanders must not sign recommendations for promotion unless the justification clearly demonstrates that all required training has been completed and the individual is ready for increased responsibility.

Any member of the Military Personnel Flight may answer questions regarding promotions and you may consult ANGI 36-2502, "Promotion of Airmen."

## **News You Can Use/Announcements**

#### First Sergeant Position Available

The First Sergeant position in the 192d Maintenance Group, 192d Fighter Wing is open to applicants. Applicants may be from any organization within the Virginia Air National Guard. Applications should be received by CMSgt Larry Harris, MPF Superintendent, no later than 1600 on August 8, 2004. MPF will screen applications to ensure that the applicant:

- Is a Master Sergeant with the ability to serve at least three years after attending the First Sergeant Academy; or,
- Is a Technical Sergeant eligible for promotion and has the ability to serve at least three years after attending the First Sergeant Academy and being promoted;
- Meets the minimum weight and body fat standards;
- Has completed the NCO Academy Course (either in residence or by correspondence).
- Has the minimum ASVAB scores for 8F000.

The 192d Fighter Wing Command Chief will review the applicant's records for eligibility according to AFI 36-2113, Chapters 1, 2, 10, 12, 13, and 14, and determine if the applicant's total profile supports consideration by a board. The Board will consider eligible applicants during the September UTA (Sep 7-8) at a time and day to be determined.

The Board will rank or prioritize all applicants, for both positions, as a single group and provide that listing to the two commanders to assist them in making their selection. The ranking/prioritization is not a recommendation for selection. The Commander is free to choose from the entire applicant pool based on his or her needs.

At a minimum each applicant shall submit the First Sergeant Vacancy Application (available through MPF), a resume of 1-3 pages in length, a cover letter describing their specific interest or qualifications for the job of First Sergeant, and a letter of recommendation from your current Commander.

For more information about the job of a First Sergeant, see any First Sergeant! There is also a First Sergeant web page under "Special Services" on the Virginia Air National Guard intranet site.

# Diversity Advisory Committee Requesting New Members

The Diversity Advisory Committee is looking for a few

good people to help with the diversity affairs on our base. We need people who are creative and willing to be committed to making things happen. We are asking for two representatives from each section as one will be considered the alternate. We are also looking to fill the vice-chairperson's position which is an opportunity for someone to show their leadership capability.

Please contact 1st Lt Pamela Garner at ext. 6302 to express your interest.

#### **Mobility Message**

Over the next year the unit will be doing a lot to prepare for its Phase 1 Operational Readiness Exercise (ORE) and Operational Readiness Inspection (ORI). This preparation is essential to determine how well we can deploy in the event of a real world mission. Many unit members have already experienced the mobilization process with the events of 9/11, the Air Expeditionary Force (AEF) and Expeditionary Combat Support (ECS) missions.

Individual readiness is an on-going task and it is essential that each member be accountable to mission requirements. Your Unit Deployment Manager keeps a Personnel Readiness Folder (PRF) for each member of the unit and in that folder key information is kept. You should be asked to review this folder every 6 months. It covers things like: updating your ID card, ensuring emergency data card (DD Form93) is up to date and having the appropriate wills and powers of attorney, to name a few. These items are some times left until the last minute. Don't wait! Get with your UDM to review you PRF. Your individual readiness not only ensures mission success but a piece of mind for you and your family.

Major David Biggs
Installation Deployment Manager

JFHQV/A Inspector General Lt.Col. Freddie W. Baylor, Jr.

Phone: DSN 864-6511, Comm. 804-236-6511 Email: Freddie.baylor@varich.ang.af.mil Office: Bldg. 3630, Room 12

192d FW Inspector General Lt.Col. Mary J. (Janie) Hodges
Phone: DSN 864-6490, Comm. 804-236-6490
Email: mary.hodges@varich.ang.af.mil

Office: Bldg. 2749, Room 2

# **Inspector General Role Expands**

- by Maj Debbie Magaldi, State Headquarters PAO

Up until about four years ago, the handling of Air National Guard (ANG) complaints was dealt with through the Army National Guard State IG (Inspector General) and for a short time by active-duty Air Force Advisors assigned to individual ANG flying wings. Many of these advisors have been pulled back to active duty units due to a shortage of pilots. The Virginia Air National Guard (VaANG) now has two individuals in the role of Inspector General for complaints resolution.

Lt.Col. Freddie Baylor, formerly the 192d Fighter Wing IG, has moved to Joint Forces Headquarters Virginia – Air Component (formerly VaANG Headquarters) to assume responsibility for issues involving the 203d RED HORSE Squadron (RHS), the 200th Weather Flight (WF), and other large base-wide issues. Lt.Col. Janie Hodges is the new Inspector General for the Wing. However, both IGs noted that there may be times when their areas of responsibility overlap, and they plan to work closely together.

Their mission is to be the "eyes and ears" of (respectively) the VaANG Deputy Adjutant General for Air and for the Wing Commander for complaints resolution. Colonel Baylor and Colonel Hodges work to ensure the existence of a viable, responsive complaints and fraud, waste and abuse program, characterized by objectivity, integrity, and impartiality.

"It is important to remember that many complaints can and should be handled at the lowest level," they remind all members of the VaANG. "Initially talking to your supervisor and using your chain of command first is normally the best course of action. However, if this does not work, our doors are open to assist you. Your communication with us is confidential, and you cannot have action taken against you for using the inspector general system."

Both of the colonels are drill status Guard members and can be reached in their respective offices on drill weekends. They also check their Guard voicemail and email on a regular basis. Clip out the information at the bottom of page 6 and keep in a handy place in case a need arises for you to use the inspector general system.

IG Complaint and Fraud, Waste & Abuse Hotline: DSN 864-6503, Comm. 804-236-6503

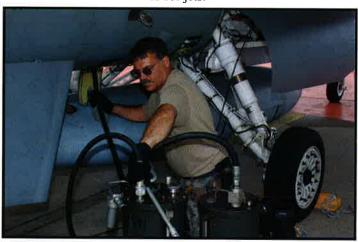
	MOVING IN, MOVING UP, MOVING ON							
		<b>PROMOTIONS</b>	<u>TO</u>					
C-1	Calulas Unit	Maj James Cox	LtCol					
Gains	Gaining Unit	Maj Thomas Wark	LtCol					
TSgt James Abrams	Aircraft Maintenance Squadron	SMSgt Larry Wiley	CMSgt					
SrA Finnian Cornelison	Security Force Squadron	MSgt Karen Long	SMSgt					
SrA Joshua Hull	Operations Support Flight	TSgt Winona Bayne	MSgt					
SrA Karen Withrow	Maintenance Squadron	TSgt Gardner Jones	MSgt					
A1C Nicholas Skirpan	203rd Red Horse	TSgt Ashley McCune	MSgt					
Airman Leif Blixt	Maintenance Squadron	TSgt Govie Peebles	MSgt					
		TSgt Arnold Robinson	MSgt					
		TSgt Brad Smedshammer	MSgt					
Retirements	Unit	TSgt Darryl Smith	MSgt					
JUL		SSgt Gregory Callis	TSgt					
LtCol Regina Kane	192d Fighter Wing	SSgt Eric Jones	TSgt					
CMSgt Charles Martin	192d Maintenance Squadron	SSgt James Phelps	TSgt					
CMSgt Kenneth Hill	192d Communications Flight	SSgt Mark Wright	TSgt					
SMSgt Richard Earhart	192d Civil Engineering Squadron	SrA Stephen Brinson	SSgt					
SMSgt Dorothy Tatem	192d Logistics Resource Squadron	SrAAdrienne Ellington	SSgt					
SMSgt Perry Hattorf	192d Civil Engineering Squadron	SrA Wayne Gilbert	SSgt					
SMSgt Mario Nozzarella	203rd Red Horse Squadron	SrA Shaun Helmick	SSgt					
MSgt Charles Harper	192d Aircraft Maintenance Squadron	SrA Jason Honeycutt	SSgt					
MSgt Donald Morrison	192d Aircraft Maintenance Squadron	SrA Alicia Kirton	SSgt					
MSgt Karen Smith	192d Communications Flight	SrA Anthony Sciortino	SSgt					
MSgt James Venable	192d Logistics Squadron	SrA Jason Silvers	SSgt					
TSgt Claiborne Cobb	192d Aircraft Maintenance Squadron	SrA Tavares Taylor	SSgt					
TSgt Mark Leeper	192d Maintenance Squadron	Amn Terrell Bailey	SrA					
TSgt Matthew Pack	203d Red Horse Squadron	Amn Nicholas Huppert	SrA					



TSgt Christopher Brown is commucicating with the pilot after returning from a mission.

Photos by MSgt Carlos Claudio

MSgt Gary Reemtsen is servicing the hydraulic system on one of our jets.



What's for Lunch?

#### **SATURDAY UTA**

Chicken Tenders
Fried Veal W/ Mushroom
Gravy
Oven-Browned Potatoes
Corn
Bread Pudding

SAT. SANDWICH LINE: Hot Dogs

SUN. SANDWICH LINE: Hot Dogs

BOTH DAYS: Asst Beverages, Salad Bar W/ Dressings Asstd Breads

#### **SUNDAY UTA**

BBQ Ribs Roast Beef Steak Cut Fries Greens Beans Buttered Egg Noodles Brownies



PRE-SORT STANDARD U.S. POSTAGE PAID AV AND VA PERMIT 999

